



September 14, 2018

Mark Your Calendars

Tuesday, September 18th - **Black House S.E.R.V.E Day** - The 7th Grade Black House students will be doing their community service from 8:30 am to 12:00 pm.

Tuesday, September 18th - **Special Olympics Bowling** - The CGIS CDC students will be participating in the Special Olympics Bowling Tournament at Crest Bowling Lanes from 8:30 am to 12:30 pm.

Wednesday, September 19th - **Red House S.E.R.V.E Day** - The 7th Grade Red House students will be doing their community service from 8:30 am to 12:00 pm.

Thursday, September 20th - **AR Final Lap** - Reading goals need to be met by the end of each quarter. At the Last Lap Checkpoint, students who have not accumulated all their points toward their goal will be given time during Enrichment and recess to complete their goal.

Friday, September 21st - **4th Grade Family Gathering** - Our 4th Grade will have a drop-in breakfast in the school café from 7:15 - 7:45 am. After our breakfast, the students will go to the theater for the gathering and presentations.

Friday, September 21st - **5th Grade Family Gathering** - Our 5th Grade Family Gathering will start in the cafe at 12:40 pm and proceed to the theater at 1:10 pm for student presentations.

Please visit our CGIS website at www.maryville-schools.org/cgis to find information regarding all our activities, clubs, school calendar, classroom information, and more.

Digital Citizenship Announcements Week: Self Image and Identity 9/14/18

Here are a few words of wisdom regarding digital citizenship. This week, we are focusing on Self-Image and Identity. The way you identify impacts a lot of your life- from your relationships to your sense of self to your reputation. At Maryville City Schools, we recommend that each person: Carefully consider the way you're portraying yourself online. The internet lets you choose which parts of yourself to share. There can be benefits and drawbacks to sharing a different version of who you are on the Internet. Think about why you're portraying yourself in this way and what the consequences of this could potentially be. A positive self-image and identity start with the choices you make.

CGIS Parent Reminders

- Hawk Olympics money was due on Friday, September 14th. However, if you still have donations/collections to turn in, please bring them in this week in order to be able to participate in the prize drawings!
- Students in grades 4-7 will be taking our first benchmark assessment of the year over the next two weeks. These benchmark assessments are entitled CASE 21. 4th graders will be assessed in Reading Language Arts and Math while 5th, 6th and 7th graders will be assessed in all subjects. This assessment data will help us drive our instruction for next nine weeks.
- At the end of the school day, please be aware that the office will get very busy. We will not be checking students out after 2:30 pm. Please make sure that if you have an appointment scheduled for your student that you allocate enough time to be in the office prior to 2:30 pm.
- 6th & 7th Grade Basketball Try-outs will be on September 26th & 27th with the girls from 3:00 to 4:00 pm and the boys from 4:00 to 5:00 pm.



There have been some strange creatures seen in the library lately...trolls, unicorns, even gnomes! What can all these strange sightings mean?? It means the BOOK FAIR is coming! Come check out all the new books in the **ENCHANTED FOREST** this fall!

The Book Fair will run from **September 17-21** this year, and it will be open from **7:40 a.m.-4:00 p.m.** each day. (The only exception is on Friday the 21st, when we'll close at the last bell of the day.)

Come see what's new!



SUPPLY NEEDS FOR THE ART ROOM

RECYCLED ITEMS:

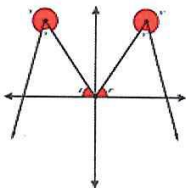
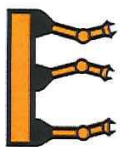
PLASTIC CAPS ANY SIZE
CLEAN PLASTIC CONTAINERS ANY SIZE (POP, LAUNDRY, ETC)
SMALL BOXES (JEWELRY SIZE)

MISC ITEMS:

BUTTONS
RIBBON AND EMBROIDERY THREAD, LOOSE OR SPOOLS
SMALL WOOD SCRAPS
BEADS OR JEWELRY SCRAPS
OLD CALENDARS
OLD MAPS

Please bring supplies to the art room before or after school or drop off
in the front office. THANK YOU!!!

6th Annual



FEST

**Where : Maryville College
Sutton Science Center Lawn**

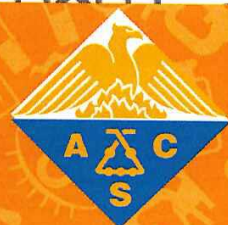
When: September 29, 3-7pm

Admission: FREE!!

Admission includes 15 game tickets

Raffle tickets and additional game tickets available for purchase

In the event of inclement weather, STEMfest will be in Spring 2019



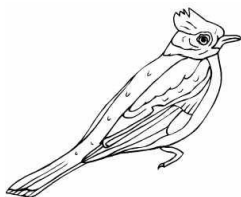
MC PROSPECTIVE STUDENTS!

**Contact Admissions to register and stay
overnight to experience STEM at MC!**



Presented by Maryville College ACS and BBB

2018-2019 GreenKeepers Earth Club Membership Form



GreenKeepers Earth Club will meet every first and third Monday that school is in session. This is a year-long club which meets 14 times starting August 20th.

Activities will cover animals, plants and ecology. Specific topics and activities will be based on the interest of the participants.

- **Cost:** \$20.00 (for snacks and materials) (In May an additional \$5 for the field trip)
- **Form:** Please bring the bottom portion to the first meeting you attend.
- **Time:** 2:45 – 4:00 PM (meet in the science lab)
- **Students will need to bring:**
 - A water bottle (Please label)
 - Sensible closed toe shoes for walking (no flip-flops)
 - Watch the weather. We will often be outside, so dress appropriately.

Please cut on dotted line and keep this portion as a reminder.

.....
Send the bottom portion to the GreenKeepers Earth Club advisor, Jaquie Stiver

_____ has permission to attend GreenKeepers Earth Club meetings and walk to the adjoining Everett Park Ball Fields.

Parent(s) or Guardian(s) Signature: _____ Date _____

During the meetings I can be reached at this phone number _____

My student has the following allergies: _____

Please check all that apply:

- _____ I have enclosed \$20.00 to cover the cost of snacks and materials for the year.
- _____ I will pick up my child promptly at 4:00 in the parking lot in front of the science labs.
- _____ My child attends Adventure Club and will go there after meetings.
- _____ My child will walk home after the meetings.
- _____ I will send a water bottle.

Coulter Grove Cares
Creative Community Outreach
Fall 2018



Coulter Grove Cares will meet every second and fourth Monday starting September 10.
Sept. 24, Oct. 22, Nov. 12, 26 and Dec. 10.

We will create various art projects to benefit members of our community. Specific projects and benefitting agencies are chosen by the participants and may include Meals on Wheels, Habitat for Humanity, First Responder Agencies, Military Personnel, Animal Shelters and Haven House

- **Cost:** \$30.00 (for snacks and materials)
- **Form:** Please return bottom portion to the office.
- **Time:** 2:45 – 4:00 PM (meet in the science lab)

Please cut on dotted line and keep this portion as a reminder.

.....
Send the bottom portion to the Coulter Grove Cares advisor, Jaquie Stiver

_____ has permission to attend CGC meetings. Parent(s) or Guardian(s)

Signature: _____ Date _____

During the meetings I can be reached at this phone number _____

My student has the following allergies: _____

Please check all that apply:

_____ I have enclosed \$30.00 to cover the cost of snacks and materials for the semester.

_____ I will pick up my child promptly at 4:00 in the parking lot in front of the school.

_____ My child attends Adventure Club and will go there after meetings.

_____ My child will walk home after the meetings.

Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL

October 2018

Family Resource Center
Maryville City Schools

Add some variety to keep your daily reading time engaging

Reading opens the door to all kinds of learning. That's why educators say that helping your child develop his skills and interest in reading is one of the most important things you can do to help him achieve in school.

Making time to read together every day shows your child that reading is a priority in your family. But you don't always have to do it the same way!



To encourage your child to be an active reader:

- **Read in interesting places.** Outside in a hammock. Inside in a cozy corner filled with pillows. Or under a blanket draped over some chairs. Keep some books in the bathroom to read while your child is in the tub.
- **Plan reading excursions.** Visit the library often and let your child choose books to check out. Stop for a snack on the way home and read together as you munch.
- **Start a family book club.** It doesn't have to be formal. Just set aside time once a week—dinner time is perfect—to talk about something you have all read. Or let everyone bring a book to tell the others about.
- **Play with plays.** Get a short, easy-to-read script and give each family member a role. Encourage everyone to be dramatic and ham it up.



Take the anxiety out of test-taking

Anxiety about tests is common among students, and it can prevent them from doing their best. To help your child go into tests relaxed and confident:

- **Talk about what tests do—** and what they don't. Tests show the teacher what your child has learned so far, and what she needs help with. They don't judge her value as a student or a person.
- **Space study sessions out** for several days before the test. Cramming the night before is not as effective.
- **Connect new material** to things your child already knows.
- **Help her focus** her study efforts on material she hasn't mastered yet, rather than repeatedly reviewing material she already knows.
- **Tell her to give** herself a pep talk if she feels overwhelmed during a test. She can say, "I know this. I can remember the answer."
- **Teach her to take** deep breaths to relax and improve her focus.

Source: S.D. Sparks, "Teaching Students to De-Stress Over Testing," Education Week, nswc.com/relaxed.

Brainstorm to help your child improve writing

Writers know that descriptive details add interest and depth to their stories. But many kids struggle to come up with these details when they write.

Brainstorming with your child can help him flesh out his ideas. Ask him to think about the five senses. What do things in his story look/feel/smell/sound/taste like?

Source: "Five Senses Graphic Organizer," The Ontario Institute for Studies in Education, nswc.com/details.



Make time for a conference

Teachers have many pupils. But at a parent-teacher conference, the focus is on just one child—yours. It is an ideal time for you and the teacher to plan ways to help your child succeed. To make the most of it:

- **Bring a list of questions** about your child's work habits, attitude, friends, behavior, strengths and weaknesses.
- **Listen carefully** and take notes.
- **Share information** about your child: her favorite school activities and subjects, her struggles and any sensitive issues.
- **Agree on a plan** to address concerns and schedule a time to follow up.

Teach respectful behavior

Saying *please* and *thank you* shows respect and makes life with others pleasant. In school, your child should also:



- **Arrive prepared—** ready to learn and participate in class.
- **Raise his hand.** Waiting to be called on instead of blurting out answers or comments shows respect for classmates and the teacher.
- **Accept constructive feedback.** In order to help students learn, teachers must point out mistakes.



How can I help my child slow down and work carefully?

Q: My third grader is very competitive. She loves to win at sports, and her teacher says she always wants to be the first one finished in the classroom, too. She doesn't take time to write neatly or check her work, and it's hurting her grades. What can I do?

A: It sounds as if your daughter has a habit of turning everything into a race—and she wants to be first across the finish line. But when it comes to schoolwork, accuracy matters more than speed.

To help your child learn to take more care:

- **Talk to her teacher.** Let the teacher know you would like to work together on a plan to help your daughter focus on quality work, not speedy work.
- **Talk to your child.** Since she likes sports, you might compare schoolwork to shooting free throws in basketball. It's not her speed that matters—it's whether the ball goes in the basket.
- **Review homework** each evening. Let your child know you are going to double-check it for neatness and accuracy. If it's not up to a reasonable standard, you'll ask her to redo it, since she is responsible for the quality of her work. She'll soon figure out that by slowing down, she can get the work right the first time—and that actually takes less time in the long run.



Are you promoting persistence?

Things in school—and in life—won't always go your child's way. How he copes in those times will affect his future success. Are you teaching your child how to overcome frustration? Answer yes or no to the questions below:

1. **Do you understand** that it isn't a parent's job to rescue children from all difficulties?
2. **Do you encourage** your child to keep trying when he gets stuck on a homework problem?
3. **Do you help** your child see how his efforts affect his results?
4. **Do you point out** stories of successful people who have overcome challenges?
5. **Do you name** your child's feelings? "You're frustrated

that learning this is taking longer than you expected. You'll get there."

How well are you doing?

More yes answers mean you are helping your child learn to survive and thrive in tough times. For each no, try that idea.

"Great works are performed not by strength but by perseverance."
—Samuel Johnson

Use money to teach the value of responsibility

A healthy sense of responsibility helps kids make better decisions, in school and in life. To help your child learn how acting responsibly can pay off, teach her how to manage money. Here are two ways to begin:

1. **Consider giving her an allowance.** Discuss her options. If your child spends her money now, she can get something small. If she saves it up, she can get something better later.
2. **Talk about your budget.** Say things like, "We have to pay the dentist this week, so getting pizza will have to wait."

Progress checks keep goals in sight

Helping your child set goals is a great first step toward achievement. But don't stop there! Check on his progress regularly. If problems arise, talk with him about possible solutions. For example, if he wants to finish a book by a certain date but has fallen behind, he could read for 10 extra minutes each afternoon. Praise your child for his progress so far, and for continuing to work toward his goal.



Get ready for restful sleep

When your child sleeps well at night, she is better able to pay attention in school and remember material with greater accuracy. To help her get the restful sleep she needs:

- **Get active outdoors.** Exercise and fresh air help kids sleep better.
- **Turn off screen devices** at least one hour before bedtime.
- **Make your child feel safe.** Put a night light in her room, if necessary. Tell her you will check on her periodically.

Source: S. Gardner, "Why Healthy Sleep Is Vital For School Success," Studiosity, nswc.com/sleepmore.

Helping Children Learn®

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Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Family Resource Center
Maryville City Schools



THE
PARENT
INSTITUTE

October 2018

**Daily Learning Planner: Ideas Parents Can Use to Help
Children Do Well in School—Try a New Idea Every Day!**

- | | |
|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> 1. Review your list of emergency contacts with your child. <input type="checkbox"/> 2. Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first? <input type="checkbox"/> 3. Have your child estimate the number of socks in his drawer, then count to find out the exact number. <input type="checkbox"/> 4. Choose a Word of the Day. Have family members use it in a sentence. Make this a daily habit. <input type="checkbox"/> 5. Talk about books you loved when you were your child's age. <input type="checkbox"/> 6. Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart. <input type="checkbox"/> 7. At dinner, put a price on each item you serve. Have your child figure out the cost of the meal. <input type="checkbox"/> 8. Today is the anniversary of the Great Chicago Fire of 1871. Review your family plan in case of a fire in your home. <input type="checkbox"/> 9. Let your child quiz you about things she is learning in school. <input type="checkbox"/> 10. See how many words you and your child can make from the letters in OCTOBER. <input type="checkbox"/> 11. Compliment your child's efforts on something today. <input type="checkbox"/> 12. Cut out pictures of people from the newspaper or magazines. Ask your child to make up a story about each person. <input type="checkbox"/> 13. Think of a skill you and your child would like to learn, such as knitting. Check out a how-to book to read together. <input type="checkbox"/> 14. Make a leaf rubbing. Place a leaf on paper. Cover it with a sheet of thin paper and have your child rub over the leaf with a crayon. <input type="checkbox"/> 15. Have your child turn a news article headline into a question. Then, read the article together. Does it answer the question? | <ul style="list-style-type: none"> <input type="checkbox"/> 16. Read a book that you and your child can both enjoy. <input type="checkbox"/> 17. Write an encouraging note and tuck it into your child's backpack. <input type="checkbox"/> 18. Challenge family members: Who can name the most parts of the body? <input type="checkbox"/> 19. Bake cookies with your child. Help her figure out how much of each ingredient you would need if you doubled the recipe. <input type="checkbox"/> 20. Spend some one-on-one time with your child today. <input type="checkbox"/> 21. Ask your child to name his favorite thing about you. Tell him something you love about him. <input type="checkbox"/> 22. Encourage your child to be a humble winner and a gracious loser. <input type="checkbox"/> 23. Limit TV time. Use the TV listings to help your child plan her viewing. <input type="checkbox"/> 24. Have your child rub two stones together for a few minutes. Can he feel the heat generated? This is caused by <i>friction</i>. <input type="checkbox"/> 25. To help an early reader, look for books with read-along audiobooks. <input type="checkbox"/> 26. Ask your child to plan a meal. How many food groups can she include? <input type="checkbox"/> 27. Let your child see you enjoying reading today. <input type="checkbox"/> 28. With your child, learn to say <i>hello</i> in two other languages. <input type="checkbox"/> 29. Sing a familiar song and leave out some words. Can your child tell you which words you left out? <input type="checkbox"/> 30. Play Concentration with fractions. Fractions with the same value make a pair, like $\frac{1}{2}$ and $\frac{2}{4}$. <input type="checkbox"/> 31. With your child, make a fall table decoration. |
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Helping Children Learn
Tips Families Can Use to Help Children Do Better in School