



ELMWOOD SCHOOL
CO-CURRICULAR
ACTIVITIES

MIDDLE / SENIOR SCHOOL
2018 - 2019

REGISTER ONLINE ON
FRIDAY, SEPTEMBER 21, 2018



**Elmwood Co-Curricular Activities Handbook
Middle/Senior School
September – December 2018**

Table of Contents

MIDDLE/SENIOR SCHOOL CO-CURRICULAR CHART	Page 3
MIDDLE SCHOOL CO-CURRICULAR ACTIVITIES	Page 4
SENIOR SCHOOL CO-CURRICULAR ACTIVITIES	Page 8
MIDDLE SCHOOL ATHLETICS SCHEDULE	Page 15
SENIOR SCHOOL ATHLETICS SCHEDULE	Page 16

This year, step outside of your comfort zone and dare to try something different. Explore. Dream. Discover!

*Cost associated with this activity. Details to follow.

BREAKDOWN OF CO-CURRICULAR ACTIVITIES

6	7	8	9	10	11	12	Title	Staff
							Coding Club	Hatch Canada Coding Experts
							Debating	Debate Club Experts
							Equestrian Club	Ms. Bartlett
							French Club	Ms. Cvetanovic
							Holly Tea Choir	Ms. Pike
							House Games	Ms. Derbyshire
							Kids' Lit Quiz	Ms. Senf
							Latin and the Roman World	Ms. Ellison
							Lilliputian Creations	Dr. Conlon
							Middle School Athletics Council	Ms. Derbyshire
							Middle School House Council	Ms. Marchand
							Middle School Theatre Production	Ms. Josselyn
							Reading and Writing Club	Ms. Senf
							Samara	Ms. Hanratty
							Trinity Drama	Ottawa Children's Theatre
							Open Studio	Ms. Chun
							Senior Concert Band	Mr. Lyons
							Super Scrabble	Ms. Purran
							Big Sisters	Junior School Prefect (with Ms. Blackadar)
							Boys and Girls Club	TBC
							Cappies	Ms. Marquis
							Classics Club	Ms. Ellison
							Classics Conference Team	Ms. Ellison
							Elmwood Theatre Performance and Production	Mrs. Boychuk
							Elmwood Theatre Costume Team	Mrs. Boychuk (Mentor: Mrs. Rubarth)
							Grad Committee	Dr. Conlon
							Grease Monkeys	Ms. Ellison
							International Cultures Club	Ms. Purran
							Jazz Ensemble	Mr. Lyons
							Prefects	Ms. Hanratty
							Science Fair Club	Dr. Harris
							School of Rock and Pop	Mr. Martin
							Senior Arts Council	Ms. Chun
							Senior Book Club	Ms. Senf
							Senior House Council	Ms. Hanratty
							Stock Market Club	Ms. Norris
							The Selladore	Mr. Levesque

MIDDLE SCHOOL CO-CURRICULAR ACTIVITIES

***Clubs marked with a star will have a small cost associated with participation**

CODING CLUB*

The experts from Hatch Canada will instruct participants in the fascinating world of computer coding. Students will learn how to write computer code in Javascript through fun, hands-on games and activities. This is a self-paced and mastery-based platform that allows students to select individual projects from themes such as Minecraft, Star Wars and more. Students with previous coding experience will be offered an additional level of challenge to build their skills.

Time of day: Wednesdays, 3:50 – 4:50, Term 1

Lead: Hatch Canada coding experts

DEBATING*

Do you love to debate and discuss interesting topics and ideas? Debate Club, a nation-wide organization for the development of competitive debating skills for middle and high school students, is coming to Elmwood in 2018-19! Students in Middle School will be given the opportunity to learn Parliamentary-style debating from skilled instructors, with a focus on confident speaking, thinking on your feet, case construction, rebuttal and points of information. Debaters will prepare for three competitions held across Ontario in spring 2019.

Time of day: Tuesday lunchtimes, Term 1

Lead: Debate Club experts

EQUESTRIAN CLUB*

The Elmwood Equestrian Club will be offered at Wynbrook Farm in Vars on Mondays from Oct 1 – Dec. 3. This is a wonderful opportunity for novice and experienced riders to learn from Taylor Brooks and her expert team of instructors. Participants will be accompanied by an Elmwood teacher and will leave Elmwood by bus at 3:45 p.m., returning to school for 7:30 p.m. While at Wynbrook Farm, they will be taught the basics of horse care and of riding, with the level of instruction guided by their experience and skill.

Time of day: Mondays after school, Terms 1 and 2

Lead teacher: Alyson Bartlett

FRENCH CLUB

Learn about francophone cultures and use the language in a welcoming and stress-free environment. Venez faire la fête avec nous! If you like to play games, watch movies, explore French cuisine, listen to French music, discover places in Ottawa where you can speak French, and do so much more while speaking la langue de Molière, join us on Wednesdays during lunch and embark on an adventure sailing the seas of the French language and francophone cultures.

Time of day: Wednesday lunchtimes, Terms 1 and 2

Lead teacher: Sanja Cvetanovic

HOLLY TEA CHOIR

Do you love singing? Come and join the Holly Tea Choir, which has been an Elmwood tradition for the best part of a century. Join a singing ensemble that includes students and alumnae, in preparation for performing at the traditional Holly Tea that takes place at Elmwood in December. Everyone is welcome – no previous experience required!

Time of day: Wednesday lunchtimes, Term 1

Lead teacher: Evelyn Pike

HOUSE GAMES

Nightingale, Fry, Wilson or Keller – who will win the cup? Help your House win valuable house points by participating in our weekly House Games. Throughout the year, various non-traditional sports will be offered, including Rocketball, KINball, Pinball, Rugby-Basketball, and a few more surprises. Teams will participate in a round-robin tournament followed by playoffs. Students do not need to change into athletic clothing, but they will need to wear running shoes.

Time of day: Friday lunch, 11:45 – 12:10, Terms 1 and 2

Lead teacher: Erin Derbyshire

KIDS' LIT QUIZ

This year, Elmwood School will once again be taking part in the Kids' Lit Quiz! This annual book-trivia competition gives students the chance to show off their literary expertise as they compete against other schools to answer questions about popular children's books. Interested students between the ages of 8 and 13 are invited to attend tryouts this fall. Keep an eye out for updates in the library!

Time of day: Tuesday lunchtimes, Term 1

Lead teacher: Kimberly Senf

LATIN AND THE ROMAN WORLD - Middle School Classics Club

This club offers students in Grades 6 – 8 the opportunity to explore their interest in the ancient world of the Greeks and Romans through creativity, activities and games. Students will get to learn about how real people lived in the Classical world (including things like mythology), and select elements of ancient life to recreate as they learn introductory elements of the Latin language. Creative options include sculpting, fresco painting, model-making, mosaic-making, and more!

Time of Day: Mondays after school

Lead Teacher: Beth Ellison

LILLIPUTIAN CREATIONS: ELMWOOD'S FIRST MINIATURES CLUB!*

Lilliputian Creations will introduce you to the art of miniature creations for dollhouses. You will have the opportunity to design, build & finish a variety of items in 1/12 scale throughout the year. Hone your mathematical, technological, creative and artistic skills in one fell swoop. Give interior decorating and industrial design a try.

Time of day: Wednesday lunchtimes, Terms 1 and 2

Lead teacher: Laura Grace Conlon

MIDDLE SCHOOL ATHLETICS COUNCIL (Grades 6 – 8)

Are you a strong believer in physical activity? Do you have ideas on how to make athletics thrive at Elmwood? Then the Middle School Athletics Council is for you! As a member of this council you will have the opportunity to share your passion for athletics through various activities. You will get to present information in fun and exciting ways during assemblies, learn how to scorekeep for sport games, help organize and run athletic events such as tournaments, sports week, House Games and the MS Athletics Assembly. By the end of the year you will have gained valuable leadership skills and have made a contribution to Middle School athletics.

Time of day: Monday lunchtimes, Terms 1 and 2

Lead teacher: Erin Derbyshire

MIDDLE SCHOOL HOUSE COUNCIL (Grades 6 – 8)

Middle School House Council consists of a group of students elected annually from Grades 6, 7 and 8, equally representing each one of the school's four Houses. The goal of the council is to represent the entire middle school and develop, plan and initiate activities that are unique to the middle school community. This leadership position requires that its members attend, participate and assist in the

organization of all House special event days. In addition, the group plans and implements activities to ensure that the Middle School has a unique identity. These activities change on an annual basis.

Time of day: Lunchtime, Terms 1 and 2

Lead teacher: Ms. Marchand

MIDDLE SCHOOL THEATRE PRODUCTION (GRADES 6 – 12)

Students who take part in this club can expect to develop their confidence as creators, collaborators and performers, while also making memories, building strong bonds with their peers, and developing the skills they need to present themselves to the world, not only with confidence, but with poise and a dazzling stage presence. Come out to auditions in September if this sounds like the right challenge for you! In order to become a member of The Middle School Production, students must attend our auditions, which take place right at the beginning of the school year in September. Selected actors will then be working closely together to rehearse a play that will be performed before the Elmwood community. This club is for any students who feel passionately about performing, and who want to continue developing their acting skills, along with their creative problem-solving skills, and their abilities to collaborate as part of a team. We also encourage Senior School students to get involved in leadership roles. Any Senior School students who enjoy working with younger students, sharing creative ideas, leading warm-ups, creating props, filming, photography, making trailers, working on sound and light in the tech booth, or helping out behind the scenes in any way at all, please sign up and email Ms. Josselyn to let her know your areas of interest!

Time of day: Mondays and Thursdays after school, as well as some Wednesday evening and weekend rehearsals, Term 1

Lead teacher: Natasha Josselyn

READING & WRITING CLUB

Love to read, write and play word games? Then MS Book Club might be for you! Are you looking for a fun and laid-back way to read more, make new friends, and chat about great books? This bi-weekly club provides girls with the opportunity to read from a diverse list of books, while also testing out their creative talents through writing. Students will simultaneously learn to become thoughtful, insightful readers capable of critical thinking, as well as writers that have a small finished body of work at the end of the term.

Time of day: Tuesday lunchtimes, Term 2

Lead teacher: Kimberly Senf

SAMARA (Grades 6 – 12)

Be a part of recording memories and publishing your school's yearbook. In this club, you will learn all about design and layout using a user-friendly computer program. As a member of Samara, you have the opportunity to attend school events with the purpose of capturing the fun with photography. Although this club lasts the entire year, you will have the flexibility to get involved in other activities, clubs and sports as we only meet once a week and much of the work can be done on your own time. Creating a yearbook will teach you invaluable skills using computers, design and teamwork.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Stephanie Hanratty

SENIOR CONCERT BAND (Grades 7 – 12)

The Elmwood music program has been successful for many years, performing well and receiving accolades. This outstanding ensemble is comprised of students from Middle and Senior Years who would like to push their performance to the next level. Opportunities for concerts, festivals and travel are available to all who are ready to play. Come out and share in the tradition of incredible music at Elmwood!

Time of day: Tuesdays and Thursdays, 7:15 a.m.

Lead teacher: Cristien Lyons

SUPER SCRABBLE! A MATH-LANGUAGE COMBO (GRADES 7 – 10)

A fun and challenging way to build new neural connections in our brain!

Build a super Scrabble that allows 8 players. We make our own rules. Girls are allowed to use the dictionary to make words and at the same time learn the meaning of the word, share with the group and build their vocabulary. No calculators are allowed, which will help to develop mental math skills. Once the super Scrabble boards have been made, we will create new criteria that will replace traditional double-word and triple-word scores that will involve higher level math calculations. Playing Scrabble with a team of eight promises to be a great fun experience. We can organize tournaments in the school among students to increase excitement.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Malek Purran

TRINITY DRAMA (Grades 6 – 10) *

Now in its fourth year at Elmwood, Trinity Drama is a world-renowned program first established in the United Kingdom as a way of introducing students to all aspects of drama. An incremental program that gives participants the option of participating in drama exams at the end of the year, Trinity Drama is taught by inspiring, skilled instructors from the Ottawa Children's Theatre.

Duration: Term 1 and 2

Time of day: Tuesdays 4:30 – 6 p.m.

Lead teachers: Ottawa Children's Theatre Instructors

OPEN STUDIO (Grades 6 – 12)

Students have an opportunity to work independently on personal or class art projects. This is the perfect time to explore the various art techniques that you have wanted to try. All supplies will be provided.

Come join other creative people in a relaxed environment and create the art of your dreams.

Time of day: Lunchtimes and after school, Terms 1 and 2

Lead teacher: Heawon Chun

SENIOR SCHOOL CO-CURRICULAR ACTIVITIES

***Clubs marked with a star will have a small cost associated with participation**

BIG SISTERS

Big Sisters has been an Elmwood tradition for many years. This Club provides a fantastic opportunity to develop cross-school connections between Senior Students and girls in our Junior School. The club meets once a month on a Wednesday lunchtime - Senior girls are matched at the start of the school year with 1-2 Junior girls, and once a month they join their partners in the junior school for lunch and to share games and other fun activities. Led by the Junior School Prefect in conjunction with Ms Blackadar, Deputy Head of Junior School, this activity is the perfect way to nurture cross-school friendships and to create meaningful connections that last long after the year has ended.

Time of day: Wednesday lunchtimes, 1 x month

Lead: Junior School Prefect (with Ms. Blackadar)

BOYS AND GIRLS CLUB

The purpose of the club is to support the local Boys and Girls clubhouse in Vanier (the MacArthur Clubhouse) by attending their after-school program once a week for about an hour. During this time the focus is on interacting with the children who use the clubhouse for homework support, activities, games and recreational time. Elmwood student volunteers have an opportunity to make meaningful and long-lasting relationships with the youth at the clubhouse.

Time of day: After school, Terms 1 and 2

Lead teacher: TBC

CAPPIES (Grades 10 – 12)

Cappies is a continent-wide organization celebrating student writing and the performing arts. We work together from the beginning of the year learning how to write top quality play reviews. Each member commits to attending four theatre productions done by Ottawa high schools, and after each production, a review is submitted within a specified time-frame. The top review, selected by teacher editors, is printed in the Ottawa Citizen. The next top five reviews are included in the online version of the Citizen. As a group, we are in charge of the marketing and publicity of our own school play and we work closely with Elmwood Theatre as the production progresses. We also host the incoming Cappies teams as they come to judge our school's production and help to coordinate the discussions that take place in the Cappies room. Students are eligible for awards in various categories, and the highlight of the year is the Cappies Gala, held at the NAC. At this special evening, nominees walk the red carpet and winners are lauded on stage. Interested students must have a letter of support from their English teacher, and must commit to attending at least four shows.

Time of day: Friday lunchtimes, Terms 1 and 2

Lead teacher: Teresa Marquis

CLASSICS CLUB

The Classics Club exists for those students who love to create and who are also interested in the ancient Greek and Roman world. We learn about the ancient world, its mythology, art, buildings, people and ways of life by creating things found there, writing short plays, and staging performances based on Classical themes. Students do not need to know anything about the ancient world or how to make anything already in order to join - we teach all of the skills necessary. Interested students can learn to sculpt, paint, sew, make mosaics, make frescoes, build/construct, and work with a very wide variety of materials and media. They also learn to create short scripts, do blocking / staging, create elaborate authentic costumes based on ancient clothing, and do stage hairstyles and makeup. Students can

participate in a variety of ways: they can just join the lunch club if they prefer; or they can also come to the Friday after school meetings (where we can do more of the creating); or, if they would like to go to the Ontario Student Classics Conference (see "Classics Conference Team" below), they can also attend the scheduled Saturday meetings (times are chosen in consultation with the students).

Time of day: Wednesday lunchtimes and optional Fridays after school, Terms 1 and 2

Lead teacher: Beth Ellison

CLASSICS CONFERENCE TEAM

Students who are part of the Lunchtime Classics Club may also choose to be part of the Classics Conference Team, attending the Ontario Student Classics Conference, the only event of its kind in Canada! Elmwood is the only school in Eastern Ontario which offers this type of club to its students! Approximately 400 – 500 students from about 20 schools (co-ed and single gender, public and private) attend. This group of students meets more regularly, as scheduled with the girls who want to participate, in order to undertake the amazing projects they create each year. Students learn about the ancient Greek and Roman world, selecting topics of interest to them. They then choose a type of project they would like to learn more about. Students do not need to have any existing background, experience or skill—they learn everything in the club! For example, a student may want to learn about ancient clothing by learning to design, sew and decorate a costume based on ancient designs. She may want to learn what it took to make an ancient sculpture or mosaic by creating one from clay or another medium. She may be curious about how the ancients were able to build their amazing monuments, and so she may undertake to make a replica of a specific monument. Students also write a short play on a mythological or historical theme, which they perform at the Conference, and they learn to create the props and set pieces needed for it. This club offers students an amazing opportunity to choose almost any type of creative endeavour related to ancient Greece and Rome, and to develop the related skills – a type of experimental archaeology. There are also athletic events at this Conference which students may be interested in trying, such as chariot racing, slinging, running, etc. Students also develop their leadership abilities, taking on a role to complete specific projects; they learn to cooperate as part of a team, meet deadlines, and plan and achieve goals. This club offers an unparalleled experience for any student interested in the ancient Greek and Roman world!

Time of day: Some lunchtimes and after school, plus some Saturday preparation

Lead teacher: Beth Ellison

ELMWOOD THEATRE PERFORMANCE & PRODUCTION (Grades 9 – 12)

Elmwood Theatre annually produces a main-stage show involving up to forty senior students, both on-stage and behind-the-scenes. Elmwood Theatre also participates in the CAPPIES program that has garnered over the years a number of nominations and awards, including Best Play in 2015, 2016 and again in 2017. The students immerse themselves during the process—they come to the rehearsals with high expectations and they dedicate themselves to creating excellent theatre. It is a journey through which they are encouraged to collaborate with their peers and on the way, to make important self-discoveries. Each year, new and returning students are invited to audition/apply for the upcoming theatre production.

Time of day: After school Day 3 & Day 9; weekends – both Saturday (am & pm) and Sunday (pm), Terms 1 and 2

Lead teacher: Mrs. Boychuk

ELMWOOD THEATRE COSTUME TEAM (Grades 9 – 12)

Those with an interest in working with textiles are encouraged to join the costume team for Elmwood Theatre. As a member of this team, students work on their practical sewing skills as they build and create costumes for an assortment of colourful characters; the art of dying, cutting, creating and sizing are

among the applications that will be practiced. For the past four years CAPPIES has recognized the exemplary artistry of our team by awarding Elmwood Theatre 'Best Costume' for their production work.

Time of day: Saturdays 10:00 a.m. – 4 p.m., Terms 1 and 2

Lead teacher: Mrs. Boychuk Mentor: Mrs. Rubarth

EQUESTRIAN CLUB* (Grade 9 only)

The Elmwood Equestrian Club will be offered at Wynbrook Farm in Vars on Mondays from Oct 1-Dec. 3. This is a wonderful opportunity for novice and experienced riders to learn from Taylor Brooks and her expert team of instructors. Participants will be accompanied by an Elmwood teacher and would leave Elmwood by bus at 3:45 p.m., returning to school for 7:30 p.m. While at Wynbrook Farm, they would be taught the basics of horse care and of riding, with the level of instruction guided by their experience and skill.

Time of day: Mondays after school, Terms 1 and 2

Lead teacher: Alyson Bartlett

FRENCH CLUB

Learn about francophone cultures and use the language in a welcoming and stress-free environment. Venez faire la fête avec nous!

If you like to play games, watch movies, explore French cuisine, listen to French music, discover places in Ottawa where you can speak French, and do so much more while speaking la langue de Molière, join us on Wednesdays during lunch and embark on an adventure sailing the seas of the French language and francophone cultures.

Time of day: Wednesday lunchtimes, Terms 1 and 2

Lead teacher: Sanja Cvetanovic

GRAD COMMITTEE (Grade 12 only)

Excited about graduation? Create some lasting memories for your class this year! Being a part of Grad Committee gives students the opportunity to design, organize and run Coffee House, featuring musicians of their choice in addition to student and faculty acts. Dream up a theme, select delicious food, invite an awesome group to come perform at your school and get on stage! Held each summer after Senior School Closing, this exciting event gives graduates one last opportunity to share food and community with their parents, peers and teachers prior to officially joining the ranks of Elmwood Old Girls! Develop a theme, choose a menu and get ready to dance! Join Grad Committee and all this fun can (and will!) be yours!

Time of day: Various lunchtimes, Terms 1 and 2

Lead teacher: Laura Grace Conlon

GREASE MONKEYS (Grades 11 and 12)

The goal of this club is to introduce students to elements of basic car maintenance and repair, teaching them strategies to help them deal with the inevitable challenges of driving and looking after a car in various weather conditions. We will practice things like: how to check tire pressures, oil level, wiper fluid; how to fill a car with gas; how to deal with tire issues; how to respond to warning lights; what the basic parts of a car are and what they do; FAQ's related to car maintenance. Students will be able to ask questions in order to direct the experience to issues they feel they might need to address.

Time of day: 2-3 specific meetings early in Semester 1, to be determined with participants

Lead teacher: Beth Ellison

HOLLY TEA CHOIR

Do you love singing? Come and join the Holly Tea Choir, which has been an Elmwood tradition for the best part of a century. Join a singing ensemble that includes students and alumnae, in preparation for

performing at the traditional Holly Tea that takes place at Elmwood in December. Everyone is welcome – no previous experience required!

Time of day: Wednesday lunchtimes, Term 1

Lead teacher: Evelyn Pike

INTERNATIONAL CULTURES CLUB

Elmwood's International Cultures Club is a student organization whose purpose is to bring International and Canadian students together to value the rich diversity of backgrounds, heritages, and histories in the school. The club meets once a week, and, during the first two months, the leaders together with the club members are engaged in preparing for the International Cultures Night which takes place on a Friday evening in November. The event is a celebration of cultural diversity in Elmwood's community; it promotes international awareness and an appreciation of different cultures. The events of the evening include dancing, singing, poetry recitation and a delicious buffet of international cuisine. This club provides excellent opportunities to develop club leadership and public speaking skills, together with opportunities to interact with other students.

Time of day: Thursday lunchtimes, Terms 1 and 2

Lead teacher: Malek Purran

JAZZ ENSEMBLE

New for 2018-2019! Building off our successful improvisation classes, Elmwood will be introducing a full-sized jazz ensemble this fall. We are looking for students who enjoy challenging music, modern musical styles, improvisation and developing their skills. While all instruments will be considered, we are specifically looking for the following instrumentation: alto sax (2), tenor sax (2), bari sax, trumpet (5), trombone (5), piano, bass and drums. Students should have previous musical experience and will benefit from concurrent enrollment in music. Swing into something new!

Time of day: Monday & Friday lunchtimes, Terms 1 and 2

Lead teacher: Cristien Lyons

MIDDLE SCHOOL THEATRE PRODUCTION (GRADES 6 – 12)

In order to become a member of The Middle School Production, students must attend our auditions, which take place right at the beginning of the school year in September. Selected actors will then be working closely together to rehearse a play that will be performed before the Elmwood community. This club is for any students who feel passionately about performing, and who want to continue developing their acting skills, along with their creative problem-solving skills, and their abilities to collaborate as part of a team. Students who take part in this club can expect to develop their confidence as creators, collaborators and performers, while also making memories, building strong bonds with their peers, and developing the skills they need to present themselves to the world, not only with confidence, but with poise and a dazzling stage presence. Come out to auditions in September if this sounds like the right challenge for you! We also encourage Senior School students to get involved in leadership roles. Any Senior School students who enjoy working with younger students, sharing creative ideas, leading warm-ups, creating props, filming, photography, making trailers, working on sound and light in the tech booth, or helping out behind the scenes in any way at all, please sign up and email Ms. Josselyn to let her know your areas of interest!

Time of day: Mondays and Thursdays after school, as well as some Wednesday evening and weekend rehearsals, Term 1

Lead teacher: Natasha Josselyn

OPEN STUDIO (Grades 6 – 12)

Students have an opportunity to work independently on personal or class art projects. This is the perfect time to explore the various art techniques that you have wanted to try. All supplies will be provided. Come join other creative people in a relaxed environment and create the art of your dreams.

Time of day: Lunchtimes and after school, Terms 1 and 2

Lead teacher: Heawon Chun

PREFECTS (Grade 12)

Being a prefect is the highest level of leadership one can achieve at Elmwood. Students are elected to 12 portfolios, and are responsible for planning and running events in their portfolio, as well as being leaders within the school community in various ways. Prefects meet weekly and encourage their fellow students to participate in all aspects of school life, while developing their own leadership skills and the leadership of those students around them.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Stephanie Hanratty

SAMARA (Grades 6 – 12)

Be a part of recording memories and publishing your school's yearbook. In this club, you will learn all about design and layout using a user-friendly computer program. As a member of Samara, you have the opportunity to attend school events with the purpose of capturing the fun with photography. Although this club lasts the entire year, you will have the flexibility to get involved in other activities, clubs and sports as we only meet once a week and much of the work can be done on your own time. Creating a yearbook will teach you invaluable skills using computers, design and teamwork.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Stephanie Hanratty

SCIENCE FAIR CLUB: CURIE-OSITY KILLED SCHRODINGER'S CAT

Science Fair club is held once a week during the academic year for Grade 9-12 students. In this club, students prepare themselves to participate in the Ottawa Regional Science Fair, where young scientists from the Ottawa region present their research projects during a two-day competition held in April. Prize winners of the regional competition may go on to compete at national and even international levels.

Time of day: Tuesday lunchtimes, Terms 1 and 2

Lead teacher: Nathan Harris

SCHOOL OF ROCK AND POP

Elmwood's School of Rock/Pop is an amazing opportunity for those who love popular music, can sing or play an instrument and who dream of performing in front of a live audience like a pop star. This club meets once a week to work on songs chosen democratically by the members. The goal is to practice a minimum of three songs so that they are ready to perform during Elmwood's Arts Night, Coffee House and the year-end assembly.

Time of day: Thursdays after school, Terms 1 and 2

Lead teacher: Rusty Martin

SENIOR ARTS COUNCIL

Students work with the Arts prefect as a creative team to develop ideas to encourage and showcase the Arts alongside Elmwood's community. There will be arts-related activities and events throughout the year that students help to design and create. The year will also focus on planning and preparing for our Arts Night event happening towards the end of the year.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Heawon Chun

SENIOR BOOK CLUB

The Senior School book club promises to expose you to a variety of literature, including creative non-fiction, short stories, science fiction & fantasy, biography, young adult and world literature. We will read 7 books throughout the course of the year, meeting to discuss and engage with other members over our shared understanding of the works being read.

Time of day: Thursday lunchtimes, Terms 1 and 2

Lead teacher: Kimberly Senf

SENIOR CONCERT BAND (Grades 7 – 12)

The Elmwood music program has been successful for many years, performing well and receiving accolades. This outstanding ensemble is comprised of students from Middle and Senior Years who would like to push their performance to the next level. Opportunities for concerts, festivals and travel are available to all who are ready to play. Come out and share in the tradition of incredible music at Elmwood!

Time of day: Tuesdays and Thursdays, 7:15 a.m.

Lead teacher: Cristien Lyons

SENIOR HOUSE COUNCIL (Grades 9 – 11)

Senior House Council is made up of passionate and engaged senior students. In this council, you will develop and enhance your leadership skills, and be instrumental in promoting school and house spirit within the Senior School. Students will have the opportunity to work together in small groups, work on their communication and collaboration skills, and help out at all house events. Applications will be sent out early in September, with elections taking place shortly after.

Time of day: Lunchtimes, Terms 1 and 2

Number of students: 12

Lead teacher: Stephanie Hanratty

STOCK MARKET CLUB

Learn how to put your money to work! Investment strategies and vehicles will be discussed and analyzed in order to gain an understanding of how to manage your money. We will also enrol in the Stock Market Game, which gives access to a \$100,000 portfolio to invest as you choose. The top investor from Elmwood will receive a cash prize!

Time of club: Lunchtimes, Term 2

Lead teacher: Krista Norris

SUPER SCRABBLE! A MATH-LANGUAGE COMBO (GRADES 7 – 10)

A fun and challenging way to build new neural connections in our brain!

Build a super Scrabble that allows 8 players. We make our own rules. Girls are allowed to use the dictionary to make words and at the same time learn the meaning of the word, share with the group and build their vocabulary. No calculators are allowed, which will help to develop mental math skills. Once the super Scrabble boards have been made, we will create new criteria that will replace traditional double-word and triple-word scores that will involve higher level math calculations. Playing Scrabble with a team of eight promises to be a great fun experience. We can organize tournaments in the school among students to increase excitement.

Time of day: Lunchtimes, Terms 1 and 2

Lead teacher: Malek Purran

THE SELLADORE

Students will be given an opportunity to express themselves artistically in a forum that does not place restrictions on form or media. While structured assignments are necessary in class, there is also relevance

to ensuring that students are able to craft artistic expression simply for the sake of creation, without reference to grades or limitations. The need for genuine self-expression is present in all of us but, for some, doing so in the classroom is just not enough. If you have an artistic side that thirsts to be let free, then join The Selladore. The editing process is driven entirely by your fellow students. Membership in the club can take different forms from periodic submissions of photographs to written pieces for every issue. If you are more interested in marketing or installation/conceptual art, our editors will be looking for ways to spread the word with each new issue. We look forward to hearing from you.

Time of day: Monday lunchtimes, Terms 1 and 2

Lead teacher: Jason Levesque

TRINITY DRAMA (Grades 6 – 10)*

Now in its fourth year at Elmwood, Trinity Drama is a world-renowned program first established in the United Kingdom as a way of introducing students to all aspects of drama. An incremental program that gives participants the option of participating in drama exams at the end of the year, Trinity Drama is taught by inspiring, skilled instructors from the Ottawa Children's Theatre.

Time of day: Tuesdays 4:30 – 6 p.m., Terms 1 and 2

Lead teachers: Ottawa Children's Theatre Instructors

MIDDLE SCHOOL ATHLETICS SCHEDULE 2018 – 2019

Season	Sport	Teacher
Fall	5/6 Soccer	Tweedie
	5-8 Cross-Country	Mulcahy/Holmes
	5/6 Badminton	Tweedie/Holmes
	7/8 Soccer	Sutherland
	7/8 Flag Rugby	Martin
	7/8 Volleyball	Derbyshire
	7/8 Badminton	Mulcahy
	8 Rowing	O'Farrell
	8 Golf	Robertson
Winter	5/6 Basketball	MacDougall
	5/6 Volleyball	Tweedie/Holmes
	7/8 Basketball	Derbyshire/Moffatt
	8 Rowing	O'Farrell
	8 Ski/Snowboarding	Robertson/Cvetanovic
Spring	4-6 Flag Rugby	Tweedie/Kilbertus
	5-8 Track	Tweedie/Holmes
	6-8 Swimming	Kilbertus
	6-8 Tennis	MacDougall
	7/8 Flag Rugby	Chin
	7/8 Ultimate	Robertson
	8 Rowing	O'Farrell

SENIOR SCHOOL ATHLETICS SCHEDULE 2018 – 2019

Season	Sport	Coach
Fall	Basketball	Sambles/Sutherland
	Tennis	Hodgins/Enticknap
	X-Country	Perreault/Enticknap
	Rowing	O'Farrell
	7's Rugby	Chin
	Golf	Robertson
	Field Hockey	Marchand/Labrosse
	Swimming	Enticknap
Winter	Badminton	TBC
	Alpine Ski	Cvetanovic
	Snowboarding	Robertson/Sambles
	Varsity Volleyball	TBC
Spring	Rowing	O'Farrell
	Soccer	Sambles/Hanratty
	Golf	Robertson
	Track	Martin/Perreault