



DE LA SALLE BASKETBALL COACHES CLINIC

What Will We Cover?

- Skill Development- How can you help your players improve?
- Demonstrating drills for ball handling, passing, shooting, and rebounding
- Running and preparing for practice
- Offensive strategy and principles
- Defensive strategy and principles
- X's and O's
- Question and Answer Segment

Coach Justin Argenal File

- De La Salle Graduate - BVAL MVP
- Chico State Graduate – 4 Year Team Captain
- All-Time CCAA Leader in Assists and Steals
- 2010 – 2016 Collegiate Coach
- Ole Miss, The Citadel, Louisiana Tech, Southeast Missouri State, Cal State Dominguez Hills
- 2016 – Present Head Varsity Coach at De La Salle High School (49-15)
- 2017 NorCal Preps Coach Of The Year
- 2017 NCS Champions

Email Coach Argenal with any questions at argenalj@dlshs.org.



When:
**Sunday, September
30th**

Schedule:
7:30-8am Registration
8-10am Clinic
10-10:30am Q and A

Cost:
\$25

**Open to all CYO
COACHES**

**Register online today
at De La Salle Camps
and Clinics!**

[https://www.dlshs.org/athletics/ca
mps-clinics](https://www.dlshs.org/athletics/ca/mps-clinics)

DE LA SALLE HIGH SCHOOL

1130 Winton Drive
Concord, CA, 94518

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