

Monday

Labor Day
No School

3
Tuesday

Opening Day!
Regular or Spicy Chicken Patty
On WW Bun
Oven Roasted Potato Wedges
Steamed Carrots
Apples
100% Juice

4
Wednesday

Mozzarella Sticks
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Fruit Cocktail
100% Juice

5
Thursday

Pulled Pork
On WW Bun
Tater Tots
Baked Beans
Watermelon
100% Juice

6
Friday

Homemade Meat or Veggie Pizza
Sweet Potato Fries
Cucumber Dippers
Bananas
100% Juice

7

Loaded Waffle Fries
Waffle Cut Fries
3-Bean Chili & Cheese
Steamed Broccoli
Dinner Roll
Applesauce
100% Juice

10

WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Salsa
Strawberries

11

Hamburger
or Cheeseburger
On WW Bun
Sweet Potato Fries
Baked Beans
Watermelon Slices
100% Juice

12

French Toast Sticks
Hash Brown
Cinnamon Carrots
Chicken Sausage or Bacon
Egg Patty
Sliced Melon
100% Juice

13

Homemade Meat or Veggie Pizza
Crisp Romaine Salad
Grape Tomato & Carrot Dippers
Bananas
100% Juice

14

Chicken Tenders
Mashed Potatoes
Dinner Roll
Seasoned Broccoli
Pears
100% Juice

17

WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Salsa
Strawberries

18

Mozzarella Sticks
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Fruit Cocktail
100% Juice

19

Spicy Chicken & Waffles
Hash Brown Patty
Cinnamon Carrots
Watermelon
100% Juice

20

Homemade Meat or Veggie Pizza
Crisp Romaine Salad
Grape Tomato & Carrot Dippers
Bananas
100% Juice

21

Cherry Blossom or
Firecracker Chicken
Brown Rice
Oriental Blend Vegetables
Applesauce
100% Juice

24

WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Salsa
Strawberries

25

Rodeo Burger*
or Cheeseburger
On WW Bun
Sweet Potato Fries
Baked Beans
Watermelon Slices
100% Juice

26

Pancakes
Hash Brown
Cinnamon Carrots
Chicken Sausage or Bacon
Egg Patty
Sliced Melon
100% Juice

27

Homemade Meat or Veggie Pizza
Crisp Romaine Salad
Grape Tomato & Carrot Dippers
Bananas
100% Juice

28

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain and WW=Whole Wheat
- *Rodeo burger is a cheeseburger that has an onion ring and BBQ sauce on it.
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns

