

PSHEE & Citizenship Schemes of Work

Year 7

Spring Term 2018

(7wk / 5wk)



Visiting Speakers

Safer Internet Day – 6th February

Childnet Internet Safety Talk – TBC in assembly

Emotional and Physical Wellbeing – Julie Johnson – Friday 19th Jan, 8.30-9.30, Studio Theatre

Raising Your Parents – Julie Johnson – Wed 21 March 8.30-9.30am, Studio Theatre.

Content (Suggested number of tutor sessions in brackets)	Learning Focus	Resources <i>NB Please store all booklets, worksheets and any other resources used in each pupil's file</i>
New Years Resolutions and Target Setting	1. To review progress made last year, refer to targets set and whether they were achieved, discuss targets set by teachers on Christmas reports. Set targets for this term. 2. Remind pupils of the ground rules set at the start of last term and check they are still on display.	Please ensure that all targets are SMART (specific, manageable, attainable, relevant and time related) and ideally 1 academic, 1 personal 1 extracurricular (sport/music/drama etc...).
Internet Safety <i>Safer Internet Day – 6th February</i> Childnet Internet Safety Talk –	In Year 7 you will address the issues around cyberbullying.	<ol style="list-style-type: none"> 1) Issue the Year 7 Cyberbullying Booklet. There will be spare copies in the library. Please read through the leaflet with the children carefully and ensure they understand what it is, the consequences, what to do and who to contact. Look at all the website links. Childnet website 2) Show Joe's Story film. Z Drive videos – PSHEE & Citizenship – PSHE – Year 7 – Summer – Year 7 PSHEE Joe's Story 3) Youtube clip: How is your phone changing you great for discussion stimulus! Lots of information.
Current Affairs and General Knowledge (ongoing)	To develop the pupils knowledge of the world in which they live and debate issues arising	As last term, see Autumn Term Scheme of Work for details.
Study Skills (1+ ongoing)	To continue to develop the pupils study skills.	Working through worksheets left by ELEVATE in November.
British Values(2+)	What are British Values?	YouTube Clip - What are British Values? – Good lesson starter and source of discussion which

	<p>What are the fundamental British Values: Democracy, rule of law, individual liberty, mutual respect & tolerance of those of different faiths and beliefs</p>	<p>should lead you well into the next body of work.... What are British Values</p> <p>British Values PPT covering all of the headings in some depth. You can tackle them 1 per lesson over a week or two.</p> <p>Great British Bake off was won by a British Muslim. Here is an article that relates well to the subject.</p>
Radicalisation	<p>To understand the meaning of the word especially in the current climate.</p> <p>Show the trailer for star wars 3 and discuss how Anakin was once a jedi who became vulnerable because of the loss of his mum and how the evil lord was able to manipulate his situation to make him turn to the dark side. Tongue in cheek I know, but the children should be able to relate to this.</p>	<p>Star wars 3 – revenge of the sith. Movie trailer</p>
Racism, Immigration and Refugees	<p>1) <u>Race: Changing Attitudes</u> To Look at the racisms that are at the forefront of “race” today. Islamophobia – looking at the myths around asylum seekers and refugees; racism in football and how it can be challenged.</p> <p>2) <u>Race: Division or Diversity?</u> What is it like to make a new home for yourself in a new country? Looking at the lives of a cross section of people who have done this and explores the challenges they have faced</p>	<p>These 2 DVDs (on the PSHEE DVDs system, under Year 7 Summer Term) are 60 minutes each, but divided up into sections. I suggest that you start with <u>Race – Changing Attitudes</u> and devote one tutor session to each of the sections, following up with discussion on the points below:</p> <ol style="list-style-type: none"> 1) <u>Introduction</u> (10 mins) – What is racism? Who are the targets of racism? 2) <u>Islamophobia</u> (11 mins) – What is Islamophobia? Why are people afraid of Muslims? Where do perceptions about Muslims come from? 3) <u>Discrimination</u> (6 mins) – Why do people discriminate against other people? Where do stereotypes come from? 4) <u>Institutional Racism</u> (10 mins) – What is institutional racism? What needs to be done to tackle institutional racism? 5) <u>Asylum Seekers</u> (11 mins) Do people have a right to be safe? Are prejudices initiated or confirmed by the media? 6) <u>Breaking Barriers</u> (11 mins) Why are people racist? Why is racism hard to tackle? How should racism be challenged? <p>The <u>Division or Diversity</u> DVD could be used if you sense that your tutor group need more information on a specific group as follows. These people have all come to the UK to start a new life:</p> <ol style="list-style-type: none"> 1) The Father (2 mins) 2) The Refugee (4 mins) 3) The Nurse (6 mins)

		<p>4) The Footballer (12 mins)</p> <p>5) The Traveller (12 mins)</p> <p>6) The Stereotype (11 mins)</p>
<p>Emotional Health (3+ as appropriate)</p> <p>Self esteem & Peer pressure</p> <p>Julie Johnson’s talk will cover the emotional aspect of growing up and puberty.</p>	<p>1. To discuss self esteem, what is a bully, why people bully and how to prevent bullying.</p> <p>2. To discuss methods of surviving peer pressure. How to recognise it and deal with it</p> <p>This should be linked in with the science topics – full reproduction, contraception, pregnancy and emergency contraception.</p>	<p>1. Boardworks Emotional Health Unit 1 power-point presentation and activities: My computer X: drive, Boardworks PSHEE, Emotional Health Unit 1 only)</p> <p>2. Surviving Peer Pressure DVD on Media Drive</p>
<p>Puberty and SRE (3+, as appropriate)</p> <p>Buddy up with a tutor of the opposite sex so that you can split boys and girls if you wish to.</p> <p>Year 7 will be covering full reproduction, contraception, pregnancy, drugs and emergency contraception in science. This supplements the science SOW.</p>	<p>Julie Johnson will be talking about SRE in her session. This will be a starting point for this module. Julie will be covering everything from relationships to body image and pornography.</p> <p>In tutor sessions, please cover the following:</p> <ol style="list-style-type: none"> 1. What is love? Discuss different types of love – from fish and chips to your mum, siblings and relationships – how are they different/the same? 2. Relationships good and bad and the importance of respect (see Boardworks): <ul style="list-style-type: none"> • Discuss how relationships with parents will change and why (this was covered in their talk, please talk about what they learned) • Divorce and its effect on relationships • Step parents and sibling relationships 3. Secrets – when should we keep them? Discussion starting with secret santa – can you keep a secret? Is it important? When should we keep a friend’s or an adult’s secret, when should we tell? Who should/must we tell? Why? 4. Sexual Equality <ul style="list-style-type: none"> • Are males and females treated differently? 	<p>Boardworks (Click on My Computer and scroll down to folder) PSHEE: Personal Wellbeing Relationships Unit 1. this should be on your computer, if not go to All programs, Boardworks PSHEE, Relationships Unit 1) Please only use unit 1 as unites 2 and 3 are for older children. You will need to click on ‘enable editing’ and ‘enable content’ to show the slide show.</p> <p>Work through slides 1 to 11. These slides concentrate on what relationships are.</p> <p>Work through slides 15-22. These slides are about changing relationships, including divorce and step-families.</p> <p>PSHEE Literature booklet –In the Workroom – These are first chapters/extracts of mainstream books with PSHEE issues. Read secret diary of Adrian Mole, discuss questions in booklet. (Do not do the second story, it is for next term!)</p> <p>There are lots of PSHEE books on the PSHEE shelf in the library to borrow.</p> <p>Are boys and girls treated equally? Should girls and boys be treated equally?</p> <p>Should girls be given dolls and boys action heroes?</p> <p>Should Hollywood pay men and women actors the same salary?</p> <p>http://lettoysbetoys.org.uk/ This is a campaign against gendered toys and books.</p>

	<ul style="list-style-type: none"> • How is this reflected in relationships? • Should they be treated differently? • What is the danger in enforcing stereotypes? Who can they damage? What damage can happen? 	
Road Safety (2)	<p>This workshop is run by the council for Year 7 to raise awareness of the dangers faced on the roads and how to avoid them. Please follow up any discussions in tutor sessions.</p> <p>This year the session took place in the Autumn Term. Please recap – get the pupils to tell you about the session if you were unable to attend.</p> <p>Railway Safety</p>	<p>1. Road Safety Workshop (Took place in the autumn term)</p> <p>2. www.pie.com Teacher Zone for resources.</p> <p>Resources to use with the road safety workshop: Go to www.pie.uk.com Follow the link to “teacher’s zone” You don’t need to add your email, but if you do we will send you an email when the page is updated Add the password SURREYSW14 into the form and press enter You can now download the materials The following lessons are worth doing:</p> <p>Lesson 1 – revises what they learnt and gives shocking stats about road accidents Lesson 3 – learning road signs Lesson 4 – visualising stopping distances (go outside for this one) Lesson 5 – a play script to read and use to spot dangers Lesson 6 – making a pedestrian safety poster</p>
Target Review	Review Targets set at the beginning of the term – What Went Well and Even Better If	Tutor Booklets