



[www.littlegreengourmets.com](http://www.littlegreengourmets.com)

**SIGN UP FOR SERVICE BY CLICKING THIS LINK BELOW:**

[https://littlegreengourmets.formstack.com/forms/10\\_month\\_school](https://littlegreengourmets.formstack.com/forms/10_month_school)

Academic Year 2018-2019

Dear Lyceum Kennedy French American School families,

We are pleased to have been selected as the caterers for Lyceum Kennedy French American School starting in the fall of 2018. We have been cooking and delivering meals made with great care and the highest quality ingredients to children of all ages around NYC for 6 years. We are looking forward to adding Lyceum Kennedy to our community of schools.

**LITTLE GREEN GOURMETS** is a fresh meal service based in Manhattan. Our delicious meals are healthy and made from scratch using fresh local, sustainable and organic ingredients. **ISABEL GUNTHER**, owner and chef, can be reached with questions at [hello@littlegreengourmets.com](mailto:hello@littlegreengourmets.com).

**MEALS** are delivered Monday through Friday. We offer **REGULAR** and **VEGETARIAN** menus which are created monthly and reflect seasonal availability. **Our meals are made in a peanut, tree nut, sesame, pork and shellfish free environment. NO PORK.**

**MENUS** Monthly menus feature hot daily offerings, paired with fresh, cold sides. They reflect seasonal availability and take inspiration from cuisines from around the world. Highlights include soup in the winter months, healthy desserts on Fridays (smoothies, fruit & cheese pairings & homemade fruit breads). Fresh fruits & filtered water will be offered daily.



## DRINKS/JUICE ALTERNATIVES:

Our company aims to minimize added sugars in kids' lunch meals. We will avoid serving juices and instead provide filtered water. Juice will be served only on special occasions.

**SIGN UP** LGG sells directly to parents as an opt-in service for interested families. An online signup form can be emailed to you by [hello@littlegreengourmets.com](mailto:hello@littlegreengourmets.com) or by clicking here:

[https://littlegreengourmets.formstack.com/forms/10\\_month\\_school](https://littlegreengourmets.formstack.com/forms/10_month_school)

## SPECIAL DIETARY MEALS\*\* +\$0.50 + tax per day

*LGG never serves pork. Beef-free and vegetarian options are available for students who follow the Halal and Kosher diets at no extra charge. Currently all meats served come from Cascun Farm in Greene, NY and are humanely raised. We are working to bring halal meats for the children that require them (+\$0.50 + tax per day).*

Vegetarian\* *no extra charge*

Gluten Free\*\*

Beef Free\* *no extra charge*

Egg Free\*\*

Vegan\*\*

Kosher-style or Halal\*\*

Dairy Free\*\*

**\*\*\*Please note that we DO NOT serve pork, shellfish, tree nuts, peanuts or sesame in our meals\*\*\***

## PRICING:

**FALL SEMESTER = 09/05/18-01/31/19 82 days**

**SPRING SEMESTER = 02/01/19-06/20/19 78 days**

### Nursery - Pre-K: \$8.15 +tax / day.

**Fall semester:** \$668.30 + tax = **\$727.61** (including tax)

**Spring semester:** \$635.70 + tax = **\$692.12** (including tax)

*3 compartment meal trays: individually packaged for easy serving in the classroom, foods are separated and age appropriate (no choking hazards, etc.). Pre-K also has access to plain pasta / picky eater offerings and fresh fruit in main dining room. **Special meals add \$0.50 +tax / day.***

### Grades K-5: \$8.70 +tax / day.

**Fall semester:** \$713.40 + tax = **\$776.71** (including tax)

**Spring semester:** \$678.60 + tax = **\$738.83** (including tax)

*Family-style GRADES K-12: offerings from daily menu: protein, vegetables, healthy carbohydrate, fresh fruit or healthy treat (fruit breads, smoothies, etc.), spring water. An alternate meal option will be available daily. **Special meals add \$0.50 +tax / day.***

### Grades 6-12: \$8.95 +tax / day.

**Fall semester:** \$733.90 + tax = **\$799.03** (including tax)

**Spring semester:** \$698.10 + tax = **\$760.06** (including tax)

*Family-style GRADES K-12: offerings from daily menu with special menu items added for this age group: protein, vegetables, healthy carbohydrate, fresh fruit or healthy treat (fruit breads, smoothies, etc.), spring water. The Kosher-style and Halal meal option will be available daily. (add \$0.50 +tax / day).*

**PAYMENT:** Pay by semester or pay for the full year. Pricing is based on the number of days school is in session. For parents who sign up early, we offer a 5% discount if you send us a **CHECK, ACH PAYMENT** or **CASH** by August 1, 2018.

**Please make check out to: Little Green Gourmets LLC**

**Mail to: LITTLE GREEN GOURMETS 2191 Third Ave #4R New York, NY 10035**

**ADDITIONAL PAYMENT METHODS:**

**\*\*\*please note we cannot offer a discount for these payment methods\*\*\***

**CREDIT CARDS:** once you fill out the form, you will be directed to a payment page where you can pay with a credit card. You can also use a Paypal account to pay with this method.

**POLICIES**

- **TRIALS:** September is a trial month. If your child does not wish to continue with meal service after September 30th, please let us know by **Monday, September 24th** and we will reimburse you for the unused meals on your plan.
- We will not be issuing any reimbursements other than stated above. All school closures have been accounted for and there are no refunds or adjust invoices for absences or any other missed meals (including last minute closings and field trips).
- Payment must be received in order for service to begin.
- Three days (72 hours) notice is required for start of service. In the case of weekends, if you would like your child to receive lunch on Monday, they must be registered by the previous Friday by the end of business day (4 pm).

**CONTACT**

Questions, sign-ups, suggestions please email [hello@littlegreengourmets.com](mailto:hello@littlegreengourmets.com)  
or call: 212-722-0111

growing smart eaters