



## Spring Lake Park Athletic and Activities Student-Athlete Evaluation

**Sport:**  
**Coach:**  
**Level: V JV B 9**

| HEAD COACH  | NA | STRONGLY<br>AGREE | AGREE | DISAGREE | STRONGLY<br>DISAGREE |
|---|----|-------------------|-------|----------|----------------------|
| The coach has sufficient knowledge of the rules, skills, and strategies needed to develop the team competitively. |    |                   |       |          |                      |
| The coach recognizes individual needs and differences among team members.   |    |                   |       |          |                      |
| The coach helps individuals develop to their full potential.  |    |                   |       |          |                      |
| Information from the coach to the team is clear and understandable.   |    |                   |       |          |                      |
| Opportunities are available for me to communicate one-on-one with the coach.                                      |    |                   |       |          |                      |
| When communicating individually with my coach, I felt as if it were a sincere exchange of thoughts/ideas.         |    |                   |       |          |                      |
| As a player, I respect my coach.  |    |                   |       |          |                      |
| List two things the head coach does to make the experience a positive one:  |    |                   |       |          |                      |
| 1.  |    |                   |       |          |                      |
| 2.  |    |                   |       |          |                      |
| List two things the head coach could do to be more effective:   |    |                   |       |          |                      |
| 1.  |    |                   |       |          |                      |
| 2.  |    |                   |       |          |                      |

**Comments:**

| ASSISTANT COACHES  | NA | STRONGLY<br>AGREE | AGREE | DISAGREE | STRONGLY<br>DISAGREE |
|--|----|-------------------|-------|----------|----------------------|
| The assistant coach(es) are an integral part of the team.  |    |                   |       |          |                      |
| Information from the coach(es) to the team is clear and understandable.  |    |                   |       |          |                      |
| When communicating individually with the assistant coach(es), I felt as if it were a sincere exchange of thoughts/ideas. |    |                   |       |          |                      |
| As a player, I respect my assistant coach(es)  |    |                   |       |          |                      |

**Comments:**

| <b>PRACTICES</b>  | <b>NA</b> | <b>STRONGLY AGREE</b> | <b>AGREE</b> | <b>DISAGREE</b> | <b>STRONGLY DISAGREE</b> |
|---|-----------|-----------------------|--------------|-----------------|--------------------------|
| The length of practice is effective and appropriate for our level of play.    |           |                       |              |                 |                          |
| Practices are effectively structured to enhance individual skill development. |           |                       |              |                 |                          |
| Practices simulate realistic game/match/meet like situations.                 |           |                       |              |                 |                          |
| Practices are well organized and challenging.                                 |           |                       |              |                 |                          |
| Practices are structured to keep team members alert, committed and motivated. |           |                       |              |                 |                          |
| The length and time of practice takes into consideration my scholastic needs. |           |                       |              |                 |                          |

**Comments:**

| <b>ATHLETIC ADMINISTRATION</b>   | <b>NA</b> | <b>STRONGLY AGREE</b> | <b>AGREE</b> | <b>DISAGREE</b> | <b>STRONGLY DISAGREE</b> |
|--|-----------|-----------------------|--------------|-----------------|--------------------------|
| The athletic administration demonstrates support for my sport by providing adequate resources and facilities.    |           |                       |              |                 |                          |
| Athletic administration is available to answer questions and/or discuss concerns.                                |           |                       |              |                 |                          |
| As a player, I was well informed of MSHSL and school district bylaws and rules.                                  |           |                       |              |                 |                          |
| Athletic administration is consistent in applying the MSHSL and school district bylaws and rules when necessary. |           |                       |              |                 |                          |
| Athletic administrators made a significant effort to get to know student-athletes.                               |           |                       |              |                 |                          |

**Comments:**

| <b>OVERALL</b>   | <b>NA</b> | <b>STRONGLY AGREE</b> | <b>AGREE</b> | <b>DISAGREE</b> | <b>STRONGLY DISAGREE</b> |
|--|-----------|-----------------------|--------------|-----------------|--------------------------|
| Many of the demands and experiences in athletics parallel those in my everyday life.         |           |                       |              |                 |                          |
| Each season, I develop improved relationships with my coaches and teammates.                 |           |                       |              |                 |                          |
| My experiences as a student-athlete are among the best I have ever had.                      |           |                       |              |                 |                          |
| If I had to do it over again, I would participate in this Spring Lake Park Panther activity. |           |                       |              |                 |                          |