

# Spring Branch Independent School District

## Middle School Volleyball Policies

### 2018

#### Team Organization

- A. The participation numbers will determine the number of teams per school. No player shall be “cut” from the volleyball program.
- B. Players on team 1 and 2 may be assigned to an athletic period. Players on all subsequent teams may or may not be assigned to an athletic period. This is a site-based decision made by each campus administration.
- C. Team members of team 1 and team 2 are assigned to one of these two teams based on their skill level at the time of team tryouts. Additional teams in excess of team 2 will have team membership determined by a draw or lottery.
- D. Team 1 and Team 2 should have at least 12 members. Teams 3-10, if available, shall be comprised of approximately 12-15 members each.

#### Determining Champions

##### **A. Regular Season**

Regular season matches will be limited to a maximum of twelve (12) matches with no more than two (2) tournaments. No more than one match per week will be played. One tournament may be played in the same week as a match.

##### **B. Tournaments**

All teams will participate in one tournament with all of the other district school teams, either an end-of-season tournament or an invitational.

Coaches are to keep the results of each match. The home team coach is responsible for emailing the game results to the designated result coordinator. At the conclusion of each match, coaches will input results into Rank One, and email the designated coach who will keep standings.

#### Match Regulations—Teams 1 and 2

- A. 2 out of 3 sets will be played to 25 points with a cap at 30 using rally scoring. The third set will be played to 25 with a cap at 30.
- B. Warm-up is 4-4-2.
- C. The let serve shall be allowed.
- D. Each team shall be allowed two timeouts per game.
- E. All National Federation Rules will be in effect.
- F. The Athletic Office will secure two officials. They may be rated or from a locally secured group of men and women.
- G. The home team is responsible for securing at least one adult to supervise the scorekeeping and timing.
- H. If time permits\*, 7<sup>th</sup> and 8<sup>th</sup> grade teams may play a third set of a match even if the same team has won the first two sets.
  - a. Developmental Set - play to 15, cap at 20 or ten (10) minute running clock, whichever is completed first.
    - i. 5:00 pm match start, Developmental Set must begin at 5:40 pm or earlier.\*
    - ii. 6:00 pm match start, Developmental Set must begin at 6:40 pm or earlier.\*
  - b. The coach whose team lost both sets will make the decision of playing the Developmental Set.

- c. Any student who has not played in the first two sets must be allowed to participate in the entire third set.
- I. Results of each match should be kept by both coaches and recorded on Rank One.
- J. All players are encouraged to serve overhanded. Underhand serves are permitted in 7<sup>th</sup> and 8<sup>th</sup> grade on both the A and B team level.
  - a. **For 7<sup>th</sup> grade only:** Painter's Tape will be placed 6 feet in from the end line to allow athletes to overhand serve closer to the net.
    - i. No underhand serve from inside the court.
    - ii. After 3 successful overhand serves in a row from this spot, athletes must move back to the end line, and continue to serve from the end line for the remainder of the match.
    - iii. Once server commits to serving location, foot fault rule is in effect.
    - iv. The last match we will use the 6 foot serving line will be Wednesday, September 26 (District Match #4).

### **Match Regulations—Teams 3-10**

- A. 2 out of 3 sets will be played to 25 points with a cap of 30 using rally scoring. The third set will be played to 25 with a cap of 30.
- B. Warm-up time is 4-4-2.
- C. The let serve shall be allowed.
- D. Each team shall be allowed two timeouts per game.
- E. All National Federation Rules will be in effect.
- F. The Athletic Office will secure two officials. They may be rated or from a locally secured group of men and women.
- G. The home team is responsible for securing at least one adult to supervise the scorekeeping and timing.
- H. If time permits\*, 7<sup>th</sup> and 8<sup>th</sup> grade teams may play a third set of a match even if the same team has won the first two sets.
  - a. Developmental Set - play to 15, cap at 20 or ten (10) minute running clock, whichever is completed first.
    - i. 5:00 pm match start, Developmental Set must begin at 5:40 pm or earlier.\*
    - ii. 6:00 pm match start, Developmental Set must begin at 6:40 pm or earlier.\*
  - b. The coach whose team lost both sets will make the decision of playing the Developmental Set.
  - c. Any student who has not played in the first two sets must be allowed to participate in the entire third set.
- I. Results of each match should be kept by both coaches and recorded on Rank One.
- J. All players are encouraged to serve overhanded. Underhand serves are permitted in 7<sup>th</sup> and 8<sup>th</sup> grade on all levels.
  - a. **For 7<sup>th</sup> grade only:** Painter's Tape will be placed 6 feet in from the end line to allow athletes to overhand serve closer to the net.
    - i. No underhand serve from inside the court.
    - ii. After 3 successful overhand serves in a row from this spot, athletes must move back to the end line, and continue to serve from the end line for the remainder of the match.
    - iii. No server shall serve more than 5 consecutive points. After 5 points have been scored the ball shall be returned to the opposing team without a loss of point being scored.
    - iv. Once server commits to serving location, foot fault rule is in effect.
    - v. The last match we will use the 6 foot serving line will be Monday, September 24 (District Match #4).