

□ *Lunch* – \$3.25 (milk included) Milk only - 50¢
 Reduced Price (Grades 6-12) - 40¢

□ *Breakfast:* Non-Qualifying (6-12) – 2.00
 Free and reduced status (6-12) – free

2018/2019 breakfast and lunch menus are available online at www.nsd.org/meals

FREE AND REDUCED-PRICE BREAKFAST AND LUNCH - Parents whose income falls within guidelines set by the U.S. Department of Agriculture should apply for free or reduced-price meals. All students who qualify for reduced meals can receive a breakfast at no charge. Students K-3 who qualify for reduced meals will also be served lunch at no charge. Applications are available after August 1st. You can apply online or download an application at www.nsd.org/meals. You may also pick up a paper application at school offices or the district's Food Services Office. To have an application mailed to you, call the Food Services Office at 425-408-7657.

PAY FOR SCHOOL MEALS - Parents can pay by cash or check (made out to Northshore School District) at the school. Parents may also pay online with a VISA (credit/debit), Master Card or Discover card using a secure Internet site, PayPAMS. To set up an online payment account, visit www.PayPAMS.com. There is a \$1.95 charge for each payment transaction. There is no fee for paying with cash or check.

TRACK MEAL BALANCES - You can view your student's meal account balance, at no charge, with PayPAMS at www.PayPAMS.com or with their Mobile App. You can also view your student's balance with the Northshore School District Mobile App. The mobile app is free and available in the App Store or Google Play (iOS or Android only) by searching for "Northshore School District". The district's Mobile App webpage at www.nsd.org/mobileapp provides more information about this feature and offers step-by-step login instructions.