

September 4 - 7
International

Monday
Labor Day

Tuesday
Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Wednesday
Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Thursday
Spaghetti Bake
Roll
Corn
Leafy Green Salad
Fresh Fruit

Friday
Chicken Tenders w/ sauces
Garlic Toast
Steamed Broccoli
Carrot Raisin Salad
Fresh Fruit
Leafy Green Salad

DPS 2018-19
Dalton High School
Southern Chow

Monday
Labor Day

Tuesday
B.B.Q Sandwich
Cole Slaw
Baked Beans
Leafy Green Salad
Fresh Fruit

Wednesday
Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Thursday
Country Fried Steak w/Gravy
Roll
Corn
Leafy Green Salad
Fresh Fruit

Friday
Chicken Tenders w/ sauces
Garlic Toast
Cole Slaw
Sweet Potato Fries
Fresh Fruit
Leafy Green Salad

Hot & Spicy
Monday
Labor Day

Tuesday
Walking Tacos
Fresh Pico
Shredded Lettuce
Onions, Peppers
Leafy Green Salad
Fresh Fruit

Wednesday
Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce
Fresh Fruit
Spinach Salad

Thursday
Steak Nachos
Sauteed Peppers & Onions
Corn
Leafy Green Salad
Fresh Fruit

Friday
Beef Nachos
Shredded Lettuce/Cheese
Fresh Pico
Black Bean Salad
Fresh Fruit
Leafy Green Salad

Grill
Monday
Labor Day

Tuesday
Chicken Sandwich
Cheeseburger
Cucumber Marinated Salad
Lettuce/Tomato/Onion/Pickle
Leafy Green Salad
Fresh Fruit

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit, Leafy Green Salad
Yogurt Box Choice

Thursday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Sticks, Leafy Green Salad
Fresh Fruit
Yogurt Box Choice

September 10 - 14

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

Tuesday

DHS
Monday
B.B.Q Baked Potato
Fresh Pico
Black Bean Salad
Corn
Fresh Fruit
Leafy Green Salad

Tuesday

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

Tuesday

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Yogurt Box Choice

Tuesday

Walking Tacos
Refried Beans
Pico de Gallo
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday
Corndog
Potato Fries
Green Beans
Fresh Fruit
Leafy Green Salad

Thursday
Cheeseburger
Lettuce,Tomato,Onion
Pickle
Black Bean Salad
Leafy Green Salad
Fresh Fruit

Friday
Chicken Tenders
Roll
Pinto Beans
Roasted Squash
Fresh Fruit
Leafy Green Salad

September 17 - 21

Monday
Spaghetti
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Tuesday
Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Chicken Casserole
Roll
Glazed Carrots
Steamed Broccoli
Fresh Fruit

Wednesday
Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans
Fresh Fruit
Leafy Green Salad

Thursday
Hot Dog
Baked Beans
Slaw
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Friday
Chicken Tenders
Roll
Pinto Beans
Corn
Fresh Fruit
Leafy Green Salad

DHS
Monday
Chicken Patty w/Gravy
Garlic Toast
Corn/Mashed Potatoes
Leafy Green Salad
Fresh Fruit

Tuesday
Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Cheese Nachos
Pinto Beans
Pico de Gallo,Sour Cream
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Fajita Nachos
Rice, Jalapeno Peppers
Sauteed Peppers/Onions
Salsa
Fresh Fruit
Leafy Green Salad

Thursday
BBQ Nachos
Pico de Gallo
Slaw
Corn
Fresh Fruit

Friday
Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit
Leafy Green Salad

Monday
Cheese Nachos
Corn
Pico De Gallo
Shredded Lettuce
Fresh Fruit

Tuesday
Walking Tacos
Black Beans
Pico de Gallo
Shredded Lettuce/cheese
Fresh Fruit
Leafy Green Salad

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Veggie Fries
Fresh Fruit, Leafy Green Salad
Yogurt Box Choice

Thursday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Rosted Garbanzo Beans
Fresh Fruit
Leafy Green Salad

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit
Yogurt Box Choice

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Leafy Green Salad
Fresh Fruit
Yogurt Box Choice

Tuesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Egg Plant Fries
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Glazed Carrots
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice,Salsa
Sauteed Peppers/Onions
Fresh Broccoli
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box Choice

Thursday

Lasagna
Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Thursday

Lasagna
Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Thursday

Pork Carnita Nachos
Cilantro,Lime,Onion
Fresh Pico
Shredded Lettuce
Fresh Fruit

Thursday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit

Friday

Chicken Tenders
Pinto Beans
Mashed Potatoes
Garlic Toast
Fresh Fruit
Leafy Green Salad

Friday

Chicken Tenders
Pinto Beans
Roasted Squash
Garlic Toast
Fresh Fruit
Leafy Green Salad

Friday

Beef and Cheese Nachos
Salsa
Refried Beans
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

September 24 - 28

DHS

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Fresh Fruit
Leafy Green Salad

Monday

Loaded Taco Potato
Fresh Pico
Jalapeno Pepper
Pinto Beans
Fresh Fruit
Leafy Green Salad

Monday

Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo
Fresh Fruit
Leafy Green Salad

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Fresh Fruit
Yogurt Box Choice

Tuesday

Walking Tacos
Corn
Pico de Gallo
Shredded Lettuce
Sour Cream
Fresh Fruit

Tuesday

Roasted Chicken
Garlic Toast
Mashed Potatoes
Steamed Broccoli
Fresh Fruit

Tuesday

Cheese Nachos
Corn
Pico de Gallo
Shredded Lettuce
Refried Beans
Fresh Fruit

Tuesday

Pizza
Marinara Sauce
Corn
Boxed Sandwich Choice
Fresh Fruit

Wednesday

Cheese Sticks
Marinara Sauce
Corn
Cucumber Salad
Fresh Fruit
Leafy Green Salad

Wednesday

Cheese Sticks
Marinara Sauce
Corn
Cucumber Salad
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice, Salsa
Sauteed Peppers/Onions
Jalapeno Pepper, Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Cucumber Marinated Salad
Fresh Fruit
Leafy Green Salad

Thursday

Chili Fries
Garlic Toast
Pico de Gallo
Broccoli
Shredded Cheese
Fresh Fruit
Leafy Green Salad

Thursday

Hot Dogs
Baked Beans
Slaw
Pickle Relish
Oven Baked Fries
Fresh Fruit
Leafy Green Salad

Thursday

Pork BBQ Nachos
Corn
Pico de Gallo
Broccoli
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Thursday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Leafy Green Salad

Friday

Chicken Tenders
Cornbread
Pinto Beans
Sweet Potato Fries
Fresh Fruit

Friday

Chicken Tenders
Cornbread
Pinto Beans
Fresh Sweet Potatoes
Fresh Fruit

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Sticks
Fresh Fruit
Yogurt Box Choice