

# Family Life Education Informational Meeting

Grades 6 - 8

## **Mission Statement:**

The mission of the Family Life Education Department is to provide a medically accurate and age-appropriate human development and sexuality education that encourages parent/child communication, promotes abstinence and enables students to make responsible decisions regarding their health and sexuality.

## **Welcome!**

Family Life Education

Grades 6 – 8

New Hanover County Middle Schools

<http://www.nhcs.net/familylife/>

## **History:**

- 1981: Gr. 5
- 1985: Gr. 6 (Stepping Stones)
- 1990: Gr. 7 (Stepping Stones)
- 1992: Gr. 8 (Stepping Stones)
- 1993: Gr. 6-8 (AUM program: BOE initiated)

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### **NORTH CAROLINA TEEN PREGNANCIES HIT RECORD LOW FOR 7TH CONSECUTIVE YEAR**

State achieves 2020 teen pregnancy goal 6 years early

North Carolina:

1981: 91.5 per 1000

2015: 30.2 per 1000

New Hanover County: SHIFTNC: 2014

2014: 24 per 1000

### **Options: (\*3)**

Stepping Stones to Better Living: Responsible Decisions

My Life: Choices Today for a Healthy Tomorrow

Opt Out

*\*We're not aware of any other counties in the state that offer a two-track sexuality education program.*

### **Family Life Teachers: (4)**

Certified Health Educators

Licensed in NC

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### TEACHER: MY LIFE

James Castiglione (*james.castiglione@nhcs.net*)

Murray  
Noble  
DC Virgo  
Trask  
Williston  
Holly Shelter  
Roland Grise  
Myrtle Grove

### TEACHERS: STEPPING STONES

Mary Riley, MPH (*mary.riley@nhcs.net*)

Holly Shelter  
Trask  
Williston

Margie Shuffler (*margaret.shuffler@nhcs.net*)

Holly Shelter  
Murray  
Noble

Jenn Tucker (*jennifer.tucker@nhcs.net*)

DC Virgo  
Myrtle Grove  
Roland Grise

### Logistics

Offered in all grade levels (6-8)  
Parental consent must be on file (BOE policy)  
"Sign-Up Process"  
Election cards  
PowerSchool (online)  
Pulled from PE/Health  
7 - 14 days  
Students receive a grade for course

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### TOPICS: STEPPING STONES

GRADE 6	GRADE 7	GRADE 8
<ul style="list-style-type: none"> <li>Self Esteem</li> <li>Puberty</li> <li>Reproductive Systems</li> <li>How Life Begins</li> <li>Fetal Development</li> <li>Childbirth</li> <li>Resources for Safety</li> <li>HIV/AIDS</li> <li>Abstinence</li> <li>Parent/Child HW</li> </ul>	<ul style="list-style-type: none"> <li>Abstinence</li> <li>Media Influences</li> <li>Healthy Relationships</li> <li>Ways to Express Affection</li> <li>Pressure Lines &amp; Refusal Skills</li> <li>Group Dating</li> <li>Sexual Harassment</li> <li>Technology Safety Systems</li> <li>Contraceptive Education</li> <li>STDs and HIV/AIDS</li> <li>Parent/Child HW</li> </ul>	<ul style="list-style-type: none"> <li>Abstinence</li> <li>Healthy Relationships</li> <li>Setting Personal Limits</li> <li>Assertive Communication &amp; Refusal Skills</li> <li>Safety in Dating</li> <li>Sex Trafficking</li> <li>STDs and HIV/AIDS</li> <li>Cancer Self-Exams (same sex classes)</li> <li>Contraceptive Education</li> <li>Parenting</li> <li>Parent/Child HW</li> </ul>

### TOPICS: MY LIFE

GRADE 6	GRADE 7 (Coed)	GRADE 8 (Coed)
<ul style="list-style-type: none"> <li>Goal Setting</li> <li>Friendships &amp; Decision Making</li> <li>Physical Changes (Puberty)</li> <li>Male Reproductive System</li> <li>Female Reproductive System</li> <li>Personal Safety &amp; Technology</li> <li>Sexual Harassment &amp; Abuse</li> <li>Effective Communication</li> <li>Question Box</li> </ul>	<ul style="list-style-type: none"> <li>Advantages of Abstinence</li> <li>Goal Setting</li> <li>Pressure Lines &amp; Refusal Skills</li> <li>Review: Reproductive Systems</li> <li>Dating &amp; Family Standards</li> <li>Healthy &amp; Unhealthy Relationships</li> <li>Sex Trafficking</li> <li>Cycle of Violence and Abuse</li> <li>Culture &amp; Media Influence</li> <li>STDs and HIV</li> <li>Question Box</li> </ul>	<ul style="list-style-type: none"> <li>Advantages of Abstinence</li> <li>Social, emotional, physical, financial, legal consequences of teen sex</li> <li>Responsibilities of parenting</li> <li>STD/HIV</li> <li>Sexual Abuse, Rape &amp; Statutory Rape</li> <li>Sex Trafficking</li> <li>Advocacy: advice scenarios</li> <li>Question Box</li> </ul>

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### **What is the difference between the two programs?**

Contraceptive education is included in the Stepping Stones curriculum in grades 7 and 8.

My Life discusses the typical-use failure rate among teens in grade 8. (CDC stats)

### **If my child does not take a program, what will he/she do while others are in participating?**

Your child will remain in PE/Health.

### **Does our child HAVE to take one of these classes?**

No. You can choose to OPT OUT of Family Life Education.

The material covered in these programs is part of North Carolina's Health Education Essential Standards (Grades 6-8).

### **Can we switch our child between programs from year to year?**

YES!

Your child can take either program in any grade.

The choice is always YOURS.

### **Can our child take BOTH programs in one year?**

Unfortunately no, due to staffing.

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### **Are boys and girls taught together?**

Yes and no, depending on program, grade and school.

Refer to the Program Descriptions handout for additional information.

### **How will I know when my child begins a FLE program?**

Your child will bring home a letter on the first day of either program.

### **I heard you give out condoms. Is that true?**

No, per NHCS Board policy and state law.

### **What is the best way to contact the FLE teachers?**

Email.

#### **STEPPING STONES:**

mary.riley@nhcs.net

margaret.shuffler@nhcs.net

jennifer.tucker@nhcs.net

#### **MY LIFE:**

james.castiglione@nhcs.net

**Family Life Website:** <http://www.nhcs.net/familylife/>