



RISK ASSESSMENT

RUGBY

<i>HAZARD</i> (Situation or activity to be undertaken)	<i>POTENTIAL RISK</i>	<i>RISK RATING</i> A= High B= Medium C=Low	<i>LIKLIHOOD</i> 1= High 2=Medium 3=Low	<i>PREVENTION</i> (Action taken to control potential risk/hazard)
Minor injury – bruising, strain, minor sprain				
Major injury – dislocation, break, ligament/ muscle tear etc. Concussion				
Catching and passing ball	Injury to hand/finger (bruising)	C	2	Insistence on good behaviour Use of correct size ball Teacher supervision and instruction (good technique)
	(dislocation, break)	B	3	As above
Running with or without ball	Falling over.		2	As above
	Minor injury to joints & limbs	C	3	Ensure pitch/surface is in good order
	Major injury (dislocation/break)	B	3	Encourage awareness of space and other players Wearing of correct footwear
	Hitting head on ground (conclusion)	B	3	Wearing of headguards advised/allowed
Contact situations (tackle, scrum, ruck, maul + line-out)	Broken neck (death) paralysis	A	3	Teacher supervision at all times. Instruction of good technique (individual & unit skills)
	Minor injury	C	2	Scrummage by 'command'
	Major injury	B	3	
	Tooth damage/loss	B	3	Mouthguards compulsory
	Cut, especially to bare flesh	B (requiring stitches)	3	As above and regular checking of studs (safety)
		C (other)	3	
Use of teaching/coaching aids (contact pads, tackle bags, scrum machine)	Minor injury	C	3	Teacher supervision and instruction of good technique

JEB

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