



ADULT SOCCER

Facilities

CER Adult Fall Soccer will be played at the Caswell Softball fields, or Caswell North fields.

Field Size

Dimensions: 25 yds wide x 40 yds long

Penalty Area: Box measuring 2-3 yds from each post, and 6 yds into field (deep)

Penalty Mark: 8 yds from the mid-point of the goal line Substitution Zones: 6 yds zone (3 yds on each side of halfway-line) on the bench side of the pitch

The Goal Size:

Equipment

Ball Size: #5 regulation Ball

Each player is responsible for supplying their own shin pads. Cleats are optional, but must be plastic or rubber. The referee reserves the right to ask any player to remove cleats they deem dangerous to any player or referee.

Game Length

Each game will comprise of two running-clock 20 minute halves with 5 minute halftime. The referee has the option to add up to 5 minutes of stoppage time, in the second half only, to account for game delays such as, but not limited to, injuries.

Game Result and Point System

The referee will report the game result for the standings.

3 points will be awarded for a win

1 points will be awarded for a tie

0 points will be awarded for a loss

Game Rules

All FIFA rules apply unless altered below.

Substitutions

Substitutions are unlimited and must abide by the restart rules unless an injury has occurred. A substitution may only occur during a stoppage in play such as: throw-in, corner kick, goal kick, or halftime.

Fouls and Misconduct

All the Free Kicks are indirect.

Slide Tackling

Sliding tackling is not permitted and will result in a yellow card.

Penalty Kicks

Penalty kicks will only be used to resolve ties in a playoff situation [If Applicable].

Offside

There will be no offsides in 5v5 soccer.

Goal Kick

From inside the penalty area, the goalkeeper rolls the ball into play. Ball must be played within own half or touch the ground within own half. Ball must clear the Penalty Area for an opponent to play it. A teammate may play the ball within the PA.

Restarts

A restart must take place within 10 seconds of a referee awarding possession (e.i. Throw-ins, corner kicks, goal kicks, kick offs.)

Pass back to Goalkeeper

The goalkeeper may not pick up a ball that was last touched by one of their teammate.

Sportsmanship

Players, coaches and spectators are expected to act in the nature of good sportsmanship at all times. Abuse of the referees will not be tolerated. Any instance of such conduct will lead to ejection without refund for the offending team.

Carding

- Two yellow cards will result in a red card.
- A red card will result in the player being removed from the remainder of the current match and the entire next match.
- A player that has been removed via a red card may not substituted for. The team will play shorthanded as a result.