



Course Selection Guide

2018-2019

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FUHSD NON-DISCRIMINATION INFORMATION

The Fremont Union High School District prohibits discrimination in all its programs and activities on the basis of race, ethnicity, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or parental status.

SIMPLIFIED CHINESE: 菲利蒙联合高中学区举办的所有活动与课程禁止任何歧视。包括色素，种族，国籍，性别，宗教，年龄，身体或精神伤残，健康状况，政治信，性倾向，或婚姻身份。

TRADITIONAL CHINESE: 菲利蒙聯合高中學區舉辦的所有活動與課程禁止任何歧視。包括色素，種族，國籍，性別，宗教，年齡，身體或精神傷殘，健康狀況，政治信仰，性傾向，或婚姻身份。

JAPANESE: フリーモント高校区では人種、宗教、皮膚の色、出生国、祖先、身体障害、精神障害、その他の医学的問題、婚姻関係、性別、性的指向、又は政治思想をもとに、差別をいたしません。

KOREAN: 프리몬트 연합 고등학교 학군은 인종, 종교적 신념, 피부색, 국적, 조상의 혈통, 신체장애, 정신장애, 건강, 결혼의 유무, 성별, 나이, 동성애나 정치 신념에 근거한 차별 대우를 하지 않습니다.

TAGALOG: Ang Fremont Union High School District ay hindi nagbibigay konsiderasyon batay sa lahi, pananampalataya, kulay, bansang pinagmulan, kapansanan, kalusugang mental o pisikal, estadong sibil, edad, seksuwa-lidad at paniniwalang politikal.

SPANISH: La unión del distrito de la escuela preparatoria Fremont no discrimina en base a raza, creencias religiosas, color de tez, origen de nacionalidad, acsendencia, deshabilidades físicas, deshabilidades mentales, condiciones medicas, estado civil, sexo, edad, orientación sexual o afiliación política.

VIETNAMESE: Fremont Union High School District cấm chỉ các hình thức kỳ thị trong tất cả các chương trình và hoạt động của Bộ dựa trên các căn bản về chủng tộc, màu da, nguồn gốc, phái tính, tôn giáo, tuổi tác, tình trạng tàn phế, khuynh hướng chính trị, khuynh hướng tình dục, và tình trạng gia đình.

The Fremont Union High School District Board of Trustees is committed to equal opportunity for all individuals in education. District programs and activities shall be free from discrimination based on gender, sex, race, color, religion, ancestry, national origin, ethnic group identification, marital or parental status, physical or mental disability, sexual orientation or the perception of one or more of such characteristics. The Board shall promote programs to ensure that discriminatory practices are eliminated in all district activities.

District programs and facilities, viewed in their entirety, shall be in compliance with the Americans with Disabilities Act.

The Superintendent or designee shall ensure that the District provides auxiliary aids and services when necessary to afford individuals with disabilities equal opportunity to participate in or enjoy the benefits of a service, program or activity. These aids and services may include, but are not limited to, qualified interpreters or readers, assistive listening devices, note-takers, written materials, taped text, and Braille or large print materials.

Individuals with disabilities shall notify the Superintendent or principal if they have a disability that requires special assistance or services. Reasonable notification should be given prior to the school-sponsored function, program or meeting.

The Superintendent or designee shall notify students, parents/guardians, employees, employee organizations and applicants for admission and employment, and sources of referral for applicants about the district's policy on nondiscrimination. Such notification shall be included in each announcement, bulletin, catalog, application form or other recruitment material distributed to these groups. (34CFR 104.8, 106.9)

The Superintendent or designee shall also provide information about related complaint procedures. In compliance with the law, the District's nondiscrimination policy shall be published in the individual's primary language to the extent practicable.

Fremont Union High School District Board Policy 0410

GUIDANCE & PLANNING

The purpose of the Guidance Program is to assist students with their academic planning so they can take full advantage of a range of options upon graduation from high school. FUHSD’s Guidance Teams at each site generally include Certificated Guidance Counselors, College and Career Advisors, and Administrators. These team members are often the first point of contact for students and families seeking information about FUHSD’s high schools. The majority of guidance services are delivered through group presentations in the classroom or in evening presentations for students and their families. Guidance presentations occur throughout the year at each site with topics that include choosing a college and career, financial aid, and course selection. The Guidance team is available to students and their families for individual appointments for support with:

- Social emotional wellness
- College to career planning (including a 4-year plan toward graduation)
- Facilitating positive, collaborative relationships with peers and teachers
- Navigating the high school experience (including time management, involvement in extracurricular activities, self-advocacy, volunteer and internship opportunities)

The College and Career Advisors are the point of contact for college representatives, military recruiters, and volunteer and internship opportunities. They also organize our district’s College Fair each fall. Schedules of visits from college representatives are generally posted online and shared via announcements. College and Career Advisors support *Naviance*, our district’s college and career planning tool, which provides students with personalized surveys and customized career and college exploration resources.

THE GUIDANCE PROGRAM

9th Orientation	Freshman year is about establishing a strong foundation for the high school experience. Students learn to navigate the wide range of academic programs and extracurricular opportunities for personal and academic growth. Students will be introduced to their Guidance Team members and the resources available to them.
10th Exploration	Sophomore students feel the challenge of an added academic class (i.e., World History) as they settle into their high school experience. Students face many choices in the spring as they continue developing the academic and career paths they wish to pursue after high school. Course choices become a major focus for sophomores as they reflect on their progress and future career goals.
11th Decision-Making	As students enter the junior year, they begin making more definitive decisions about post-high school plans. Guidance activities focus on self-reflection and assessment of students’ interests, skills, academic preparation, and future goals as part of this planning process. College and Career Center speakers and evening workshops offer students and parents information about college and other educational alternatives, careers, and financial aid.
12th Transitions	The Guidance Program for Seniors is designed to support their transition to life beyond high school. Information presented includes completing the application processes for 2- and 4-year colleges, financial aid, community college career programs, trade and technical schools, military programs, and apprenticeship programs. Seniors are encouraged to take advantage of work-based learning opportunities such as part-time jobs, internships, and job shadowing experiences as they narrow their focus to a particular field and the post-secondary programs required to meet their goals.

IMPORTANT GUIDANCE INFORMATION

A semester class is worth 5 credits; a year class (two semesters) is worth 10 credits. A full course load is 6 classes; therefore, most students earn 30 credits each semester for a total of 60 credits per year.

Failed classes (grade of F) earn no credits. Required classes that are failed must be repeated until they are passed. Classes in which a student earns a D grade will count towards graduation requirements, but they will not count for college eligibility.

Courses that are repeated earn credits only once, unless otherwise noted in the course description.

Example: A student earns a D in Algebra 1 and then repeats the course the next year earning a B. The D grade will remain on the permanent record but will earn no credits. The B grade will earn 5 credits. The higher grade will be used to calculate the total GPA. A minimum grade of C is required for college eligibility.

College eligibility may be met in selected courses with the end of course grade even if the first semester grade is lower than a C. Consult your Guidance Counselor or Assistant Principal for specific course listings.

The 9-12 Academic Grade Point Average (GPA) includes all grades in all academic courses for the full four years of high school. The 10–12 Academic GPA is used for college eligibility.

For more information about your school's guidance program, please visit these websites:

Cupertino High School	<u>Guidance Department</u>	<u>College and Career Center</u>
Fremont High School	<u>Guidance Department</u>	<u>College and Career Center</u>
Homestead High School	<u>Guidance Department</u>	<u>College and Career Center</u>
Lynbrook High School	<u>Guidance Department</u>	<u>College and Career Center</u>
Monta Vista High School	<u>Guidance Department</u>	<u>College and Career Center</u>

FUHSD GRADUATION & UC/CSU A-G COURSE REQUIREMENTS

Subject Area	FUHSD Graduation	UC/CSU A-G Requirements
Social Science	30 credits: World History (10 th), US History (11 th), Gov. (12 th), Economics (12 th)	(a) 2 Years: World History and US History or 1 Sem. US History & 1 Sem. Gov
English	40 credits	(b) 4 years
Math	20 credits: 10 credits "Algebra" 10 credits "Geometry" minimum	(c) 3 years through Algebra 2 (4 years recommended): *Must complete 1 yr of Geometry
Science	20 credits: 10 credits Life Science 10 credits Physical Science	(d) 2 years (3 recommended): 1 year Life Science (ex. Biology, Physio, APES) 1 year Physical Science (ex. Chem, Physics, APES)
World Language	*10 credits	(e) 2 years minimum in same language (3 years recommended)
Visual/ Performing Arts (includes music, art, drama, dance)	*10 credits	(f) 1 year
Applied Academics (includes Career Technical Education, Computer Science, Journalism, general career education)	*10 credits	(g) Please refer to course descriptions in this guide to determine which FUHSD courses in this category meet UC/CSU "g" requirements.
Physical Education	20 credits	None
Elective	60 credits	Certain courses may meet UC/CSU requirements. Please refer to course descriptions in the course guide.
Total Credits	220 credits	15 College Prep classes
General Notes	Must pass with D's or better	Must pass with C's or better (For additional information on UC/CSU gpa and testing requirements, please refer to the College Admissions section of this guide)

*For FUHSD graduation, students must complete 2 of the 3 starred areas

COLLEGE ADMISSIONS

FUHSD provides all students with their own account in our college and career guidance resource, Naviance. This online tool allows students to conduct personalized searches to explore the range of careers and related college opportunities available to them. Please refer to your school's main page to link to the appropriate Naviance site. Naviance can help a student better understand which of the options listed below is best to meet his or her future goals. Your Guidance Counselors, administrators, and College and Career Advisor are also ready to help you understand your options and make plans for your future.

COMMUNITY COLLEGE

Admission to community college requires one of the following: graduating from high school, passing either the General Educational Development (GED) Exam or California High School Proficiency Examination (CHSPE), being at least 18 years of age. At the community college, students can complete the first two years of college and transfer as juniors to 4-year universities when they successfully complete appropriate course work. Students can also earn AA degrees and certificates in specific vocational areas that will assist them in entering an occupation. Local community college contact information is listed below:

De Anza College

21250 Stevens Creek Blvd.
Cupertino, CA 95014
Counseling: (408) 864-5400
www.deanza.fhda.edu

Evergreen Valley College

3095 Yerba Buena Road
San Jose, CA 95135
Counseling: (408) 270-6474
www.evc.edu

Foothill College

12345 El Monte Road
Los Altos Hills, CA 94022
Career Center: (650) 949-7229
www.foothill.fhda.edu

Mission College

3000 Mission College Blvd.
Santa Clara, CA 95054
Counseling: (408) 855-5030
www.missioncollege.org

San Jose City College

2100 Moorpark Avenue
San Jose, CA 95128
Counseling: (408) 288-3750
www.sjcc.edu

West Valley College

14000 Fruitvale Avenue
Saratoga, CA 95070
Counseling: (408) 741-2009
<http://westvalley.edu/>

PRIVATE UNIVERSITIES & COLLEGES

There are hundreds of private (independent) universities and colleges across the country. Students will find great variety among these schools as each offers a unique educational environment. A student's individual needs and career plans will determine which private university he or she would be best suited for. While most private universities are relatively small in size, they also differ from public universities in educational emphasis: religious, nonsectarian, community service, career focus, and liberal arts. For additional information on private universities in California, we recommend visiting <http://www.aiccu.edu>.

How Do Private Universities Make Admissions Decisions?

Private universities vary in terms of selectivity with some having highly selective admission standards and others having a relatively open admissions program. Listed below are key factors involved in admissions decisions:

- **High School Courses** – A strong program of college preparatory courses is recommended beginning as a freshman and continuing through the senior year.
- **Grades and Class Rank** – Private universities look carefully at the grades in academic subjects as well as the number of Honors and AP (Advanced Placement) courses the student took throughout high school. The Fremont Union High School District does not rank students. Private universities utilize GPAs to infer ranking.
- **College Entrance Exams** – The SAT and/or ACT are used by most private universities. Some of the more competitive institutions also require the SAT. We recommend students take these tests during the junior or senior year. Information regarding test dates and registration may be

found on each campus in the high school's Career Center and on the web
(www.collegeboard.org, www.act.org)

- **Letters of Recommendation** – Private universities require letters of recommendation from teachers, counselors, administrators, or community members.
- **Extra Curricular Activities** – Activities in and out of school – clubs, athletics, music, art, drama, journalism, band, cheerleading, yearbook, alumni ties, and community service – may also be used in making admissions decisions.
- **Essays or Personal Statements** – Short essays are required. Topics vary by university and, sometimes, the program or major. Please refer to each college or university to determine if there are requirements unique to that school.
- **Special Talents and Achievements** – Excelling in subject areas or activities and possessing leadership skills are also determining factors in private university admissions.
- **Cultural or Ethnic Diversity** – Most private universities prefer a sampling of students from across the nation and abroad. Cultural and ethnic diversity are still considered factors in admissions.
- **Interview or Audition** – Some private universities require or recommend an interview or audition depending on the program.

CALIFORNIA STATE UNIVERSITIES



The twenty-three campuses of the California State Universities are located in Bakersfield, Channel Islands, Chico, Dominguez Hills, Fresno, Fullerton, Hayward, Humboldt, Long Beach, Los Angeles, Maritime Academy in Vallejo, Monterey Bay, Northridge, Pomona, Sacramento, San Bernardino, San Diego, San Francisco, San Jose, San Luis Obispo, San Marcos, Sonoma, and Stanislaus.

The California State University selects applicants from the top one-third of California's high school graduates. Admission is based initially on the student's grade point average and the score on the ACT or SAT. The GPA is based on college prep courses for sophomore and junior years.

To be eligible for admission to the system, but not necessarily to a specific school or program, students with a given GPA must present a minimum corresponding ACT composite or SAT total score (see chart below). The higher the GPA, the lower the test scores may be. Students with a 3.00 or higher GPA are eligible with any score on the entrance examination. For additional information about CSU, we recommend visiting <http://www.csumentor.edu>.

CSU SUBJECT REQUIREMENTS		
Area	Subject	Years
a.	History and Social Science (including 1 year of U.S. history or 1 semester of U.S. history and 1 semester of civics or American government AND 1 year of social science)	2
b.	English (4 years of college preparatory English composition and literature)	4
c.	Math (4 years is recommended) including Algebra I, Geometry, Algebra II, or higher mathematics (take one each year)	3
d.	Laboratory Science (including 1 biological science and 1 physical science)	2
e.	Language Other than English (2 years of the same language; American Sign Language is applicable)	2
f.	Visual and Performing Arts (dance, drama or theater, music, or visual art)	1
g.	College Preparatory Elective (additional year chosen from the University of California "A-G" list)	1

UNIVERSITY OF CALIFORNIA

The University of California campuses are located in Berkeley, Davis, Irvine, Los Angeles, Merced, Riverside, San Diego, Santa Barbara, and Santa Cruz. The University of California in San Francisco is primarily a graduate program in the health professions. The University of California selects applicants from the top twelve percent of California's high school graduates. Admission is based on the student's grade point average in a specific sequence of high school courses called the "A-G" subjects completed in the 10th, 11th, and 12th grades, and their scores on the ACT or the SAT ("old" SAT or "new" SAT with essay). Beginning in Fall 2012, the SAT II Subject Tests are no longer required for general admission, but may be recommended or required for certain schools or programs. A student is required to complete 15 year-long "a-g" subjects as described below with at least a C grade in each, 11 of which must be completed by the end of the junior year. Because admission to UC is so competitive, it is recommended that students complete more than the minimum requirements. For additional information about UC, we recommend visiting <http://www.universityofcalifornia.edu/admissions/>.

UC SUBJECT REQUIREMENTS FOR ADMISSION

a. History/Social Science – 2 YEARS REQUIRED

Two years of history/social science, including one year of world history, cultures and geography; and one year of U.S. history or one-half year of U.S. history and one-half year of civics or American government.

b. English – 4 YEARS REQUIRED

Four years of college-preparatory English that include frequent writing, from brainstorming to final paper, as well as reading of classic and modern literature. No more than one year of ESL-type courses can be used to meet this requirement.

c. Mathematics – 3 YEARS REQUIRED, 4 YEARS RECOMMENDED

Three years (four years recommended) of college-preparatory mathematics that include the topics covered in elementary and advanced algebra and two- and three-dimensional geometry. Approved integrated math courses may be used to fulfill part or all of this requirement, as may math courses taken in the seventh and eighth grades if the high school accepts them as equivalent to its own courses. **NOTE: Beginning with students in the Class of 2015, all students must complete a geometry course.**

d. Laboratory Science – 2 YEARS REQUIRED, 3 YEARS RECOMMENDED

Two years (three years recommended) of laboratory science providing fundamental knowledge in two of these three foundational subjects: biology, chemistry and physics. The final two years of an approved three-year integrated science program that provides rigorous coverage of at least two of the three foundational subjects may be used to fulfill this requirement.

e. Language Other than English – 2 YEARS REQUIRED, 3 YEARS RECOMMENDED

Two years (three years recommended) of the same language other than English. Courses should emphasize speaking and understanding, and include instruction in grammar, vocabulary, reading, composition and culture. American Sign Language and classical languages, such as Latin and Greek, are acceptable.

f. Visual and Performing Arts (VPA) – 1 YEAR REQUIRED

One year-long course of visual and performing arts chosen from the following: dance, drama/theater, music or visual art

g. College-Preparatory Electives – 1 YEAR REQUIRED

One year chosen from the "a-f" courses beyond those used to satisfy the requirements above, or courses that have been approved solely in the elective area including Career Technical Education courses: see most Business department courses, Culinary Food Science, Engineering, and Law; and designated "g" Journalism, Social Science, Computer Science, and Science department elective courses; or courses that combine any of the "a-f" subject areas in an interdisciplinary fashion.

COLLEGE ADMISSIONS TESTING

The ACT and the SAT Reasoning Tests are college entrance tests: both are accepted by most colleges and universities. It is not necessary to take both tests, although students may choose to do so. Information listed below is for the purpose of giving a general overview. For the most current information regarding any test dates, fees and registration information please check with your high school's College and Career Center or the websites listed.

ACT

WEBSITE: <http://www.actstudent.org/>

The ACT is a multiple choice test designed to measure classroom achievement in four broad content areas, as well as the ability to reason, and the application of problem-solving skills. The test takes approximately three hours and covers **English, Mathematics, Reading and Science Reasoning**. The Writing Test, which is optional, measures skill in planning and writing a short essay. The score is based on the number of correct answers given with no penalty for wrong guesses. Subscores for English, Mathematics, Reading, and Science Reasoning, as well as a composite score, may be returned to the high school for distribution to the student or sent directly to the student's home. This test is accepted by most colleges and universities nationwide.

ADVANCED PLACEMENT EXAMS

WEBSITE: www.collegeboard.com

The Advanced Placement (AP) Program is a program of college-level courses and exams for secondary school students. Many colleges and universities grant credit and/or advanced placement to students who score in the upper range of the test (3 or better); students should check with their prospective college and program for specific information. The examination is scored on a five-point scale: 5 (extremely well qualified) to 1 (no recommendation). AP Score results are posted online by College Board in early July and, if the student requested, sent to the college.

EARLY ASSESSMENT PROGRAM (EAP)

WEBSITE: <https://www.calstate.edu/eap/>

The Early Assessment Program is a partnership between the California Department of Education, California State University, California Community Colleges, and the Smarter Balanced Assessment Consortium. As part of the California Assessment of Student Performance and Progress (CAASPP), results of the 11th grade Smarter Balanced summative assessment include an EAP college readiness status. Students who earn a "Ready for College" status in English-Language Arts and/or Mathematics can use these results to place into credit-bearing courses in that department should they enroll in a participating college or university. Students who earn a "Conditionally Ready for College" status must take and pass with a grade of "C" or higher an approved course in that content area or otherwise meet the school's criteria for placement.

PSAT: PRELIMINARY SAT

WEBSITE: www.collegeboard.com

The Preliminary SAT is given once a year, in October. College Board introduced a redesigned PSAT, aligned to the new SAT, in October 2015. This test, usually taken in the Junior year, is used to determine the winners of National Merit Scholarships and is an excellent practice experience for the SAT. When space permits, students are encouraged to take the PSAT as sophomores for practice on these college preparation exams.

SAT

WEBSITE: www.collegeboard.com

Beginning in March 2016, College Board will offer a redesigned SAT. The new SAT includes an Evidence-based Reading and Writing test and a Math test, and includes an optional essay component for an additional fee. Students should check with the colleges and universities they are applying to for specific information about which version of the SAT will be accepted. The new SAT focuses on the skills that matter most for college readiness and success, including a greater focus on evidence-based reading, writing, and analysis in the Evidence-based Reading and Writing test, and in the optional Essay test. The Mathematics test features complex applications of problem solving and data analysis. For more information about the redesigned SAT, including the key shifts in content and a comparison to the “old” SAT, visit the College Board website.

SAT II: SUBJECT TESTS

WEBSITE: <https://collegereadiness.collegeboard.org/sat-subject-tests>

The SAT II consists of one-hour multiple-choice tests in specific subject areas. Some colleges, including all campuses in the UC system, require these tests for admission. Unlike the SAT, which measures more general abilities, Subject Tests measure students’ knowledge of a particular subject and their ability to apply that knowledge. Because of this, students should try to take an SAT II subject test as soon as possible after completing the last course in a specific subject.

Tests offered include:

English

Literature

History

United States History

World History

Mathematics

Mathematics Level 1

Mathematics Level 2

Science

Biology E/M

Chemistry

Physics

Languages

Chinese with Listening

French

French with Listening

German

German with Listening

Spanish

Spanish with Listening

Modern Hebrew

Italian

Latin

Japanese with Listening

Korean with Listening

Some colleges require a specific combination of SAT II: Subject Tests; some colleges/universities allow students to choose their own. Students are encouraged to check individual college admission requirements before deciding which tests to take.

TOEFL: TEST OF ENGLISH AS A FOREIGN LANGUAGE

WEBSITE: www.toefl.org

The TOEFL is used to evaluate English proficiency of students whose native language is not English. This test does not replace the ACT or SAT or SAT II. UC and CSU systems require the TOEFL if 2 years of high school were in a country where the language of instruction was not English.

COLLEGE ELIGIBILITY FOR STUDENT ATHLETES

Students who plan to compete in collegiate athletics must go through a separate eligibility process in addition to the college application process. There are two main bodies for collegiate athletics, the NCAA and the NAIA; these are two separate organizations with different eligibility criteria and processes. Student athletes are highly encouraged to contact the college's athletics department for information and guidance specific to their sport and program. Students begin the process of applying for athletic eligibility during their junior year.

NATIONAL COLLEGIATE ATHLETIC ASSOCIATION (NCAA)

The NCAA currently has separate eligibility criteria for Division I and Division II programs. Eligibility is based on completion of certain course requirements, grade point average, and the score on the ACT or SAT. Only core courses are used to calculate grade point average. Students must certify their amateurism as part of the eligibility process. For more information about NCAA eligibility, visit the NCAA eligibility website: http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA_EMS.html#.

DIVISION I 16 Core-Course Rule*	DIVISION II 16 Core-Course Rule
16 Core Courses: 4 years of English 3 years of mathematics (Algebra I or higher) 2 years of natural/physical science (1 year of lab if offered by high school) 1 year of additional English, mathematics, or natural/physical science 2 years of social science years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy) 4	16 Core Courses: 3 years of English 2 years of mathematics (Algebra I or higher) 2 years of natural/physical science (1 year of lab if offered by high school) 3 years of additional English, mathematics, or natural/physical science 2 years of social science years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy) 4

*10 core courses must be completed prior to the beginning of the senior year; 7 of the 10 must be in English, math, or science.

NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS (NAIA)

Beginning in the Fall 2011, student athletes planning to compete in NAIA athletics must complete the NAIA eligibility process. Eligibility is based on grade point average, high school standing, and the score on the ACT or SAT. Students must be considered amateur athletes. For more information about NAIA eligibility and to register online, visit the NAIA eligibility center: <http://www.playnaia.org/index.php>.

An entering freshman must:

- Be a graduate of an accredited high school;
- Meet two of the three following requirements:
 - Test score: achieve a minimum of 18 on the ACT or 860 on the SAT (combined score of critical reading and math only)
 - High School GPA: achieve a minimum overall high school GPA of 2.0 on a 4.0 scale
 - Class rank: graduate in the top half of your high school class

COURSE DESCRIPTIONS BY CONTENT AREA

HOW TO READ THE COURSE DESCRIPTIONS

Each course description includes credits earned, grade level and recommended precursor courses, if applicable, and a short narrative. In addition, the University of California and California State University “a-g” designations are denoted. Each subject area lists a general description about the connection to that area and both high school graduation and UC eligibility requirements. Eligibility requirements detail the minimum requirements to be eligible for admission into the UC system, not for specific requirements for each campus. For specific admissions criteria of particular colleges and universities, please check directly with the appropriate institution’s admissions office.

The following guide details the wide range of course offerings available throughout the district. Course offerings are determined by a number of factors including: graduation and college admissions requirements; school and district achievement data; student interest; teacher availability/expertise; and fiscal resources. In some instances, due to these factors, courses listed in this guide will not be available at all schools. Please refer to your own school’s course selection guide for those courses available to your student. All classes required for graduation and college admission are offered at all schools. All course offerings must be approved in advance by the FUHSD Board of Trustees.

CORE SUBJECTS

Courses for the following core subject areas can be found in this section:

English
Mathematics
Physical Education
Science
Social Science

ENGLISH

The overall goal of the English-Language Arts program is to enable the student to respond in a variety of ways to the ideas in literature, starting at the personal and progressing to the universal level. This goal is achieved in the classroom by: using literature that focuses on aesthetic, ethical, cultural and political issues and themes; using active learning strategies that help students integrate thinking, reading, speaking, listening and writing; using a variety of assessment strategies.

Writing instruction focuses on the process of writing and on self-discovery: connecting personal experience to the ideas and issues of literature. Speaking and listening activities are integrated into all language classes.

Students are expected to develop their abilities to read more broadly and to comprehend at higher levels, as well as to work effectively in groups. Throughout the curriculum, students are encouraged to think both creatively and critically; to express independent thinking; and to work on clarity of thought in written and oral communication.

HIGH SCHOOL GRADUATION

There is a four-year requirement for graduation.

UC ELIGIBILITY

“b” English –4 years required. A student must earn 40 credits and grades of “C” or higher in approved English courses.

1010: Literature & Writing		
Grades: 9	Credits: 10	UC/CSU Requirement: b
This course integrates the study of literature with instruction in the writing process. Students will explore the ideas and issues of literature while improving their writing, speaking, listening, thinking and language skills. Materials include poetry and prose, fiction and non-fiction.		

1043: Global Literature & Writing		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Required: Intermediate-level English learners enroll in this class concurrently with ELD 2. Students will read literature from different cultures of the world. While the reading is primarily in English, students will be encouraged to share examples of literature from their own native culture. In addition, students will be introduced to the basic elements of literature, including character, setting, plot and theme analysis. The emphasis is on instructing reading and writing strategies to prepare students for Literature/Writing 1 and higher English classes.		

1060: Academic Reading & Writing		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Placement in this course is based on teacher recommendation and/or scores from middle school assessments (including CAASPP results and other reading assessments). This reading intervention course is for students who need targeted support and acceleration of their academic reading and writing skills. Course activities are designed to expand vocabulary, improve reading comprehension, and target listening, speaking, and writing skills using adaptive technology and whole- and small-group instruction.		

1130: American Literature & Writing		
Grades: 11-12	Credits: 10	UC/CSU Requirement: b
This course provides rigorous and challenging experiences for the student in the areas of critical reading, critical thinking, effective discussion, essay test-taking, expository writing and research. The		

core of the curriculum is a chronological or thematic study of American literature, its literary periods and major writings. Outside reading focuses on broader philosophical ideas, encouraging wider reading including classics by American authors.

1140: American Literature & Writing Honors

Grades: 11-12	Credits: 10	UC/CSU Requirement: b
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This course is designed for students who enjoy being challenged in literature and writing classes and who are prepared to accept the responsibilities of that challenge. Like the American Literature course this honors course is a chronological or thematic study of American literature, its literary periods and its major writers; however, the honors course will include more extensive reading, writing (both timed and process essays) and analytical thinking. Furthermore, students in the honors program are expected to invest significantly more academic energy into the course and to work more independently than students taking American Literature and Writing.

1180: Voices of Modern Culture

Grades: 11-12	Credits: 10	UC/CSU Requirement: b
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This course makes use of a variety of literary and language forms to explore the major ideas in modern culture including poetry, the short story, the novel, drama, film, nonfiction writing and reporting, and investigative research. The main focus of the course is understanding all texts as unique “voices” from other cultures in other places and times. The course is divided into six units: Many Selves, Many Voices, encountering the Other and Being the other, a Medley of Voices, Voices from the Past, Visible Voices, and Multiple Perspectives. Within each of these six units is an emphasis on writing instruction, literary study and oral skills.

1240: British Literature & Writing

Grades: 11-12	Credits: 10	UC/CSU Requirement: b
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This course includes the study of the literature of the Anglo-Saxon period, the Medieval and Elizabethan periods, and the Jacobean and Puritan ages, a sweep that entails Britain’s dramatic literature and history from 449 to 1660. Also covered is literature written from 1660 to today, including the Restoration and Eighteenth Century, the Romantic Age, the Victorian Age and the Twentieth Century.

1410: AP English Literature & Composition

Grades: 12	Credits: 10	UC/CSU Requirement: b
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This Advanced Placement English course in Literature and Composition engages students in the careful reading and critical analysis of literature. Through the close reading of selected texts, students deepen their understanding of the ways writers use language to provide both meaning and pleasure for their readers. As they read, students consider a work’s structure, style and themes, as well as smaller-scale elements, such as the use of figurative language, imagery, symbolism and tone. The course includes intensive study of representative works from various genres and periods, concentrating on selections that do not yield all of their pleasures of thought and feeling the first time through. Students will read deliberately and thoroughly, taking time to understand a work’s complexity in order to absorb its richness of meaning and to analyze how that meaning is embodied in literary form. Completion of this course with a grade of “C” or higher will clear a CSU Early Assessment Program result of “Conditionally Ready” on the 11th grade Smarter Balanced assessment.

THE INTERDISCIPLINARY PROGRAM

1170: World Studies/World Core (pairs with 1770: World Studies/World Core SS)

Grades: 10	Credits: 10 English, 10 World History	UC/CSU Requirement: a & b
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World Studies is an integrated class, designed for sophomore students, which incorporates World History and a foundation level English course into a two-period block class. World History from the French Revolution to the present day is the context in which the class operates. It uses appropriate literature from the major continents and civilizations of the world to integrate into the study of world history. A major emphasis is placed on writing, including essays, term papers, and short theses. A determined effort is made to insure that diverse cultural perspectives are incorporated in all units of study.

ENGLISH LANGUAGE DEVELOPMENT PROGRAM*

1420: ELD Level 1A		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: Assessment. ELD 1A focuses on speaking and listening skills for beginning level English Language Learners. This course helps students develop basic interpersonal communication skills. Through quality interactive instruction and activities, the course introduces both communicative and academic vocabulary, covers language patterns, grammatical structure, and oral skills to help the student survive academically in American schools and functionally in society. ELD 1A course is taken concurrently with ELD 1B.		

1430: ELD Level 1B		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: Assessment. ELD 1B emphasizes reading, writing, and literacy skills for the beginning level English Language Learners. Students begin by learning how to compose paragraphs and progress to authoring organized expository and narrative writings, including descriptive, compare and contrast, narratives, and literary response essays. ELD 1B is designed to be a print rich environment including both non-fictional and fictional texts. ELD 1B course is taken concurrently with ELD 1A.		

1430: ELD Level 1C		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: Assessment. Using science and social studies texts, beginning English Language Learners (ELL) will develop knowledge of introductory science and social studies concepts in preparation for subsequent courses in these disciplines. The focus, however, will be on acquiring cross-disciplinary high frequency vocabulary (CALP or Tier 2 words) applicable to all academic areas. In addition, students will learn reading strategies (e.g., how to reconstruct expository information using graphic organizers) and study skills (e.g., how to take notes). Addressing 9-12 Social Studies, Science and ELD standards, this course functions as reinforcement and enrichment of the ELD1A/B curriculum.		

1440: ELD Level 2		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: Assessment. This course is designed for students who already have a foundational knowledge of English in academic and communicative vocabulary, sentence structure, reading of non-fictional and fictional texts, and writing. Through quality interactive instruction and activities, students will continue to build cognitive academic language proficiency in all four skill areas. Texts will be of greater length and complexity. Students will be introduced to additional expository and narrative writing genres, including persuasive, research and biographical essays.		

1450: ELD Level 3		
Grades: 9-12	Credits: 10	UC/CSU Requirement: b
Recommended: Assessment. This course is designed for advanced learners of English as an additional language. Students acquire sophisticated academic and communicative vocabulary, sentence structure, reading of non-fictional and fictional texts, and writing. Students read non-fictional and fictional texts of demanding length and complexity in various genres to prepare them for advanced mainstream		

English and courses in other content areas. Through quality interactive instruction and activities, a print-rich environment, and public speaking experiences, students will continue to solidify cognitive academic language proficiency in all four skill areas. Students will be introduced to additional expository and narrative writing genres, including full research reports and reflective essays.

* Students in the ELD program will concurrently be placed in a sheltered literature course appropriate to their English level. ELD students are assessed yearly for appropriate placement.

MATHEMATICS

Mathematics courses prepare students for both college and career readiness, equipping them with the knowledge and skills necessary to fully participate in the twenty-first-century global economy. Math courses follow a traditional progression in foundational courses: Algebra 1, Geometry, and Algebra 2 with options for more in depth and rigorous study. Courses are aligned to the California Common Core State Standards for Mathematics. Standards for Mathematical Practice apply to all course offerings in order to ensure students are able to: Make sense of problems and persevere in solving them; Reason abstractly and quantitatively; Construct viable arguments and critique the reasoning of others; Model with mathematics; Use appropriate tools strategically; Attend to precision; Look for and make use of structure; and Look for and express regularity in repeated reasoning across the curriculum. Advanced mathematics courses provide students with pathways to a variety of Advanced Placement course offerings.

HIGH SCHOOL GRADUATION

There is a two-year requirement for graduation; the minimum is Algebra 1 and Geometry.

UC ELIGIBILITY

“c” Mathematics – 3 year required, 4 years recommended. A student must earn 30 credits and a grade of “C” or higher in approved mathematics courses, and must have completed a Geometry course.

2210: Algebra 1		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
Algebra 1 is imperative for success in subsequent math courses, and transitions students from arithmetic to symbolic reasoning. The key content, which follows the Common Core State Standards for Algebra 1, involves understanding, writing, solving, and graphing linear, exponential, and quadratic equations and inequalities. When working with linear equations, emphasis will be placed on understanding equations in slope-intercept form and slope in general as it relates to rates in context. Solving systems of two linear equations in two unknowns is also emphasized. Exponential relationships are studied in comparison with linear relationships to highlight the characteristics of exponential growth and decay. Quadratic equations are solved by factoring, using graphs, and applying the quadratic formula. Students should also become comfortable with operations on monomial and polynomial expressions. Students learn to solve problems employing all of these techniques. Successful completion of Algebra 1 prepares students for Geometry.		

2230: Geometry		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
Recommended: Successful completion of Algebra 1. The Geometry course, which follows the Common Core State Standards for Geometry, focuses on a formal development of geometric skills and concepts. Students build their visualization, reasoning, and mathematical communication skills through study of the following topics: transformations, congruence, similarity, properties of geometric shapes (triangles, quadrilaterals, circles), geometric modeling (plane and solid), coordinate geometry, and right triangle trigonometry. They also develop the ability to construct formal logical arguments and proofs in a geometric setting. Geometry meets the graduation requirement, and together with Algebra 1, prepares a student for Algebra 2.		

2240: Geometry Enriched		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
Recommended: Mastery of Algebra 1. Geometry Enriched emphasizes formal proofs and students are expected to enter with a firm grasp of Algebra 1 concepts and skills. The course, which follows the Common Core State Standards for Geometry, focuses on a formal development of geometric skills and concepts. Students build their visualization, reasoning, and mathematical communication skills through study of the following topics: transformations, congruence, similarity, properties of geometric		

shapes (triangles, quadrilaterals, circles), geometric modeling (plane and solid), coordinate geometry, right triangle trigonometry, and probability. Students also develop the ability to construct formal logical arguments and proofs in a geometric setting. Mastery of Geometry Enriched and Algebra 1 prepares students for the rigor of the course that follows: Algebra 2/Trigonometry.

2310: Algebra 2		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Successful completion of Algebra 1 and Geometry. Algebra 2 expands and refines the mathematical content of Algebra 1 and Geometry. Emphasis is placed on abstract thinking skills, the function concept, extension of right triangle trigonometry to the unit circle and domain of all real numbers, and the algebraic solution of problems in various content areas. Polynomial, exponential, logarithmic, radical, rational, and trigonometric functions comprise the core material through which equations, graphs, and their transformations are studied and applied. The course also includes an introduction to statistics and sequences and series. Calculators are used to aid in the solution of problems and in making estimates for realistic solutions. Successful completion of Algebra 2 prepares students for Math Analysis or Applications of Advanced Mathematics.</p>		

2320: Algebra 2/Trigonometry		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Mastery of Algebra 1 and Geometry/Geometry Enriched. Algebra 2/Trigonometry is for students who plan to maximize the amount of mathematics studied in high school. Course content includes a more rigorous study of all topics taught in the Algebra 2 course. As in Algebra 2, emphasis is placed on abstract thinking skills, the function concept, extension of right triangle trigonometry to the unit circle and domain of all real numbers, and the algebraic solution of problems in various content areas. Polynomial, exponential, logarithmic, radical, rational, and trigonometric functions comprise the core material through which equations, graphs, and their transformations are studied and applied. The course also includes an introduction to statistics and sequences and series. Beyond the content of Algebra 2, in the trigonometry portion of Algebra 2/Trigonometry, students study, in depth, all 6 trigonometric functions as they relate to the unit circle using radians and degrees, including simplifying expressions, solving equations, graphing, and applications. Additional topics include solving triangles, defining and solving equations with inverse trigonometric functions, and proving and applying trigonometric identities. Calculators are used to aid in the solution of problems and in making estimates for realistic solutions. Successful completion of Algebra 2/Trigonometry prepares students for Math Analysis or Applications of Advanced Mathematics. Mastery of Algebra 2/Trigonometry prepares students for Pre-Calculus Honors.</p>		

2400: Math Analysis (Pre-Calculus)		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Successful completion of Algebra 2/2-Trigonometry. Math Analysis focuses on the study of families of functions, their application in mathematical modeling, and the use of equivalence to rewrite expressions to reveal important features. Students analyze features of a variety of functions and their graphs, connect different representations, and identify and apply transformations of equations and graphs. To solve problems using function models, students choose among function families, fit linear and nonlinear functions to data, and interpret, apply, and evaluate the resulting models. The study of functions in this course includes strengthening of concepts and skills from prior courses, fuller development of equivalent forms of functions, and an in-depth study of trigonometry and its applications. Completion of this course with a grade of "C" or higher will clear a CSU Early Assessment Program result of "Conditionally Ready" on the 11th grade Smarter Balanced assessment. Full mastery of concepts and skills from this course prepares students to take Calculus AB the following year.</p>		

2410: Applications of Advanced Mathematics		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Successful completion of Algebra 2/2-Trigonometry. Applications of Advanced Math is designed for college-bound students who want an advanced mathematics course after Algebra 2 that focuses on real-world applications in fields such as business, finance, politics, architecture, gaming, and natural science. Students who complete this class will be prepared for Advanced Placement or college level statistics. The course consists of four core units: geometry and trigonometry, mathematical modeling, statistics, and the mathematics of decision-making. To help students understand that math makes sense outside of a textbook, the course incorporates real world data and technological tools. The course is built around collaborative tasks that require students to persevere in solving complex, unfamiliar problems, choose and use mathematical models to represent their thinking. Students will be asked to clarify their thinking, verify the reasonableness of their conclusions, explain their solutions in writing, and critique the reasoning of others. As the course progresses, students will be expected to communicate their ideas with increasing accuracy, objectivity, clarity, and concision. Students are encouraged to explore multiple pathways toward a solution to further enhance their understanding. Completion of this course with a grade of "C" or higher will clear a CSU Early Assessment Program result of "Conditionally Ready" on the 11th grade Smarter Balanced assessment.</p>		

2420: Pre-Calculus Honors		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Mastery of both Geometry/Geometry Enriched and Algebra 2/Trigonometry. Pre-Calculus Honors is for students who plan to maximize the amount of mathematics studied in high school. This fast-paced course assumes that students have already mastered all skills and concepts from prior courses. The focus is on expanding the study of functions to a broad variety of function types, with increased emphasis on abstract thinking and formal proofs. Students analyze features of a variety of functions and their graphs, connect different representations, and identify and apply transformations of equations and graphs. Students also solve challenging problems using function models, where they choose among function families, fit linear and nonlinear functions to data, and interpret, apply, and evaluate the resulting models. This course continues the rigorous study of trigonometry begun in Algebra 2/Trigonometry, moving on to advanced equations, graphs, and proofs, including the study of vectors and polar coordinates. Students also continue their study of topics such as the algebra of polynomials and rationals, advanced inequalities, conic sections, and sequences and series. Completion of this course with a grade of "C" or higher will clear a CSU Early Assessment Program result of "Conditionally Ready" on the 11th grade Smarter Balanced assessment. Successful completion of this course prepares students to take Calculus AB, or with full mastery of concepts and skills, Calculus BC, the following year.</p>		

2430: AP Calculus AB		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c
<p>Recommended: Mastery of Math Analysis. This course covers the content of two quarters (more than one semester) of a college Calculus curriculum, focusing on the application of limits, differentiation and integration. Some techniques of integration and indeterminate forms for limits are also covered. Throughout the course, an emphasis is placed on symbolic, graphical, and numeric representations, as well as on clear communication of mathematical thinking. Students successfully completing this course are prepared to take the Calculus AB AP Exam, which requires use of a graphing calculator. Completion of this course with a grade of "C" or higher will clear a CSU Early Assessment Program result of "Conditionally Ready" on the 11th grade Smarter Balanced assessment.</p>		

2440: AP Calculus BC		
Grades: 9-12	Credits: 10	UC/CSU Requirement: c

Recommended: Mastery of Pre-Calculus Honors. This course covers the content of three quarters (two semesters) of a college Calculus curriculum, focusing on applications of limits, differentiation and integration. Numerical approaches (such as Newton’s method, Simpson’s Rule, and Euler’s Method); various techniques of integration; indeterminate forms for limits; and Taylor series are also covered, as well as application of Calculus techniques to parametric and polar representations. Throughout the course, an emphasis is placed on symbolic, graphical and numeric representations, as well as on clear communication of mathematical thinking. Students successfully completing this course are prepared to take the Calculus BC AP Exam, which requires use of a graphing calculator. Completion of this course with a grade of “C” or higher will clear a CSU Early Assessment Program result of “Conditionally Ready” on the 11th grade Smarter Balanced assessment.

2460: AP Statistics

Grades: 9-12

Credits: 10

UC/CSU Requirement: c

Recommended: Successful completion of Algebra 2 or higher math course. This course covers the content of one semester of an introductory, non-Calculus-based, college curriculum in Statistics, which is often a requirement for college students majoring in the social sciences, health sciences and business. Students will be introduced to the major concepts and tools for collecting, analyzing, and drawing conclusions from data. The course is built around four main topics: exploring data, planning a study, probability as it relates to distribution of data, and inferential reasoning. With the possible exception of probability, most of the material in this course has not been a part of the traditional secondary mathematics curriculum. Students successfully completing this course are prepared to take the Statistics AP Exam which includes use of a graphing calculator. Completion of this course with a grade of “C” or higher will clear a CSU Early Assessment Program result of “Conditionally Ready” on the 11th grade Smarter Balanced assessment.

PHYSICAL EDUCATION

Our goal is to prepare our students for life in our society. Our objectives are to give the students information and basic skills they will need for survival and longevity. We expect our students to go away with an understanding of and a positive attitude towards physical fitness and wellness. Our two years of required Physical Education (PE) are divided into two programs—PE 9 core and PE 10 electives. The unit activities are instruction oriented and of two types—survival and carry-over life time activities. The survival activities are designed to give our students the knowledge and skills needed to have a healthy life. In the carry-over activities, we are attempting to expose our students to a variety of experiences, some of which they might pursue for a lifetime.

HIGH SCHOOL GRADUATION

There is a two-year requirement for graduation.

UC ELIGIBILITY

There is not a Physical Education requirement.

2510: PE 9		
Grades: 9	Credits: 10	UC/CSU Requirement: N/A
A basic course required of all freshmen, which includes instruction in beginning and intermediate skills, basic rules, history and etiquette in a variety of sports. Students must complete the objectives of an activity in each of the following areas: Individual—an activity in which the student performs without the need of another person; Dual—an activity in which a student competes against another student; Team—an activity in which a group of students compete against another group of students; Rhythmic—an activity in which movement is coordinated with music or a rhythmic beat; Aquatic—an activity which covers the basic skills of swimming; Wellness—fundamentals of good health practices are incorporated in activities.		

2530: PE 10-12		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: PE 9. The PE 10 elective program is designed to allow choice in the selection of physical education activities. Emphasis is placed on refining basic skill and participation. The activities typically offered may include: aerobics, aquatics, basketball, badminton, body development, dance, flag football, game management, golf, gymnastics, pickleball, recreational games, soccer, softball, tennis, track, ultimate Frisbee, volleyball, weight training, wrestling.		

2720: PE Racquet Sports		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: PE 9. This course is designed for students interested in developing skills in the various racquet sports and physical conditioning: tennis, pickle ball and badminton. Emphasis is placed on refining skills, strategy and competitive doubles and singles play.		

2740: PE Weight Training		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Recommended: PE 9. This course is designed for those students interested in developing body strength for advanced sports skills. Students will engage in weightlifting, cardiovascular conditioning and flexibility exercises. Students will utilize both free weights and weight machines.		

2770: PE Martial Arts		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A

Recommended: PE 9. In this alternative to PE 10, students will master the PE 10 standards with a focus on the applications of those standards within the martial arts. Students will learn formal, choreographed “forms” as well as applicable skills in self-defense, both standing and on the ground. An emphasis on physical fitness will be woven throughout the curriculum, as successful martial artists must combine strength and endurance. Short lessons will address the historical and cultural roots of various martial arts forms. Additional written, oral and project-based assignments will explore the PE 10 themes of health (including nutrition, emotional and mental health), adaptive fitness, and lifelong fitness.

2780: PE Total Fitness

Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
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Recommended: PE 9. The course emphasizes aerobic activity with elements of all five of the components of fitness: cardiovascular endurance, muscular strength, muscular endurance, flexibility and body composition. This course is set to prepare students for a life of fitness after high school. Knowledge of anatomy and physiology will be introduced. Individual students will be assessed primarily on their own personal fitness level and student personal PE folders will be maintained.

2590: PE Athletics

Grades: 10-12	Credits: 5 per season	UC/CSU Requirement: N/A
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Required: Student must be a member of an interscholastic athletic squad. This elective course is limited to students who are members of interscholastic athletic squads, spirit, drill, and auxiliary teams. 10th grade students may earn their PE credit through a team rather than a regular PE class upon completion of the season.

9th grade students may earn 5 elective credits per Sport Season.

SCIENCE

A good science background is essential in our technology-oriented society and workplace. Our science classes focus on the essential skills and knowledge students will need to be scientifically literate citizens in the twenty-first century. In our classrooms, students have the opportunity to learn science by asking questions, designing and implementing experiments and investigations, analyzing and interpreting data, and constructing explanations. Students will additionally develop models, evaluate information, and write arguments based on evidence. Students are strongly encouraged to take a science class each year to gain better understanding of the world around them and become more scientifically literate. AP (Advanced Placement) courses are based on standards established by College Board through the Advanced Placement Program. College credit offered for AP courses vary widely depending on the college or university chosen, the chosen major, and other factors. Citations here regarding college credit are taken directly from the College Board.

HIGH SCHOOL GRADUATION

There is a two-year requirement for graduation. One year must be a physical science and the other a life science; Environmental Science may be used to satisfy either year.

UC ELIGIBILITY

“d” Laboratory Science – 2 years required, 3 years recommended. A student must earn 20 credits and a grade of “C” or higher in approved laboratory science courses.

3110: Biology		
Grades: 9-12	Credits: 10	UC/CSU Requirement: d
Biology is an introductory laboratory course based on the Next Generation Science Standards that includes the following core ideas: From Molecules to Organisms: Structures and Processes; Ecosystems: Interactions, Energy, and Dynamics; Heredity: Inheritance and Variation of Traits; and Biological Evolution: Unity and Diversity. Students will explore and deepen their understanding of these core ideas through scientific inquiry. In the process, they will learn to think and act like scientists by using science practices and cross-cutting concepts that they can apply in subsequent science courses.		

3120: AP Biology		
Grades: 11-12	Credits: 10	UC/CSU Requirement: d
Recommended: AP Biology students must have a strong understanding of the basics of both Biology and Chemistry to be successful. AP Biology is based on four underlying principles in biology, which encompass core scientific principles, theories and processes that govern living organisms and biological systems. It is the equivalent of a two-semester college introductory biology course with emphasis on content, reasoning, and inquiry. Students will cultivate their understanding of foundational biology concepts as they explore and delve deeply into the big ideas of evolution, cellular processes of energy and communication, genetics and information transfer, and interactions.		

3130: Physiology		
Grades: 11-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology and Chemistry. This is a laboratory course investigating the functional phenomena of human life and the principal conclusions that have been reached about the causes and interdependence of these phenomena. Studies also include structure and functional mechanisms for the performance and coordination of external and internal activities of the human body.		

3610: Chemistry		
Grades: 10-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology and Algebra 1 (can be concurrent). Chemistry is a laboratory course based on the Next Generation Science Standards. Students investigate the structures and properties of matter, chemical reactions, and the energy and forces that drive these interactions. Emphasis is placed on conceptual understanding of the chemical ideas. In addition, students are expected to use algebra to explain these ideas. This laboratory-oriented course is also designed to help students use their knowledge to make informed decisions about chemical issues in their society and the world.		

3620: Chemistry Honors		
Grades: 10-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology and Geometry (can be concurrent). Chemistry Honors is a laboratory course based on the Next Generation Science Standards, offering a foundation in conceptual and quantitative chemistry. Students investigate the structures and properties of matter, chemical reactions, and the energy and forces that drive those interactions. Emphasis is placed on quantitative understanding of these ideas and therefore students are expected to have a confident background in mathematics.		

3630: AP Chemistry		
Grades: 11-12	Credits: 10	UC/CSU Requirement: d
Recommended: Chemistry Honors and Algebra 2. AP Chemistry is the equivalent of a two-semester college introductory chemistry course. The course is organized around six big ideas that students will come to understand: atomic structure, chemical and physical properties of matter, chemical reactions, reaction kinetics, thermodynamics, and chemical equilibrium. Emphasis is placed on laboratory experimentation, problem solving and quantitative understanding of complex chemical phenomena. Therefore, students taking this course should have a successful background in mathematics and basic chemistry.		

3710: Physics		
Grades: 10-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology and Algebra 1. Physics is a laboratory course based on the Next Generation Science Standards, offering a qualitative study of the central concepts of physics (time, space, energy and matter). It emphasizes the conceptual, rather than the mathematical, understanding involved in describing natural phenomena. The purpose is to provide a college preparatory, standards-based course for those who are interested in discovering the strategies of science through laboratory experiences. Physics explores the concepts of mechanics and the properties of matter, heat, sound, light, electricity, and magnetism.		

3720: Physics Honors		
Grades: 10-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology and Algebra 2. Physics Honors is a laboratory course based on the Next Generation Science Standards, that explores the central concepts of physics using mathematical reasoning as well as conceptual understanding. The principle content is basic mechanics that includes the properties of matter, motion, forces, and energy. Other topics studied are geometric optics, light and other wave phenomena, properties of waves, electricity and magnetism, force field, quantum mechanics and the physics of atomic structure.		

3730: AP Physics C: Mechanics (term 1)		
Grades: 11-12	Credits: 10	UC/CSU Requirement: d
Recommended: Pre-Calculus Honors and Physics Honors. This course is strongly aligned with the typical freshman college physics Mechanics course for science majors. Much of the time is spent solving problems and doing experiments involving motion, forces and energy. Completion of this course with a grade of “C” or higher will clear a CSU Early Assessment Program result of “Conditionally Ready” on the 11 th grade Smarter Balanced assessment.		

3735: AP Physics C: Mechanics and Electricity/ Magnetism (term 2)		
Grades: 11-12	Credits: 10	UC/CSU Requirement: d
Recommended: Pre-Calculus Honors and Physics Honors or AP Physics 1. This course aligns with the typical freshman-level college physics course for science majors, and covers the content of AP Physics C: Mechanics and AP Physics C: Electricity and Magnetism. Much of the time is spent solving problems and doing experiments in optics, mechanics, electricity and magnetism. Students taking this course should have a strong interest in the subject and a solid mathematical background. Completion of this course with a grade of “C” or higher will clear a CSU Early Assessment Program result of “Conditionally Ready” on the 11th grade Smarter Balanced assessment.		

3810: Environmental Science		
Grades: 9-12	Credits: 10	UC/CSU Requirement: g
This course centers on Earth’s four major systems: the hydrosphere, biosphere, lithosphere, and atmosphere, with a focus on how the choices made by individuals and groups have an impact on each. Emphasis is placed on the development of skills that will benefit students in all future courses such as conducting lab experiments, collecting and analyzing data, constructing graphs, and communicating scientific information. Students can earn physical or life science credit toward high school graduation for this course, but this course does not satisfy UC/CSU lab science requirements.		

3840: AP Environmental Science		
Grades: 9-12	Credits: 10	UC/CSU Requirement: d
Recommended: Biology, Chemistry or Physics, and Algebra 2 (can be concurrent). This class is equivalent to an introductory college-level environmental science class. Students study scientific principles, systems, and explore how humans interact with and depend on their environment. In this interdisciplinary, problem-based, “big-picture” science course, students apply elements of many traditional lab sciences (Biology, Chemistry, Earth Science, and Physics) and social sciences (economics, history, government). Contemporary environmental issues such as climate change, pollution, population dynamics, food and land resources, energy consumption, urban planning, and species loss will be explored in great depth. This class is well suited for students who have a strong interest and commitment to better understanding their environment and who enjoy connecting science to social and political issues.		

SOCIAL STUDIES/HISTORY

In the history/social sciences, students learn how their lives have been and will continue to be affected by domestic and international politics, demographics, economic flux, technological change, and social change. The study of continuity and change in human events is the focus of the history/social science curriculum. Students will understand and appreciate how ideas, events, and individuals have intersected to produce change over time as well as to recognize the conditions and forces that maintain continuity within human societies.

HIGH SCHOOL GRADUATION

There is a three-year requirement for graduation that includes World History, United States History, and Economics/Government.

UC ELIGIBILITY

“a” History/Social Science – 2 years required. A student must earn 20 credits and a grade of “C” or higher in approved history/social science courses. While Economics is needed for meeting high school graduation requirement for Social Studies, for UC Eligibility, it is included in the “g” requirement.

1620: World History		
Grades: 10	Credits: 10	UC/CSU Requirement: a
In this course, students examine major turning points in the shaping of the modern world and the rise of Democratic ideas from the late eighteenth century to the present. The year begins with an introduction to current world issues and then continues with a focus on the expansion of the West and the growing interdependence of people and cultures throughout the world including Asia, Africa, and the Middle East.		

1730: US History		
Grades: 11	Credits: 10	UC/CSU Requirement: a
In this course, students study the History of the United States in the twentieth century. The year begins with a review of U.S. History prior to the 20 th Century. After the review unit, this course will study: America at the turn of the Century, United States as a world power, the 1920's, the Great Depression and New Deal, United States in World War II and the post-war period, U.S. foreign policy since World War II, the Civil Rights movement, and the United States in contemporary society.		

1750: AP US History		
Grades: 11	Credits: 10	UC/CSU Requirement: a
Recommended: Students should have earned a “B” or better in their previous history class and have strong writing skills. This survey course gives students a thorough grounding in facts, and goes on to examine the significance of facts, their contexts, as well as their causes and results. This course is designed to provide students with the analytic skills and factual knowledge necessary to deal critically with the problems and material in United States history. Students learn how to read historical material analytically and critically, to weigh historical evidence and interpretations and to arrive at conclusions based on facts. Students should expect a steady and heavy load of reading from the textbook, in addition to Document Based and Free Response essays that put particular demands on historical knowledge and the ability to make and prove a historical argument. Unlike the mainstream US History course, where there is single focus on the US in the 20 th Century, AP US History covers the entire scope of our history, from the Amerindian settlements to contemporary American issues. The course makes demands similar to those found in introductory college courses and prepares students for success on the AP US History test held in early May.		

1835: Economics (term 2)		
Grades: 12	Credits: 5	UC/CSU Requirement: g
The course covers economic principles such as production, supply and demand, profits, distribution of goods, competition, money and banking, government monetary and fiscal policies, credit insurance, securities market and comparative economic systems.		

1845: US Government (term 1)		
Grades: 12	Credits: 5	UC/CSU Requirement: a
The goals of this course are to give an understanding of democratic processes and an awareness of the values and social framework that support them. Major units in the course are federal government, state government, political parties, elections, and selected issues of government in the United States.		

1855: AP US Government & Politics (term 1)		
Grades: 12	Credits: 5	UC/CSU Requirement: a
Recommended: Students should have earned a “B” or better in their previous history class and have strong writing skills. The advanced placement course in government parallels an introductory college course in political science. The course is designed to give students a thorough understanding of and critical perspective on the system of US government politics, policy, and practices. Instruction emphasizes understanding course content by way of in-depth research and analysis. Furthermore, students will apply their understanding of the subject matter to both historical and current political events and analyze their impact on American society. AP US Government and Politics is a tightly structured, highly demanding, fast-paced college-level course in which students study a year’s amount of curriculum in only one semester. Students will be required to read the college-level textbook and supplemental readings. Expository writing will be required. Ideally, this course is really for those students who are specifically interested in government and politics.		

1865: AP Microeconomics (term 2)		
Grades: 12	Credits: 5	UC/CSU Requirement: g
Recommended: Students should have earned a “B” or better in their previous history class and have strong writing skills. The purpose of the Advanced Placement course in Economics is to give students a thorough and advanced understanding of the principles of economics that apply to the functions of individual decision makers, both consumers and producers, within the larger mixed market economic system. It places primary emphasis on the nature and functions of decision making by households and firms.		

THE INTERDISCIPLINARY PROGRAM

1770: World Studies/World Core SS (pairs with 1170: World Studies/World Core)		
Grades: 10	Credits: 10 English, 10 World History	UC/CSU Requirement: a & b
World Studies is an integrated class, designed for sophomore students, which incorporates World History and a foundation level English course into a two-period block class. World History from the French Revolution to the present day is the context in which the class operates. It uses appropriate literature from the major continents and civilizations of the world to integrate into the study of world history. A major emphasis is placed on writing, including essays, term papers, and short theses. A determined effort is made to insure that diverse cultural perspectives are incorporated in all units of study.		

APPLIED ACADEMICS

Courses for the following subject areas can be found in this section:

Computer Science Electives
Journalism Electives
General Career Education
Career Technical Education (CTE)

CTE courses are listed by Industry Sector:

Arts, Media, and Entertainment
Building Construction Trades
Business and Finance; Marketing, Sales and Services
Engineering and Architecture
Health Science and Medical Technology
Hospitality, Tourism & Recreation (includes Culinary classes)
Public Services (includes Law)
Transportation

These courses all satisfy the FUHSD Applied Academics credit category.

HIGH SCHOOL GRADUATION

Courses in this section are electives in the **Applied Academics** credit category. A student must earn 10 credits in two out of three selective elective areas (**Fine Arts, World Languages** and **Applied Academics**). For example, if a student earns 10 credits in an **Applied Academics** course, he/she would still need 10 credits from either **World Languages** or **Fine Arts** to satisfy the graduation requirement.

UC ELIGIBILITY

“g” College Prep Elective – 1 year required. A student must earn 10 credits and a grade of “C” or higher in a single, year-long approved course. Generally the courses in Applied Academics count as a “g”; see individual course descriptions for specific information about UC/CSU eligibility.

COMPUTER SCIENCE ELECTIVES

2350: AP Computer Science A		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
Recommended: Successful completion of Computer Programming Java and Algebra 2 or higher math course. This course is designed to serve as the equivalent of a one-semester, entry-level college course in computer science for students majoring in computer science, engineering, math, the sciences or business. Students are expected to have strong computer and problem-solving skills as they will create and debug original object-oriented programs, using Java, to solve problems by using adaptable and reusable algorithmic modules and data structures. Students successfully completing this course are prepared to take the AP Computer Science A Exam.		

2370: Computer Programming Java		
Grades: 9-12	Credits: 10	UC/CSU Requirement: g
Recommended: Successful completion of Algebra 1 or higher math course and previous computer use. The course is designed to introduce the student to the study and writing of computer programs, with an emphasis on problem-solving and program design. Analytical thinking skills and logic are emphasized. The Java language is used with an emphasis on understanding universal programming concepts such as data types and data structures, selection, and iteration along with applications of programming for the Internet and programs written in an object-oriented paradigm. Elementary study of digital computer hardware may be included. This course is recommended for the college-bound student planning on a business, math or science major or for the student preparing for an AP Computer Science course.		

JOURNALISM ELECTIVES

1360: Journalism		
Grades: 10-12	Credits: 10 (repeatable)	UC/CSU Requirement: g
Recommended: Successful completion of Writing for Publication. An elective class for students who produce the student newspaper, assuming full responsibility for its development, production and marketing while meeting similar challenges to those experienced by the professional field. The curriculum also provides an opportunity to create a personal reading program representing the research focused on societal forces, trends and issues.		

CAREER TECHNICAL EDUCATION

Career Technical Education (CTE) courses provide students with opportunities to explore careers in industries that are thriving in our region. They have the opportunity to develop and deepen the skills to be successful in a career in a given field. Courses offered provide career/technical skills training and/or on-the-job training with work-based learning. Some CTE courses may not be available every year. Many of these courses are offered on other school campuses, but are open to students if scheduling permits. Course locations are noted when applicable.

INDUSTRY SECTOR: ARTS, MEDIA & ENTERTAINMENT

4760: Multimedia Design		
Grades: 10-12	Credits: 10	UC/CSU Requirement: f
Location: Homestead, Monta Vista		
Recommended: None. This course focuses on the historical, theoretical, and cultural issues as related to the mass media and the Internet. In addition to theoretical and historical work, students will heighten their ability to critically analyze and create multimedia. Students will evaluate (verbally and in writing), design, create and present multimedia projects. Concepts and skills developed throughout the course are revisited and reinforced with each unit of instruction.		

7615: Technical Writing		
Grades: 9-12	Credits: 10 (repeatable)	UC/CSU Requirement: N/A
Location: Cupertino , Homestead		
This course is an expansion of office computing, incorporating the use of a computer-based system and software with graphic capabilities to produce publication materials. Students will integrate typeset text and graphics on the page using accepted writing, publication and presentation techniques. This course is designed to prepare students for entry-level employment in the newspaper-publishing field. Students will produce desktop-published camera/copy ready masters for reproduction.		

7635: Advanced Multimedia		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Location: Monta Vista		
This course is designed to provide students with advanced skills in a wide variety of multimedia applications in use in today's internet, video, digital, and publishing industries. Emphasis will be placed on career preparation skills associated with printed and electronic media such as web pages, magazine and newspaper advertisements, composite photography, video editing, 3D rendering, and business presentations. Priority will be given to students who are progressing in the Design, Visual & Media Arts Pathway and choose this as one of their "First 6" classes.		

7685: Commercial Art/Graphic Design		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Location: Monta Vista		
Recommended: Successful completion of any level 1 Art course or Writing for Publications. This course will focus on career skill sets in visual design and industrial design. Explorations in traditional and digital media associated with Graphic Design, Advertising, Illustration and Industrial Design will be covered. Human-based experiences, Design Thinking and a collaborative work environment will be emphasized. Students will gain an understanding of the impact of design on the production process for different types of products. Students can expect to work with traditional hand-making design methods blended with using the computer. No previous computer or design skills are necessary.		

7770: Stagecraft Tech		
Grades: 9-12	Credits: 10 (repeatable)	UC/CSU Requirement: N/A
Location: Fremont, Homestead		
An instructional program that emphasizes the techniques and processes involved in stage management, prop construction, lighting, the setup and operation of sound systems, and the operation of projection equipment. The program develops basic construction techniques for stage property and scenery; affords practice in stage crew work, which includes the erection and striking of scenery; and provides an overview of related occupations in television.		

7790: Studio Art		
Grades: 9-12	Credits: 10 (repeatable)	UC/CSU Requirement: N/A
Location: Fremont, Lynbrook		
Recommended: Level 1 Art/ Ceramics/ 3-Design/Photography. Students will focus on building their personal portfolio and gain entrepreneurial skills required to become a successful artist. Advanced Visual Communications coordinates 2-D and 3-D studio work and cultural studies together with an emphasis on careers in the art field. Selected cultures of Meso-American, Italian, German, French, Middle Eastern and Asian art will be introduced and students will produce projects that relate to each unique culture to be included in their portfolio. Language and cultural studies will be taught on a daily basis so as to appreciate historical and cultural differences. The art elements and principles of design composition serve as a foundation for each unit covered and attention will be given to visual studio work. Students will gain knowledge and an appreciation for various art forms and entrepreneurship skills that will lead to a successful career in the visual communications field.		

INDUSTRY SECTOR: BUILDING & CONSTRUCTION TRADES

5110: Introduction to Woodworking		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Location: Cupertino , Monta Vista		
Recommended: None. An introduction to the fundamentals including the use of hand/power tools, safety practices, and woodworking materials. Students will follow the guidance of the instructor to practice the processes of design, drafting, building, and finish work of beginning level projects. Students will also be exposed to a variety of college and career opportunities related to woodworking.		

5120: Advanced Woodworking		
Grades: 10-12	Credits: 10 (repeatable)	UC/CSU Requirement: N/A
Location: Cupertino , Monta Vista		
Recommended: Introduction to Woodworking. Students will expand their use of hand and power tools including learning custom settings and basic maintenance and repair for machinery. Students will expand understanding and use of materials including different woods, adhesives, and finishes and will learn cost estimating. Students will design, draft, build, and finish projects that meet the needs of a "client". Students will also assist with shop management by demonstrating basic woodworking processes to beginning students and will investigate related college and career opportunities. Priority will be given to students who are progressing in the Woodworking Pathway and choose this as one of their "First 6" classes.		

INDUSTRY SECTORS: BUSINESS & FINANCE; MARKETING, SALES, & SERVICE

4570: International Business		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
<p>Recommended: Principles of Business. International Business builds on skills learned in Principles of Business to provide an introduction to a global perspective on the economic, cultural, and political factors that influence business. The course includes fundamentals of import/export business, business structures, business plans, trade relations, financial transactions, legal agreements, and global entrepreneurship. Students will learn marketing activities and consumer behavior as they relate to developing, pricing, distributing, and promoting goods and services in both domestic and global markets. Critical thinking skills and peer collaboration will be enhanced for students through participation in Socratic seminars and group projects. Examples of group projects include “How to do Business in (Country) for Dummies”, “Business Plans”, “Export Project”, “Travel Project” and “Discovering Your Management and Personality Profile”. Priority will be given to students who are progressing in the International Business Pathway and choose this as one of their “First 6” classes.</p>		

4580: Principles of Business		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
<p>This business course introduces students to the study of Economics, Personal Finance, Commerce, and Entrepreneurship. Course projects focus on applying economic concepts, financial literacy, investments in the stock market, sales and marketing strategies, career exploration, and creating a business plan. This course sets the foundation is ideal for students seeking financial freedom and a foundation for success in any career.</p>		

4640: Computer Applications		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
<p>An introductory computer course with an emphasis on computer literacy and the practical application of computer knowledge as used in business, industry and everyday life. Hands-on computer learning and the use of computer applications commonly used in school, business and industry to increase student work productivity (i.e. Microsoft Word, Microsoft Excel and Microsoft PowerPoint). Additionally, students will have the opportunity to learn the principles behind creating an effective website, mobile application, and video/computer game design through hands-on activities, such as creating and designing their own websites, developing mobile applications for smartphones, and exploring the logic and design behind popular video/computer games. No prior experience in Computer Programming is required. The course is intended to enhance student's computer literacy skills, critical thinking and problem solving skills, as well as provide students with an exposure to the basic logic behind computer programming that can lead to successful completion of more advanced computer courses.</p>		

INDUSTRY SECTOR: ENGINEERING & ARCHITECTURE

8150: Introduction to Engineering and Alternative Energy		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
Location: Cupertino		
<p>This introductory engineering course introduces students to the basic concepts and skills required of engineers and designers working in a professional environment. Students demonstrate their skills by providing alternative energy solutions to real world problems. Each project is designed to replicate a real-world engineering project in which students conduct research and propose possible solutions to the problems posed by the “client”. Students work in teams to create a Design Brief for each of a series of progressively more difficult hands-on-projects and present their solutions to the “client”. This class introduces students to Computer-Aided Design (CAD) as an integral component of the design, engineering and manufacturing process.</p>		

8340: Introduction to Engineering Design		
Grades: 9-12	Credits: 10	UC/CSU Requirement: g
Location: Fremont, Homestead, Monta Vista		
<p>Recommended: Completed Algebra 1, enrolled in Geometry. The major focus of this introductory engineering course is to expose students to the design process, research and analysis, teamwork, communication methods, global and human impacts, engineering standards and technical documentation found in engineering-related careers. Students use 3D solid modeling design software to help them create solutions to proposed problems. Students learn how to document their work and communicate their ideas to peers and members of the professional community.</p>		

8270: Principles of Engineering		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
Location: Fremont, Homestead, Monta Vista		
<p>Recommended: Completed Introduction to Engineering Design and completed Geometry (including Geometry Trigonometry) or enrolled in Algebra 2 or Algebra 2/Trig. This survey course exposes students to some of the major concepts they will encounter in a post-secondary engineering course of study. Students will have an opportunity to investigate engineering and high-tech careers, develop problem-solving skills, and understand engineering concepts. They will apply their knowledge of research and design to create solutions to real-world engineering problems. They will document their work and communicate solutions. Students work in both lab and classroom settings using industry-standard software and the VEX® Robotics platform. Priority will be given to students who are progressing in the Engineering Design Pathway and choose this as one of their “First 6” classes.</p>		

8260: Digital Electronics		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
Location: Fremont		
<p>Recommended: Completed Introduction to Engineering Design, Principles of Engineering, Physics or Honors. This course explores the foundation of modern electronic devices such as mobile phones, and MP3 players, computers. Students are introduced to applied logic through computer simulation software that allows them to construct and test digital circuits. Priority will be given to students who are progressing in the Engineering Design Pathway and choose this as one of their “First 6” classes.</p>		

INDUSTRY SECTOR: HEALTH SCIENCE & MEDICAL TECHNOLOGY

7900: Sports Medicine		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Location: Fremont		
This program is designed to educate student in the field of Sports Medicine and other allied health professions. The field of Sports Medicine will be explored, including care and prevention of injuries, protective taping and wrapping techniques, stretching methods, overall wellness, and basic anatomy and physiology. Additional hours outside the classroom to further enhance their learning, and give their instructor another method of evaluating student progress. Students who earn a "B" or better in the class may earn 3 units of UC/CSU transferable credit at Foothill College for Kinesiology 16A.		

INDUSTRY SECTOR: HOSPITALITY, TOURISM, AND RECREATION

5710: Introduction to Culinary Careers: Foods and Nutrition		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Location: Cupertino , Fremont, Homestead, Lynbrook		
This is a preparatory course addressing many aspects of food preparation including safety and sanitation, measurement basics, kitchen tools and uses, nutrition, basic food science, and meal planning and preparation. The goal of this course is to introduce the kitchen novice to the world of food and flavors. Students also will explore the array of careers in the food industry.		

5730: Culinary Food Science		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
Location: Homestead, Lynbrook		
Recommended: Passing grade in Biology and Algebra 1. This course applies chemistry, biology, and basic scientific principles in analyzing the processing of food and food products, the preparation of recipes along with concepts of food preservation, the packaging and marketing of foods as well as discussions about scientific advances or consumer demands and the resulting effects on world food issues. The course takes a hands-on approach to learning through the preparation of foods by understanding the "how" and "why" of a recipe, and develops a student's knowledge of the role of food in respect to its nutritional, social, historical, environmental and industrial contexts using research, reasoning, and prior knowledge. In accordance with the standards of Career Technical Education, the students will also learn about nutrition, sensory evaluation, and the safe handling of food through the use of written lab reports and kitchen lab experiments. Priority will be given to students who are progressing in the Hospitality Pathway and choose this as one of their "First 6" classes.		

7760: Culinary Careers		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Location: Cupertino , Fremont		
Recommended: Intro to Culinary Careers: Foods and Nutrition. Culinary Careers is an intermediate course in food preparation. The student will review safety, sanitation, nutrition, and time management. This course delves deeper into meal planning and offers more opportunities for creativity and recipe creation. Culinary Careers will introduce aspects of the restaurant business. The goal is to allow the students to explore their interest in the culinary arts for personal enjoyment or as a possible career option. Priority will be given to students who are progressing in the Hospitality Pathway and choose this as one of their "First 6" classes.		

7765: Culinary Careers 2: Hospitality & Management		
Grades: 11-12	Credits: 10	UC/CSU Requirement: N/A
Location: Cupertino , Fremont		
<p>Recommended: Intro to Culinary Careers: Foods and Nutrition & Culinary Careers. This is an advanced course which encompasses all aspects of the restaurant business including food preparation, safety and sanitation, menu planning, and nutrition. This course will prepare students for an above entry-level job in restaurants, or for an institution of higher learning for a career in Food Service. Students will refine their cooking skills, sanitation practices and creativity by group and independent lab work, reading and writing assignments, classroom projects and home cooking assignments. This course will prepare students who are interested in pursuing ServSafe certification. Priority will be given to students who are progressing in the Hospitality Pathway and choose this as one of their "First 6" classes. Students who earn a "B" or better in both Culinary Careers and Culinary Careers 2 may earn 5 units of CSU transferable credit at Mission College for FDR 051: Basic Food Preparation.</p>		

INDUSTRY SECTOR: PUBLIC SERVICES

4850: Law		
Grades: 10-12	Credits: 10	UC/CSU Requirement: g
<p>Recommended: None. This class provides students with the legal skills necessary for them to survive in today's world and presents a snapshot of the legal profession in order to give students the opportunity to explore legal careers. The topics covered include: legal ethics, procedural law, criminal law, personal injury law, contract law, law for the minor, real and personal property law, employment law, trial procedure, and the law of evidence. Students learn life skills like how to protect one's rights while observing the rights of others, landlord and tenant relationships, and how to avoid certain types of fraud and identity theft. Critical thinking skills will be developed as students read complex text closely and analyze fact patterns critically. Students will practice the skills of collaboration and public speaking through participation in Socratic seminars, debates, group projects, and mock trials.</p>		

INDUSTRY SECTOR: TRANSPORTATION

7530: Automotive Technology 1		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Location: Fremont		
<p>The Automotive Technology program is designed to provide pre-employment training to students for entry-level employment in the automotive service industry. Employment possibilities include parts assembly technician, technician helper, lube technician, tune-up technician and tire changer. Automotive Technology 1 provides students both theory and hands on experience in the following areas: shop safety, brakes, automatic transmission, electrical systems, suspension systems, air conditioning/heating and diagnosis and trouble-shooting repair procedures. Job search skills, business ethics, appropriate communication skills for the marketplace, and job retention skills, including attendance, punctuality and proper work attire will be reinforced at all levels of instruction.</p>		

7535: Automotive Technology 2		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A
Location: Fremont		
<p>Recommended: Automotive Technology 1. Automotive Technology 2 reinforces and builds on knowledge and skills developed in Auto Tech 1, and introduces advanced topics in diagnostics, engine</p>		

performance, and fuel injection systems. Priority will be given to students who are progressing in the Transportation Pathway and choose this as one of their “First 6” classes.

GENERAL CAREER EDUCATION

7730: Training for Transitions		
Grades: 11-12	Credits: 10	UC/CSU Requirement: N/A
Location: Cupertino , Fremont, Homestead		
<p>Required: Approval of instructor. This program is for adolescent students at risk and/or in special education aged 16 to 21 (up to two years). The importance of community based and on-the-job training is an effective means of developing solid job skills and exploring career options. We utilize the classroom in conjunction with job exploration to expose the student to work opportunities. The students receive school credits toward their graduation. This is a course study – the program is broken into three (3) stages as follows:</p> <ul style="list-style-type: none"> ● Classroom Instruction ● Community Classroom ● Work Exploration and possible Work Experience Opportunities 		

8040: Work Experience		
Grades: 11-12	Credits: 5 to 20 per year	UC/CSU Requirement: N/A
<p>Students who are employed may choose to enroll in Work Experience with priority given to seniors who need credits toward graduation or need to work. Throughout their time in the program, students develop and complete a portfolio, which demonstrates research about multiple career paths alongside the abilities, knowledge, and skills gained through Work Experience. Credit is granted each semester, and is based on a combination of completion of coursework, attendance at class meetings, employer/teacher evaluations, and hours of employment. Students interested in this course should contact their Guidance Counselor.</p>		

VISUAL AND PERFORMING ARTS

Courses for the following subject areas can be found in this section:

Art
Music
Theatre and Performing Arts

These courses all satisfy the FUHSD Fine Arts credit category.

HIGH SCHOOL GRADUATION

Art, Music, and Theatre and Performing Arts courses are electives under **Fine Arts**. A student must earn 10 credits in two out of three selective elective areas (**Fine Arts, World Languages** and **Applied Academics**). For example, if a student earns 10 credits in a **Fine Arts** course, he/she would still need 10 credits from either **World Languages** or **Applied Academics** to satisfy the graduation requirement.

UC ELIGIBILITY

“F” Visual and Performing Arts (VPA) – 1 year required. A student must earn 10 credits and a grade of “C” or higher in a single, yearlong approved VPA course. See individual course descriptions for specific information about UC/CSU eligibility.

ART

The visual arts are part of the “basics.” They communicate forcefully and directly. Students who learn the symbolic structure of the visual arts can respond to and symbolize their experiences in ways that are not dependent on the coding and decoding of verbal language. These skills are especially important in the American culture where information is transmitted both visually and verbally. Experiences in the visual arts lead to the formation of enduring attitudes, values, and satisfying accomplishments.

The University of California requires one year of Visual/Performing Arts. Courses with the “f” notation for the UC requirement have been approved as meeting UC entrance requirements. The California State University System (CSU) also requires one year of a Visual/Performing Art course for admission to their system. All courses approved by UC are also approved by CSU as meeting the Visual/Performing Arts admissions requirement.

6110: Art 1		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
This is an introductory course that provides the student an opportunity to explore the elements of design such as line, shape, color, form, value and texture through the use of various media including drawing, painting printing making and collage. Basic visual literacy and visual communication skills will be instructed. A basic survey of art history will be covered.		
6120: Art 2		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in Art 1. This is an intermediary art course. Further refinement of drawing and painting skills will be the primary focus, but various art making practices and new media may be introduced such as pastel painting, colored pencil, mixed media, scratchboard, and mask painting. Visual literacy and visual communication skills will be further developed. Historical and contemporary topics will be evident in student work and /or through class discussion.		
6130: Art 3		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in Art 2. This is an advanced level course focused around a specialized area of art and / or around the exploration of a variety of media and techniques. In addition, Students will be directed in developing their own creative voice and work for a portfolio. Advanced visual literacy and visual communication skills will be further developed. Historical and contemporary topics will be evident in student work and /or through class discussion.		
6140: Art 4		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in Art 3. This is an advanced course that is focused on creative problem solving and visual communication. Students in this course will explore and refine a field(s) of concentration such as drawing or painting or appropriate media and work in depth toward the development of a portfolio that may be used for entrance into an art school or for career oriented purposes. Students who enroll should be capable of self-direction and independent study. Historical and contemporary topics will be evident in student work and/or through class discussion. This course is designed to provide opportunities for students to build their art-making skill sets through hands-on practice, critiques and the study of the history and purpose of visual art.		

6210: 3D Design 1		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
This is a basic design course for students primarily interested in three-dimensional materials. Design for both aesthetic and functional objects is emphasized. Whether the objects are utilitarian or aesthetic, a regard for quality of workmanship and design is stressed. Not only do students explore a variety of media such as clay, leather, wood, metal, enamels, etc., they also gain an appreciation for handcrafted articles as they reflect our past and present culture.		

6220: 3D Design 2		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in 3-D Design 1. Students will further their knowledge and appreciation of design with more depth and complexity, as well as increase their skills in handling materials and tools. Various new media are introduced and experimentation and individualized instruction are encouraged. The skills learned are useful for future employment in an art-oriented occupation, for communicating ideas and preparing for further education.		

6230: 3D Design 3		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in 3-D Design 2. For the advanced design student who has professional or vocational goals in a particular area. The student will develop a high level of skill in a specific medium. The student will be encouraged to make contact with professional people in their specific fields and research techniques in the medium, culminating with a brief report. Specific projects will result from a student/teacher conference that will outline the projects to be completed each semester.		

6240: 3D Design 4		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: C or better in 3-D Design 3. This course is for the advanced student of three-dimensional art who has professional or vocational goals in a particular area. The student will develop a high level of skill in a specific medium, research techniques in the medium and be encouraged to make contact with professionals in the area, culminating with a brief report. The projects to be completed each semester will be outlined in a student/teacher conference.		

6440: AP Studio Art: Drawing 6450: AP Studio Art: 2D		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: B or better in Art 2, or evaluation of student portfolio. This course is designed for the student who is seriously interested in art as a potential college major or career. The curriculum will include the development of a portfolio that may be used for college admission and submitted to the College Board for the AP Examination. Students will be required to complete homework assignments outside of class and to maintain a sketchbook.		

MUSIC

Music plays an essential role in the education of all students. Music is a unique language for expression... Music is intellectually stimulating and challenging... Music is part of every culture, and its place in each culture is significant.

—from California’s Visual and Performing Arts Framework

Music is part of the learning experience for all students in California’s elementary and secondary schools. A balanced and comprehensive education program requires that music be included as a discrete discipline in the visual and performing arts curriculum. Strong music education programs contribute significantly to the development of knowledge, understanding and appreciation of our culturally diverse society. Effective music instruction is organized to respond to this need and must meet this challenge.

7030: B Choir		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
This choir is a beginning vocal group. It contains the basic introduction of the first year of high school vocal music. The techniques of vocal production and sight singing are explored. This choir performs for local school and community events.		

7040: Advanced Treble Choir		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. The course content includes work on tone production and quality, breathing, diction and general musicianship and the study and performance of three and four part music for treble voices. This choir performs for local school and community events.		

7060: A Choir		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. The students will experience a large mixed choir that provides the opportunity to perform large choral works. This choir performs for local school and community events.		

7080: Small Mixed Vocal Ensembles		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. This is a small musical group of students who perform on occasions when a larger group would be excessive. The music performed covers different styles from Renaissance to contemporary.		

7130: Symphonic Band		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. This is a continuation of Concert Band work, with more detail in individual techniques and skills. It provides continued study of band literature, with stress on a larger and more challenging repertoire. The symphonic band performs concerts.		

7140: Wind Ensemble		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. This select group of about 50 is formed by audition only. It is for the serious, advanced musician only, and performs more difficult high school and some college-level music. The wind ensemble performs concerts.		

7240: Orchestra		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. The course content involves the study and performance of ensemble and orchestra literature, intermediate and advanced string technique and musicianship.		

7250: Chamber Orchestra		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
Recommended: Audition or approval of instructor. This course is offered to advanced level students who will study and perform string/orchestral literature for continuing individual technique development on his/her instrument. Advanced/professional level music will be studied and performed from all historical periods of music.		

7320: Music Genesis		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
This course is open to all students interested in the basic elements and concepts of music through the study of Rock, Jazz and Classical music. No previous musical knowledge is required. Class content is based on listening and music videos.		

THEATER AND PERFORMING ARTS

The theatre arts emphasize the use of the intellect as well as the development of sensitivity, creativity, and the capacity to make reasoned, aesthetic decisions while exploring the range of human experience. As language is a primary component of drama, students develop poise, confidence, ease, and versatility in verbal presentation. There are several ways to enter into theatre arts, but always these courses result in successful interactions, performances, and products.

The University of California requires one year of Visual/Performing Arts. Courses with the “f” notation for the UC requirement have been approved as meeting UC entrance requirements. The California State University System (CSU) also requires one year of a Visual/Performing Art course for admission to their system. All courses approved by UC are also approved by CSU as meeting the Visual/Performing Arts admissions requirement.

6710: Drama		
Grades: 9-12	Credits: 10	UC/CSU Requirement: f
<p>This course is for those students who want introductory training in acting. Class emphasis is on voice, movement, improvisation, mental preparation, script preparation and various acting techniques. Course study may include the history of world theatre and theatre’s contributions to world cultures with representative readings of excellent plays from all cultures and eras; the formulation of criteria for personal evaluation of dramatic literature, performance and production; continued instruction in voice, staging and character analysis; playwriting techniques; directing techniques; rehearsal and performance for an audience.</p>		

6720: Advanced Drama		
Grades: 10-12	Credits: 10	UC/CSU Requirement: f
<p>Recommended: Drama. This course is for those students who want more advanced training in acting. Course work emphasizes reading, viewing, performing and analyzing dramatic works. Course study may include the history of world theatre and theatre’s contributions to world cultures with representative readings of excellent plays from all cultures and eras; the formulation of criteria for personal evaluation of dramatic literature, performance and production; continued instruction in voice, staging and character analysis; playwriting techniques; directing techniques; rehearsal and performance for an audience.</p>		

6730: Advanced Drama Honors		
Grades: 10-12	Credits: 10	UC/CSU Requirement: f
<p>Recommended: Advanced Drama. This course is for those students who are most interested and practiced in studying acting and the theater. Course study will be based on the skills and knowledge developed in the previous Drama courses and will help students to continue on to more advanced levels of dramatic study. Students will be expected to have a solid foundation of dramatic principles and practices.</p>		

WORLD LANGUAGES

In an ever-changing and interconnected world, students need to develop cross-cultural understanding and communication skills in order to enhance their ability to compete in a global economy. The primary goal of the World Languages Department is to provide students the opportunity to develop proficiency in a language other than English. World Language courses are aligned to the California Content Standards for World Languages and to the American Council for the Teaching of Foreign Languages (ACTFL) standards.

Students will develop communicative competence in the target language, both in spoken and written form. Classroom instruction is conducted primarily in the target language, with an emphasis on real-world applications so students develop their ability to interact with speakers of the target language. Diverse learning styles are taken into consideration when developing class activities. Students will build their understanding of the structure of the target language by drawing comparisons to their own languages, which in turn will enhance their awareness of their own language structure. Through their study of the language, students will learn the cultural heritage of other lands and become acquainted with customs and thoughts of other people.

HIGH SCHOOL GRADUATION

World Languages is a selective elective area. A student must earn 10 credits in two out of three selective elective areas (**Fine Arts**, **World Languages** and **Applied Academics**). For example, if a student earns 10 credits in a **World Languages** course, he/she would still need 10 credits from either **Fine Arts** or **Applied Academics** to satisfy the graduation requirement.

UC ELIGIBILITY

“e” Language Other than English (LOTE) – 2 years required, 3 years recommended. A student must earn 20 credits and a grade of “C” or higher in the same language other than English.

FUHSD offers courses in four languages: Chinese, French, Japanese, and Spanish. Course descriptions are listed by level and apply to all languages unless otherwise specified.

Level 1		
4010: Japanese 1, 4110: French 1, 4310: Spanish 1, 4410: Chinese 1		
Grades: 9-12	Credits: 10	UC/CSU Requirement: e
Students will learn to address elements of daily life in both oral and written form, gain a new perspective on the world as they are introduced to other cultures and traditions, and learn the fundamental grammatical structures of the language to convey meaning. Class activities will allow students to become proficient in reading, writing, listening and speaking the target language for real-world language use.		
Note: This course will be offered if interest and availability allows.		

Level 2		
4020: Japanese 2, 4120: French 2, 4320: Spanish 2, 4420: Chinese 2		
Grades: 9-12	Credits: 10	UC/CSU Requirement: e
Recommended: C or better in Level 1, or language skills check. The primary goal continues to be the development of communicative competence. Students will use the target language to reinforce and expand their knowledge and to acquire new information about the target language and culture. They continue to build their language skills through more advanced reading, writing, speaking, and listening activities.		
Note: This course will be offered if interest and availability allows.		

Level 3		
4030: Japanese 3, 4130: French 3, 4330: Spanish3, 4430: Chinese 3		
Grades: 9-12	Credits: 10	UC/CSU Requirement: e
<p>Recommended: C or better in Level 2, or language skills check. Students will learn more advanced vocabulary and grammar, and will improve communicative competence in the target language. More formal writing skills begin to be developed. Cultural study promotes a deeper understanding of the people who speak the language. They will begin to develop the ability to understand the language spoken at the pace of a native speaker. The course will be conducted primarily in the target language.</p>		
<p>Note: This course will be offered if interest and availability allows.</p>		

Level 4 Honors		
4040: Japanese 4 H, 4140: French 4 H, 4340: Spanish 4 H, 4440: Chinese 4 H		
Grades: 9-12	Credits: 10	UC/CSU Requirement: e
<p>Recommended: C or better in Level 3, or language skills check. The course includes advanced grammar and vocabulary. The goal will continue to be communicative competence, with an emphasis on understanding and using more complex and precise language. The students read and respond to a variety of texts in the target language to reinforce and expand their language skills. There is a focus on writing well-structured responses to a variety of prompts. The study of culture continues to be an integral part of the course. Level 4 Honors is conducted entirely in the target language.</p>		
<p>Note: This course will be offered if interest and availability allows.</p>		

Level 5 AP		
4050: AP Japanese Language & Culture, 4150: AP French Language & Culture, 4350: AP Spanish Language & Culture, 4450: AP Chinese Language & Culture		
Grades: 9-12	Credits: 10	UC/CSU Requirement: e
<p>Recommended: C or better in Level 4 Honors, or language skills check. The Advanced Placement course aims to develop overall fluency in the language. Students will continue to expand and refine their skills with college level coursework. The course prepares students to demonstrate their advanced level of proficiency across three communicative modes: interpersonal (interactive communication), interpretive (receptive communication) and presentational (productive communication). Students will hone their ability to respond to written material, both fiction and non-fiction, as well as a variety of multimedia. One of the goals of the course is to prepare students for the AP Language Exam. A student may receive college credit by earning a passing grade on this national exam.</p>		
<p>Note: This course will be offered if interest and availability allows.</p>		

NON-DEPARTMENTAL/GENERAL ELECTIVES

The Fremont Union High School District offers a selection of Non-Departmental elective courses that are not connected to any of the other departments listed in this guide. These courses offer students opportunities and/or supports that are not subject-specific. Some of these courses require that students meet specific criteria or must be selected to enable enrollment.

HIGH SCHOOL GRADUATION

Non-departmental elective courses may be applied to the 60 credits needed in the Elective area.

UC ELIGIBILITY

“g” College Prep Elective – 1 year required. A student must earn 10 credits and a grade of “C” or higher in a single, yearlong approved course. See individual course descriptions for specific information about UC/CSU eligibility.

8290: Leadership		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Required: Students must hold some type of office through elections or interviews. In this course, students will develop leadership skills that will be utilized in planning and presenting schoolwide activities and programs. Community involvement will be expected via activities in the elementary schools such as conflict resolution, peer tutoring, performances, or presentations, as well as attendance at local government meetings and assistance with community programs such as food drives and multicultural activities. Other examples of activities may include but are not limited to: rallies, lunch-time activities, dances, student and staff recognition, homecoming, Students will be active participants in planning and presenting the course and their work will be assessed through actual presentations and portfolio development. This course is repeatable.		

Advancement Via Individual Determination (AVID)		
8410: AVID 9, 8420: AVID 10, 8430: AVID 11, 8440: AVID 12		
Grades: 9-12	Credits: 10	UC/CSU Requirement: N/A
Required: Enrollment in this course is by application/selection only. The AVID course is designed to offer students the opportunity to develop their study skills, enhance their organizational techniques, and refine their academic preparation for college. The focus of skill building will be in the areas of expository writing, note-taking, oral communication, and collaborative inquiry. This class is designed for capable and determined students whose academic success in rigorous courses may not reflect their ability. An application and selection process is required for enrollment.		

School Service Tutor		
8460: AVID Tutor, 9090: Student Tutor		
Grades: 11-12	Credits: 0-10	UC/CSU Requirement: N/A
Recommended: Permission of supervising teacher/staff and completion of tutor training workshop if offered. This course is designed to provide an opportunity for students to give school service by tutoring special needs students during a regularly scheduled class or students in the regular program who only need academic assistance. Students are also expected to give time to tutoring outside of the regularly scheduled class. Students have the opportunity to learn about different learning styles, to value diversity, to give service and to explore teaching as a career.		

School Staff/Teacher Assistant		
9030: Teacher Assistant, 9050: Lab Assistant,		
Grades: 10-12	Credits: 10	UC/CSU Requirement: N/A

Recommended: Approval of staff member student will work for and administrator. Students enrolled in these courses will work with teachers and clerical staff and receive work simulation experiences.

Students may earn a maximum of 20 credits in these classes during their 4 years of high school.

ADULT ED, SECONDARY ED, AND SUMMER ACADEMY PROGRAMS

Fremont Union High School District offers a variety of alternative education programs. Each unique, innovative program provides specialized opportunities that lead to high school graduation, diploma equivalency testing, continuing educational opportunities and/or vocational/career training. Each program is set up on a voluntary basis allowing the student to self-select according to perceived needs. All programs require special applications and most require student-parent interviews.

Each alternative program is unique in its structure and method for reaching individual needs. Each also provides a strong instructional program based on district objectives and district wide curricular guidelines. Through the process of meeting different needs along varied avenues, the district provides the best education possible for all students.

The directory below serves as a resource to administrators, parents, and students to explore opportunities to develop educational plans for students who need special arrangements, creative and innovative programs to complete their education.

Adult Education - GED Prep	High school students who are at least 17 1/2 may be released from high school to attend the GED Preparation Program. The program is designed to prepare students to pass the GED. GED classes are held in the mornings and evenings at the Adult Education Center.
Adult Secondary Education (ASE)	A program which leads to an adult high school diploma. Students have the option of a traditional seat-time class or independent study. ASE is open to adults who are a minimum 18 years of age and whose high school class has graduated. Call the Adult Education Center for an appointment to enroll.
College Now	College Now is open only to seniors. Students will take US Government/Economics and English during periods 1 and 2 at their high school site and then take 12-21.5 units on the De Anza College campus. The students are considered co-enrolled at the home high school as well as De Anza College. These are students who exhibit high levels of maturity and responsibility and are ready to leave the high school campus. Placement into the EWRT 1A English course as determined by the De Anza English placement test is required. Ten seniors from each campus will be selected from a lottery.
Community Day School	A small essential school designed to meet the educational needs of expelled students, and students transitioning from the juvenile justice system. The program is located in the Educational Options Center directly behind the District Office. The primary mode of instruction is direct teaching in all major subject areas. Meets five days per week, six hours a day.
Customized Learning Program (CLP)	An alternative program designed for students who want to complete credits towards a high school diploma in a modified independent study environment. Students will be enrolled in a 2 hour per day 'learning recovery' class. Utilizing the OdysseyWare online platform, small group work and in-class projects, students will have the opportunity to complete high school credits needed for graduation. Students will be expected to spend an additional 3-4 hours a day in diploma-track activities. Students will work with the teacher to customize a schedule to complete these additional credits using community college classes, home high school classes, Work Experience, internships etc.
EXCEL	A credit recovery course created to provide students with the opportunity to earn the amount of high school credits needed to graduate. A Guidance Counselor and/or AP determine admission to the program. The course(s) of focus are determined and the student, parent and EXCEL teacher sign a contract.

Home Teaching	Teachers provide instruction to students who are medically excused from school due to a temporary but extended medical disability, which is projected to continue for a minimum of three weeks. Physician verification is required.
Educational Options Resource	A program designed for Special Education students who have struggled within the comprehensive high school setting. One to one directed study, in combination with career/job training and transitions to work program, helps students gain academic skills while working toward a high school diploma or GED certificate and preparing for future employment.
Middle College	This is a model collaborative program between FUHSD and De Anza College designed to challenge 11th and 12th grade students who are academically very capable but, for a variety of reasons, are not performing up to their potential. Students benefit from the teaching and support services of both institutions.
Night School – Concurrent Enrollment	A program offered as an additional opportunity for 11 th and 12 th grade students to make up credits or recover A-G eligibility in English and Social Science classes. Classes are available to 10 th grade students on a space available basis. Classes are held at Fremont, Homestead and Cupertino High School after school. 3 sessions run each year in the Fall, Winter and Spring. Students must register by completing an application with their high school Guidance Counselor.
Summer Academy	This is a six-week summer session for students within the Fremont Union High School District. The Summer Academy program is designed for students deficient in credits and/or skills required for high school graduation. Limited spots are available for A-G recovery in English and Social Science. Students may earn 5 to 10 credits during the summer.
Terra Nova	Terra Nova is a personalized learning community designed for 10 th and 11 th grade students who, while academically capable, have not performed well in the past. Located on the Cupertino High School (CHS) campus, the program is for high potential students still within the reach of graduation. Factors impacting their success may include social, emotional or family issues. All Terra Nova students are assigned to an advisor and have access to a licensed therapist. Academic classes with Terra Nova instructors include: 10 th grade English, World History, and Study Skills; 11 th grade English and Study Skills. Students have the opportunity to take additional classes on the CHS campus as well.
VISTAS	An alternative education program located in the Educational Options Center designed for 11 th or 12 th grade students who lack a connection to high school, are significantly behind in credits and/or are not going to graduate. Students should be open to considering multiple options during the program: GED; CHSPE; ROP; certificate programs available through community college or Adult Education; and/or transition to work.
Work Experience Education (WEE)	Students who are employed may choose to enroll in Work Experience with priority given to seniors who need credits toward graduation or need to work. Throughout their time in the program, students develop and complete a portfolio, which demonstrates research about multiple career paths alongside the abilities, knowledge, and skills gained through Work Experience. Credit is granted quarterly, and is based on a combination of completion of related instruction, attendance at class meetings, employer/teacher evaluations, and hours of employment. Students interested in this course should contact their Guidance Counselor.

ALTERNATIVES TO GRADUATION WITH A HIGH SCHOOL DIPLOMA

California has approved exams that students may pursue as equivalent to a high school diploma. Students interested in one of these options should carefully consider their post-secondary goals as these tests may not fulfill all requirements for future education or employment. For more information about these equivalency tests and where they are recognized, please refer to the California Department of Education's websites, listed below.

Passing one of these tests does not exempt a student from attending school unless he or she is 16 or over and has verified parental permission to leave early. Contact your Guidance Counselor or Assistant Principal for more information.

California High School Proficiency Exam (CHSPE)

The California High School Proficiency Examination is a test for students who need to verify their high school level skills. Students who pass the CHSPE receive a Certificate of Proficiency from the California Department of Education. For more information, please refer to the California High School Proficiency Exam website: <http://www.chspe.net/>.

High School Equivalency Tests: General Education Development (GED), High School Equivalency Test (HiSet), Test Assessing Secondary Completion (TASC)

These three tests are approved in California as high school equivalency tests. For more information, please refer to the California Department of Education's High School Equivalency Tests website: <http://www.cde.ca.gov/ta/tg/gd/>.