



WELCOME

PARENTS OF 1ST TIME
JOLIET WEST ATHLETES

Wi-Fi- User: JT Guest
Password: guest204

Joliet West/JTHS

2018-19 Athlete Parent Night



- Athletic Director
Steve Millsaps

815-727-6920

smillsaps@jths.org

Twitter: @JolietWestAD

- Christi Cardwell-Administrative Assistant-
- Chuck Rumpf-Assistant Athletic Director
- Bob Rucka– Fall Supervisor
- Heather Suca-Winter Supervisor
- Al Mart-Spring Supervisor

JTHS Athletic Boosters



- Membership is FREE, Your participation @ this meeting= membership

- Buy a season pass

- **WE NEED BOOSTER REPS**

Next Meeting –9/19/18

Admin Center- 300 Caterpillar Drive
7:00 PM

Looking for representatives from each level! Please volunteer

Golf Outing 9/16/18

Athletic Trainer-ATI



- ATI Trainer- Cory Brown-419-302-4017
- No updated physical = no participation, no exceptions
- Physical form available in Athletic Office or on website (good for 395 days)
- If you go to a doctor, you need a note to be cleared
- ATI Parent Letter-
http://www.jths.org/assets/3/west_athletics/ATI_Coach_Parent_Letter_Joliet_West.pdf



“Think Healthy”



Always eat before competitions

Piece of fruit

Sandwich

Teddy Grahams

Energy or Granola Bar



**Make good choices where you
eat (burger & no fries)**

**Stay away from vending machine
& fast food**

- Gatorade and water help with hydration.
- Energy Drinks can alter performance negatively (side effects include: dehydration, headaches, cramping, and muscle pulls, while experiencing a crash after effect)

Family Engagement Liaison

Family Engagement Liaison at Joliet West



Hi, I'm Lisa Guzman, your Family Engagement Liaison at Joliet West High School. My role is to be helpful to all families, to make you feel welcome and to help you find ways to support your child's academic success. I am bilingual, so I will be able to help interpret our resources in Spanish and English.

If you have questions about being involved or how to succeed at JTHS, please contact me at lguzman@jths.org or 815-727-6776, or knock on my office door located in B244. I will always greet you with a smile and cannot wait to meet you!

JTHS Athletics

Joliet West Teams (19): Football, Soccer (B&G), Volleyball (B&G), Basketball (B&G), Wrestling, Baseball, Softball, Cheerleading, Competitive Dance (POMS), Cross Country (B&G), Bowling (B&G), Track (B&G), Badminton

Joliet Township Co-op Teams (6):

Golf (B&G), Tennis (B&G), Swimming (B&G)



WEBSITES

www.jths.org

Student Handbooks available On-Line

Directions, Important Dates, Emails,
and Information (Tryout schedules)

NCAA Link & Parent guides

LET US KNOW IF SOMETHING IS NOT
UP TO DATE OR INCORRECT

<http://il.8to18.com/JolietWest>

Schedules (updated daily, includes
cancellations)

JTHS Participation Waiver: the code of
conduct, IHSA steroid testing consent,
concussion information sheet & impact
testing sheet waiver

Must be REGISTERED in order to
participate in first game.



Athletic Handbook

AVAILABLE ONLINE

<http://www.jths.org/west/students-and-parents/athletics/west-athletics/>

- Contact Information
- Important Dates
- Expectations of department, coaches, players, and parents
- IHSA Rules & Regulations
- NCAA Guidelines
- Code of Conduct / Consequences



TIGER PRIDE CORE VALUES

T-Toughness (Monday)

I-Integrity (Tuesday)

G-Greatness (Wednesday)

E-Energy (Thursday)

R-Responsibility (Friday)

Pride (weekend)

Toughness-Being strong enough to face adversity

Integrity-Doing the right thing even when no one is watching

Greatness-To demand the best from yourself and your team

Energy- Rising up and attacking each moment with enthusiasm.

Responsibility-Responding to expectations in a positive way

Pride- Total commitment to yourself, your school, and your community

Core Values-TIGER PRIDE

Athlete Awareness- In season athletes will meet 4 times during their season. (3:30-4:15, last date is a field trip) Guest speakers

Winner's Club-Varsity captains will meet with Athletic Director 3 times per season to discuss leadership and explore other ways to achieve success at Joliet West. (7:30 am)

CODE OF CONDUCT

- **RULES FOR EXTRA-CURRICULAR PARTICIPATION**

Students participating in the extra-curricular activities program in District 204 will be obligated to observe the District 204 Discipline Policy as well as the following established requirements, or will be considered in violation of the Extra-Curricular Participation Code.

- Consequences for violations on page 11 of the student handbook

CODE OF CONDUCT

The following 4 slides contain the JTHS extra-curricular participation code

NOTE: It is the obligation of the student to give notice to the school administration within seven calendar days if civil authorities are involved with an Extra-Curricular Participation Code violation. Violations of the above are considered together in terms of determining 1st, 2nd and 3rd levels of discipline, and are cumulative over a student's HS career.

Code of Conduct

1. Possession, consumption, purchase or sale of **tobacco** products.
2. **Alcohol Possession***, consumption, distribution, or purchase.
3. **Drug Possession***, consumption, or purchase of steroids or other controlled substances, look-alike drugs or drug related paraphernalia.

Possession in numbers 2 and 3 is considered to be any presence while illegal transportation and/or consumption are taking place.

Code of Conduct (continued)

4. **Theft**, possession of stolen property, or vandalism.
5. **Acts of violence**, or other acts considered unlawful in this or any other jurisdiction.
6. **Attending** a function where there is underage drinking of alcohol, usage of steroids or other illegal drugs, or look-alike drugs.
7. **Sale**, distribution of, or providing location for the illegal consumption of controlled substances or alcohol. (Such a violation will carry a 3rd offense penalty, which is a suspension from all District extra-curricular participation for one calendar year.)

Code of Conduct (continued)

8. **Hazing/Initiation** in any athletic/activity program or outside the program. District 204 Student Discipline Guidelines define hazing initiations as administering physical punishment to an individual, directing verbal abuse at an individual, or requiring an individual to perform an immoral act as a requirement to gain or maintain membership in any club or organization.

Code of Conduct (continued)

9. **Sexual Harassment** in any athletic/activity program or outside the program. District 204 Student Discipline Guidelines and **School Board Policy #7.20** define **Sexual Harassment** as follows: An employee, district agent, or student engages in sexual harassment whenever he/she makes unwelcome sexual advances, requests sexual favors, or engages in other verbal or physical conduct of a sexual or sex-based nature.

HARASSMENT, INTIMIDATION OR BULLYING PROHIBITED

No person, including a District employee or agent, or student, shall harass, intimidate or bully another student based upon a student's sex, color, race, religion, creed, ancestry, nationality, physical or mental disability, gender identity, sexual orientation, status as homeless, actual or potential marital or parental status, including pregnancy, or other protected group status. The District will not tolerate harassing, intimidating or bullying conduct, whether verbal, physical, visual or electronic, that affects tangible benefits of education, that unreasonably interferes with a student's educational performance, or that creates an intimidating, hostile, or offensive educational environment. Electronic harassment, intimidation or bullying includes but is not limited to internet (YouTube, Face Book, My Space, Texting, E-Mail or other social networking sites), cellular phones or other electronic communication devices. Students may be disciplined for harassment, intimidation or bullying behavior that occurs off campus if the behavior causes a substantial disruption to the educational environment. Examples of prohibited conduct include name-calling, using derogatory slurs, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above. Complaints of harassment, intimidation or bullying are handled according to the provisions on sexual harassment. The Superintendent shall use reasonable measures to inform staff members and students that the District will not tolerate harassment, intimidation or bullying, such as by including this policy in the appropriate handbooks.

Attending Games

■ *ID table*

JTHS ID's all students and adults that attend all indoor contests. A valid driver's license is needed from each family to enter a contest at Joliet West HS.

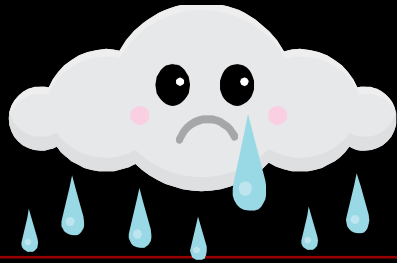
@ Varsity Boys Basketball games- we metal detect all everyone that enters

■ *Admission*

JTHS charges admission for football, boys and girls basketball, wrestling, and boys/girls volleyball.

Admission is charged on days when there is a varsity game, with the exception of tournaments.

Season passes can be purchased through the booster club or at the gate. ALL IHSA state series contests charge admission



Bad Weather

- Please do not call the Athletic Office prior to 1:00 PM
- www.jths.org
- Listen to announcements
- Posted on TV in Athletic office (Fieldhouse Foyer)
- Twitter/Remind101

Transportation

- Shuttles to Town and Country and Park District facilities (Bowling, Swim, Golf)
- Riding bus to and from game
- Bus Schedule Available in handbook/online



ACTIVITY BUS SCHEDULE

3:20 pm: Shuttle to T&C and Inwood
(Bus will lineup at the Larkin Circle)

4:30 pm: Home from each school

5:30 pm: shuttle from Town & Country

5:30 pm: shuttle from Inwood

6:00 pm: Home from each school

PICKING UP YOUR CHILD

- Pickup/Waiting area – **Door 6 (cafeteria)**
- We should be on time, we ask you to do the same
- Be Mindful of Blocking of parked cars

Program Perception

How People View Your School-

“Athletics is not the most important part of our school, but it is the Front Porch. If the front porch isn't clean –the house probably isn't clean.” -Dean Smith

Support **TIGER PRIDE**

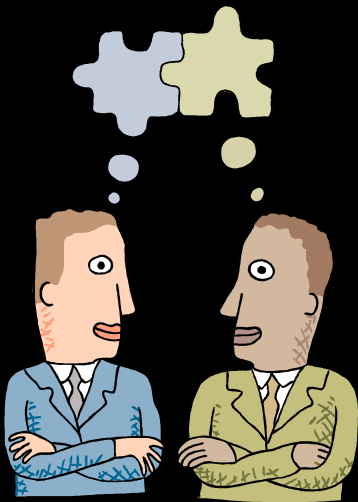
UPKEEPING OUR FACILITIES

- If you see something broke or unclear, please let us know
- Please adhere to posted signs
- Throw trash in garbage cans
- **No headwear allowed inside for Males or Females**

SUPPORT OUR COACHES

- Good mix of Enthusiastic Veteran & New Coaches
- The safety and security of the athletes are the most important and non-negotiable
- Coaches will be evaluated and urged to improve! This is not the professionals!
- WE HAVE TO WORK TOGETHER
- Be an ambassador for JWHS

Addressing a Concern/Problem



- Please do not approach any coach before or after a game to discuss a problem -Call them to set up an appointment
- “Cooler heads will prevail”
- Contact Athletic Director if your phone calls are not being returned or if there is something severe.
- Communication-not confrontation
- Parents are not allowed @ practices

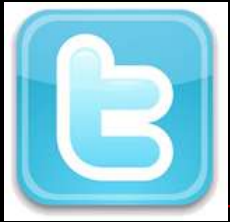


Spectator Conduct

- **Any disruption of the athletic event can result in an individual being removed from the contest**
- School Board Policy
- First time meet with AD
- Second time meet with ad/principal
- Third time-Board Hearing with a possible one year suspension
- BE SUPPORTIVE

Proper Conduct

- Know the Coach & Athletic Director
- Things Build Up (we aren't mindreaders)
Texting/Emails vs. Phone calls
vs. Face to Face
- Post on facebook!
- Coaches do not have to talk about playing time



TECHNOLOGY- BE CAREFUL



- GREAT ASSET, BUT WATCH WHAT YOU TEXT AND EMAIL AND FACEBOOK
- CALL OR MEET WITH COACH INSTEAD OF EMAIL/TEXT
- COACHES SHOULD NOT BE INDIVIDUALLY TEXTING ANY STUDENT-ATHLETE
- MASS TEXTING IS ACCEPTABLE, BUT SUPERVISOR MUST BE INCLUDED ON TEXTS
- REPORT ANY INAPPROPRIATE TEXTS/EMAILS IMMEDIATELY!

DISTRICT POLICY MESSAGE TO OUR COACHES

- This is a reminder of the District 204 Policy on “**Personal Technology and Social Media; Usage and Conduct.**” This clearly states that students should be discouraged from contacting you on your personal devices. This works the other way also (you texting students). **Advice on texting: Only mass texting involving a direct announcement to the team that could not be handled in advance (emergency situation).** Always include your supervisor on these texts. I would advise that if a student does respond to that text, do not text them back. Once again, please discourage students from communicating with you on your personal device. Please let them know that it is not personal, it is our policy, and we will handle the situation as soon as we can. Never direct a text toward an individual student. I know that many of you are using texting as a means of communication; however, as indicated before, it should be used sparingly and with careful consideration. This would be a great time to get the kids in the habit of checking their school email accounts (every student has one) frequently. **Student email addresses can be accessed through eschool. My advice would be to use the school email accounts in place of texting as much as possible.** Let the kids know this up front. Also, Facebook and other social media hold the same standard in the policy. Direct communication should not be made with students through this avenue. It really sets you up for something unnecessary to happen. Once again, school email accounts are a great alternative.

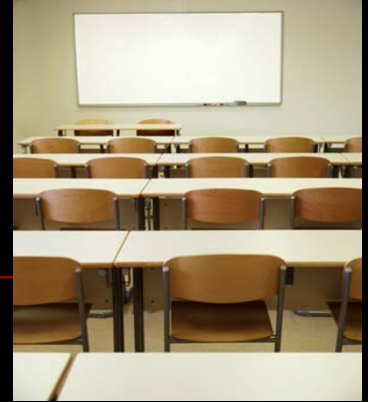
- REMINDER 101/TEAM TWITTERS

Locker Rooms

- STORE ALL BELONGINGS IN LOCKER & LOCK YOUR LOCKERS
- DON'T BRING VALUABLES
- Coaches will lock doors to Locker Room



ELIGIBILITY



- MUST BE ENROLLED AND PASSING 5 CLASSES (2.5 CREDITS)
- MUST PASS 2.5 CREDITS THE PREVIOUS SEMESTER

RESIDENCY

STUDENTS MUST LIVE FULL TIME WITH THEIR LEGAL/COURT APPOINTED GUARDIAN IN AN ADDRESS WITHIN JOLIET WEST'S BOUNDRIES TO BE ELIGIBLE FOR IHSA ATHLETICS AND ACTIVITIES.

FUNDRAISING

PLEASE expect you student athlete to do up to three fundraisers for their respective sport.

Fundraisers help coaches obtain the items needed for their sport that has not been budgeted by the school district.

If the student athlete takes a fundraising item, they are responsible for returning it if they do not sell it and CAN be “obligated” to pay before graduation.

Finishing your Sport

If you quit the sport you signed up to play, you **MAY NOT** join another sport, open gym, or conditioning program within the district without the consent of the coaches involved and athletic director.

Athletic Activity Fee Reminder

- \$50.00 payable to the bookstore
(will be on account)
- Coaches do not collect this money
- \$100.00 maximum per student



IMPORTANT DATES

- PICTURE DAYS: 8/18/18 (fall sports)
- AWARDS NIGHTS ARE DETERMINED BY PROGRAM at the end of the season

SUMMER CAMPS

- VERY IMPORTANT TO JOIN
- WILL BE ON WEBSITE BY 4/14/19
- ATHLETIC TRAINING: 9TH-12TH & 5TH-8TH

PARENT MEETING ATTENDANCE

- PLEASE FILL OUT A BOOSTER FORMS (PLEASE ONE PER FAMILY) AND TURN INTO THE ATHLETIC DIRECTOR