

# UNIFORM GUIDELINES

MIDDLE/SENIOR SCHOOL



Elmwood  
School

# ELMWOOD SCHOOL

## UNIFORM GUIDELINES

The Elmwood School “Girls in Green” have been wearing a uniform for over 100 years. It continues to be an important part of the school’s tradition and promotes the sharing of a common outlook, behaviours and attitudes within the school. Girls are encouraged to seek individual expression through positive actions and achievements rather than through their manner of dress or presentation. Parents are expected to support the school by ensuring their daughters have all the required uniform items clean and in good repair.

- Students are expected to wear only regulation uniform items while at school.
- Students must arrive at school and leave at the end of the day in full proper uniform, including black shoes. They are not permitted to wear running shoes with their uniform. Students are to wear boots during the winter.
- The only jewellery items permitted with the uniform are small silver or gold stud earrings or small hoops no larger than 1 cm in diameter, a plain signet ring or school ring, one bracelet and one watch.
- Shoes must be made of black polishable material.
- Make-up and nail polish may not be worn by students in uniform.
- Hair should be worn neat and off the face. Ribbons and hair bands should be dark green, white, or black—no patterns, only solid colours.
- Hair should look natural in colour- no highlights, streaks or extensions in pink, purple, green, etc.
- Visible tattoos or piercings, other than ear piercing, are not permitted.
- Purses are not worn with the uniform.

# ELMWOOD SCHOOL UNIFORM GUIDELINES

- If for medical reasons a student is unable to wear regulation clothing, a medical certificate is required and submitted to the Dean of Student Life.
- For Health and Safety reasons, proper footwear is to be worn at all times in the building.
- ALL items of clothing, including shoes and boots, must be labelled with the student's name in full (no initials please).

## UNIFORM INFRACTIONS

All students should wear their uniform with pride. Faculty will follow a uniform checking process daily and determine sanctions as appropriate. These sanctions include conduct warnings, detentions and in some cases students will be sent home to rectify their uniform.

## LOST ITEMS

Items that are misplaced throughout the school year can often be found in the Pound. Those items with current name labels attached can easily be returned to their owners. The remainder of the items are cleared out at the end of each school term or when the accumulation of items so warrants. These items are either given to the Uniform Shop for resale or to a local charity.

## THE EAGLES' NEST - ELMWOOD SCHOOL'S UNIFORM SHOP

The Eagles' Nest, run by volunteers from the Parents' Association, sells new and used uniform items, as well as a number of promotional and spirit items. During the school year the Eagles' Nest, located on the first floor of the Senior Building, is open throughout the school year.

*You may contact the Eagles' Nest at [eaglesnest@elmwood.ca](mailto:eaglesnest@elmwood.ca) for assistance.*

# ELMWOOD SCHOOL UNIFORM: NUMBER ONE

Hair should be tied back.  
All hair accessories must  
be school colours green,  
white, gold or black.

**NO MAKEUP**

## **ACCEPTABLE JEWELRY:**

Small stud earrings or  
small hoops (one per ear)

**WHITE COLLARED SHIRT**

**TIE WORN FITTED  
AT THE NECK**

**BLAZER**

Skirt no more than  
5 cm above the  
middle of the knee

**ELMWOOD TARTAN SKIRT**

**GREEN SOCKS OR TIGHTS**

**BLACK POLISHED SHOES**  
(maximum 3cm heel)



# ELMWOOD SCHOOL UNIFORM: NUMBER ONE

The Number One Uniform is worn on Wednesdays, at all important School events, and when representing Elmwood at out-of-school events (as required).

ITEM	DESCRIPTION	RECOMMENDED NUMBER
<b>BLAZER</b>	Hunter Green	1
<b>BLOUSE</b>	White: Short or long-sleeves	3 - 5
<b>TIE</b>	Black	1 - 2
<b>SKIRT</b>	Elmwood Tartan: no shorter than 5 cm above the middle of the knee	2
<b>KILT SHORTS</b>	Black: worn when not wearing tights	2
<b>KNEE SOCKS/ TIGHTS</b>	Hunter Green	5 - 6
<b>SHOES</b>	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	2 pairs

# ELMWOOD SCHOOL UNIFORM: NUMBER TWO

Hair should be tied back.  
All hair accessories must  
be school colours green,  
white, gold or black.

## ACCEPTABLE JEWELRY:

Small stud earrings or  
small hoops (one per ear)

## NO MAKEUP

## WHITE COLLARED SHIRT

TIE WORN FITTED  
AT THE NECK

## SWEATER

Skirt no more than  
5 cm above the  
middle of the knee

## ELMWOOD TARTAN SKIRT

## GREEN SOCKS OR TIGHTS

BLACK POLISHED SHOES  
(maximum 3cm heel)



## ELMWOOD SCHOOL UNIFORM: NUMBER TWO

The Number Two Uniform is worn everyday except Wednesday. From May 1st to November 1st, the sweater and blouse can be replaced with the polo.

ITEM	DESCRIPTION	RECOMMENDED NUMBER
<b>SWEATER OR FLEECE</b>	Hunter Green	1
<b>BLOUSE</b>	White: Short or long-sleeves	3 - 5
<b>TIE</b>	Black	1 - 2
<b>SKIRT</b>	Elmwood Tartan: no shorter than 5 cm above the middle of the knee	2
<b>KILT SHORTS</b>	Black: worn when not wearing tights	2
<b>KNEE SOCKS/ TIGHTS</b>	Hunter Green	5 - 6
<b>SHOES</b>	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	1 - 2 pairs

# ELMWOOD SCHOOL UNIFORM: SUMMER UNIFORM

Hair should be tied back.  
All hair accessories must  
be school colours green,  
white, gold or black.

## ACCEPTABLE JEWELRY:

Small stud earrings or  
small hoops (one per ear)

## NO MAKEUP

## GREEN POLO SHIRT



Skirt no more than  
5 cm above the  
middle of the knee

## ELMWOOD TARTAN SKIRT

## GREEN SOCKS OR TIGHTS

## BLACK POLISHED SHOES (maximum 3cm heel)



## ELMWOOD SCHOOL UNIFORM: SUMMER UNIFORM

The Summer Uniform is acceptable from May 1st to Thanksgiving, except on Wednesdays.

<b>ITEM</b>	<b>DESCRIPTION</b>	<b>RECOMMENDED NUMBER</b>
<b>POLO</b>	Hunter Green	2 - 4
<b>FLEECE</b>	Hunter Green	1
<b>SKIRT</b>	Elmwood Tartan: no shorter than 5 cm above the middle of the knee	2
<b>KILT SHORTS</b>	Black: worn when not wearing tights	2
<b>KNEE SOCKS/ TIGHTS</b>	Hunter Green	2
<b>SHOES</b>	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	1 - 2 pairs

# ELMWOOD SCHOOL UNIFORM: GYM UNIFORM

**NO MAKEUP**

**ACCEPTABLE JEWELRY:**

Small stud earrings or  
small hoops (one per ear)

**SHORT SLEEVED  
DRY-WEAVE  
SHIRT**

**LONG SLEEVED  
DRY-WEAVE  
SHIRT**

**WARM UP  
JACKET**

**GYM SHORTS**

**LONG WARM UP PANT  
OR YOGA PANT**

**WHITE SOCKS AND  
RUNNING SHOES**



## ELMWOOD SCHOOL UNIFORM: GYM UNIFORM

The Gym Uniform is acceptable throughout the year during athletic classes and/or sporting events.

ITEM	DESCRIPTION	RECOMMENDED NUMBER
<b>SHORT OR LONGSLEEVED DRY-WEAVE SHIRT</b>	Grey short or long-sleeved shirt	1 - 2
<b>WARM UP JACKET</b>	Black: worn over the short or long-sleeved dry-weave shirt	1
<b>GYM SHORTS</b>	Black	1 - 2
<b>WARM UP/YOGA PANTS</b>	Long warm up pant or yoga pant	1
<b>SHOES</b>	White socks and running shoes (shoes can be any colour)	1 pair

# ELMWOOD SCHOOL

## UNIFORM CARE INSTRUCTIONS

### **BLAZERS**

#### **HOW TO WASH**

We suggest spot cleaning the blazers when necessary, sending them to the dry cleaner once or twice a year for a thorough cleaning. Protect garments against direct contact with chemicals such as bleaching agents and softeners in the wash.

#### **HOW TO DRY AND IRON**

To dry, hang your garment on a padded hanger at room temperature, away from high heat. The blazer should not need ironing since wool fibers shed wrinkles and return to their original shape once they are dry. If ironing is necessary, please remember that temperatures that are too high can cause unsightly shine marks on matte fabrics. Turn down the iron, iron inside out or cover with a damp towel before ironing

### **SKIRTS**

#### **HOW TO WASH**

Wash on a gentle cycle in cold water. Protect garments against direct contact with chemicals such as bleaching agents and softeners in the wash.

#### **HOW TO DRY AND IRON**

To dry, hang your skirt at room temperature, away from heat. Pleated items should never go in the dryer as the heat will cause the pleats to fall out.

### **SWEATERS**

Our sweaters are machine washable and dryer safe. Through no fault of quality, pilling and bobbling can occur if there is excessive friction on certain fabrics. A gentle brush usually resolves this issue.

### **POLO SHIRTS**

Shrinkage is commonly caused by overheating in the washing machine or tumble drier particularly on 100% cotton garments. Where possible, garments should be washed inside out. These polos are machine washable and dryer safe in cool temperatures.

### **BLOUSES**

Our blouses are machine washable and dryer safe.