

**Anderson High School**  
**2017-2018 Menu**  
**Student \$3.25/Reduced \$0.40/ Adult \$4.15**  
**Skim Milk \$0.55/ Entrée Only \$1.90**

**All serving lines contain options for Free & Reduced Price Student Recipients.**

Southgate Food Services complies with the federal Healthy Hunger Free Kids Act of 2010 implemented by the USDA, which places strict limits on calories, saturated fat and portion size by grade level. The new standards align school meals with the latest nutrition science and the 2010 Dietary Guidelines for Americans, making sure that students are offered both fruits and vegetables each day, more whole grains, with portion sizes and calorie counts designed to maintain a healthy weight. Food is divided into five groups: Meat/Meat Alternate, Vegetable, Fruit, Grains/ Grain Alternate & Milk. Under Offer vs. Serve, all food groups are offered to students. They must choose at least three, to include either a fruit or vegetable, to be considered a meal. Some combination foods count as more than one component (hamburger on bun, pizza, etc).

***A la carte selections are not included in the free/reduced program and may be purchased separately.***

**\*Skim Milk/ Fruit/ Vegetable offered on all serving lines\***

**Daily Feature Line**

**A selection of main entrees to choose from- changing each day- such as grilled burgers, chicken choices, international cuisine, or home-style fare**

**Taco & Salad Bar Line**

**Tacos, chicken or beef, offered daily. Other options such as nachos supreme or chicken quesadilla offered weekly. Leafy dark greens with tomatoes, carrots, broccoli, sweet peppers, cucumbers, onions, etc as side salad with Mexican fare— also offered separately as a meal with meat/ cheese toppings.**

**The Upper Crust**

**Pizza by the slice, nachos, and pizza dippers offered everyday a la carte with a featured “meal” selection.**

**Titan Stand**

**A variety of items are available daily a la carte with a featured “meal” choice.**

**Breakfast \$1.70 Student/ \$0.30 Reduced Price**

**Assorted cold items & one hot offered daily**

**Menu subject to change without notice.**

**Southgate Community Schools does not discriminate on the basis of race, color, national origin, sex, age, height, weight, religion, marital status or disability in its programs and activities.**