

UPPER SCHOOL COMMUNITY SERVICE 2018-19

Dear Upper School Students and Families,

Below is a description of the various opportunities Chadwick offers for service to the greater community. Although there is no requirement for service in the Upper School, over 70% of the Upper School chooses to enroll in a weekly service elective each year and 95% of our students participate in the program at some point in their high school experience. While many of the activities below are weekly service experiences that require class enrollment, we also offer opportunities for students to participate who are not able to make a weekly commitment. We encourage all students to get involved!

VOLUNTEER “WHEN YOU CAN” ACTIVITIES

FOR THE HOMELESS AND HUNGRY

Family Hunger Banquet

Chadwick students and families are invited to a meager dinner, after which we will package 10,000 nutritious meals to be sent to service and relief agencies throughout the world. This year’s banquet will be held at Chadwick on **Tuesday, November 13**, at 6:00 p.m. in Christensen Hall.

Soup Kitchens

Chadwick students volunteer at a variety of programs that serve the homeless and poor in the greater Los Angeles area. Dates are scheduled on a monthly basis and both families and students are encouraged to attend. Students may volunteer as their schedules dictate. Service with **Shared Bread – Wednesdays, 5:30P – 7:30PM on 10/31, 11/28, 1/30, 2/20, 4/17, 5/29; Midnight Mission 12/9, and 5/19, 3-6PM; Journey of Faith – third Thursdays, 5:00 – 7:00PM.**

SERVICE TRIPS

The Salinas Project

Chadwick students spend a long weekend working with the Sherwood Elementary School community in Salinas, California. We will travel to Salinas in school vehicles on Thursday and return to Palos Verdes on Sunday. While in Salinas, we will work in the classroom all day on Friday and host a dinner and education night for families that night. On Saturday we will offer educational workshops and/or field trips. We will stay at a migrant camp in the evenings. This experience will give our students insight into the migrant farmworker community in California and provide the opportunity to practice their Spanish skills. Trips are scheduled for the weekends of **10/4-7 and 3/7-10.**

24 Hours of Homelessness

Students encounter homelessness first-hand and learn about the challenges this social crisis has created for our cities. Students spend the night at the Los Angeles Mission, prepare and serve meals to the clientele, participate in the evening religious service, and tour the Skid Row neighborhood in downtown LA. **11/30-12/1 and 5/17-18.**

Spring Break Community Service Trip to Vietnam

Viet Nam, with a rich cultural and political history, offers great opportunities for both community service and language immersion. From its French Colonial past to its ties to United States history, Viet Nam is an incredible setting for learning. Students will have a six-day homestay and service experience with families in the north, experiencing a lifestyle and culture different from their own. Following our homestays we will spend some time exploring Viet Nam itself, including HaLong Bay, Hanoi, and, time permitting, a visit to Siem Reap in Cambodia. Trip dates are **March 22 to April 4.**

FOR THE ENVIRONMENT

Environmental Restoration

Chadwick students and families are encouraged to help clean and restore local habitats on select dates throughout the year. Trail work with the Palos Verdes Peninsula Land Conservancy on will be on **1/12** from 9:00 to noon at a site to be determined. Two beach cleanups will take place at RAT Beach from 10:00 a.m. to noon on **9/15 and 5/4**.

Docent with Los Serenos (weekends as scheduled)

Become a Junior Docent [CLICK HERE](#) for volunteer application information. Los Serenos de Point Vicente is a volunteer organization which assists and supports the City of Rancho Palos Verdes' objectives for the Point Vicente Interpretive Center (a museum which features exhibits on the natural and cultural history of the Peninsula), Abalone Cove Shoreline Park, Forrestal Nature Preserve/Ladera Linda Community Center and the Trails at Trump National. Los Serenos docents and volunteers provide interpretive and educational services to the community regarding the unique features and natural and cultural history of the Palos Verdes Peninsula and adjacent waters by means of docent-led tours, special events, workshops and classes.

MEDICAL CARE AND WELLNESS EDUCATION

Community Helpline

The Community Helpline is a South Bay volunteer agency staffed by teens and supervised by adults providing over-the-phone information, referrals, and crisis intervention. Student volunteers first receive an extensive 40-hour training emphasizing communication skills and information pertinent to the Helpline, such as drug abuse, pregnancy, family problems, eating disorders, or suicide. Thereafter, students volunteer for 9-12 hours a month of telephone counseling.

Medical Post at Little Company of Mary Hospital, Torrance Memorial Medical Center, Children's Orthopaedic Hospital (times to be arranged)

These programs concentrate primarily on educating and training students in the support of patients and their nursing needs. Students' volunteer commitments vary depending upon the hospital, and may include attendance at meetings. Volunteer openings are limited and will be available for interested students on a first-come first-served basis.

ACTIVITIES WITH THE DISABLED

AYSO VIP Program

The AYSO VIP program gives children with special needs the opportunity to practice and play recreational soccer - jerseys, teammates, referees - the whole bit! There are no practices, and games are played every Saturday from 9:00 to 10:00 at Richardson Middle School in Torrance. Consistent participation is requested.

Friendship Club

The Friendship Circle offers after-school and weekend mentoring and friendship opportunities for students who are enrolled in high school special education programs. Chadwick students will host a monthly birthday and game night at Hawthorne High School in conjunction with their Friendship Club. Dates to be determined.

WEEKLY SERVICE ELECTIVES

ACTIVITIES WITH THE DISABLED

Canyon Verde (W or Th G, lunch and 7th period)

Canyon Verde is an activity and learning center for adults with special needs. The program served adults aged 18 and older who require guidance in fundamental life processes and learning opportunities. The daily program

emphasizes functional academics, independent living skills, social skill development, and pre-vocational activities. Student volunteers must complete an application form and provide a current TB test.

The Center for Learning Unlimited (W or F lunch and 7th period)

CLU is a WASC-accredited non-public day school that serves both publicly and privately-sponsored students with unique, complex learning challenges in grades K-12. The therapeutic educational environment is characterized by an emphasis on the development of both academic and social skills through relationship-based interventions. Chadwick students will partner with individual students to provide both mentoring and modeling of appropriate social activities.

Park Western Elementary School (M or Th lunch and 7th period)

Chadwick students work with children who are diagnosed as being learning disabled, educationally handicapped, or severely emotionally disturbed. These children especially are in need of emotional support as they struggle to develop rudimentary cognitive skills. Chadwick students provide them with friendship while assisting them with elementary academic tasks.

Willenberg School (M, W, or F lunch and 7th period)

Chadwick students work with high school aged students who suffer from physical and mental handicaps that preclude their placement in a typical academic setting. Willenberg School is a special education center, serving students aged 3 to 22 years who are autistic, orthopedically handicapped, and/or developmentally disabled. Chadwick students serve as behavior models and friends in a variety of classroom settings.

TUTORING SOCIALLY AND ECONOMICALLY DISADVANTAGED CHILDREN

Barton Hill School

Add On Math (W G, lunch and 7th)

Student-led program to develop fundamental math skills and confidence in third grade students. Chadwick students assess individual skills sets and develop goals for each student using rote memorization, math games, and prizes for achievement and participation.

Hands on Science (W G, lunch, and 7th)

Student-led program to nurture passion and confidence in scientific inquiry through experiential learning in a wide variety of hands-on experimentation. Chadwick students present a short introduction to the topic and the materials to perform a lab-based activity in three fifth grade classrooms. The program is currently full.

Maker Space (W G, lunch, and 7th)

Student-led program to help fourth graders enhance their creativity, collaboration, and problem-solving through carefully designed activities that meet state standards for science and technology.

Boys and Girls Club of the Los Angeles Harbor (San Pedro or Wilmington) (Tu lunch and 7th period)

The Boys and Girls Club serves the most at-risk children of the harbor community, sponsoring seventeen programs and serving over 2000 boys and girls daily. Programs include tutorial centers, reading and math programs, college bound support, life skills, arts programming, and leadership and character development. Student volunteers must have signed parent permission.

George de la Torre Elementary School (W and F lunch and 7th period, Th G, lunch, and 7th period)

Harbor City Elementary School (M,W, Th, F lunch and 7th period)

Hawaiian Avenue School (M lunch and 7th period)

President Avenue Elementary School (W lunch and 7th period)

These schools are large public elementary schools serving children in the LAUSD. Some of the students may have very limited ability in English. Chadwick volunteers provide remedial reading and math instruction for students who are academically at risk.

Head Start (M, T, W, F lunch and 7th period; Th G, lunch and 7th period)

Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families. We offer service opportunities at the Santa Cruz Head Start in San Pedro and the RFK Head Start in

Wilmington. Volunteers must have documentation for a current TB test and vaccination for flu, pertussis, and measles.

Lomita Math/Science Magnet School

Cultivating Happiness (W G, lunch, and 7th)

Student-led program to teach fifth grade students to take ownership of their nutrition and to make healthy life choices. Students work together to plant and harvest on-campus community gardens, to teach nutritional standards, and to use their harvest for healthy snack choices. The program is currently full.

Toberman Neighborhood Center (Tu lunch and 7th period)

Toberman is a neighborhood center in San Pedro with 15 human service programs including childcare, welfare to work, tutoring, an after-school safe haven, a continuation high school, a food pantry, and a thrift shop. Chadwick volunteers will offer homework and tutoring support to elementary school-aged students in the after school program.

ACTIVITIES WITH THE AGED

Little Sisters of the Poor Retirement Community (Th G, lunch, and 7th period)

The Little Sisters of the Poor Jeanne Jugan Residence is a Roman Catholic retirement community offering housing and care to the elderly poor. Chadwick students will engage the residents through weekly bingo games that foster friendship and camaraderie.

Ovations (M lunch and 7th period)

Chadwick Ovations is a choral group that entertains at various convalescent hospitals throughout the South Bay. Rehearsals occur at the beginning of the semester, and the group travels to perform on Monday afternoons thereafter. Participation in the Chadwick Chorus is required.

Royalwood Care Center (M, T, W, F lunch and 7th period)

Royalwood's clientele is both those in rehabilitative care and those in permanent, long-term convalescent care. Most, but not all, of the patients are elderly. Chadwick students visit the residents on a one-to-one basis and provide afternoon activities for groups of patients.

Clefangers

(W or F lunch and 7th)

String Theory is a string ensemble that performs at various convalescent and retirement communities throughout the South Bay. Students rehearse throughout the summer and include cello, violins, and viola.

Strums and Hums (Tu Lunch and 7th)

Strums and Hums is a guitar group that entertains at various convalescent and retirement communities throughout the South Bay. Students rehearse throughout the summer and newcomers are welcome to join!

ON-CAMPUS SERVICE

EcoCommunity (M and/or T lunch and 7th period)

Students in this activity perform a variety of activities directed toward the sharing and dissemination of information on a broad range of environmental issues. Activities include letter writing, lectures by guest speakers, and environmental restoration. Participants assist with the school recycling program and participate in a variety of fund raising activities in order to support worthy environmental causes. All student activities are credited toward the PV/South Bay Audubon Society's Youth Environmental Service Program.

VITA (Tu 7th period)

The IRS sponsors the Volunteer Income Tax Advisor program to prepare people to serve as tax preparers for those who cannot afford to pay for such support. Chadwick students will study for the exam during 7th periods on Tuesdays and then provide tax services to the community at designated locations in February, March, and April. Participants chosen through application process.

Community Service Advisory Board (M Lunch and 7th period)

Students selected in the spring of the prior year assist in the design, implementation, and evaluation of the various components of the Community Service program at Chadwick.

The Lab / Commodores (M or Tu 7th period)

Chadwick peer tutors from the Upper School offer academic support for Chadwick ninth and tenth grade students in The Lab (Monday) and Middle School students (Tuesday).