



PSHEE & Citizenship Scheme of Work  
**Year 3**  
 Spring Term 2018  
 (7wk / 5wk)

Childnet Internet Safety Talk – TBC

*NB One PSHEE lesson to be used once a year for each class to prepare for their class assembly*

Learning Objective (number of lessons in brackets)	Learning Outcome	Resources
<b>New Year's Resolutions (1)</b> Look at why different people want to make a fresh start at New Year. Work with pupils to set targets for home, school and leisure time.	To recognise their own worth by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and <b>setting personal targets</b> . Targets must be achievable. Could set long- and short-term targets so pupils can see their progress.  Display on class board	Lower School Record of Achievement  Posters for displays
<b>Internet Safety (1)</b> <i>In preparation for Childnet Internet Safety Talk</i>  <i>Childnet Safety talk</i>  <i>Safer Internet Day – 6<sup>th</sup> February</i>	Introducing safe online decision making and posting.  There are some video resources suited to this subject. Please check that they work and are suitable for your age group Childnet is a trusted organisation and they have lots of resources and ideas on their website.  (Cross-curricular links with ICT)	Digi Duck Interactive Whiteboard (please liaise with PCS to make sure you can access this resource) or use <a href="http://www.childnet.com/resources/digiducks-big-decision/digiducks-big-decision-read-online">http://www.childnet.com/resources/digiducks-big-decision/digiducks-big-decision-read-online</a> To read online  <a href="#">Childnet KidSMART rules to being online</a>  <a href="#">Pop-up ads</a> <a href="#">Cyber safe CEOPS</a>
<b>Feeling Happy, Feeling Safe (1-2)</b>	To help children understand how to deal with unpleasant experiences such as getting lost, being bullied, being asked for hugs and kisses from strangers... This book tackles these issues using stories and pictures. Please read and discuss	1. Feeling Happy, Feeling Safe Michele Elliott (book in Year 3 box with HoY), scanned copy available: <a href="#">Feeling Happy Feeling Safe</a> 2. Read "Tyrone the Horrible" (3 copies in PSHEE box with Head of Year) great trigger for bullying discussion. 3. 'The Great Big Book of Feelings' (in library on PSHEE shelf). Great talking points about different feelings and situations.
<b>Dial 999 (1)</b>	To help children understand when and how to call the police/ambulance/fire service	<a href="http://www.hampshire.police.uk/internet/asset/42cf04e9-51b6-45b9-a918-b0dc2e80ce01/2-lesson-delivery-activity-guidance-safe4me-intro-to-the-police-primary-school.pdf">http://www.hampshire.police.uk/internet/asset/42cf04e9-51b6-45b9-a918-b0dc2e80ce01/2-lesson-delivery-activity-guidance-safe4me-intro-to-the-police-primary-school.pdf</a> Police resources to print and use.  <a href="http://www.london-fire.gov.uk/GamesAndActivities.asp">http://www.london-fire.gov.uk/GamesAndActivities.asp</a> Fire safety resources and games

		<p>St John's Ambulance resources and presentations:</p> <p><a href="#">Coping in an emergency PPT</a></p> <p><a href="#">Coping in an emergency resources</a></p> <p><a href="#">First aid kits PPT</a></p> <p><a href="#">Recovery position PPT</a></p>
<p><b>Say What You Think (up to 5 sessions)</b></p> <p><b>Key Ideas:</b>  Work through the 5 stories watching the programmes then selecting the appropriate worksheets  Programme 1 Fairness  Programme 2 Rules  Programme 3 Right &amp; Wrong  Programme 4 Working together  Programme 5 Taking Care</p>	<p>To develop the pupils speaking and listening, literacy, thinking and citizenship skills.</p> <p>To provide the pupils with the opportunity to express their opinions in a safe and encouraging environment.</p>	<p>Say What You Think DVD &amp; workbook (on Danes Hill Media, PSHEE, Year 3 Spring term, scanned copy to go with the DVD: <a href="#">Say What you Think</a>)</p>
<p><b>Healthy Living (1)</b></p>	<p>To remind pupils of ways to look after their bodies and why!</p>	<p><a href="#">Healthy eating quiz</a> PowerPoint. Created in the style of 'Who wants to be a millionaire. There are also <a href="#">Food pyramid</a> resources. One filled in which can be printed out and one blank for them to fill in themselves.</p>
<p><b>Self, Peer and Teacher Assessment and Target Review (1)</b></p>	<p>1. Use the assessment sheets to assess progress made this term  2. Review targets set at the beginning of the term and New Year's Resolutions.</p>	<p>1. <a href="#">Year 3 Spring Term Assessment</a> printable sheets  2. Record of Achievement Books</p>