



FREMONT UNION HIGH SCHOOL DISTRICT ILLNESS GUIDELINES FOR SCHOOLS

The decision to keep your child home is not an easy one to make. Keeping ill children home from school is intended to protect, not only the ill child, but also classmates and instructional staff.

This note outlines the criteria for keeping students home when they are ill and for sending children home when they appear to be suffering from a contagious or infectious disease (**Ed. Code section 48211, 48212**).

Your child needs to stay home from school for the following reasons:

- Temperature of 100 degrees or higher. If the child has had a temperature, he/she should remain home until it has been normal (98.6 degrees) for 24 hours.
- Runny nose with green discharge
- Diarrhea
- Nausea or vomiting (remain home until no symptoms for 24 hours)
- Conjunctivitis (pink eye)
- Undiagnosed rash (rashes need to be verified by your doctor that they are non-contagious; a note is needed)

If you do not have health insurance, the Children's Health Initiative of Santa Clara County will help your family obtain free and low-cost health, dental and vision insurance.

There are three insurance programs:

Medi-Cal, Healthy Families and Healthy Kids.

Please call 1-888-244-5222 to speak to an intake worker (many languages are spoken) who will help you find a program for your child.