Words are a ground where your thoughts have power

Rissue



IN THIS ISSUE

Daily Stereotypes - Alson Lum Yu Jiey

Suitable Cafés for a Date, study session, dinner -Janpriya Tanakadoo

Finding your path - Victoria Palser

• Enhance your vocabulary

MESSAGE BY THE RISSUE TEAM

Do you ever read something written in such a beautiful and inspiring way that it makes you question your own way of writing? How do you reach that level? Reading and writing. That's where you start. As you read, it will enrich your vocabulary, you will want to use these words yourself and eventually find new ones as you continue on your journey.



Table of Content

Is stereotyping good?

BY ALSON LUM YU HEY



LGBTQIA+ Rights

BY VIVIAN ROOS



Anime

BY MAYU TANIOKA



66 Quick Trip Around the World

BY MEDHINI PATHIRANA



What to watch this winter

BY LAMIA, LAVINIA, AND ENIEK

Cafés and restaurants

BY JANPRIYA TANAKADOO

How to get an A

BY KA WAI CHAN

Thinking about the next step

BY NORA PATAKI

What to read in this life

BY VICTORIA PALSER

Must have Apps

BY SABRINA & SARA

Winter activities



Snow Leopard

BY DIANA ZAVYOLOVA BY JASMIJN KREMER



Finding Your Path

Christmas Food

BY VICTORIA PALSER



BY TUTKU KAYMAK

Architecture



Expectations vs reality

BY SERENA CHIU BY MARYAM BOUZIDI

Work as hard as you can. Then push your limits and go even beyond that. When you're done, repeat this again.



Stereotyping?

In this 21st century, the big question regarding stereotypes is; "Why do stereotypes still exist". Stereotyping have been around since the beginning of time and are still very prominent. Psychologist once believe that only bigoted people used stereotypes. However, I realised that everyone uses stereotypes; and I believe it is due to our unconscious biases. We have all probably experienced stereotypes: or maybe it is you who stereotype others.



Stereotyping ranges from gender stereotyping to racial stereotyping. How many times have you been judged just because of your skin colour or because of your gender? However, there are different effects of stereotyping. An example I have experienced is that most people think Asians are good at math. This sets an expectation for Asians to be good at math and Asians are pressured to be better at math. This stereotyping might be good, however the effects it has on the racial group, (Asians in this case) is bad. It pressures people to live up to the expectations of others.

Stereotyping is a prejudice and it allows people to feel a certain way towards another without even knowing them personally. It gives them a view constructed by themselves of another person. This is totally wrong as everyone is different and no individual is the same and stereotyping just makes us categorise people of the same features into one group.

In conclusion, stereotyping is just a social construct, constructed by people who is biased towards a certain thing. We should not base our views towards something because of our biased thoughts. As Martin Luther King Jr. once said "I have a dream that my four children will one day live in a nation where they will not be judged by the colour of their skin but by the content of their hearts." Stereotyping is bad; however it is us who are taking in this criticism; if everyone ignores this stereotyping will not continue.



Hatred paralyses life; love releases it. Hatred confuses life; love harmonies it. Hatred darkens life; love illuminates it." - Martin Luther King Jr.

LGBTQIA+ Rights

BY VIVIAN ROOS

Before we jump into any of this, we need to delve deeper into the meaning of this compilation of letters. LGBTQIA+ stands for Lesbian, Gay, Bisexual, Transgender, Queer (or Questioning), Intersex, Asexual (and Agender/Aromantic), as well as much more! What we call this special community varies from person to person. Some people choose to stick with LGBT+, while others like to go for the full package, as shown above. No matter what you like to call it, it always comes back to the same exact community, the same exact group of people.

Everyone has a different opinion on the matter of LGBT+ rights. Some people base their opinion on what their parents told them and how they were raised. Others let their opinion be changed by just one argument or person, whether it be a family member or not. No matter what your beliefs are, it is not going to change the fact that the LGBT+ community has basic human rights. The community has rights and deserves to be treated like any other community, despite other people's protests and feelings.

The fact that this community has rights is such an important and big step in our society, that it's sometimes mind numbing! In 2017, more LGBT+ couples have the right to marry than ever before! This means that the LGBT+ community is finally being granted the same rights as everyone else. A specific community not being granted human rights is basically singling them out and saying, "These guys are different, so why should we support them?".

This community has been around for longer than you think, and it has only just started to receive recognition. Significant events such as the Rotterdam Pride Parade might have been viewed as obscene or inappropriate by many just seventy years ago.

66

I want to share with you, the reader, my honest opinion:

If you don't support the community, but choose to respect other's beliefs and opinions, then keep up the good work. Continue to act this way, and others will surely appreciate you.

If you don't support the community and are openly hateful towards the individual within the community, then I want you to think for a second. It is okay to not support the community, but don't go out of your way to make someone else feel miserable for being the way they are.

99

If you are a part of the community, I want you to know that you are not alone. There are millions of other people out there like you, who are experiencing what you are experiencing. There are people out there that you can talk to.



NO MATTER WHAT YOU BELIEVE.

We're all human.

We all deserve rights.

We're all equal



Anime

BY MAYU TANIOKA

What is Anime?

Anime is a term for Japanese animation. For decades, anime was produced by and for Japan — a local product, with a distinct look-and-feel to not just the artwork but the storytelling, the themes and the concepts. In other countries, cartoons are considered a form of entertainment meant for children.





However, in Japan, people of all ages watch anime. Most shows and movies are aimed at kids, adolescents, or young adults, but there is also many animes that are made for the older crowd, even businessmen. One of the biggest differences between American cartoons and anime are the artwork: Huge eyes, brightly colored hair, and exaggerated emotional expressions and gestures are typical of anime style.



66 I would like to share some anime that I, as a Japanese, really enjoyed and will highly recommend you to watch!

Most popular Anime

I have listed 5 most famous anime of all time which I bet you know/heard at least one of them!

1. NARUTO

NARUTO is one of the most famous anime in general. It tells the story of Naruto Uzumaki, an adolescent ninja who searches for recognition and dreams of becoming the Hokage, the leader of his village.





2. ATTACK ON TITAN

Attack on Titan is based on a hit manga. It is set in a world where humanity lives in cities surrounded by enormous walls; a defense against the Titans, gigantic humanoids that eat humans seemingly without reason. The main characters try to defeat the Titans.

3. FULLMETAL ALCHEMIST

The world of Fullmetal Alchemist is styled after the European Industrial Revolution. Set in a fictional universe in which alchemy is one of the most advanced scientific techniques the story follows two alchemist brothers named Edward and Alphonse Elric, who are searching for the philosopher's stone to restore their bodies after a failed attempt to bring their mother back to life using alchemy.



DEA (-HNO (-E

4. DEATH NOTE

The story follows Light Yagami, a high school student who discovers a supernatural notebook from a Shinigami named Ryuk that grants its user the ability to kill anyone whose name and face he knows. The series centers around Light's attempts to create and rule a world "cleansed of evil" as "God" using the notebook, and the efforts of a detective known as L to stop him.

5. MY NEIGHBOUR TOTORO

This is the story of the two young daughters
(Satsuki and Mei) of a professor and their interaction
with friendly wood spirits in post-war rural Japan.
My Neighbour Totoro is a heart-warming,
sentimental masterpiece that captures
the simple grace of childhood.





Recommendation

If you are willing to watch a long series, these are the one I will highly recommend you!

1. HUNTER X HUNTER

The story focuses on a young boy named Gon Freecss, who discovers that his father, who he was told was dead, is actually alive and a world-renowned Hunter, a licensed profession for those who specialize in fantastic pursuits such as locating rare or unidentified animal species, treasure hunting, surveying unexplored enclaves, or hunting down lawless individuals. Gon departs upon a journey to follow in his footsteps. Along the way, Gon meets various other Hunters and also encounters the paranormal.



2. GINTAMA



Set in Edo which has been conquered by aliens named Amanto, the plot follows life from the point of view of a former samurai known as Gintoki who runs a jack-of-all-trades center (he does odd jobs) with Shinpachi, a young man who is trying to master the way of the samurai, and Kagura, an alien who takes form of a Chinese girl. The seriesis basically a gag series.

3. MY HERO ACADEMIA

The story follows Izuku Midoriya, a boy born without superpowers in a world where they are the norm, but who still dreams of becoming a superhero himself, and is scouted by the world's greatest hero who shares his powers with Izuku after recognizing his value and enrolls him in a high school for heroes in training.





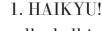
4. FATE SERIES

Fate/stay night chronicles a two-week period in the life of the protagonist Shirō Emiya, an amateur magus who attends a school named Homurahara Gakuen in Fuyuki City, Japan. The story primarily takes place at and around Shirō Emiya's house, which acts as his base location in the Holy Grail War. Outside of Shirō's house, frequented locations include Homurahara Gakuen (the high school), and the Ryūdō Temple.



What anime should I watch?

If you are a beginner for anime or don't like fantasy stories, there are still some amazing anime which you will definitely like it!





The title "Haikyu!" literally means volleyball in Japanese Junior high school student Shōyō Hinata gains a sudden love of volleyball after seeing a national championship match on TV. Although short in height, he becomes determined to follow in the footsteps of the nampionship's star player, nicknamed the "Little Giant", iter seeing his plays. I will highly recommend this if you are a volleyball player or interested in volleyball.

2. KUROKO'S BASKETBALL

The basketball team of Teiko Middle School rose to distinction by demolishing all competition. The regulars of the team became known as the "Generation of Miracles". After graduating from middle school, these five stars went to different high schools with top basketball teams. It tells the story of a high school basketball team trying to make it to the national tournament.





3. YOUR LIE IN APRIL

Kōsei Arima was a piano prodigy until his mother died when he was eleven years old. The shock of losing her made him lose any interest in piano, and his life has felt monotonous ever since. Then, when he's fourteen, his childhood friend Tsubaki introduces him to her classmate Kaori, a free-spirited violinist. Her enthusiasm reignites his interest in music and in life.

What anime should I watch?



If you are a beginner for anime or don't like fantasy stories, there are still some amazing anime which you will definitely like it!



4. BLUE SPRING

Futaba Yoshioka used to be an attractive and popular middle-schooler—well-liked by the opposite sex, but ostracized by the girls. One day, she meets Kou Tanaka and came to love, however, a simple misunderstanding, and Tanaka's subsequent disappearance, left her walking the halls of her school friendless. Then in high school, she unexpectedly meets Kou once again...

5. ANOHANA: THE FLOWER WE SAW THAT DAY A group of six sixth-grade-age childhood friends drift apart after one of them,"Menma" dies in an accident. One summer day, the ghost of an older-looking Menma appears beside him and asks to have a wish granted, reasoning that she cannot pass on into the afterlife until it is fulfilled





Anime movies

If you want to enjoy anime in a short time, why don't you watch anime movies? There are lots of awesome movies which will make you emphasize with.

1. YOUR NAME

Your Name tells the story of a high school girl in rural Japan and a high school boy in Tokyo who swap bodies. Your Name was released last summer and was the highest grossing film of 2016 in Japan and the highest grossing anime film of all time worldwide, passing "Spirited Away".





2. PRINCESS MONONOKE

This is a Japanese epic historical fantasy anime film. The story follows the young Emishi prince Ashitaka's involvement in a struggle between the gods of a forest and the humans who consume its resources. The term "Mononoke" (もののけ) is not a name, but a Japanese word for a spirit or monster.

3. HOWL'S MOVING CASTLE

A love story between an 18-year-old girl named Sophie, cursed by a witch into an old woman's body, and a magician named Howl. Under the curse, Sophie sets out to seek her fortune, which takes her to Howl's strange moving castle. In the castle, Sophie meets Howl's fire demon, named Karishifâ. Seeing that she is under a curse, the demon makes a deal with Sophie--if she breaks the contract he is under with Howl, then Karushifâ will lift the curse that Sophie is under, and she will return to her 18-year-old shape.



4. SPIRITED AWAY

This is the story of Chihiro Ogino (Hiiragi), a sullen tenyear-old girl who, while moving to a new neighbourhood, enters the spirit world. After her parents are transformed into pigs by the witch Yubaba (Natsuki), Chihiro takes a job working in Yubaba's bathhouse to find a way to free herself and her parents and return to the human world.



Were there any anime which interest you? These are only a part of all amazing anime. Hope you will enjoy watching anime and realize how amazing they are!

A Quick Trip Around the World

BY MEDHINI PATHIRANA

When our lives are getting busier and busier and more and more are distracting us, world news rarely floats into our mind. However, it is important to keep in mind of what's been going on recently, news change at a significant rate. Therefore, the situation may be different by the time this reach to you.

UNITED STATES:

66

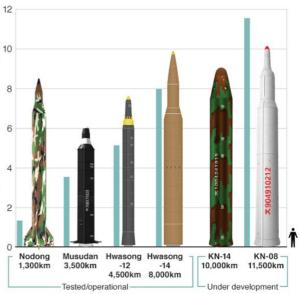
- Wildfires in California are threatening many people's lives, with 31 reported dead on Oct 13th.
- Thousand have been evacuated, but still many are missing or injured.
- Tensions between America and North Korea have been rising rapidly, with Donald Trump speaking out about the nuclear weapons and missiles they have been developing.





What missiles does North Korea have?

Estimated ranges in km (Thousand)



Source: James Martin Center for Nonproliferation Studies / NTI

BBC

NORTH KOREA:

MYANMAR:



SOMALIA:

- The graph to the right shows the estimated ranges of missiles the DPRK has or is developing.
- Nuclear warheads can reportedly now fit inside missiles now, giving them an even greater capability of nuclear attacks.
- Rohingya refugees have been crossing the border from Myanmar to Bangladesh for years, leaving the threat of prosecution and crackdowns.
- Because of the country's Buddhist majority, the Muslim Rohingya people have been attacked by the country's military.
- UNHRC got involved finally and say are doing something about it
- Saturday, 14th of October, Somalia's capital, Mogadishu was bombed
- 276 people were killed and 300 injured, resulting in the largest attack the country has seen.

THE NETHERLANDS:



- After weeks of searching for the missing student, Anne Faber, her body has finally been found in Zeewolde.
- Michael P. was the man to give the police information on her body's location, leaving him as a suspect.
- Michael P. was also previously found guilty of the rape of two young girls.

I only scratched the surface, but if you want to know please do read about it online!

LAMIA, LAVINIA, AND ENIEK

Movies and Series to Watch This Winter

Winter is here, and if you are like us and suffer from the winter-blues, here are some things to make the best of this season.

Every winter there is a whole batch of movies that come out to satisfy our movie needs for every genre, whether that be romcoms or action. This winter is no different. Here are a few of the best movies coming out this year.

1. Coco- November 29

This Disney Pixar movie is based on the Day of the Dead, a Mexican holiday. It is about a 12-year old boy named Miguel, who dreams of becoming a musician, who, while trying to prove his talent, ends up in the land of the dead, where he finds out the real story of his family history. Rating: PG



2. Thor Ragnarok- October 25

In this 3rd Thor movie, Thor is imprisoned without his hammer and forced into a lethal gladiatorial contest against his former friend the Hulk. Thor must fight for survival and stop almighty Hela from destroying the Asgardian civilization. Rating: PG-13

3. The Last Jedi- December 13

Rey's continues her journey with Finn, Poe, and Luke Skywalker in this 8th Star Wars movie and sequel to Star Wars: The Force Awakens. Rating: Unknown

4. Jumanji: Welcome to the Jungle- December 20

In this re-imagining of the 1955 movie, a group of 4 teenagers in detention get caught up in the world of Jumanji. They discover an old video game console with an unfamiliar game and are thrown into the game's jungle setting. Dwayne Johnson, Jack Black, Kevin Hart, and Karen Gillian play the avatars in this thriller that will be sure to excite. Rating: PG-13

5. Pitch Perfect 3 - December - December 21

In Pitch Perfect 3 the Bellas try to make it into the real world after graduation. After winning the World Championships, the Bellas each go their own way, but then they get the chance to go on tour abroad. So the Bellas gets together for the one last time! A must see for every girl, or boy;) Rating: PG-13



6. The Greatest Showman- December 25

This movie follows showman P.T. Barnum, played by Hugh Jackman, in his creation of Barnum and Bailey Circus in 1881.

7. Paddington - December 6

Paddington has now settled in family Brown. In his own awkward way, he wrestles from one job to another to buy a nice gift for Aunt Lucy's hundredth birthday. Rating: PG

8. Thank you for your service - November 23

The war after the war. In Thank you for your service, three soldiers return from their mission in Iraq. They try to catch up with their normal lives, but are faced with a new fight.



9. The Foreigner - November 2

When the daughter of a Chinese restaurant owner in London is killed by IRA terrorists and the police doesn't want to take action, her father decides to take action. The Foreigner is a thriller played by Jackie Chan and Pierce Brosnan. Rating: PG-16

10. Wonder- November 17

A touching movie about a young boy with a facial deformity who is entering the 5th grade. He struggles with his appearance and the discrimination he faces because of it. An empowering story about friendship and acceptance. Rating: PG

There are also more than enough series to binge watch this winter season and here are a few:

1. Dark - December 1

Dark is a very frightening story about two boys who have disappeared. Soon after the boys disappeared an intense search has been set up by four families. During their search the families meet with pure evilness, this where they find all their untold truth about their village.



On Netflix

2. The Crown - December 8 (Season 2)

The second season of 'The Crown' takes place in the 60's. It's about queen Elizabeth and her marriage with Philip. They are have a rough time in between them. Queen Elizabeth tries to keep the British monarchy calm.

3. Wormwood - 15 December

The CIA has told some lies about a family man's death. The LSD tries to experiment with people's mind to find out who murdered the man and why the CIA lied.

Netflix original

4. Riverdale

The secrets just keep on coming out in the seemingly innocent town in the second season of Riverdale. While the first few episodes have already come out, more will still be coming out ny the time the Winter Break rolls around.

CW Network

5. The Gifted-Release on October 2nd

In a world where mutated humans are treated with distrust and fear, an institute for mutants' battles to achieve peaceful co-existence with humanity.



66 Have a good winter₂



While Rotterdam's architecture and port come to mind as soon as it is mentioned- we still need to eat, don't we?

This buzzing city has a lot of cafes and restaurants on offer to satisfy one's mood, sense of aestheticism and last but certainly not least, one's stomach.



Tips on how to find cool places What's really useful in order to discover a place-a city in this case, is to make sure you have a map with you. It keeps you grounded and allows you to follow your destination in mind and when you've made it you just know you've been there and take in the sights on your way there. By doing this, you might notice a café or bar that you might want to check out another time.

Personally, I use google on a daily basis for everything and obviously to look up places that I need to go. Being new to a city does not mean that everything will remain unknown forever. Walking in unknown directions in foreign places may sound scary and at some point, google has so many options that it messed up my head a bit because I wanted to just go everywhere.

Impossible doesn't even start to describe how delusional it was, especially for a kid who lives on allowance.



Apps are an important tool when it comes to exploring, because you have a mission. I use the one called Yelp. There you have filters (museums, cafes, hair salons, shopping, 'hot and new') and it allowed me to break out of my shell and discover so many places in this beautiful city. Surely, better ones exist, but this one works just fine, I strongly recommend it because you can bookmark your findings for later use.

(Also, by using this I've noticed a lot of the recommendations were from the street/area called Eendrachtsplein, so check it out!)





Another useful tool that you can use is... Instagram. Follow some local blogs or some restaurants. Their content will just capture your attention and make you want to follow their steps. While scrolling on your phone, you'll see a very fluffy looking pancake and the location might be 4 minutes away from the café you get your daily dose of caffeine.

Some accs on instagram:
@foodspots_rotterdam
@rotterdam_info
@breakfastinrotterdam

The following are just a couple of cafés/ restaurants that are nice to check out if you want an

> ... alternative to a workplace is Douwe Egberts.



This place is a nice café which access to Wifi.

Right next to the station, it is the perfect place to grab a coffee and work on an essay or probably a group project.

... escaping the reality with Set Noodle & Hotspot



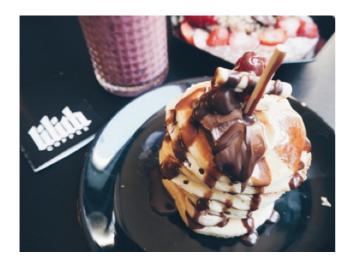
Located right next to Wijkpark, this small restaurant offers some privacy with its lovely booths and delicious noodles, desserts and matcha lattes.

... some Riverdale vibes with Gracy's



The décor offers some lovely American vintage vibes. Skip your diet this day, the food is filling to say the least. Milkshakes, burgers, chicken... 10/10 recommend.

... maybe some guilt food with Lilith



Lilith's unique décor and all-day breakfasts providesan instant wave of coziness that envelopes you. On top of that they have a wide variety of options, from sandwiches to tasty pancakes or acai bowl.

... shoutout to matcha lovers with Round and round.



Round and round is a very lovely café in Blaak and has some delicious cakes and pancakes. It

is also very popular for its wide variety of matcha flavoured menu.

...some lovely matcha latte at Tea Lab



Strongly recommend for people with a sweet tooth. There is also a cozy area at the top where you can work.

... Falling in love all over again with a city at Op Het Dak



The main thing about Op het Dak is probably the view it has to offer. It is located on the roof and is the perfect area for you if you want to get a feel of the buzzing city.

... grab a quick bite if you're late at Sappi

This was a takeaway acai bowl which is why the granola were packed



... trying to get that body goals then pay a visit to Sajoer.



Sappi has everything from sandwiches, salads to granola bowls that you can take with you to school. The acai bowls or pitaya bowls for instance are roughly 6 euros.

This is the place for you if you're obsessed with healthy food, they have an amazing detox menu and high quality breakfast.

Their smoothie bowls are addicting.

Getting the hang of it yet?

It's time to think about what's next

By the beginning of grade 10 a nervous thought crosses every student's mind which is: what do I want to be in the future? This is a very serious question and for many students it may seem really hard to find an answer to it. Besides that,

the pressure is on in school as well, including finishing your IGCSE curriculum and in the meantime beginning to prepare for the exams in May.

Moreover, this is the time teachers advise you to go and start looking at universities (if you haven't done that already) and to start going to open days. All of these combined can lead to way too much unnecessary stress. From personal experience, if you're in grade 10 concentrate mainly on your IGCSE's and don't really think about open days yet. However, do start thinking about your interests.



First of all, start thinking about which subjects you enjoyed throughout your years in school. Which of these subjects you liked to write notes for, paid attention in class most of the time or enjoyed studying for. If you already have one or two subjects in mind: for instance geography and/or economics think about possible career options that include this/these subjects. In this case, any job revolving around business, archaeology or maybe even politics could be an appropriate choice for you. The sooner you know your interests, the easier it will be for you to search for different courses in a specific university which brings me to my next point.

Once you have an idea of what field of studying you're interested in, it is time to think about different universities and the courses they offer. First of all, know which country you want to study in. This may depend on your family so make sure you take time on discussing your possibilities with them. Then, begin your research. Look for different universities you heard about before (or just search for a list of them) and then check out their bachelor courses. Usually all the courses have a proper description on the website explaining them vaguely but this could already give you valuable information. For instance, how long the course lasts (usually between 3-5 years) or the number of hours a week you'll be spending in class. If you plan to study in the Netherlands it is possible that courses are taught partially in English and Dutch. So if your Dutch isn't fluent enough or you just want to study in English, make sure you pay attention to the language.



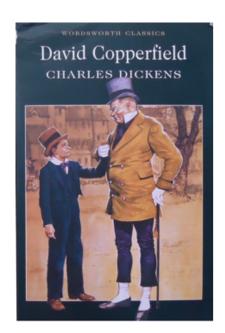
In conclusion, by the time you get into IB that's when you should really turn your attention to open days. These days are excellent opportunities for you to find out even more about different courses you took interest in and to get a general feeling about campus life. This is crucial because if you did not see it for yourself how can you know that it is right for you? Every student is different and prefer different kinds of teachings. Some people may favour big lecture auditoriums with many other students but others may feel more comfortable with smaller groups. You will be a part of that university for many years and it is important that you enjoy going there. This will make life and studying much easier for you.



66 What to read in this life

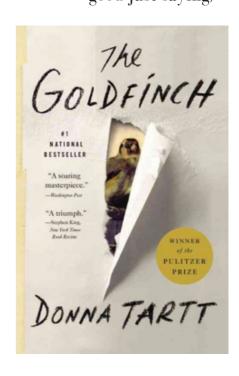
BY VICTORIA PALSER

I can already hear some of you saying "eeeww books, gross" but hear me out, okay? Whether you're a bookworm *in which case, good on you* or don't care much for reading *which is also totally fine* I insist you take some time to read these books, or at least one of them which speaks to you. Reading creates an escape which nothing else comes close to. I promise you these books will not disappoint.



So, let's kick things off with a good old novel by none other than Charles Dickens. Don't be intimidated by that name, this novel has withstood the test of time and continues to be relevant and read by many! 'David Copperfield' is a heartwarming story which tells the story of a boy, David, and his trials and tribulations from a lad into a grown up man. Without giving too much away, you really feel sympathy towards David as he goes through life without a father and loses his mother not long after. We get to know many characters and David's journey into adulthood is one you will not want to miss out on! A must read! (The film is also really good just saying)

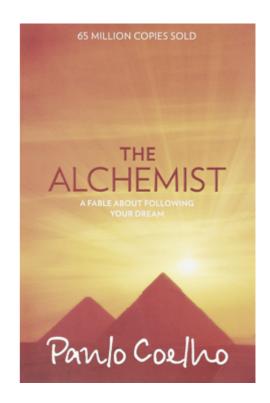
Next up we have 'The Goldfinch' by Donna Tartt. Now, this one is a little more complex and depicts the life of Theo Decker who suffers the horrible death of his mother in a terrorist attack at the Metropolitan Museum of Art in New York city. Theo is confused and frightened during the attack and his instincts tell him to take his mother's most important piece; The Goldfinch and this decision will throw his life upside down. Also, he ends up in Amsterdam so I think as a citizen of The Netherlands you have to read it;) And, I must add this book has won the Pulitzer Prize which is kind of a big deal!



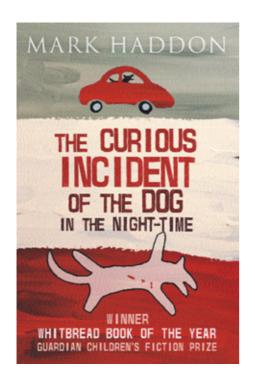


This one, many of you probably have read already but in case you haven't or in case you want to remember how great they are and want to read it again, here you go! The brilliant 'Harry Potter' series by J.K Rowling is many people's favourite! We all know these books are too good to put into words but to put it simply this revolves around Harry Potter, who on his eleventh birthday, realises he has magical powers and his introduced to Hogwarts where he becomes a student in magic. A beautiful story of magic, friendship and discovery.

Now, 'The Alchemist' by Paulo Coelho, this is definitely a good'un! Here we follow the story of Santiago who is a shepherd in the gorgeous hills of Andalucia. Santiago begins to notice his flock's life is minimal and only consists of looking for food and water. He decides to sell his flock and to go on an exploration of the world. However, this is certainly not a straightforward journey as Santiago experiences setbacks. The lesson to be taken away from this novel is "When you want something, all the universe conspires in helping you to achieve it." This novel will leave you feeling like anything is possible "which if you're doing the IB is often hard to believe so it's nice to have this reminder"



Lastly, we have 'The Curious Incident Of The Dog In The Night-Time' by Mark Haddon which is another inspiring book. 15-year-old Christopher Boone, the protagonist, is exceptional at maths, but struggles to understand people as he has Asperger's syndrome. Christopher sees a dog in front of the neighbour's house with a fork sticking out of it to which he runs outside and hugs the dead dog but the neighbour then thinks he killed the dog...



It may sound a little strange but I promise you it is a must read and if you have the chance to see the stage - play, I would highly recommend!

Sidenote, reading is not boring. You should just pick your own taste, they are pretty much like clothes. Someone into edgy clothes would not necessarily find traditional clothes to be the most exciting thing on earth now would they?



Winter activities

BY JASMIJN KREMER

Ice skating.

When: 2 December 2017 - 28 February 2018

Where: Sportpark Toepad 95, 3063 NJ Rotterdam (on

the Leonidas hockey fields)

Tips: It's quite busy in the afternoons. You can rent skates. If you need a break from all the activity, there's a restaurant which serves lovely hot chocolate and food the entire day around. Don't know how to skate? Don't worry, you can take lessons there as well. More info: http://www.schaatsbaanrotterdam.nl



Christmas markets. I adore Christmas markets! Preferably the Danish ones in the city of Copenhagen a few weeks before Christmas, when it gets dark in the early afternoon. The entire city is decorated with Christmas lights and mixed in with some crazy Danish traditions, everyone radiates pure joy. Everything is decorated, and the snow makes the city look fairy-tale perfect. But now that I'm back in The Netherlands, the Scandinavian Christmas markets will have to do.

Due to the long, cold and dark Scandinavian winters, Christmas plays an important role. There are several Christmas markets in Rotterdam which capture the Danish hygge (English [while there is no English word quite like it the following words are close] = cosiness, comfort, a feeling of well-being or contentment).



Finnish Chirstmas market

When: 17 - 19 and 24 - 26 November

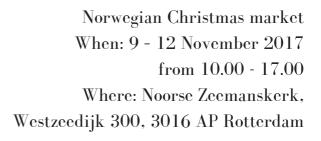
from 11:00 - 20:00

Where: Het Finse Huis, 's-Gravendijkwal 64,

3014 EG Rotterdam

More info: https://www.festipedia.nl/kerstmarkt-

rotterdam



Danish Christmas market
When: 17 - 19 November 2017
from 10:00 - 17:00
Where: Deense Zeemanskerk,
Coolhaven 1, 3015 GC Rotterdam



Skiing.
When: 1 October 2017 - 31 March 2018,
from Monday - Friday 09:00 - 23:00
and during the weekend 08:00 - 23:00
Where: Buytenparklaan 30,
2717 AX, Zoetermeer



Fireworks.

When: 31 December 2017 - 1 January 2018, the entire evening there will be music, at exactly 12 o'clock they will light up the fireworks

Where: Erasmus Burg, Rotterdam



Tips: Go early so you'll have a good view of the bridge More info: https://www.rotterdamfestivals.nl/ agenda/nationalenieuwjaarsnacht/

Make-up

BY DIANA ZAVYALOVA

... Where winter charm meets makeup trends



Winter is coming, and together with her comes the unwillingness to do anything. Let's be honest, you have been experiencing those days more than often lately - you wake up in the morning and it looks like you fell asleep a minute ago, the outside is cold and -

unwelcome, and when you get back home from school, all you want to do is wrap yourself in a blanket burrito and hide from the rest of the world. This short tutorial will help you want to finally get out of bed and try something new and exciting! The makeup look you are about to witness is purr-fect for a New Year party, or just for yourself on a lonely evening, when all homework is done (*ahem* like that ever happens *ahem*) and Netflix is just not enough. All materials used in recreating this look are drug store-available and will be listed in each step. Practice makes it perfect, so don't be afraid to experiment ♥ Enjoy!



1. First, prep your eyes with an eyeshadow primer. You don't want your efforts to disappear after just an hour, so make sure it is secure and will stay for a long time. The primer I used is the "Essence 2in1 Eyeshadow & Primer".

2. Next, apply white eyeshadow. Try to find the whitest out of the ones you have - this way it will look more like an actual snow leopard fur All eyeshadows I used come from the "NYX Beauty School Dropout S144 Back to Basics" palette, but I'm sure they are available separately in any drug store.





3. After this, you want to define the crease to create a gradient. Slowly applying a line of glittery silver in the crease of your eye, brush it in gentle "up and down" and "right-left" motions to disperse the color and not make it too concentrated in just one line.



4. Next, apply basic eyeliner on the upper lash line. Here, you can have some freedom and decide by yourself whether you want to wing it or keep it straight - play with it! The eyeliner I used is "Rimmel Glam'eyes" in 001 Black Glamour. P.s. make sure you don't accidentally open your eyes too wide and leave an imprint of the line on the top of your eyelid - let it dry first!

5. The next step is the most important in giving this look its character - you will be drawing the spots on the snow leopard's fur. Using the same liquid eyeliner, you used for the line on your lash line and not collecting too much of the liquid, draw around spots, consisting of three short lines. They don't necessarily have to be perfectly shaped - the more naturally "wild" it looks, the better! P.s. follow the same instruction as in step 4 - let the spots dry first before fully opening your eye, or else you're going to have to repeat everything from the beginning, which can be... rather annoying... I'm speaking from experience, heh.





6. You're almost there! Cover your lower lash line in the same glittery silver you used for your crease to outline your eye more efficiently, and add a small sticker gem in the right underneath your lashes. Be ready to shine bright like a diamond:D

7. Final and very important touch - mascara. I used "L'Oreal Volume Millions Lashes Feline", and boy, do I recommend it. If you're looking for something new to try in the mascara department - this is definitely a way to go.





8. And it's done! Congrats! Now you can show your skills off in front of your family and friends and, first of all, enjoy the result by yourself



Finding your path BY VICTORIA PALSER

I want to start off by saying that I am by no means an expert; all I want to convey is that no matter who you are or where you are in life at the moment, it is okay not to know what you want out of life.

Life is so fast-paced these days; every day you see people running around in the hustle and bustle of the city.

Perhaps they are running to catch a train to be on time to a 'super important' meeting, or maybe they are all flustered and sweaty trying to get to a first date. At school, we are told to think about what we want to do at the age of 14; to look into the things we like, to see if there is a future in that particular area.

Don't get me wrong I think it's important and great for development to know what your strengths and weakness are and to have interests and hobbies. However, what I do not understand is why everything has to happen this minute. I am in my last year of secondary school, and although, I know what and where I want to study, it definitely did not come easy and quickly.



People in their 20s, heck people in their 40s are still on a road to discover where their passion lies and what it is they want to do with their lives. Often times, people study one subject and end up doing completely different things during their careers and that is exactly the beauty of life. It is good to plan certain things, like what you're going to have for dinner *because I think we can all agree that is an important part of the day* or when you're going to finally going to finish that essay you've been putting off for days. But, with things like university or working life or even things like marriage and kids, life has this curious way of sorting everything out.

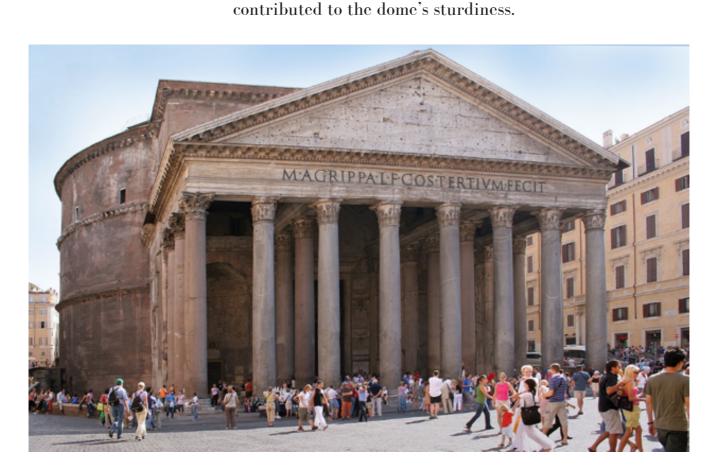
So, my point with this disorganised, chaotic article is to convey to you that regardless whether you're in 7th grade with quite a few years to 'discover' your passion or whether you're in 12th grade with 7 months, 0 days, 7 hours, 56 minutes and 34 seconds *but who's counting, right?* until the end of your secondary school career, you are in no rush. You have your whole life ahead of you. Enjoy every moment of it.

Do You Know These Architectural Styles? BY CHI-FEI CHIU (SERENA)

Architectural styles change to reflect our practical needs and aesthetic wants. Below are some architectural styles, presented in chronological order, to demonstrate how different designs are favored during different periods of time.

Classical architecture

Classical architecture refers to the architecture of ancient Greece and Rome. Ancient Greek and Roman architects placed an emphasis on the use of columns and pediments, and Doric, Ionic, Corinthian, Tuscan and Composite are five well-known orders that are characteristic of Classical architecture. The Pantheon in Rome, Italy is an imposing building that has continued to astound modern architects with its remarkably substantial dome. While the precise method of construction has not yet been identified, the meticulous selection of high-quality building materials has been determined to have





Gothic architecture

Gothic architecture first emerged in the twelfth century. Rib vaults, buttresses, pointed arches and window tracery are key characteristics of the architectural style, and these features were used to help build the tall structures that can be seen throughout much of Europe.

The Powder Tower is a Gothic monument in Prague, Czech Republic. The tower, also called Powder Gate, is 65 meters high and was originally used to store gunpowder.

Baroque architecture

Baroque architecture originated in Italy, appearing during the sixteenth century. The Baroque period was a period during which there were massive changes with the design of buildings. Architects came up with novel ideas, mixing together old styles, which favoured repeating and constant designs, to make a new one, which employed the use of vivid colours, curves, gilded elements, and heavily sculpted surfaces. Baroque architects focused on increasing the sense of movement and sensuality, and often Baroque architecture is characterized as being dramatic and grand. The Winter Palace, located in St. Petersburg, Russia, is a famous example.



Beaux-Arts architecture

The Beaux-Arts style was developed in the nineteenth century. Features of Beaux-Arts architecture include symmetry, order, stateliness and intricate adornments. The City Hall in Rotterdam, The Netherlands, is a Beaux-Arts building that began construction in 1914 and finished in 1920. The city hall is one of the only few old buildings left in the city. In French, "beaux arts" means "fine arts."



Postmodern architecture

Postmodern architecture first appeared in the 1960's. It is distinctly decorative, and postmodern architects often draw inspiration from a variety of sources rather than a single one. Taipei 101, located in Taipei, Taiwan, has been constructed to bear a resemblance to a bamboo that is growing, which symbolizes strength in Taiwanese culture, and the eight sections of the skyscraper represent the lucky number 8. Taipei 101 is the world's tallest green building, and in 2011, it received a LEED (Leadership in Energy and Environmental Design) platinum certificate, which is the highest award. The building also has the world's largest damper.



Expectations vs reality BY MARYAM BOUZIDI

I'm pretty sure that we all experienced cases where we had high expectations. However and I know this sounds cliché but it's true, 'Expect the unexpected' (: These are 5 things which I'm pretty sure, we can all relate to.



1) Okay girls, first one for you. **Expectations:** You're going to wake up early to put effort on your hair, makeup, wear stylish clothes...

Reality: The snooze button becomes your bff every 5 minutes for the next 30 minutes and you end up going to school with a pair of leggings as you throw your hair into a bun, or is that even one?

2) **Expectations**: 1) You're going to be organized by keeping everything up to date with every single homework, deadline, get an A, have a social life and get 8 hours of sleep.

Reality: '-what? We have

homework?'





3) **Expectations**: : When you promise yourself that you will start studying by 6 pm Reality: : 3 hours later... 'Still got time, I'll start tomorrow!'

4) **Expectations**: When you say you're going to watch only one episode so that you can work on the bazillion amount of assignments you have

Reality: You end up night binging, accomplishing a whole season. But wait have we forgotten something? ... nah that's it, A NEW ACCOMPLISHMENT!



"You can't watch a whole series in one night!"



I can 🌑 and i did many times

5) **Expectations**: when we all expected school to be something like high school musical..

Reality: You did us wrong, Troy...





How to get an A or a 7

BY KA WAI CHAN

The very first thing you should not do is to procrastinate. I believe that most of us procrastinate a lot and we always study the test or exam the day before. However, you are not going to achieve a satisfied result if you study the day before. You should start studying at least a week before, but of course, you are not suggested to study 3 months beforehand, because you might forget everything very soon.

Then, you could write your own notes, jotting down which part you think it's important or you do not understand. In the process of writing up your notes, you might use different colours of pens or highlighters to remind yourself that this is an important part. Also, if you are a visual learner, you might also draw a graph to help you to study it. For instance, if you are studying different parts of a human body, drawing a graph will help you a lot to memorize it and make it as a long-term memory.

After you have finished writing your notes, you can start reviewing it and go through every part of it. If there are any parts that you do not understand, you can also ask your friends or teachers. That is also one of the advantages that you study a week before. If you study it the day before, you might not have the opportunities to ask your teacher about some of the topics that you do not understand.

Then you could do some exercise to make sure that you understand the topic well. Either you can do the questions in the book or find some extra exercise on the internet. By doing more questions, you may realize what kind of topic that you are most confused at or you are the weakest in that specific topic. Then, you can go back to your notes and study that part again, in case you do not fully understand it.

There are some extra things that I would like to share with you. By finding a suitable place, it can help you to be more efficient at studying. Besides, you can make a study timetable for yourselves. For example, in the morning, you study Math and you study Biology later in the afternoon. Do not forget to have a break after every session. Studying 24/7 is not a smart way. You should always have a break time in between as to relax yourselves and that could make you to be more efficient, in terms of studying. Other than that, you should always keep all your study materials organised, so that you can always keep track of it.

Studying is not about the quantity but the quality. If you have recognized your own way of studying, I believe that you can still get decent grades, even though if you have not studied for so much time. Good luck to all of you.

Top 3 Iconic Christmas Foods





1. Christmas Pudding
Also known as "plum pudding" or
"pud", this is a traditional British
way to end the annual celebration of
Christmas dinner. This pudding
originated from the 14th century as a
type of porridge, then known as
"frumenty". The pudding most
commonly contains dried fruits, and
is traditionally served with warm
brandy on top.

2. Gingerbread Men

Gingerbread has been around since the 15th century, and the art of baking biscuits in all sorts of shapes is being practiced till this day, but started in the 16th century. The first piece of gingerbread that had been cut into a shape was found to be made for Queen Elizabeth I of England. Each figured piece gingerbread resembled one of her significant guests. Gingerbread men usually look like little people with a face but no fingers. Along with gingerbread men, there also comes the gingerbread house. This is a house made out of gingerbread, and is said to originate from the fairy-tale, "Hansel and Gretel", in which two kids had been abandoned in a forest and encountered a house made out of candy and a witch who lived inside it.









3. Christmas Turkey

Christmas turkey has been introduced to Britain about 500 years ago. A traveller, Yorkshireman William Strickland, had gotten six turkeys from American Indian traders when he was travelling. Before this now-famous trend had been introduced, the average family would have geese, boar's head, or peacock for dinner. Once turkeys had been introduced, farmers decided to use geese, boars, and peacocks to obtain other foods from them, so nowadays, turkeys are eaten for Christmas. The first king to eat turkey was King Henry VII. However, Edward VII started the trend of having turkey for Christmas.



BY SABRINA SAMTANI & SARA SHABIBI



Everyone uses smartphones these days. From Android to iOS devices, you name it. But why do we love our smartphones so much? Why is our brain so attracted to them? One word. No not dopamine, "the feel good chemical" if that's what you were thinking of.

Try again! APPS. Apps are fun! There are millions on fun games out there. However, they can be more than just that. Plenty of apps out there can be very useful in your daily life. From making sure you do your homework, helping you to ace your math test, reminding you to do your groceries etc. We have here below for you the top 10 apps you must have in your smartphone for both your android and apple products.



Snapchat

Snapchat is one of the most used social media today. It's a great app that allows you to chat with your friends through pictures and videos. You can post stories showing what you are up too, share your location with friends, look at stories from around the world etc. What makes snapchat so special are the filters they create. Snapchat is able to scan your face and place filters which is great for selfies too;)

Forest

Do you ever find yourself scrolling through Instagram for 15 mins without even knowing how you got there is the first place? The last thing you recall, you were trying to working on your math homework. If so, this is the perfect app for you! Social media tends to distract us from finishing the things which are at the top of our to-do list. So with this app, "whenever you want to focus on your work, plant trees". When you are about to work, turn on the app, whilst it is on, the tree which you have planted will start growing and as soon as you exit the app, the tree will be killed. "The harder you work, the lusher your forest"



Duolingo



Do you want to learn a new language, but don't have the time attend classes? You are already very busy with your school life. Well we have a fun and effective alternative for you. Duolingo, is an application which is used all around the world, and has shown positive results. You can use it during your free periods, on your way to school, etc.



Afterlight

If you are ever looking for an app to edit your pictures before uploading them somewhere, Afterlight is a great option. It is easy to use, adjust pictures, edit lighting, colors etc. So little effort can be put into it bringing a great outcome.

Is my food safe?

This application insures that you take good precautions related to your food. Such as informing you whether your food is ready yet to be eaten or leaving it on the stove for a little longer would be better. As well as letting you know if it's time for you to toss your food away after it has been opened for a while. It is very important that precautions like these are taken. It is a healthy choice





Google maps

Having problems with directions or traffic? it doesn't even matter if you are by car, bicycle or none. This app is suitable for everyone! What makes google maps special is that it has the best data and they get up to date all the time. It will give you the fastest ways with less traffic and no constructions.

You can find and save your parking spot and you also get suggestion of the nearest cafe, restaurants or shopping malls!

Quora

"A place to share knowledge and better understand the world"
In this application you are able to ask questions (any) and you are able to receive answers from everyone around the world.
You can also see the question and answers from other people and you might find yours! (even famous people)



MyFitnessPal

Trying to control what you eat? Do you want to lose weight by counting your calories? Do you want to know how much nutrients you need?



MyFitnessPal is the best app for you!

This app helps you to manage your daily calories and to see how much you burn. You can control what you eat and be healthier:)



9292.nl

If you are living in the Netherlands this is the app you MUST have. Unless if you're not going anywhere This is the best application for transportation and planning your journey for everywhere inside the country. You can see the times for trains, trams, bus etc. it helps you to always be on time!



Spotify



In today's world we spend a lot of time listening to music even if we study. So why not listen to it with the best quality? With Spotify you can listen to any music, anytime with the best quality. You can also make a playlist and share it with your friends. Spotify gives you the opportunity to browse and listen to the trending music around the world. You can also add your friends and see what are they listening to!

If we missed any important app that a teenager should have, make sure to email us at 124925@wolfert.nl!





Sissue Members WINTER 2017



LANI DU PLESSI Editor

JANPRIYA Editor

VICTORIA PALSER Writer

MAYU TANIOKI Writer

VIVIAN ROOS Writer

MEHDINI Writer PATHIRANA

ENIEK VAN DER Writer

WERFF

LAMIA TUMKAYA Writer

LAVINIA Writer

ALEXANDRU

NORA PATAKI Writer

JASMIJN KREMER Writer

SERENA CHIU Writer

DIANA Writer

ZAVYOLOVA
MARYAM BOUZIDI Writer

TUTKU KAYMAK Writer

SABRINA SAMTANI Writer

SARA SHABIBI Writer

