

# **COMMUNITY RESOURCES AND PHONE NUMBERS**

## **Winona County Community Services:**

202 W. 3rd St., Winona, MN

### **Assistance Programs 457-6200**

- SNAP food program
- Medical Support
- Cash Support
- Emergency Assistance
- Child Support
- Child Care Assistance Program
- List of licensed childcare providers in Winona County

### **Child Protective Services 457-6200**

### **Adult Mental Health Case Management 457-6227**

### **Public Health 457-6400**

- WIC
- Maternal Child Health Nurses
- Follow Along Program
- Medication management
- Vaccinations

### **Project F.I.N.E 452-4100**

- Language Interpreters

## **Medical Transportation:**

### **Health Rides**

- Blue Plus 866-340-8648

\*\*Need to reserve a ride with above providers 72 hours in advance of appointment date (weekend days do not count)

- SEMCAC 507-864-7741
- Rolling Hills 1-800-528-7622 (small fee for this service as they do not bill medical insurance)

## **Mental Health Services:**

### **Hiawatha Valley Mental Health Services**

**Main Office** 454-4341

166 Main St., Winona, MN ( Note: Center will be relocating to 420 East Sarnia, Winona in Fall 2018)

- Therapy
- Psychiatric Services
- ARMHS
- CD counseling and outpatient treatment
- Medication maintenance

**SCY Center** 474-9320

122 W. 2nd St., Winona, MN (Note:Center will be relocating to 420 East Sarnia, Winona in Fall 2018)

- School Linked Mental Health Services
- Children's Mental Health Case Management
- CTSS Skills

**24 Hour Emergency Crisis Response** 844-274-7472

**Family and Children's Centers** 453-9563

601 Franklin St., Winona, MN

- Therapy (Individual and family)
- School Aged Day Treatment
- Bridges Preschool Day Treatment

**Acumen Counseling Services** 855-855-6776

902 E. 2nd St., #326, Winona, MN

- Therapy
- DBT

**Winona Health Behavioral Health Dept.** 454-2606

855 Mankato Avenue, #214, Winona, MN

- Therapy
- Psychiatric Services

**Grief and Loss Support Group**

Winona Health-457-4382

Tuesdays 4:30 - 6:00 p.m. (Six week sessions offered 4 times a year)

**Catholic Charities 454-2270**

111 Market St., Suite 2, Winona, MN

- Counseling

**Utility Services-Low Income Programs/Funding:**

**Xcel Energy**

- Power On Program 651-774-9010
- Low Income Program 1-800-331-5262

**SEMCAC**

**Administrative Office 507-864-7741**

Rushford, MN

- Energy Assistance Program 1-800-944-3281

**St. Charles Resource Center 507-932-5203**

106 E. 11th St., St. Charles, MN 55972

**Salvation Army Heat Share Program 1-800-842-7279**

**Minnesota Gas Affordability Program 1-800-492-4805**

**Winona Area Public School Services:**

**Early Childhood Family Education (ECFE) 494-0913**

Goodview Elementary School, 5100 W. 9th St., Winona, MN

**Early Childhood Special Education (ECSE) 494-0840, 494-0913**

Goodview School, 5100 W. 9th St., Winona, MN

**Baby Connections - 507-494-0913**

ECFE Goodview School Winona, MN

**Adult Literacy 494-0900**

Winona Area Public Schools District office, 903 Gilmore Avenue, Winona, MN

- ESL (English as a Second Language)
- GED

- ABE (Basic Skills)

Classes are offered at Wesley United Methodist Church , Maplewood Community Center and Mn Sate College Southeast Technical

**Key Kids-** 494-0910

Winona Area Public Schools District Office. 903 Gilmore Avenue, Winona, MN

- Year round School-aged Child Care

## **School Supplies**

**Ready Set School -507-474-2588**

51 East 4th Suite 404

Provides vouchers for school supplies and clothing for income eligible students

## **Homeless Shelters/Services:**

**Bethany House** 454-8094

832 W. 6th St., Winona,

- Showers and laundry (male, female) available Mondays and Fridays from 4-7 pm
- Hot meals served at 6:00 pm daily

**Dan Corcoran House** 457-3451

802 W. 6th St., Winona, MN

- Temporary shelter for women (check for availability)

**Winona Warming House-**507-458-9197

Community Bible Church 69 East 3rd street, Winona, MN

A program of Catholic Charities and provides temporary emergency shelter for adults age 18 and over at Community Bible Church, 69 East 3rd street, Winona, MN from November 1 through March 31. Guest can be checked in from 9 pm to 10 pm and can stay until 7:00 am. After 10 pm guests can be admitted from a referral source from other agencies in Winona County.

**Salvation Army** 608-782-6126

223 N. 8th St., La Crosse, WI

- Emergency shelter
- Meals
- Financial Asst.

### **Housing:**

**SEMMCHRA** 1-651-565-2638 (multi county agency)

134 E. 2nd St., Wabasha, MN

- Section 8 vouchers
- Subsidized housing (apartments)

**Winona Housing & Redevelopment Authority** 454-3665

1756 Kraemer Drive, Suite 100, Winona, MN

- Section 8 voucher
- Maplewood Townhomes
- East Belleview Townhomes

### **Resale Shops:**

**Winona Volunteer Services** 452-5591

#### **Clothes Shop**

416 E. 2nd St., Winona, MN (Across parking lot from food shelf)

**Hours:** Mon-Fri 9:00 am to 5:00 pm  
Saturday 10:00 am to 1:00 pm

**Salvation Army Thrift Store** 474-2400

1443 W. Service Dr., Winona, Mn

- Refurbished mattresses
- Clothing, shoes
- Household items
- Furniture
- Bedding

**Winona Goodwill-507-454-4817**

1450 Gilmore Ave., Winona<mN

New and used:

- Clothing
- Household goods
- Furniture
- Bedding

**St. Charles Resource Center 507-932-5203**

106 E. 11th St., St. Charles, MN 55972

**Restored Blessings- 507-474-9480**

350 2nd street, Winona, MN 55987

Offers used:

- Clothing
- Household items
- Furniture

**Grace Place 454-1915**

66 E. 2nd St., Winona, MN

- Clothing
- Diapers
- Bedding
- Household items

**Habitat For Humanity Restore 474-6075**

77 Laird St., Winona, MN

- Furniture
- Cabinets
- Paint
- Light fixtures
- Flooring
- Building and remodeling supplies

**Food Shelf:**

**Winona Volunteer Services** 452-5591

402 E. 2nd St., Winona, MN

**Hours:** Mon-Wed 9:00 am to 1:00 pm

Thurs 3:00 pm to 6:00 pm

Friday 2:00 pm to 5:00 pm

**St. Charles Resource Center** 507-932-5203

106 E. 11th St., St. Charles, MN 55972

**Employment and Job Training:**

**Workforce Center** (507) 205-6060 Fax: 453-2960

1250 Homer Road, Suite 200, Winona, MN

Hours: 7:30-4:15

**Domestic Violence:**

**Women's Resource Center** 452-4440

77 E. 5th St., Winona, MN

- 24 Hour Crisis Line 452-4453
- Advocates

**Safe Haven, Child Visitation Center** 453-9563

601 Franklin St., Winona, MN (Family and Children's Center building)

- Offers a safe place for visitations and/or visitation exchanges with non custodial parent when domestic violence exists or has existed b/t the parents.

**Legal Services:**

**Southern MN Regional Legal Services** 454-6660, 1-800-372-8168

66 E. 3rd St., Suite 204, Winona, MN

- Call 1-800 phone number to inquire about program qualification

**Social Security:**

**Social Security Administration** 1-800-772-1213 Fax: 452-3042

53 E. 3rd St., Winona, MN

**Disability Specialists 1-800-642-6393**

- Disability Claim Advocates

**Women's Health:**

**SEMCAC Family Planning 452-4307**

76 W. 3rd St., Winona, MN

- Contraception
- Examinations
- Testing

**Winona Health 457-7701**

855 Mankato Ave., Winona, MN

**Families with Babies:**

**Grace Place 454-1915**

66 E. 2nd St., Winona, MN

**Catholic Charities 454-2270**

111 Market St., Suite 2, Winona, MN

- Mother & Child Assistance Fund: Jody Olson

**Birthright of Winona 452-2421**

920 W. 5th St., Winona, MN

- Diapers
- Baby Clothes

**Cradle of Hope**

- Free pack-n- plays

**AGENCIES**



**SEMCAAC: Winona Office** 452-8396 Connie or Peggy

75 W. 3rd St., Winona, MN

- Head Start and Early Head Start applications
- Rental security deposits (when facing an eviction and denied emergency assistance from Winona County)
- Emergency energy assistance

**Administrative Office** 507-864-7741

Rushford, MN

- Medical Rides
- Weatherization Program
- Energy Assistance Program 1-800-944-9281
- Rolling Hills 1-800-528-7622 (small fee for this service as they do not bill medical insurance)

**Winona Volunteer Services** 452-5591

402 E. 2nd St., Winona, MN

- **Food Shelf**

**Hours:** Mon-Wed 9:00 am to 1:00 pm

Thurs 3:00 pm to 6:00 pm

Friday 2:00 pm to 5:00 pm

- Gas voucher
- Diaper voucher
- Mattress voucher (for Salvation Army)
- Clothing voucher
- Household items voucher
- Funding for other emergencies
- Cooking and nutrition education
- Application for low income children and adults for dental health care

**Clothes Shop** 416 E. 2nd St., Winona, MN

**Hours:** Mon-Fri 9:00 am to 5:00 pm

Saturday 10:00 am to 1:00 pm

**Catholic Charities** 454-2270

111 Market St., Suite 2, Winona, MN

- Mother & Child Assistance Fund
- Prescription Medication Program
- Adoption Services
- Counseling Services