

**DPS 2018-19
Dalton High School**

**August 7-10
Deli-Cat-tessen**

International

Southern Chow

Hot & Spicy

Grill

Tuesday

Pizza
Marinara Sauce
Cucumber Marinated Salad
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Tuesday

B.B.Q Sandwich
Cole Slaw
Baked Beans
Leafy Green Salad
Fresh Fruit

Tuesday

Walking Tacos
Fresh Pico
redded Lettuce,Onions,Peppe
Leafy Green Salad
Fresh Fruit

Tuesday

Chicken Sandwich
Cheeseburger
Cucumber Marinated Salad
Lettuce/Tomato/Onion/Pickle
Leafy Green Salad
Fresh Fruit

Wednesday

Pizza
Marinara Sauce
Steamed Broccoli
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Wednesday

Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Boneless BBQ Wings
Fresh Broccoli w/Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce
Fresh Fruit
Spinach Salad

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit,Leafy Green Salad
Yogurt Box Choice

Thursday

Pizza
Marinara Sauce
Corn
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Thursday

Spaghetti Bake
Roll
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Country Fried Steak w/Gravy
Roll
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Steak Nachos
Sauteed Peppers & Onions
Corn
Leafy Green Salad
Fresh Fruit

Thursday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit

Friday

ChickenTenders, Cornbread
Glazed Carrots
Pinto Beans
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Friday

Chicken Tenders w/ sauces
Garlic Toast
Steamed Broccoli
Carrot Raisin Salad
Fresh Fruit
Leafy Green Salad

Friday

Chicken Tenders w/ sauces
Garlic Toast
Cole Slaw
Sweet Potato Fries
Fresh Fruit
Leafy Green Salad

Friday

Beef Nachos
Shredded Lettuce/Cheese
Fresh Pico
Black Bean Salad
Fresh Fruit
Leafy Green Salad

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Sticks , Leafy Green Salac
Fresh Fruit
Yogurt Box Choice

August 13-17

Monday

Pizza
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit
Boxed Sandwich Choice

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

DHS

Monday

B.B.Q Baked Potato
Fresh Pico
Black Bean Salad
Corn
Fresh Fruit
Leafy Green Salad

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Yogurt Box Choice

Tuesday

Pizza

Tuesday

Walking Tacos

Tuesday

Chicken Casserole

Tuesday

Cheese Nachos

Tuesday

Chicken Sandwich

Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit
Boxed Sandwich Choice

Wednesday

Pizza
Marinara Sauce
Leafy Green Salad
Celery w/ Ranch
Fresh Fruit
Boxed Sandwich Choice

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit
Boxed Sandwich Choice

Friday

Chicken Tenders
Cornbread
Pinto Beans
Mashed Potatoes
Fresh Fruit
Boxed Sandwich Choice

August 20-24

Monday

Pizza
Marinara Sauce
Corn
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Tuesday

Pizza
Marinara Sauce
Celery Sticks
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Wednesday

Pizza

Refried Beans
Pico de Gallo
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans
Fresh Fruit
Leafy Green Salad

Thursday

Cheeseburger
Lettuce, Tomato, Onion
Pickle
Black Bean Salad
Leafy Green Salad
Fresh Fruit

Friday

Chicken Tenders
Cornbread
Pinto Beans
Roasted Squash
Fresh Fruit
Leafy Green Salad

Monday

Spaghetti Pie
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Tuesday

Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Wednesday

Lasagna

Roll
Glazed Carrots
Steamed Broccoli
Fresh Fruit

Wednesday

Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans
Fresh Fruit
Leafy Green Salad

Thursday

Hot Dog
Baked Beans
Slaw
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Friday

Chicken Tenders
Cornbread
Pinto Beans
Corn
Fresh Fruit
Leafy Green Salad

DHS

Monday

Spaghetti Pie
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Tuesday

Asian Chicken
Rice
Egg Roll
Orientle Veggies
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Patty w/Gravy

Pinto Beans
Pico de Gallo, Sour Cream
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos
Rice, Jalapeno Peppers
Sauteed Peppers/Onions
Salsa
Fresh Fruit
Leafy Green Salad

Thursday

BBQ Nachos
Pico de Gallo
Slaw
Corn
Fresh Fruit

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit
Leafy Green Salad

Monday

Cheese Nachos
Corn
Pico De Gallo
Shredded Lettuce
Fresh Fruit

Tuesday

Walking Tacos
Black Beans
Pico de Gallo
Shredded Lettuce/cheese
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Fajita Nachos

Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Veggie Fries
Fresh Fruit, Leafy Green Salad
Yogurt Box Choice

Thursday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Rosted Garbanzo Beans
Fresh Fruit
Leafy Green Salad

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit
Yogurt Box Choice

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Leafy Green Salad
Fresh Fruit
Yogurt Box Choice

Tuesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Egg Plant Fries
Fresh Fruit
Leafy Green Salad

Wednesday

Chicken Sandwich

Marinara Sauce
Steamed Broccoli
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Garlic Toast
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Garlic Toast
Steamed Broccoli
Mashed Potatoes
Leafy Green Salad
Fresh Fruit

Rice,Salsa
Sauteed Peppers/Onions
Fresh Broccoli
Fresh Fruit
Leafy Green Salad

Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box Choice

Thursday

Pizza
Marinara Sauce
Carrot Sticks
Leafy Green Salad
Fresh Fruit
Boxed Sandwich Choice

Thursday
Philly Beef Sub
Sauteed Peppers/Oions
Sweet Potato Fries

Fresh Fruit

Thursday
Country Fried Steak w/ Gravy
Biscuits
Glazed Carrots
Mashed Potatoes
Fresh Fruit

Thursday
Pork Carnita Nachos
Cilantro,Lime,Onion
Fresh Pico
Shredded Lettuce
Fresh Fruit

Thursday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit

Friday
Chicken Tenders, Cornbread
Pinto Beans
Slaw
Fresh Fruit
Boxed Sandwich Choice
Leafy Green Salad

Friday
Chicken Tenders
Pinto Beans
Mashed Potatoes
Cornbead
Fresh Fruit
Leafy Green Salad

Friday
Chicken Tenders
Pinto Beans
Roasted Squash
Garlic Toast
Fresh Fruit
Leafy Green Salad

Friday
Beef and Cheese Nachos
Salsa
Refried Beans
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

August 27-31

Monday

Pizza
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit
Boxed Sandwich Choice

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Fresh Fruit
Leafy Green Salad

DHS
Monday
Loaded Taco Potato
Fresh Pico
Jalapeno Pepper
Pinto Beans
Fresh Fruit
Leafy Green Salad

Monday
Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo
Fresh Fruit
Leafy Green Salad

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Fresh Fruit
Yogurt Box Choice

Tuesday

Pizza
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit
Boxed Sandwich Choice

Tuesday
Walking Tacos
Corn
Pico de Gallo
Shredded Lettuce
Sour Cream
Fresh Fruit

Tuesday
Roasted Chicken
Garlic Toast
Mashed Potatoes
Steamed Broccoli
Fresh Fruit

Tuesday
Cheese Nachos
Corn
Pico de Gallo
Shredded Lettuce
Refried Beans
Fresh Fruit

Tuesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Oven Baked Fries
Fresh Fruit

Wednesday

Pizza
Marinara Sauce
Leafy Green Salad
Cucumber Marinated Salad
Fresh Fruit
Boxed Sandwich Choice

Wednesday
Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Green Beans
Fresh Fruit
Leafy Green Salad

Wednesday
Country Fried Steak w/
Gravy & Biscuits
Mashed Potato
Cucumber Marinated Salad
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Fajita Nachos
Rice, Salsa
Sauteed Peppers/Onions
Jalapeno Peppers. Lettuce
Fresh Fruit
Leafy Green Salad

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Cucumber Marinated Salad
Fresh Fruit
Leafy Green Salad

Thursday

Pizza
Marinara Sauce

Thursday

Chili Fries
Garlic Toast

Thursday

Hot Dogs
Baked Beans

Thursday

Chili Cheese Nachos
Corn

Thursday

Chicken Sandwich
Cheeseburger

Leafy Green Salad
Broccoli
Fresh Fruit
Boxed Sandwich Choice

Pico de Gallo
Broccoli
Shredded Cheese
Fresh Fruit
Leafy Green Salad

Slaw
Pickle Relish
Oven Baked Fries
Fresh Fruit
Leafy Green Salad

Pico de Gallo
Broccoli
Shredded Lettuce
Fresh Fruit
Leafy Green Salad

Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Leafy Green Salad

Friday
Chicken Tenders
Cornbread
Pinto Beans
Glazed Carrots
Fresh Fruit
Boxed Sandwich Choice

Friday
Chicken Tenders
Cornbread
Pinto Beans
Sweet Potato Fries
Fresh Fruit

Friday
Chicken Tenders
Cornbread
Pinto Beans
Fresh Sweet Potatoes
Fresh Fruit

Friday
Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Fresh Fruit

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Sticks
Fresh Fruit
Yogurt Box Choice