

Shepaug Valley School Breakfast Menu September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk Served Daily: Fat Free Chocolate Skim 1% Ala Cart Milk Price: .35	Daily Price of Breakfast: Full Price 2.00 Reduced: .30 Adult Breakfast Price: 2.75					1
2	Labor Day	4 Yogurt Parfait WG Corn Bread Fresh Orange 100% Fruit Juice Milk Choice	5 Egg, Sausage & Cheese on WW Croissant Chilled Applesauce 100% Fruit Juice Milk Choice	6 Assorted WG Muffin or Danish Fruit Cocktail 100% Fruit Juice Milk Choice	7 Whole Grain Pancake Syrup Cheese Stick Pineapple Chunks 100% Fruit Juice Milk Choice	8
9	10 Whole Wheat Bagel Lite Cream Cheese Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	11 Assorted WG Cereal Fruit Yogurt Chilled Fruit Mix 100% Fruit Juice Milk Choice	12 Whole Grain Breakfast Pizza Pineapple Chunks 100% Fruit Juice Milk Choice	13 Whole Grain French Toast Sticks Syrup Chilled Pears 100% Fruit Juice Milk Choice	14 Assorted WG Muffin or WG Danish Fresh Banana 100% Fruit Juice Milk Choice	15
16	17 WG Mini Blueberry Pancakes/ Syrup Pineapple Chunks 100% Fruit Juice Milk Choice	18 Whole Grain Breakfast Pizza Chilled Diced Pears 100% Fruit Juice Milk Choice	19 Whole Wheat Breakfast Burrito With Salsa Chilled Applesauce 100% Fruit Juice Milk Choice	20 Egg & Sausage & Cheese On WG Croissant Fruit Cocktail 100% Fruit Juice Milk Choice	21 WG Chocolate Chip French Toast /Syrup Cheese Stick Chilled Blueberries 100% Fruit Juice Milk Choice	22
23	24 Whole Grain French Toast Sticks Syrup Chilled Blueberries 100% Fruit Juice Milk Choice	25 Whole Grain Yeast Raise Donut Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	26 WG Cinnamon Bagel Lite Cream Cheese Fruit Yogurt Pineapple Chunks 100% Fruit Juice Milk Choice	27 WG Mini Maple Waffle Syrup Fruit Yogurt Fruit Cocktail 100% Fruit Juice Milk Choice	28 Yogurt Parfait WG Corn Bread Fresh Banana 100% Fruit Juice Milk Choice	Daily Alternate: WG Bagel & Cream Cheese: Assorted Cereal: Whole Grain Muffin or Danish: