

Monday
Tuesday
Wednesday
Thursday
Friday

3
Labor Day
No School

4
Opening Day!
Regular or Spicy
Chicken Patty
On WW Bun
Oven Roasted Potato Wedges
Apples

5
Mozzarella Sticks
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Fruit Cocktail

6
Rodeo Burger* or
Cheeseburger
On WW Bun
Sweet Potato Fries
Baked Beans
Watermelon Slices

7
Homemade Cheese,
Meat, or Veggie Pizza
Crisp Romaine Salad
Grape Tomato & Carrot
Dippers
Bananas

10
Loaded Waffle Fries
Waffle Cut Fries
3-Bean Chili & Cheese
Steamed Broccoli
Dinner Roll
Applesauce

11
Taco Tuesday
WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Strawberries

12
WG Rotini Pasta
Meatballs
Marinara Sauce
Green Beans
Apples

13
Brunch for Lunch
French Toast Sticks
Hash Brown
Chicken Sausage or Chicken
Bacon
Egg Patty
Sliced Melon & 100% Juice

14
Homemade Cheese,
Meat or Veggie Pizza
Crisp Romaine Salad
Grape Tomatoes
Red & Green Grapes

17
Chicken Tenders
Mashed Potatoes
Dinner Roll
Steamed Carrots
Pears

18
Taco Tuesday
WW Tortilla
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Blueberries

19
WG Penne Pasta
Meatballs
Marinara or Alfredo Sauce
Seasoned Broccoli
Fruit Cocktail

20
Grinder Day
Assorted Hot & Cold Grinders
Baked Doritos
Cucumber Dippers
Watermelon

21
Homemade Cheese,
Meat, or Veggie Pizza
Crisp Romaine Salad
Bell Pepper Slices
Bananas

24
Cherry Blossom or
Firecracker Chicken
Brown Rice
Oriental Blend Vegetables
Applesauce & 100% Juice

25
Taco Tuesday
WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Strawberries

26
WG Rotini Pasta
Meatballs
Marinara Sauce
Green Beans
Apples

27
Toasted Cheese Sandwich
On WW Bread
Creamy Tomato Soup
Steamed Broccoli
Sliced Melon & 100% Juice

28
Homemade Cheese,
Meat, or Veggie Pizza
Crisp Romaine Salad
Grape Tomatoes
Red & Green Grapes

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Alternate hot meal schedule: (M) hotdogs, (T) toasted cheese sandwich, (W) burgers, (Th) chicken tenders, and (F) chicken patty.
- Available daily: Chef Salad, Deli Sandwich, Pizza, Yogurt Plate.
- Menu subject to change as needed.
- WG=Whole Grain
- WW=Whole Wheat
- *Rodeo burger is a cheeseburger that has an onion ring and BBQ sauce on it.
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns

