



PSHEE & Citizenship Scheme of Work  
 Year 2  
 Spring Term 2018  
 (7wk / 5wk)

[Childnet Internet Safety Talk TBC](#)

*NB One PSHEE lesson to be used this term for each class to prepare for their class assembly*

Content (Number of lessons in brackets)	Learning Focus	Resources
<p><b>New Years Resolutions (1)</b>            Look at why people want to make a fresh start at New Year.            Work with pupils to set achievable targets for home, school and leisure time</p>	<p>To recognise their own worth by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and <b>setting personal targets</b>. The targets should be SMART. What do they want to achieve this year. Could do short- and long-term achievements so the children can see progress throughout the year.</p>	<p>Lower school Record of Achievement books</p> <p>Display on boards</p>
<p><b>Internet Safety (1)</b>   <i>In preparation for Childnet Internet Safety Talk</i>   <i>Childnet Safety Talk – Safer Internet Day – 6<sup>th</sup> February</i></p>	<p>Introducing safe online decision making and posting.</p> <p>There are some video resources suited to this subject. Please check that they work and are suitable for your age group. Childnet is a trusted organisation and they have lots of resources and ideas on their website.</p> <p>(Cross-curricular links with ICT)</p>	<p>Digi Duck Interactive Whiteboard (please liaise with PCS to make sure you can access this resource) or use <a href="http://www.childnet.com/resources/digiducks-big-decision/digiducks-big-decision-read-online">http://www.childnet.com/resources/digiducks-big-decision/digiducks-big-decision-read-online</a>            To read online</p> <p><a href="#">Childnet KidSMART rules to being online</a></p> <p><a href="#">Pop-up ads</a>  <a href="#">Cyber safe CEOPS</a></p>
<p><b>Healthy Living (1-2)</b>             Science lessons will be covering healthy foods and exercise.</p>	<p>Using Literature and fun resources to open discussions about healthy eating and health and hygiene.</p> <p>Discussing what makes a balanced diet</p> <p>Why should be eat healthily?</p> <p>What happens to our bodies if we have a poor diet?</p> <p>Creating a healthy meal – drawing their own perfect plate.</p>	<p>1. D.W. the Picky Eater Marc Brown <i>Fussy Eater discovers that spinach really is quite good after sampling</i>            2. Dr Dog Babette Cole (In Year 2 PSHE box)  <i>Dr Dog, a fully qualified medic, is called upon to treat his family for several conditions – graphically dealing with health and hygiene issues!</i>            3. Healthy eating games –PSHE area in the staff room            4. Healthy eating and My Body books – in the library            5. Websites  <a href="http://www.nhs.uk/change4life/Pages/change-for-life.aspx">http://www.nhs.uk/change4life/Pages/change-for-life.aspx</a> for ideas, recipes, 5-a-day advice etc. See also <a href="http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx">http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx</a> for a perfect plate example.</p>

<p><b>Sticks and Stones (1-2)</b> To encourage the pupils to think about how their words and actions impact on both themselves and others.</p>	<p>1. Work through the power point with your class sharing and discussing issues raised with the pupils 2. Read through the Willie the Wimp book, discuss why he felt he needed to change and what the implications were for himself and others. Did he need to do all those things to change himself – what could or should you change about yourself?</p>	<p>1. <a href="#">Sticks and stones young</a> power-point. Red paper and scissors to cut out red heart as described in power-point 2. <a href="#">Willy the Wimp</a> Anthony Browne ( in year 2 PSHE box) 3. <a href="#">Willy and Hugh</a> by Anthony Browne (copy in library) 4. <a href="#">How to be a Friend</a> by Laurie Krasny Brown (copy in library on PSHEE shelf) 5. <a href="https://www.youtube.com/watch?v=3Kuo6V_ujI8">https://www.youtube.com/watch?v=3Kuo6V_ujI8</a> 'Words can Hurt' short YouTube film using lego minifigures.</p>
<p><b>The Ugly Duckling (1)</b> Read through the story and use it to discuss the differences between different pupils</p>	<p>To provide the pupils with the opportunity to think about the differences and similarities between them and their class mates</p>	<p><a href="#">The Ugly Duckling story</a></p>
<p><b>The Likeaballs (up to 5 sessions. Can be combined)</b> Looking at teamwork and fairness.</p>	<p>5 short programs, one lesson each encourage pupils to think about good behaviour, kindness and teamwork</p>	<p>"The Likeaballs" DVD (this is encrypted so not able to be put on the media system, the copy is in the Year 2 PSHEE box with the HOY, please share around)</p>
<p><b>Words are not for hurting (2)</b> Introduce the theme of words and how they can be used and abused. Read and discuss the book. Select activities throughout the book that is relevant to your class.</p>	<p>Pupils will be taught the importance of thinking before speaking and the need to take responsibility for the words they use. They will learn about their own and other people's feelings and become aware of the views, needs and rights of children.</p>	<p>1. <a href="#">'Words are not for hurting' storybook</a> (in Year 2 PSHEE box) 2. Kind words activity. Pair pupils up. Each child writes 3 positive things about their partner – why are they a good person. Concentrate on personality not things they are good at. (e.g. 'Luke is always smiling and making people happy' rather than 'Luke is good at rugby'. Ask the children how these kind words make them feel.</p>
<p><b>Personal Best (2)</b></p>	<p>Use books in PSHE box to discuss issues 1. Pictures around metaphors for aiming high... 2. Learning how to achieve when we focus on a task</p>	<p>1. <a href="#">Seven Ways to Catch the Moon</a> M.P. Robertson (in Year 2 PSHEE box) 2. <a href="#">Tidy Titch</a> – Pat Hutchins (in Year 2 PSHEE box) "Learning New Skills" Talk &amp; Thought Card 17 – in PSHEE box with lesson plan to be used if you feel your class would benefit 3. <a href="#">'Oh, the places you'll go!'</a> by Dr Seuss (copies in library) 4. <a href="#">'Oh the Places You'll Go' YouTube animation</a></p>
<p><b>Self, Peer and Teacher Assessment and Target Review (1)</b></p>	<p>1. Use the assessment sheets to assess progress made this term 2. Review targets and New Year's Resolutions set at the beginning of the term – update boards?</p>	<p>Record of Achievement Books</p>