

## **SBISD Athletic Department Protocol for Addressing Reported Cases of Staphylococcal (Staph) Infections**

1. School personnel must contact the Executive Director of Athletics to let her know of any reported cases of staph infection at their school.
2. The Executive Director of Athletics will contact the following individuals:
  - a. The principal and head athletic trainer/CAD/CAC to ascertain more details about the specific outbreak.
  - b. The Assistant Superintendent of Talent and Operations to let them know of the incident and to alert them of the actions being taken.
  - c. The department head of Custodial Services so that a plan can be developed to deep clean the locker room and any equipment associated with the sport.
  - d. The District Risk Manager to let him/her know of the incident and to alert him/her of the actions being taken.
3. The Head Athletic Trainer/CAD/CAC will:
  - a. Visit with all athletes associated with the particular sport impacted to educate them on staph, to ascertain whether there might be more undocumented cases of staph infection, and to communicate with the student-athletes about the importance of them letting their coaches and athletic trainers know of any potential rash/skin outbreak.
  - b. Send a letter home to the parents letting them know of the issue and the preventative steps they can take to decrease the chance of further outbreak.
4. The Executive Director of Athletics will continue to monitor the situation along with the school principal and administrative staff, head athletic trainer, or CAD/CAC to ensure that the outbreak was contained and that potential for future outbreaks are diminished.

### **Strategies to Prevent Staphylococcal Infections**

**Hand washing is the single most important behavior in preventing infectious disease.**

The proper way to wash your hands:

1. Use warm water.
2. Wet your hands and wrists.
3. Using a bar or liquid soap.
4. Work soap into a lather and wash between fingers, up to wrists, and under fingernails for at least 15 seconds.
5. Dry, using a clean cloth towel or paper towel.
6. Use alcohol-based hand sanitizers to wash hands immediately if they are exposed to body fluid at the playing field or other places where hand-washing facilities are not available.

Wash your hands as described above:

1. After sneezing, blowing, or touching your nose.
2. Before and after close contact or using the toilet.
3. Before leaving the athletic area.

Other Precautions

1. Keep your hands away from your nose and groin.
2. Do not share towels, soap, lotion or other personal care items, even on the sidelines at games.
3. Shower with soap and water as soon as possible after direct contact sports.
4. Dry using a clean, dry towel.
5. Use a moisturizing lotion to prevent dry, cracked skin.
6. Prewash or rinse with plain water items that have been grossly contaminated with body fluids.
7. Wash your towels, uniforms, scrimmage shirts, and any other laundry in hot water and ordinary detergent and dry on the hottest possible cycle.
8. Inform your parents of these precautions if laundry is sent home.
9. Directions that are more specific may be provided by your athletic trainer or coach.