

COMMUNITY RESOURCES FOR SOCIAL EMOTIONAL SUPPORT

CURRENT AS OF 8/2017

| Provider | Age info | Contact Info | Location | Insurance and Service Notes |
|---|------------|--|---|---|
| Anan and Associates | Birth & up | 248.692.4890 Anan-associates.com | Novi | BCBS-Specialization in Autism, ABA, Parent-Child Interaction Therapy, selective mutism |
| Beaumont Center for Human Development | Birth & up | 248.691.4744 Beaumont.org | Southfield and Grosse Point | Most Insurances accepted for some services-Call for more info. |
| Birmingham Maple Clinic | 4 & up | 248.646.6659 birminghammaple.com | Troy | Most Insurances accepted Tricare, Blue Cross Blue Shield, Aetna, Cofinity, HAP, BCN |
| Catholic Charities of SE Michigan | 4 & up | 248.548.4044 cssoc.org | Royal Oak, Pontiac, Lake Orion, Waterford, Auburn Hills, Southfield | Molina, Great Lakes, Total Health Care, Meridian, and Blue Cross Complete, Aetna, Blue Cross Blue Shield, Cofinity, Health Alliance Plan (HAP), HealthPlus, McLaren, Priority Health, United Behavioral Health. |
| Centro Multicultural La Familia | | 248.858.7800 centromulticultural.org | Pontiac | Mostly for Spanish speaking families. |
| Child and Family Solutions Center | 3 & up | 248.851.5437 childandfamilysolutionscenter.com | Farmington Hills | BCBS PPO, cash, credit cards ALSO Services Gifted Children |
| Christian Family Services | Birth & up | 248.557.8390 cfs-michigan.org | Southfield | No insurances accepted-fees are really low (like a copay) sliding scale provided |
| Christine Fisk, MS, LLP | Birth & up | 248.561.7308 | Bloomfield Twp | Blue Cross Blue Shield |
| Common Ground | All ages | 800.231.1127 Commongroundhelps.org | Pontiac | Medicaid plans Crisis support |
| Denise Arbaugh, RN, MA, LPC, NCC, IMH (E) II | Birth & up | 586.291.2877 | Royal Oak | Sliding Scale |
| Dr. Angela DeBastos | Birth & up | 248.651.9670 Drdebastos.com | Troy | Blue Cross Blue Shield, Value Option, HealthPlus PPO, Multiplan, and Aetna/Cofinity |
| Dr. Laura Hutchison & Assoc. | Birth & up | 855.781.3974 playdrhutch.com | Farmington Hills | Aetna, BCBS, Cigna, HAP, Magellan Behavioral Health, Sliding Scale |
| Dr. Patricia Armstrong | Birth & up | 248.674.2659 | Waterford | Aetna, Beaumont, BC/BS, Cigna, Cofinity, Health Plus, Value Options, Cash, Check, Credit Card |
| DYOS Counseling, PLLC | birth & up | 248.840.3376 dyoscounseling.com | Rochester | Alejandra Barnes, MA, LLPC, NCC; No Insurance only cash, check, credit card- Spanish speaking- |
| Easter Seals | birth & up | 248.475.2150 after prompt press one(1) to receive services easterseals.com/michigan | Auburn Hills, Southfield | Straight Medicaid and Medicaid HMO's based on financial need—Joe direct: (248)395-6374 |
| Family, Health & Harmony, LLC | birth & up | 734.395.4434 facebook.com/Familyhealthharmony/ | Based in Farmington, home based services | Private Pay, sliding scale as needed |
| Great Lakes Psychology Group | birth & up | 248.385.3847 greatlakespsychologygroup.com | Clarkston, Troy | Blue Cross/Blue Shied, Blue Care Network, Aetna, Cofinity, HAP, Value Options, Health Plus, Cigna, United Behavioral Health. |
| Healing Hearts and Minds | Birth & Up | 248.809.5755 | Rochester Hills | Aetna, Anthem, BCN, BCBS, Humana, McLaren, Meridian, Molina, |

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| Center for Counseling | | healingheartsandmindscc.com | | Optum, UMR, United Health Care |
| Ira Glovinsky, Ph.D. Nanci Hester, LMSW Lindsay Ludtke, LLMSW | birth & up | 248.538.9070 glovinskycenter.com | West Bloomfield | Blue Cross Blue Shield; Aetna; limited sliding scale |
| Jennifer N. DeSchryver, Psy.D. | birth & up | 248.890.4077 jenniferdeschryver.com | Bloomfield Twp. | Blue Cross Blue Shield |
| Jewish Family Service | 5 & up | 248.592.2300 jfsdetroit.org | West Bloomfield, Oak Park | BCBS and most major insurances, sliding fee scale- No Medicaid HMOs |
| JOAK Counseling and Behavioral Center | birth & up | 586.690.8331 Joakhomes.com | Clinton Twp | Many private insurances; Leslie Play therapist; Samantha- supervisor; Most private insurances, some home visiting (BC/BS) |
| Joseph G. Castine, LLP, IMH (E) III | birth & up | 248.414.3804 a-atherapy.com | Royal Oak | Sliding Scale |
| Karol Teetor, MA, LPC, NCC | Birth & up | 248.782.5599 | Auburn Hills | Cash and sliding scale accepted-Adoption and Trauma Focused |
| LifeStart Counseling | Birth & up | 248-910-1591 lifestartcounseling.com | Farmington Hills | Private Pay ; Focus on Maternal depression |
| LUNA Trauma Assessment (Easter Seals) | birth & up | easterseals.com/michigan/our-programs/the-luna-model.html | Online Screening Assessment tool | Initial assessment at no cost |
| LifeLens Psychological and Counseling Services | Birth & up | 866.377.3605 lifelenscounseling.com | Waterford | Aetna, Blue Care Network, BCBS, HAP, Humana Margaret Ostrowski, MS, LPC and Bonny Pomeroy, MA, LPC |
| New Day Counseling | 3 & up | 248.649.8050 newdaycounseling.org | Troy | Most Insurances and Sliding Fee |
| Oakland Family Services | 4 & up | Pontiac 248.858.7766 Rochester 248.853.0750 WL 248.624.3812 ofsfamily.org | Pontiac, Walled Lake, Rochester | All Medicaid HMOs and most commercial Pontiac -Kym Carlson and Crystal Smith Rochester - Colleen Micklas Walled Lake -Jennifer Hurst and Amanda Barbosa |
| Oakland University Counseling Center | 6 & up | 248-370-4187 Oakland.edu/sehs/cc | Rochester | No cost- good resources for parents in need of assistance Contact: Ashley Karas |
| Pam Barckholtz, LMSW, IMH-E(IV) | birth & up | 248.276.8250 x1565 pbarckholtz@comcast.net | White Lake | Private Pay, sliding scale as needed |
| Perspectives of Troy | 4 & up | 248.244.8644 perspectivesoftroy.com | Troy, Novi | Most Insurances accepted except Medicaid plans |
| Perspectives Therapy Services- Andrea Beaulieu, LMSW | 3 & up | 810.892.3358 facebook.com/AndreaBeaulieu.LMSW/ | Highland | Aetna, BCN, BCBS, Cofinity, Magellan Behavioral Health, McLaren, Meridian, Molina |
| Reflections Child and Family Therapeutic Group | birth & up | 248.716.9773 reflectionstherapeuticgroup.com | Bloomfield Hills | Lindsay LaBoda, LMSW; Gillian Ogilvie, MA, LPC; Katherine Vance, LMSW; Kaela Wright, MS, LLP BCBS |
| Sollars and Associates | birth & up | 248.613.5377 sollarsassociates.com | Commerce, Troy, West Bloomfield, Royal Oak | Aetna, BCBS, Blue Care Choice, Blue Cross Complete, BCN, Cofinity, HAP, Medicare, Meridian, Molina, Optum, Smart, Health, Tricare, United Behavioral Health, United HealthCare, Value Options Adam Walker, LLP, Hillary Lesniak, MSW, IMH-E(II), Teresa Turner, LLP |
| Valerie Timko, MS, LLP, PC | birth & up | 734.788.3233 | Farmington Hills | Blue Cross Blue Shield |

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| | | northwestcounselingfarmin gtonhills.com | | |
| Victoria Schreiber MA, LMSW | 3 & up | 248.476.4515 victoriaschreiber.com | West Bloomfield | Blue Cross Blue Shield |
| Viewpoint Psychology and Wellness | Birth & Up | 248.669.9500 viewpointpw.com | Commerce Township, Michigan 48390 | Emily Otten, LMSW and Melanie Schwartz. PsyD, LP Aetna, Blue Care Network, BlueCross and BlueShield, Cofinity, HAP, Magellan Behavioral Health, Priority Health, United Healthcare |
| Willows Edge Healing Arts Center | Birth & up | 248.834.0614 willowsedge.net | Oxford | Aetna, BCBS, ComPsych, McLaren, Meridian, TRICARE Shannon Jordon, LPC |

Child Psychiatrists

| Provider | Age Info | Contact Info | Location | Insurance and Service Notes |
|--|----------|---|---|--|
| Dr. Kelly Rogalski Robert LaGron Dr. David Harold Averbach | birth-18 | 248-661-7393 Henryford.com | Henry Ford Columbus Center 39450 W 12 Mile Rd Columbus Center 2B, Novi, MI 48377 | HAP |
| Richard Raymond Dopp MD Jacek Debiec MD, PhD Cynthia Jeanette Ewell Foster PhD Kate Dimond Fitzgerald MD | birth-18 | 734-764-6443 uofmhealth.org | U of M Psychiatry Rachel Upjohn Building 4250 Plymouth Rd Ann Arbor, MI 48109 | Aetna, Alliance Health and Life, Blue Care Network, BCBS, Cigna, Cofinity, United Health One, HAP, Humana, McLaren, Meridian, Molina, Priority Health, TriCare, United Health Care |
| Children’s Hospital | birth-18 | (313) 745-5437 Childrensdmc.org | Children's Hospital of Michigan Specialty Center - Detroit 3950 Beaubien Detroit, MI 48201 | Aetna, BCN, BCBS, Cigna, Cofinity, Coventry, Fidelis, HAP, Human, McLaren, Meridian, Molina, Priority Health, Total Health Care, Tricare, United Behavior Health, United Community Plan, United Healthcare |
| Mark Silverman, MD | birth-18 | 248.504.0961 248.647.0391 | Imagine Health, PC 1019 Haynes Birmingham, Michigan 48009 | Aetna, Blue Care Network, Cofinity, ComPsych |
| Humera Athar, MD | birth-18 | 248.918.2273 248.536.2028 premierbehavioralmedi cine.org | Premier Behavioral Medicine 20282 Middle Belt Rd Livonia, Michigan 48152 | Aetna, Blue Care Network, Blue Cross Blue Shield, Cigna, HAP Health Alliance Plan, Magellan Behavioral Health, Optum, Priority Health, TRICARE, Value Options |
| Thomas Henry, MD | birth-18 | 248.529.3605 practicalpsychiatric solu tions.com | Practical Psychiatric Solutions, PLC Stone Crest Office Center 1641 S. Milford Road Suite A-101 Highland, MI 48357 | Aetna, Alliance, BlueCross and BlueShield, Magellan Behavioral Health |
| Michael D Colman, MD | birth-18 | 248.688.0813 | 2725 Endsleigh Drive Bloomfield Hills, Michigan 48301 | Aetna, Beech Street, Blue Cross and Blue Shield, Cigna, Cofinity, Corp health, First Health, Health Net, Humana, MHN, Magellan Behavioral Health, PHCS, PacifiCare, TRICARE, United, Value Options |
| Brooke Weingarten, DO, MPH Jeffery London, MD | birth-18 | 248.646.6659 birminghammaple.com | Birmingham Maple Clinic 2075 West Big Beaver Road Suite 520, Troy, MI 48084 | Aetna, Alliance Health and Life, Blue Care Network, BCBS, Cigna, Cofinity, United Health One, HAP, Humana, McLaren, Meridian, Molina, Priority Health, TriCare, United Health Care |

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Sensory Integration Support

| Provider | Age Info | Contact Info | Location | Insurance and Service Notes |
|--|------------|-------------------------------------|--------------------------------------|--|
| Building Bridges Therapy Center | Birth & up | 734.454.0866 Bridgestherapy.com | Plymouth | Most Insurances-Need prescription from pediatrician |
| Como Pediatric Communication Center | | 248.828.3800 Comopedspeech.com | Troy | Most Insurances-Need prescription from pediatrician |
| Detroit Institute for Children | | 248-926-0909 Detroitchildren.org | Walled Lake | Most Insurances-Need prescription from pediatrician |
| Kaufman Children’s Center | | 248.737.3430 kcccloud.com | West Bloomfield | Most Insurances-Need prescription from pediatrician |
| Kids in Motion | | 248.684.9610 Kidsinmotionmi.com | Highland, Clarkston, Commerce | Most Insurances-Need prescription from pediatrician |
| Team Rehabilitation-Pediatrics | | 248.385.0030 team-rehab.com | Bingham Farms location only for Peds | Aetna, Auto Carriers, Blue Care Network, Blue Cross Traditional, Blue Cross PPO, Blue Cross POS, Blue Cross Trust Network, Cigna, Cofinity, Commercial Carriers, HAP, Humana, Meridian, Priority Health, Total Health Care, Tricare, United Health Care Need prescription from pediatrician |

Home Visiting

| Provider | Age Info | Contact Info | Location | Insurance and Service Notes |
|----------------------------------|------------|--------------------------------|---------------|-----------------------------|
| Fussy Baby (OFS) | 0-3 | 248.858.7766 ofsfamily.org | Home visiting | None needed |
| Home Visiting Initiative | Prenatal-3 | 844.456.5437 | Home Visiting | None needed |
| Nurturing Parent Program | 0-18 | Nurse on Call: 800.848.5533 | Home visiting | None needed |
| Parents as Teachers (OFS) | 0-5 | 248.858.7766 ofsfamily.org | Home visiting | None needed |

School Support

| Provider | Age Info | Contact Info | Location | Insurance and Service Notes |
|--|------------|---|---------------------------|--|
| Build Up Michigan (formerly Project Find) | Over 3 | 888.320.8384 | Statewide | None needed |
| Early On Oakland | 0-3 | 248.209.2084 or 866.456.2084 | Waterford/Oakland Schools | None needed-For Children with developmental delays in speech/language, gross motor, fine motor, communication. |
| Lydia Moore | 3-6yr | 248.209.2308 Lydia.moore@oakland.k12.mi.us | Waterford/Oakland Schools | None needed-For help with Schools/children with an IEP or need assistance in getting an IEP |
| Michigan Alliance For Families | 0-26 years | 800.552.4821 michiganallianceforfamilies.org | Statewide | None needed- advocacy for children/families and IEPs |

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