

BURNHAM UNIVERSITY







STARTING OUT STRONG!

BACK TO SCHOOL TIPS

ADVICE FROM THE BURNHAM
BUNCH

We know that a positive, collaborative connection between home and school helps our students thrive. In our efforts to provide the best back to school transition for our students, our staff developed some tips that we plan to encourage in the first weeks of school. Our plan is to help our students and families develop routines and habits of mind that foster independence, perseverance, and organizational skills.

AT HOME TIPS

-  Set up a daily "homework spot." Designate a time to work that fits with your schedule. Basic school supplies should be easily accessible.
-  Keep a family calendar.
-  Establish before and after school routines, such as morning schedules, self-care routines, and packing/unpacking school bags. Don't underestimate the power of a good night's sleep and screen free time.
-  Encourage your child to participate in school related organizational tasks, like preparing snacks, clothing, and items needed for their days at school.