

## **TRAINING ROOM TREATMENT/EVALUATION GUIDELINES**

No one, regardless of affiliation, is to be denied first aid in the case of an emergency.

1. Treatments are to be administered only to student-athletes from SBISD high schools and middle schools who are injured during UIL athletic activities. These activities include:

Baseball	Swimming & Diving
Basketball	Student Athletic Trainers
Cross Country	Student Managers
Football	Tennis
Golf	Track & Field
Soccer	Volleyball
Softball	Middle School Athletics

2. All of the above must have a current physical on file in order to receive treatment.
  - a. Only student-athletes who are involved in UIL athletic activities will be treated.
  - b. Any athlete who is under the care of a physician must provide written documentation of treatment protocol, restrictions, and/or release for return to play.

### **NON-UIL ATHLETIC INJURIES FOR UIL ATHLETES**

UIL athletes who are injured outside of school (i.e. club sports, open gyms, recreational, etc.) will only receive first aid care after physician evaluation. The physician must provide in writing a treatment protocol for the athletic trainer to follow.

Non-UIL athletic injuries for UIL athletes will be seen in the Athletic Training Room under the following guidelines:

1. The student-athlete must provide a prescription for treatment/rehabilitation from the medical doctor. The information must be specific as to what type of rehabilitation is to be performed.
2. No injuries that are the result of a motor vehicle accident will be seen.

### **PROCEDURE FOR SENDING MS ATHLETES TO SEE THE ATHLETIC TRAINER**

1. The Middle School coach must contact the Athletic Trainer regarding the student athlete injury and to schedule an appointment for treatment.
2. Whenever possible, a parent, legal guardian or coach should accompany the athlete to see the Athletic Trainer.

### **COMMUNICATION GUIDELINES FOR TRANSPORT OF SBISD STUDENT ATHLETES TO HOSPITAL**

Coaches and/or the athletic trainer must notify the following individuals:

1. Executive Athletic Director
2. Coordinator of Athletics
3. Campus Principal
4. 4. CAD/CAC