



PSHEE & Citizenship Schemes of Work Year 7 Summer Term 2018

Important Dates

Elevate study skills – Mnemonics and Memory Fri 4 May – 9.10-10.25 Studio Theatre

First Aid Course for all Year 7 – Tues 5 June – Locations TBC

Please include at least 1 current affairs lesson during the week. This can be BBC, newsround, First News etc. Please encourage you pupils to read/watch the news.

Content	Learning Focus	Resources
General welcome back and target setting	Establish targets for the summer term. Remember 3 SMART targets to be set, including academic and non academic perhaps think about sports day, their trip, swimming gala, music concert.	Tutor booklet Update tutor boards
Introduction to Mindfulness	To introduce the pupils to the concept of mindfulness and mindful living in order to promote positive mental health.	PKC will be talking to the pupils during break time on Wednesday 3 May. To prepare the pupils, please watch the following BBC videos prior to Paula's talk. What is a mental health problem? Inside my Head
Code of Conduct and pupil behaviour on the adventure playground	To foster polite and supportive ethos throughout the school, recognising that the some boys were banned from the zip-line last term. They do set the example to the rest of the school regarding their behaviour now and when they too reach the top of the school.	Code of Conduct on the classroom wall and behaviour on the adventure playground and ridgeway area.
Current Affairs (ongoing)	To develop the pupils knowledge of the World they live in and debate issues arising	1) First News –Guardian Newsdesk 2) BBC News 3) Newsround (gives great background summaries to stories) See Spring term SoW for details.
Alcohol and Drugs To link with the Science curriculum	To learn about addiction, what it is and how it starts To discuss the physical long and short term effects of drinking alcohol, and the social and psychological consequences of drinking too much alcohol	1) <u>PSHEE Boardworks Drugs Education: Unit 1</u> : Slides on addiction and alcohol only NB slide 15 gives simulation 2) <u>DVD on the Z Drive: PSHE & Citizenship/PSHE/Year 7/Summer Term/ Knowing when to say no – Alcohol.</u>

	<p>To learn about the definition of drugs, the different types – prescription, legal and illegal.</p> <p>To discuss the effects of peer pressure and how we can handle it.</p>	<p>3) DVDs to discuss issues raised: - Z Drive: PSHE & Citizenship/PSHE/Year 7/Summer Term/ Turning Points:</p> <p>Alcohol – discuss issues raised:</p> <p>(i) Nick’s story (1 tutor session – alcohol related accident)</p> <p>(ii) Emma’s story (1 tutor session – alcoholic mum)</p> <p>4) Use activities described on Active teaching and learning strategies for PSHEE education to address issues raised. <u>Suggestions:</u></p> <ul style="list-style-type: none"> • <i>Statement continuum: “It is OK to drink alcohol under the age of 18” An imaginary line is drawn down the room. Students are told that one end of the line represents one extreme viewpoint, and the other end represents the opposite view. Students stand along the continuum according to what they think. Students may discuss their view with someone else nearby, and/or with someone who has a different view...Discuss, then repeat, have you changed your mind?</i> • <i>“It is better all round to be Tee-total” Similar to the Continuum except there is no middle ground. Students have to decide to agree or disagree with a statement. They then discuss their opinion with someone on the same or the opposite side.</i> • <i>At a party, a girl is offered alcohol. Her parents have told her not to drink any alcohol... Students take on the role of people at the party and act out a scenario. The audience can rewind the action, fast-forward, and explore different consequences and decisions. They can also ‘spotlight’ certain characters and question them in role.</i> <p>5) DVD on the Z Drive: PSHE & Citizenship/PSHE/Year 7/Summer Term/ knowing when to say no – Legal and illegal drugs</p> <p>6) <u>Junior Citizen Booklets</u> (from Y6 if you still have them): Pages 32 – 40 Try our any activities that work for your tutor group</p> <p>7) <u>PSHEE Literature Booklet</u> (In workroom) You will be given a set for your tutor group to read together and discuss as below: Read extracts from The Secret Diary of Adrian Mole aged 133/4 Sue Townsend – in your booklet, discuss issues raised using the following questions:</p> <ul style="list-style-type: none"> • Why do people write diaries? • What is an alcoholic? Are Adrian’s parents alcoholics?
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<p>Climate Change – The Human Effects <i>Earth Day 22nd April</i></p>	<p>Climate Change is covered in Science, RS and Geography lessons. These lessons are to consider the effects of climate change on people around the world. There are lots of different resources, please choose those best for your tutor group</p>	<p>1) Climate Change Quiz(You will need to print out the quiz)</p> <p>2) Top Trumps Generation Green Game (3 sets with a card of instructions are in the yellow resources box in the staffroom, please sign out and back in)</p> <p>2) Impact of climate change on the UK Watch the clips: Impact of Climate Change Clips For each clip, ask pupils to note (on paper/post it notes or mentally) two problems or challenges that climate change presents to the UK. Depending on which clips you use you might also want to ask them to take notes on how Britain is preparing to address these problems / challenges. After each clip, ask pupils to feedback their observations and discuss these as a class. Discuss which film clips concerned them most and why. Refer back to the discussion about life expectancy. Which of these impacts will be felt in their lifetime / their children’s lifetimes?</p> <p>3) Impact of Climate Change around the World Show the Effects of Climate Change slide show to the whole class (in Power Point) and talk about what they have seen.</p> <ul style="list-style-type: none"> • What are some of the main effects of climate change? • What happens as a result? • Are the effects the same in different countries? • What did people in the slide show do to help themselves? <p>Remind the class that floods, droughts and hurricanes have always happened, but because of climate change they are happening more often and more severely. Try out the Climate change card games (Sets of the cards are in the staffroom yellow resources box)</p> <p>4) Solve the Mystery Work through this excellent activity: Why did Mrs Camara's stall close? which has a mystery to solve in groups of 3-4 – you will need to print our some cards from the activity first</p> <p>5) 20 minute youtube clip on climate change:</p>

		Climate change youtube clip 6) Satirical climate change cartoons – could be used to stimulate discussion, perhaps the children could then design their own? Climate Change Cartoons
Personal Safety	This deals with what is a stranger, who can you trust, keeping healthy and internet safety	Junior Citizenship Workbook, Section 5.
Friendships	To consider how we choose our friends and what makes a good friend.	1. Write the word “FRIENDSHIP” on the board. Discuss: What it means to them. What makes a good friend and why? Can friends try too hard? What can be annoying about a friend? 2. Mutual Respect Activity : Sheets to be printed out. Each person in the tutor group should write down one thing they like about each other member of the tutor group. They could read them out, each person should then have a list of 10 things they could take home – what a confidence booster! Example of mutual respect activity: Mutual Respect Activity Completed
Exam Preparation & Study Skills	To help the pupils prepare for their summer exams	Using information learnt from Elevate study skills session. Study skills booklets can be provided on request.
First Aid	All Year 7 will be doing First Aid training on 6 th June. Please follow up as appropriate using the excellent resources and scenarios on the St John’s website	St John’s Website for Young People: Teach The Difference Website Test Your First Aid Knowledge
Target Review	Review targets set at the start of term/year 7. Consider to what extent they have been achieved and discuss why. Think about moving into Year 8. Discuss what challenges they will face, talk about older siblings and how they handled Year 8, try to discuss in the 3 rd person as pupils find this much easier.	Tutor Booklets