
HEALTH & WELLNESS COUNCIL MINUTES

2017-2018

Location: Ad Center

Date: **Friday, May 18th, 2018**

Time: 2:30 p.m.-3:30 p.m.

Agenda details:

I. Welcome

A. Introductions

II. Health & Wellness Council Webpage

Is available on PSD Homepage either under Food Services or Student Services. <http://www.parklandsd.org/departments/student-services/health-services/health-wellness-council/>

-Reviewed site and navigated council through.

II. District Review

A. Department of Education Compliance Audit:

This three year review will occur again for the 20-21 school term.

a. KV, SC, and OMS

-Audit took three days to complete. District was observed on two breakfasts and one lunch. Two buildings received perfect ratings.

b. Wellness Policy Compliance

-Three accommodations were received for the Wellness Policy. Next phase is to move to the assessment and report card.

III. Review of Principal/Curriculum Survey

A. Tools for our Assessment:

-For the next stage of compliance we will use the following tools to create our assessment of the Wellness Policy. These tools will be used yearly at the completion of each school term.

a. Building Survey

-To be explained to building principals at the June meeting. A ten question survey will be sent out to building principals and assistant principals to complete, looking at the Wellness Policy.

-Survey was reviewed with the council.

b. C & I Survey

-Part two of the survey deals with Curriculum and Instruction and will be completed by them at the same time. This is a two question survey for both elementary and secondary curriculum.

B. Assessment Report Card:

a. To be created and shared before November meeting.

-The information obtained through the survey along with information from our district SHARR's Report will be added to create a report card.

-This summer the Department of Health/Human Services is to provide districts with a template to aid with this development. More information to be shared with the counsel at the fall meeting.

IV. Round Table:

CSA- reviewed. Salvaterra met its quota in March. Yellow Sky Farm is reported to have ten spots remaining with closing to occur at the Memorial Day weekend.

Build Your Armor- 97 participants this fall and 70 participants this spring. A grant through the foundation was applied for to continue to assist with this program for 18-19 school term.

Hand Only CPR- discussed offering to the community and our seniors at possibly senior dinner. Also to investigate offerings to our bus drivers, food services and custodial departments.

Going to continue with program for the 8th grade students for the 18-19 school term.

Stop the Bleed- a grant was obtained from LVHN and is being offered to Salisbury, East Penn, Allentown and Parkland. For Parkland, CSN's will be trained this fall and turnkey this to the building response teams.

Allentown Health Bureau:

*-**Million Clicks**- information provided. Previously offered this to the district in the fall, will offer again for Spring/Summer.*

*-**Tick Prevention**- encourage to remind families of this importance as the season is upon us.*

*-**Concussion Prevention Education**- grant received and programs are being developed and offered to families not only residing in Allentown.*

*-**Summer Food Programs**- Sites are being expanded, different locations being added. Lori requested information to be provided to see in Parkland residents are able to participate.*

Future meeting dates:

Thursday November 15, 2018 at 3:00.

Friday May 17, 2019 at 2:30.