

# AFTERSCHOOL

SPECIALTY CLASSES PLAYLAB PRIVATE MUSIC LESSONS





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### General Information

### OUR PROGRAMS

AFTER SCHOOL covers the below programs offered to Avenues students, Monday through Friday, from school dismissal to 5:30 p.m. All the programs listed below fall under the After School umbrella.

**SPECIALTY CLASSES** are offered to all Avenues students, from Monday through Friday from school dismissal to 5:30 p.m. Classes cover a wide variety of topics, including dance, art, sports and more; costs vary from class to class.

PRIVATE MUSIC LESSONS are available to students in Pre-K through 12th grade. Avenues has partnered with Opus Music School to include classes for trumpet, saxophone, violin, guitar, flute, clarinet, piano, drums, voice and more.

PLAYLAB is the general after school care for students in nursery through 5th grade. Activities during this time include art, cooking, group games and outdoor play. PlayLab is offered Monday through Friday from dismissal to 5:30 p.m. Enrollment is entirely flexible. Families may enroll students on a daily or multi-day basis.

**SPECIALTY CLASSES FOR ADULTS** are offered to Avenues parents. They will provide the opportunity to participate in English conversation workshops, Spanish lessons and Aerojazz.

### After School Calendar

After School runs from September 10, 2018 to June 14, 2019. There are no classes on holidays.

Tuesday, August 21 PlayLab for 2nd - 5th grade begins

Wednesday, August 22 PlayLab for 1st grade begins

Monday, August 27 PlayLab for Nursery, Pre-K and Kindergarten begins

Monday, September 10 Specialty classes and private music lessons begin

Friday, December 14 Last day of specialty classes and private music lessons

Wednesday, December 19 Last day of PlayLab

Tuesday, January 22 PlayLab resumes

Wednesday, February 4 Specialty classes and private music lessons resume

Friday, June 14 Last day of specialty classes and private music lessons

Wednesday, June 19 Last day of PlayLab

### Specialty Classes A to Z

#### **ADVENTURES IN ART**

Nursery - PreK Instructor: Quintal 7 Cores R\$ 250 per month Through immersion in images, artists, music, dance, theater and exploration of various artistic media, Adventures in Art playfully expands children's artistic, cultural and expressive repertoire, while allowing them to share their ideas, experiences and creations.

### **ARTISTS' HUB**

Kindergarten – Grade 5 Instructor: Grão de Chão **R\$ 620 per month**  Artists' Hub includes fun activities covering the arts: theater, music, visual arts and dance. Students will have individual and group projects. They will develop their artistic eye and ability to provide and act on feedback. Teachers will assess interests and suggest next steps while introducing artistic techniques.

### **BRAZILIAN JIU JITSU**

Grades 4 - 10 Instructor: Cia. Paulista de Jiu Jitsu **R\$ 440 per month**  Under the tutelage of master Eduardo Leitão, Brazilian Jiu Jitsu class aims to combat bullying and develop respect. Regarded as the oldest of the martial arts, the practice of Jiu Jitsu develops self-confidence, self-control, physical conditioning and techniques for self-defense.

### \*This class takes place twice a week

Nursery - Grade 3 Instructor: Eduardo Areias **R\$ 295 per month** 

**CAPOEIRA** 

Dance mixed with combat, capoeira originates from Africa. Capoeira develops motor skills, balance, the visual field, while stimulating creativity and self-confidence. Students will practice synchronized choreographies to the rhythmic music of the berimbau, caxixi, tambourine and reco-reco.

### **CHESS MATES**

Kindergarten - Grade 5 Instructor: Rent a Pro R\$ 275 per month As the most popular game in the world, chess develops cognitive abilities such as concentration, planning, memory, patience, analytical and logical reasoning. Classes will tackle the rules of chess, movements and healthy competition. This class is a great opportunity for socialization between different ages.

### **EN GARDE: FENCING**

Grades 4 – 10 Instructor: Escola de Esgrima Abel Melián

### R\$ 400 per month

\*This class takes place twice week

Fast movements and sharp reflexes are key to fencing. The objective is to touch the core of the opponent with the tip of the foil. Fencing develops movement for the feet and hands. Rules and technical vocabulary are taught in French, as the first fencing schools came into being in France. Our students will have the opportunity to learn from international champion Abel Melián.

## Specialty Classes A to Z - continued

### **EXPLORING BALLET**

Grades 2 - 5 Instructor: Ballet Paula Castro **R\$ 550 per month**  Exploring Ballet introduces ballet to young children. This class will develop balance, flexibility, rhythm and motor coordination, as well as physical confidence and expression. Classic techniques are introduced gradually so students acquire a genuine appreciation for dance.

# FIBER ARTS WITH FRIENDS

\*This class takes place twice week

Grades 2 - 5 Instructor: Quintal 7 Cores

R\$ 250 per month

Fiber Arts with Friends is a great class for children who enjoy hands-on activities. Students will broaden their abilities by deconstructing and rebuilding various fabrics, clothing, and accessories. The course covers a wide range of techniques related to fiber art, such as sewing, weaving, gluing, beading, felt and fabric painting.

### FIRST STEPS IN MUSIC

Nursery Instructor: Opus Music School R\$ 350 per month First Steps in Music is an introductory music course for children that covers musical perception, rhythms, timbres and the sonority of the instruments. The goal is to inspire interest in music and open the way to music education.

### FLIPS N 'FLOPS: RHYTHMIC GYMNASTICS

Grades 2 – 5 Instructor: Rent a Pro R\$ 275 per month Grace, balance, strength and flexibility are key to rhythmic gymnastics. Musical accompaniment while handling of tapes, balls, clubs and bows are good for psychomotor development. Classes will also develop expressive physicality and body awareness.

# GOALS ACADEMY: FUTSAL

Kindergarten – Grade 5 Instructor: Rent a Pro R\$ 275 per month Futsal is field football adapted for indoor courts. Futsal develops motor skills such as balance, ball dominance, laterality, agility, rhythm, and strength. Futsal classes will be playful and cover technique and tactics while having fun team-building.

### **IHABLEMOS ESPAÑOL!**

Grades 2 - 10
Instructor:
Cultura Española
R\$ 450 per month
\*This class takes place twice week

The Cultura Española institute has developed an exclusive and dynamic afterschool curriculum for Avenues students. Conversation skills will be covered from the beginning. Cultura Española is recognized by Spain's leading universities.

### **HIP HOP**

Grades 8 - 10 Instructor: Ballet Paula Castro **R\$ 390 per month**  Hip Hop is for teenagers and develops coordination, body awareness and confidence. Students will learn the fundamental hip-hop moves including basic body isolations and choreography.

# HOOPS! BASKETBALL FOR BEGINNERS

Grades 2 - 5 Instructor: Rent a Pro **R\$ 275 per month**  Basketball develops motor coordination, decision-making and concentration through skills such as change of trajectories, feints, dribbles and pitches. The classes are playful, dynamic and promote fun and team spirit.

## Specialty Classes A to Z - continued

#### **INVENTORS' CLUB**

Kindergarten – Grade 5 Instructor: Casa de Makers **R\$ 350 per month**  This class allows Maker students to develop projects according to their areas of interest. They will have the opportunity to explore all types of tools, from hot glue to 3D printers. In a creative and inspiring learning environment, students will actively combine science, technology, engineering, art and mathematics (STEAM).

### **JAZZ TEEN**

Grades 6 - 10 Instructor: Ballet Paula Castro

Materials: R\$200

Jazz Teen is for teenagers. It is a joyful and dynamic class that encourages body expression, collective interaction, concentration and attention.

### R\$ 525 per month

\*This class takes place twice week

#### LET'S DANCE

Grades 2 - 5 Instructor: Ballet Paula Castro **R\$ 390 per month**  Let's Dance is inspired by the movements and choreography of the great musicals of Broadway. No prior knowledge of any technique is required. It is a joyful and dynamic class that encourages body expression, collective interaction, concentration and attention.

#### **MADSCIENCE**

Grades 3 - 5 Instructor: MadScience **R\$ 350 per month**  Mad Science activities include rocketry, magnets, polymers, and even the science of toys. In each class, children are encouraged to give science a try and build their very own model rockets, periscopes, Mad Science putty, and more.

### **MINI-MOVERS**

Nursery - Grade 1 Instructor: Ballet Paula Castro **R\$ 550 per month** 'This class takes place twice week This class for small children teaches body expression, while developing motor coordination, balance and rhythm. Children will also grow in their confidence and creative expression.

### **PHOTOGRAPHY**

Grades 8 - 10 Instructor: OMA Galeria de Arte **R\$ 550 per month**  This photography course introduces several São Paulo artists who work in the field. Classes will cover technique and art history, and are taught by experienced teachers and artists.

### **RAISE THE CURTAINS**

Grades 4 - 5 and 9 - 10 Instructors: Hayley Coggan and Ricardo Vieira **R\$ 380 per month**  This theater class aims to develop students' artistic and expressive inclinations through games, improvisation activities and exercises. Students will develop physical and vocal awareness, spatial organization, confidence and elocution.

## Specialty Classes A to Z - continued

# SMALL WORLD OF SPORTS

Nursery - PreK Instructor: Rent a Pro R\$ 275 per month Small World of Sports is a dynamic, fun and challenging class. Covering a range of sports, this class aims to develop and improve basic motor skills such as kicking, jumping, running, throwing and more.

### STREET ART

Grades 8 - 10 Instructor: OMA Galeria de Arte **R\$ 550 per month**  Street Art covers the urban art movement, which includes graffiti, stencil art, wheatpaste posters, murals among others. Students will be introduced to today's artists and contextualize them historically. They will propose and execute real and inspiring projects. Classes will cover technique and art history, and are taught by experienced teachers and artists.

#### **TAEKWONDO**

Grades 6 – 10 Instructor: David Kerr **R\$ 440 per month** \*This class takes place twice week Taekwondo is an age-old Korean martial art whose basic principle is physical and mental balance. Among the many benefits are the development of muscular strength, balance and flexibility. The students will have the opportunity to train with the four-time world champion, David Kerr.

### THE TATAMI TEAM: JUDO

Kindergarten – Grade 5 Instructor: Rent a Pro R\$ 275 per month Judo is a martial art practiced as a combat sport. The main goal is to integrate the body and mind, and classes will cover technique, tactical thinking and self-control. Judo also conveys values such as discipline, respect, companionship and perseverance.

# THE WONDERFUL WORLD OF CIRCUS

Nursery – Grade 5 Instructor: Arte Movimento **R\$ 295 per month**  In circus classes students will develop strength, flexibility, balance and body control through acrobatic movements performed on circus equipment. The class will cover warm-ups juggling, tumbling, leaping, aerial arts, while developing strength and endurance. Classes will broaden the imagination and encourage self-expression.

### **VOICES OF AVENUES**

Grades 2 - 5 Instructor: Opus Music School R\$ 220 per month Voices of Avenues is offered to young students who love to sing. In this group, young singers are introduced to the fundamentals of choral singing and music theory, while developing independence and confidence.n and attention.

### **VOLLEYBALL ABOVE ALL**

Grades 4 – 5 Instructor: Rent a Pro R\$ 275 per month Volleyball develops fitness, strength and accuracy. Classes will introduce skills such as serves, sets, blocks and spikes. As team sport, volleyball encourages collaboration. The class will introduce the rules of volleyball, basic techniques, teamwork and individual tactics, while having fun.

### **WOODSHOP WIZARDS**

Nursery - PreK Instructor: Quintal 7 Cores **R\$ 250 per month**  In a safe and welcoming environment, Woodshop Wizards dives into how objects are built, and encourages students to create, not just to consume. Projects are developed in collaboration with students. They will use sandpaper, wood, hammers, nails, paints and even drills. The activities are run by experienced and trained professionals.

# Nursery and Pre-K (all classes run from 2:30 - 3:30 p.m.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Mini-Movers	The Wonderful	*Mini-Movers	Capoeira	Woodshop Wizards
2:30 - 3:30 p.m.	World of Circus	2:30 - 3:30 p.m.	2:30 - 3:30 p.m.	2:30 - 3:30 p.m.
	2:30 - 3:30 p.m.			
**Small World		First Steps in Music		**Small World
of Sports		2:30 - 3:30 p.m.		of Sports
2:30 - 3:30 p.m.			:	2:30 - 3:30p.m.
	:	Adventures in Art	: :	:
		2:30 - 3:30 p.m.		

# Kindergarten and 1st Grade (classes run from 3:00 - 4:00 p.m. - unless otherwise indicated)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Capoeira 3:00 - 4:00 p.m.	*Mini-Movers 3:00 - 4:00 p.m.	Chess Mates 3:00 - 4:00 p.m.	The Tatami Team: Judo 3:00 - 4:00 p.m.	*Mini-Movers 3:00 - 4:00 p.m.
Artists' Hub 3:00 - 4:30 p.m. 90 minutes	**Goals Academy: Fustal 3:00 - 4:00 p.m.	**Goals Academy: Fustal 3:00 - 4:00 p.m. Inventor's Club 3:00 - 4:00 p.m.	The Wonderful World of Circus 3:00 - 4:00 p.m.	

<sup>\*</sup>this class takes place twice a week

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\*\*this class may only be taken once a week

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## 2nd and 3rd Grade

(classes run from 3:20 - 4:20 p.m. - unless otherwise indicated)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Exploring Ballet	The Tatami Team:	*Exploring Ballet	Let's Dance	: Fiber Art With Friends
3:20 - 4:20 p.m.	Judo	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.
	3:20 - 4:20 p.m.			
**Goals Academy:	: The Wonderful	: Hoops! Basketball for	: Capoeira	
Futsal	World of Circus	Beginners	3:20 - 4:20 p.m.	
3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:00 - 4:00 p.m		
MadScience	: *iHablemos Español!	**Chess Mates	*iHablemos Español!	
(3rd grade only)	3:20 - 4:20 p.m.	3:00 - 4:00 p.m	3:20 - 4:20 p.m.	
3:20 - 4:20 p.m.		or		
		4:00 - 5:00 p.m		
Voices of Avenues	Artists' Hub	Flips n 'Flops:	Inventors' Club	
3:20 - 4:20 p.m.	3:20 - 4:50 p.m.	Rhythmic Gymnastics	3:20 - 4:50 p.m.	
	90 minutes	3:00 - 4:00 p.m.	90 minutes	
		**Goals Academy:		
	:	Futsal	:	:
		4:00 - 5:00 p.m.		

<sup>\*</sup>this class takes place twice a week

### 4th and 5th Grade

(classes run from 3:20 - 4:20 p.m. - unless otherwise indicated)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Brazilian Jiu Jitsu	*En Garde: Fencing	*Brazilian Jiu Jitsu	*En Garde: Fencing	: Volleyball Above All
3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.
MadScience	*iHablemos Español!	Raise the Curtains	: *iHablemos Español!	: Fiber Art With Friends
3:20 - 4:20 p.m.	3:20 - 4:20 p.m.	3:00 - 4:30 p.m.	3:20 - 4:20 p.m.	3:20 - 4:20 p.m.
		90 minutes		
Voices of Avenues	Inventors' Club	: Hoops! Basketball for	: : Let's Dance	
3:20 - 4:20 p.m.	3:20 - 4:50 p.m.	Beginners	3:20 - 4:20 p.m.	
	90 minutes	3:00 - 4:00 p.m.		
Flips n 'Flops:	Artists' Hub	**Chess Mates	**Goals Academy:	
Rhythmic Gymnastics	3:20 - 4:50 p.m.	3:00 - 4:00 p.m	: Futsal	<u>:</u>
3:20 - 4:20 p.m.	90 minutes	or	3:20 - 4:20 p.m.	
	:	4:00 - 5:00 p.m	:	:
*Exploring Ballet		**Goals Academy:	Tatami Team: Judo	
4:20 - 5:20 p.m.		Futsal	4:20 - 5:20 p.m.	
	<u>:</u>	4:00 - 5:00 p.m.	:	<u>:</u>
	:	*Exploring Ballet	The Wonderful	:
	<u>:</u>	4:20 - 5:20 p.m.	World of Circus	<u>:</u>
		:	4:20 - 5:20 p.m.	<u>:</u>

<sup>\*</sup>this class takes place twice week

<sup>\*\*</sup>this class may only be taken once a week

 $<sup>^{\</sup>ast\ast}\text{this class may only be taken once a week}$ 

6th to 10th Grade (classes run from 4:10 - 5:10 p.m. - unless otherwise indicated)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Raise the Curtains	*En Garde: Fencing	Street Art	*En Garde: Fencing	
(9th and 10th)	4:10 - 5:10 p.m.	(8th, 9th and 10th)	4:10 - 5:10 p.m.	
4:00 - 5:30 p.m.	:	3:00 - 5:00 p.m.	:	:
90 minutes		120 minutes		
*Brazilian Jiu Jitsu	*Jazz Teen	: *Brazilian Jiu Jitsu	*Jazz Teen	
4:10 - 5:10 p.m.	4:10 - 5:10 p.m.	4:10 - 5:10 p.m.	4:10 - 5:10 p.m.	
	: : *Taekwondo	: : Hip Hop	: : *Taekwondo	
	4:10 - 5:10 p.m.	(8th, 9th and 10th) 4:10 - 5:10 p.m.	4:10 - 5:10 p.m.	
	*iHablemos Español!		*iHablemos Español!	
	4:10 - 5:10 p.m.		4:10 - 5:10 p.m.	
			: : Photography	
			(8th, 9th and 10th)	
			4:00 - 5:30 p.m.	
			90 minutes	

<sup>\*</sup>this class takes place twice a week

# **Specialty Classes for Parents**

Classes begin September 10

**ENGLISH WORKSHOP** 

This 6-week workshop for parents will improve English pronunciation and

Instructor:

conversation.

Summit School

One-time payment: R\$ 875

SPANISH

Our Spanish course for parents is structured for you to acquire fluency quickly and

Instructor: effectively.

Cultura Espaõla **R\$ 450 per month** 

AEROJAZZ Instructor:

In partnership with Ballet Paula Castro, Aero Jazz is a fun and dynamic class. It

will develop cardiovascular endurance, agility and flexibility.

Ballet Paula Castro

R\$ 390 per month If you are interested in enrolling in a course, please email extensions-sp@

avenues.org.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
English Workshop		AeroJazz		Spanish
8:30 - 10:00 a.m.		8:30 - 9:30 a.m.		8:30 - 10:00 a.m.

### PlayLab

PlayLab is the general after-school care for students in nursery through 5th grade. Activities during this time include art, cooking, group games and outdoor play.

PlayLab is offered Monday through Friday from dismissal to 5:30 p.m. Enrollment is entirely flexible. Families may enroll students on a daily or multi-day basis.

Students may also attend PlayLab occasionally. Occasional visits must be scheduled at least one day advance through <a href="mailto:extensions-sp@avenues.org">extensions-sp@avenues.org</a>.

If a student needs to wait for a specialty class or stay late after one (no later than 5:30 p.m.) he or she may join your peers in to PlayLab activities for a shorter period of time.

According to Avenues policy, Primary Division students may not be on campus without adult supervision.

FREQUENCY	COST PER MONTH
1x week	R\$ 235
2x week	R\$ 450
3x week	R\$ 650
4x week	R\$ 830
5x week	R\$950
Occaisonal	R\$60
Part-time (before/after specialty classes)	R\$35

### **Private Music Lessons**

Private music lessons are offered to students in pre-K through 12th grade. Lessons are offered in 30-minute blocks. We have partnered with Opus Music School, which specializes in private lessons for a wide variety of musical instruments.

We offer the study of trumpet, saxophone, violin, guitar, flute, clarinet, piano, drums, voice and more. Private music lessons will run from September through June, with a recital at the end of the year.

Private music lessons have a separate registration process and managed directly through Opus Music School. If you are interested in private music lessons, please email <a href="mailto:musiclessons-sp@avenues.org">musiclessons-sp@avenues.org</a>.

R\$ 420,00 per month

### Policies and Procedures

# AFTER SCHOOL PROCEDURES

**Nursery - 1st Grade:** students will be escorted from their classroom to the After School Hub (Hub is a meeting point room for students and their after-school teachers). Their After School teacher will collect them for their activity. A healthy snack is provided around 2:00 pm.

**2nd - 5th Grade:** students will walk from their classrooms to the After School Hub (Hub is a meeting point room for students and their after-school teachers). Once they are there, they will have a healthy snack provided by our staff around 3:00. Their After School teacher will take students for their activity.

**6th - 10th Grade**: there will be a 30-minute break between school dismissal and specialty classes. Students will have time to change (if necessary) and have a snack (they can bring their own healthy snack or go to Connect). Students are responsible for arriving at their activities on time.

### DISMISSAL

Nursery - 1st Grade	After School Hub - Learn 244
2nd - 5th Grade	Food
6th - 10th Grade	Food

Parents are expected to have their child picked up at the dismissal time of each specialty class. According to Avenues policy, Primary Division students may not be on campus without supervision. Any Primary Division student not picked up within 15 minutes of activity dismissal will be taken to the After School Hub and a late fee of R\$60 will be applied. There is no exception to this policy (including advance phone calls).

If a student needs to wait for a specialty class or stay late after one (no later than 5:30 p.m.) he or she may go to PlayLab activities for a shorter period of time.

### **ABSENCES**

Parents are reminded that the control of contagious illnesses in school depends on cooperation from home. Please do not send your child to after school if he or she is not feeling well. If your child should become sick or mildly ill during after-school, we will call home to have the child picked up from school.

### **MAKE UP CLASSES**

If a child misses an after-school class due to illness or schedule conflict, we cannot offer a make-up class. If an after-school class must be canceled due to teacher absence, we will offer a make-up by extending future classes to make up the time.

### Policies and Procedures

### **REGISTRATION**

Registration for **specialty classes** is available on <u>OPEN</u>, our community portal. Upon registration, you will receive an electronic confirmation. Enrollment is on a first-come, first-served basis. If a class is listed as full, please sign up for the wait list as we make every effort to open additional sections to the meet demand. All classes are contingent upon enrollment and may be canceled prior to the first day if we do not reach the minimum enrollment. If a requested class is canceled, you will be notified via email. Online registration closes on August 22. If you have any questions, please email extensions-sp@avenues.org.

**Private music lessons** have a separate registration process and managed directly through Opus Music School. If you are interested in private music lessons, please email <u>musiclessons-sp@avenues.org</u>.

**PlayLab** can be registered through <u>extensions-sp@avenues.org</u>. Occasional visits must be scheduled at least one day advance through the same email.

### **BILLING**

You will receive a *boleto* via email to be paid on the 5th of each month. If payment is not made by due date, your child may not be able to participate in After School classes the following month.

### **DROPPING CLASSES**

If a family wishes to drop a class, they must email <u>extensions-sp@avenues.org</u> by the 20th of month. Lessons cancelled after the 20th of the month will be charged the following month.