

MEAL PRICES 2018-2019

	<u>Lunch</u>	<u>Breakfast</u>
Elementary	\$2.70	\$ 1.35
Middle	\$2.95/\$3.20	\$ 1.60
High School	\$3.20/\$3.45	\$ 1.85/\$2.35
Reduced	\$.40	\$.30
Free	Free	Free

Prepayment Bonus Plan All Grade Levels:

Deposit \$100 and receive \$10
bonus money on one account
(Total value \$110)

How can I limit how my child spends money?

Prepayments to your child's account can only be made into account cash. Account cash may be used to purchase meals or a la carte items including separate containers of milk, ice cream or snacks. If you would like to limit your child to meals only, please check the box on the deposit slip below.

MILFORD FOOD SERVICES -DEPOSIT SLIP

NAME _____

ROOM _____

ID Number _____

ACCOUNT CASH\$ _____

Check box below to restrict your child's
account to meals only.

I only want my child to purchase meals
with this account.

I forgot my lunch?

Lunch Credit Policy

In the event that an Elementary & or Middle school student is without a lunch from home or without money on their lunch account and no cash in hand, - we allow the student to purchase 5 lunches on credit. When that 5-lunch credit limit has been reached, the students will receive an emergency lunch that consists of a cheese sandwich with a milk. Credit is extended for lunch only. No a la carte items such as ice cream or snacks, may be charged on the account.

How do parents know when the lunch account needs more money?

1. Ask your child if they need lunch money on their account. Our staff will tell your child when there is no money left on the account.
2. Pay for your child's lunch with a credit card at www.MySchoolBucks.com and you will be able to check your child's account balance online.
3. Email the school kitchen manager.
4. Negative balance emails are sent daily if account balance falls below zero.
5. Negative balance letters are sent if necessary.

Free or Reduced Price Meal Program

The Milford Schools Participates in the National School Lunch Program where families, who qualify, can receive free meals or reduced price meals (lunch \$.40 , breakfast \$.30 per day). Family Applications are available in PowerSchool parent portal. Only one application per family is required.



MILFORD
Food Services



Answers to your
School
Lunch Questions
2018-2019

DON'T 4-GET!

Take at least **ONE**

FRUIT or VEGGIE

and at least **THREE** items total
so your meal counts as a complete lunch!

Eileen S. Faustich, M.S., SNS
Director of Food Services
70 West River St.
Milford, CT 06460

Phone: 203-783-3490

Fax: 203-783-3496

Email: efaustich@milforded.org

What is ► School Lunch All About?



The priority for the Milford School Food Service Program is to provide nutritious, tasty and affordable meals to support the learning environment at school.

Our meals are planned to meet strict nutrition standards set by the National School Meal Program. Meal choices are offered to provide a variety of entrees, whole grains, fruits, vegetables and low or no fat milk with age appropriate portion sizes. Students offered a variety of foods are more likely to take and *eat* healthy foods.

We look forward to meeting you and your child as they start their school career in Milford. We hope this brochure provides helpful information about the school meal program and the healthy options available to your child at school.

Please feel free to contact me if you have any questions or concerns.

Be Well,

Eileen S. Faustich, M.S., SNS
Director of Food Services
70 West River St.
Milford, CT 06460
Tel: 203-783-3490
efaustich@milforded.org

What's in a Complete School Lunch?

Students are encouraged to take all food groups offered with a school meal. These food groups include one grain, one protein, one fruit, one vegetable and one milk .

When you buy lunch..... You must:

Choose at least 1 Fruit or Vegetable (but you may choose a total of 2):

- ◆ Romaine Lettuce Garden Salad
- ◆ Mini Carrots
- ◆ Fresh Fruit—Sliced Apples, Whole Apples, Bananas, Oranges, Seasonal Fresh Fruit
- ◆ Canned Fruit
- ◆ 100% Fruit Juice- offered only 2 days per week

Choose One Entrée

- ◆ Entrée of the Day
- ◆ Yogurt & Cheese Plate with Bread/ Grain Choice of the Day
- ◆ Sandwich of the Day
- ◆ Salad of the Day

Choose One Milk

- ◆ 1% Low Fat Milk
- ◆ Fat Free Milk
- ◆ Fat Free Chocolate Milk

MINIMUM items you must take to count for a School Lunch: One fruit or vegetable and 2 other items

MAXIMUM items you may take to complete your School Lunch: One grain, one protein, one fruit, one vegetable and one milk

A La Carte Items: The following items are **NOT** included in a school meal and are sold separately.

Ice Cream	Bottled Water
Pretzels	Cookies

Special Dietary Concerns: If your child has dietary restrictions, please contact Eileen Faustich at efaustich@milforded.org or 203-783-3490. We will do our best to accommodate your needs .

Paying for School Lunches

The Milford Schools use a computerized Point-of-Sale Program where all students have an account ready to be used for the purchase of meals and snacks.



Try our computerized Point-of-Sale Prepayment Program!!

Students in Kindergarten are given bar coded cards with neck straps to access their accounts at the serving line. All other grades are issued Personal Identification Numbers (PIN) that each child memorizes and enters at the serving line.

3 Ways to Pay for School Meals:

Prepay at school with a check, prepay using a credit card at mySchoolBucks.com, or pay cash. Also, families who qualify may apply for free or reduced priced meals (see other side for details.)

Prepay:

Pre-payments are welcome for all students beginning the first day of school. All children may deposit money on their accounts for meals or a la carte items such as milk, ice cream and other snacks. Use the deposit slip on the next page and send a check made payable to Milford Food Services. All prepayments should be sent to the school kitchen for processing. Deposits are available for lunch the same day.

Prepay with a Credit Card at MySchoolBucks.com

Parents can pay for school lunches using a credit card and check student account balances through the website MySchoolBucks.com. To get started all you need is your child's name, school, full student id number (not pin number), and birth date. Student id numbers are listed on your child's summer teacher assignment letter. Visit MySchoolBucks.com for more information.

*** Please note: A fee of \$ 2.49 will be charged for each credit card transaction. This fee covers bank charges, the school district does not receive any fee for processing.**

Pay Cash

Cash is accepted on a daily basis.

Prepayment Bonus Plan -see next page ==>)

Need more Information?

Visit our website at: www.milforded.org
Food Service Department

Here you will find useful information about the food service program in Milford including menus, payment options, free & reduced meal applications, frequently asked questions, and links to some great nutrition related websites.