



PSHEE & Citizenship Scheme of Work Year 8 Summer Term 2018

Visiting Speakers

Elevate study skills – Finishing Line Prep - Friday 4 May 10.40-11.55 Studio Theatre
Money Management – Location TBC Tuesday 12 June

Please include at least 1 current affairs lesson during the week. This can be CBBC, newsround, First News etc. Please encourage you pupils to read/watch the news.

Content	Learning Focus	Resources
General welcome back and target setting	Establish SMART targets for the summer term. The CE pupils could begin by reviewing the progress they made over the Easter holidays with their revision, then identify areas they need to focus on in the next half term to fulfil their potentials in the exams. At least one target should be non-exam related – perhaps think about sports day, their play, trip, swimming gala, music concert.	Tutor booklet Update tutor boards
Introduction to Mindfulness	To introduce the pupils to the concept of mindfulness and mindful living in order to promote positive mental health.	PKC will be talking to the pupils during break time on Wednesday 3 May. To prepare the pupils, please watch the following BBC videos prior to Paula’s talk. What is a mental health problem? Inside my Head
Code of Conduct and pupil behaviour on the adventure playground	To foster polite and supportive ethos throughout the school, recognising that the Year 8s do set the example to the rest of the school regarding their behaviour now and in when they too reach the top of the school.	Code of Conduct on the classroom wall and behaviour on the adventure playground
Current Affairs (ongoing)	To develop the pupils knowledge of the World they live in and debate issues arising	Please see Autumn Scheme of Work for details and links. 1) First News 2) Guardian Newsdesk 3) BBC News 4) Newsround (gives great background summaries to stories)
Earth Day Lesson <i>Earth Day April 22</i>	Lesson to support Earth Day	1) Earth Day Lesson 2) Climate Change Quiz 3) Top Trumps Generation Green game (3 sets with a card of instructions are in the

		yellow resources box in the staff room. Please sign out and in)#
Body Image	<p>To consider body image and eating disorders <i>(NB – please be aware that we have pupils with eating disorders – if this concerns your tutees. Please handle the issues very carefully. See PKC or JCT if you have any issues/concerns)</i></p> <p>To use literature as a stimulus for discussion</p>	<ol style="list-style-type: none"> 1) BBC Body image photos to spark debate Body image photos 2) Show and discuss these videos: BBC clips and lesson ideas to discuss body image issues: Body Image & Media Body image & Weight 3) Boardworks Powerpoint presentation to discuss issues raised: <i>go to start – all programs – boardworks - PSHEE, select emotional health unit 3</i> 4) PSHE Literature Booklet, ask when you are ready (NB it says Year 7 on the front, ignore that!) <p>Read extract from the following book in PSHEE Literature Booklet Massive by Julia Bell</p> <p>This touches on a topic relevant to a lot of our pupils – obsession with weight... Please discuss issues raised, you may want to use the following questions as stimulus for discussion:</p> <ol style="list-style-type: none"> 5) What is the mother’s attitude to food? 6) What is anorexia? 7) What is bulimia? 8) What is the father’s attitude to food? 9) Are either of these attitudes healthy? 10) When Carmen says she feels “hungry all the time” why is that? What sorts of food fill you up? What sorts of food only give you a short burst of energy (discuss refined foods and unrefined foods – unrefined being more nourishing, filling, more slowly digested, contain more nutrients and are more filling) 11) Can you be “fat and happy”... <p><i>If the children are really enjoying it, you could read them the rest of the book; I has a copy in the library. I will buy more if necessary.</i></p>
Refugees & Immigration	<p>Following on from last term (British values)</p> <p>To give pupils an understanding of the plight of refugees and to encourage empathy.</p> <p>To provide the pupils with the knowledge and confidence to discuss controversial and emotive subjects</p> <p>To develop an understanding of the world we live in.</p> <p>To use literature to stimulate discussion.</p>	<ol style="list-style-type: none"> 1) Give pupils the task of asking/telling their tutor group something important without using language. How quickly can they get this across? Although many people are tolerant and welcoming, some are hostile towards newcomers. Discuss possible reasons for this: <ul style="list-style-type: none"> • Fear of the unknown • Ignorance, or scare stories put about by the media • Worries about unemployment - ‘they’re taking our jobs’. • Jealousy, often caused by misinformation e.g. ‘they’re taking the resources of the welfare

		<p>state’.</p> <ul style="list-style-type: none"> • Bullying. Hitting out at people who are in a weaker position than themselves. <p>2) Watch ID Citizenship on PSHE DVDs – use as a starting point for discussion: “some things I don’t know” – 1 tutor session on attitudes to refugees, discuss: What is democracy? What is equality? What are civil rights? What are political and economic asylum?</p> <p>3) Pupils read the extract from “Refugee Boy Benjamin Zephaniah” (I will give you copies) maybe outside as a group or individually or you could read it to them? If you need some history: Wikipedia page - History of Ethiopia-Eritrea War Following reading the extract, please discuss the following points:</p> <ul style="list-style-type: none"> • Why are the first 2 chapters written as they are? • Why do you think Alem’s parents left him in the UK? • What do you think will happen to him? • What do you think should happen to him? • What problems will he face if he stays/goes... <p><i>If the children are really enjoying it, you could read them the rest of the book; Lucy has a copy in the library. I will buy more if necessary.</i></p>
Target Review	<p>Review targets set at the beginning of term/Year</p> <p>Consider future long term targets</p>	<p>Have they achieved all the targets they set for themselves at Danes Hill. If not why? What do you want to achieve at your next school?</p>
Moving On	<p>To provide pupils with the opportunity to follow air concerns about moving on to their next school</p>	<ol style="list-style-type: none"> 1) Websites of future schools 2) Discuss what their siblings found difficult and how they overcame problems – it is always easier to discuss these issues in the third person!... 3) JRH’s schools presentation later in the term may provide material for discussion