

STUDENT WELLNESS NEWSLETTER

SEPTEMBER 2018



BACK TO SCHOOL INFO FROM NURSE CONNIE!

ILLNESS GUIDELINES FOR CALHOUN PRIMARY SCHOOL

If your child needs to stay home from school for any reason, it is very important for you to call and notify Ms. KK! This help us...KEEP TRACK OF ILLNESSES AMONG STUDENTS AND BE ASSURED YOUR CHILD IS SAFE AT HOME!

I'M SICK

For the health of your child, other students, and school staff, it is important to know when your child should stay home due to illness.



"Children gathering in schools is one of the main ways germs circulate in communities," says Athena P. Kourtis, MD, PhD, MPH, a pediatrician and author of *Keeping Your Child Healthy in a Germ-Filled World*.

I have a fever	I am vomiting	I have diarrhea	I have a rash	I have head lice	I have an eye infection	I have been in the hospital
Temperature of 100.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching and/or crusty drainage from eye	Hospital stay or ER visit
I am READY to go back to school when I am...						
Fever free for 24 hours WITHOUT the use of fever reducing medication	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if prolonged.	Treated with appropriate lice treatment at home and nit free.	Evaluated by my doctor and have note to return to school	Released by my medical provider to return to school

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