

First Name Middle Initial Last Name
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Academic Achievements and Awards

Cum Laude 11
Congressional Student Leadership Conference: Lead America 10,11
 -invited by the board of Directors and Honorary Board of Advisors
 in recognition of academic excellence, extracurricular involvement
 and leadership potential.

Athletics

Hockey: Varsity (11,12) Junior Varsity (9,10)
 *Hockey 2006-2007 season; CIAC State Champions/SCC Champions 11
Lacrosse: Varsity (11,12) Junior Varsity (9,10)
 *Lacrosse 2006-2007 season; Class L State Champions 11

Extracurricular Activities

Campus Ministry 12
Leadership Retreat 11
 - Summer training program designed to enhance and develop our
 leadership qualities.
Freshman Retreat Participant and Leader 9,11
 -Led a small group of freshman in various activities and reflections
 during an overnight retreat
Freshman Field Day 9
Sea-Scouts 12

Volunteer Work and Community Service

Appalachian Immersion 10
 -Eight day summer service immersion/retreat to Fries, Virginia.
 Helped rebuild and revitalize the community and built further
 relationships with God and each other.
Alter Server 9,10,11,12
 -Server at St. John's Parish in Darien, CT
Lector 12
 - Read at school masses
Carver Center 2007/2008
 -After school Program for children in elementary school. I acted as a
 mentor/tutor to these children for two hours each week

Work Experience

Whitie Benson's 9,10
 -Athletic equipment retailer
Frito Lay 2006 summer
 -Detailer
Darien Hockey School 10,11,12
 -Coach/Camp Counselor

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Academic Awards and Distinctions

- National Honor Society Honoree- Summa Cum Laude 11
- National Honor Society Honoree- Magna Cum Laude 10, 12
- National Honor Society Inductee- Summa Cum Laude 11
- PSAT National Merit Scholar 11
- AP Scholar 11

Extracurricular Activities

- Italian Club 10,11,12
 - President and Co-Founder- 10,11,12
- Spanish Honor Society 10,11,12
 - Secretary- 12
- Mock Trial 10,11,12
 - Team Captain- 12
- Current Events Club 9,10
- Model United Nations 9
- Presidential Classroom Youth Democracy Summit Participant 11
- Italian Republic Day, Hartford, CT- Fairfield Prep Representative 11
- Norwalk High School Scholastic Trip to Italy 9,11
- Fairfield Prep Scholastic Trip to Spain *to be attended in February 2008*

Volunteer and Service Work

- Peer Tutor 10,11,12
- Fairfield Prep Open House- Tour Guide 9,10,11,12
- Freshmen Field Day 9
- Freshmen Retreat Sophomore Grounds Crew 10
- Our Lady of Fatima Bible Camp- Counselor 10
- St. Vincent de Paul Soup Kitchen- Volunteer 10
- Honey Hill Senior Care Center Volunteer 11
- Carver Center- Volunteer/ After-School Tutor 11,12
- St. Margaret's Shrine, Bridgeport, CT- ground beautification 11,12

Employment

- Fisher International, Inc., Norwalk, CT
- Summer Intern, Associate to Italian Paper Mills 6/07- 8/07

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Athletics

- **Varsity Crew** 10, 11, 12
 - Saugatuck Rowing Club Lightweight 8
 - 2005 Junior Rowing Nationals, Cincinnati, OH – 11th place

Extracurricular Activities

- **Chaplains Council** – 12
- **Leadership Retreat** – 11, 12
- **Kairos Retreat** –
 - Participant 11
 - Leader 12
- **Freshman Retreat** –
 - Participant 9
 - Leader 11, 12
- **Eucharistic Minister** – 12
- **Liturgical Music (guitar)** – 11, 12
- **Freshman Field Day** – 9
- **Habitat for Humanity** – 9, 10
- **Operation Hope** – 10, 11, 12 – Senior Service Project
- **Rowing Coach** – Summer of 2004

Employment

- **Mark Finlay Architects** – Paid Intern. Copied plans, organized photographs, organized tube room, organized/made new data CD's, replaced lights. Worked 8 hours a week during the school year from March 18, 2006 to May 15, 2006.
- **Matt and Paul's Boat Waxing** – Started my own small business waxing and cleaning boats. Summer of 2006.
- **Small Odd Jobs** – Block Island – Payne's Dock and Marina, Kayak Rentals. Summer of 2005 and 2006

Other Activities and Interests

- Snowboarding, wakeboarding, surfing, skim boarding, boating, jet skiing, the beach
- Photography
- Drawing, airbrushing
- Attained my Boating License and Personal Watercraft License
- Attained Snowmobile License
- Certified Scuba Diver – Advanced open water diver, nitrous certified
- Playing guitar and piano
- Golfing
- Collecting paperweights and sea glass

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EXTRACURRICULAR ACTIVITIES

Chaplains Council <i>Students who assist with school masses</i>	9, 10, 11, 12
ASPIRA <i>Organization devoted to the education and leadership development of Latino youth</i>	9, 10, 11, 12
Cardinal Key Society	10
Freshman Retreat Participant- 9 Grounds Crew-10 Leader- 12 <i>Two day overnight spiritual retreat for the freshman class</i>	9, 10, 12
Freshman Field Day <i>Field day for inner city schools coordinated by Fairfield Prep volunteers</i>	9
George Washington Carver Center (Senior Service Project) <i>recreational aid and tutor for children in urban areas</i>	12
Laurel Ridge Health Care Center (volunteer) <i>assisting with the care of the elderly</i>	10, 11
Dorothy Day Hospitality House (volunteer) <i>making sandwiches for the homeless</i>	11
Fairfield Prep Open House	10, 12

WORK EXPERIENCE

Intern as a sports journalist <i>2006 USA 7's international rugby tournament</i>	2006
USSF Soccer Referee	2003 - 2007
WHEMA Lifeguard	2006 - 2007
Babysitting	

ATHLETICS

Varsity Rugby (captain)	11, 12
Junior Varsity Rugby <i>Tour to Argentina</i>	9, 10 9, 12
Cal Rugby Camp (Golden Bear Award) <i>Recognizing sportsmanship and leadership</i>	2005 - 2007
USA Under-17 National Rugby Team <i>Toured England, played in the 2007 Junior World Championship against Canada, Romania, and Portugal</i>	2006 - 2007
Met New York Under-19 Rugby Team (youngest player) <i>Regional all-star team comprised of players from Connecticut, New Jersey, and New York</i>	2007
Indoor Track	11, 12
Football	9

OTHER ACTIVITIES AND INTERESTS

Creative Writing, Ping-Pong, Kayaking, Swimming, Wakeboarding, Soccer, Reading, Surfing, Weight-lifting, Drawing, Running, Snowboarding, Skimboarding, Collecting Lead Soldiers

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ACADEMIC ACHIEVEMENTS AND AWARDS

- SUMMA CUM LAUDE (YEARLY GPA OF 3.9 OR HIGHER)
 - Cumulative GPA of approximately 4.1
- NATIONAL HONORS SOCIETY (11, 12)
 - One of top four Senior National Honors Society leaders
- VASSAR BOOK AWARD
 - One of 19 Book Awards awarded to top members of Fairfield Prep Senior class
- SCC SCHOLAR ATHLETE
 - Junior Varsity (10)
 - Varsity (11, 12)

ATHLETICS

- FAIRFIELD PREP
 - Junior Varsity Team (10)
 - Varsity Team (11, 12)
- BEACHSIDE PREMIER SOCCER CLUB OF CONNECTICUT
 - Member of team since 2002
 - Highly successful club run by well respected coach, Mickey Kydes
 - Travel along East coast to participate in tournaments

EXTRACURRICULAR ACTIVITIES

- PEER TUTOR (11, 12)
- URBAN PLUNGE (11)
 - Participated in a 3-day/night experience living a low-wage existence and learning many of the realities of poverty in disadvantaged areas of Bridgeport, Connecticut
- MUSIC: VOCALS AND GUITAR
 - Liturgical Music (11, 12): Sang and participated in music program for school masses
 - Play guitar and other instruments and sing recreationally

VOLUNTEER WORK

- VARIOUS COMMUNITY SERVICE PROJECTS
 - Events at Daniels Farm School
 - Relay for Life Event Worker
- ST. JOSEPH'S MANOR (12)
 - Volunteering to provide aid and care for the elderly residents

WORK EXPERIENCE

- CARL ANTHONY'S TRATTORIA BAR AND GRILL
 - Busser and Food Server (Summer 2007)

ADDITIONAL INFORMATION

- IRISH CITIZEN
 - Born in Dublin, Ireland
- ENJOY TRAVELLING
 - Have visited Ireland, England, Spain, Malta, other areas in Europe, and throughout the United States

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National Honor Society	11, 12
National Junior Classical League	10, 11
National Latin Exam: Summa cum Laude	
Bausch & Lomb Honorary Science Award	2007
<i>Awarded by the University of Rochester to one Fairfield Prep senior per year</i>	
National Merit Scholarship: Commended Student (72R/69M/67W)	2005
<i>Scored in the top 5% of all students who took the PSAT</i>	

PUBLICATIONS

Co-author: "Differential Nogo-B Expression in Human Cycling Endometrium and the Decidua"
<i>Journal of Endocrinology: Under review for publication (18-Oct-2006)</i>

EXTRACURRICULAR ACTIVITIES

Habitat for Humanity Club: Leader, Webmaster	10, 11, 12
<i>A nonprofit organization that builds homes for the disadvantaged</i>	
Peer Tutoring	11, 12
<i>Dedicated 1 hr/wk to coaching peers in various subjects</i>	
Horseshoes Club: Co-founder, Director of Operations	12
Model United Nations: Delegate, Webmaster	11, 12
Latin Club	10, 11, 12
Website Design Club	12
Guitarist: Self-taught	2001 to Present
Website Design: Self-taught	2002 to Present
T-Shirt Design/Printing	2005 to Present
Fairfield Prep Freshman Retreat: Freshman Participant	9
School Trip to Italy	12

WORK EXPERIENCE

Discovery to Cure Internship	Summer 2006
<i>Worked in a clinical investigation laboratory at Yale University School of Medicine researching the effects of inflammatory cytokines on human endometrial endothelial cells</i>	

COMMUNITY SERVICE AND VOLUNTEER WORK

Groundwork Bridgeport: Service Volunteer (2hrs/wk)	12
<i>An organization focused on the revitalization and beautification of urban areas</i>	
Urban Plunge: Junior Participant	11
<i>A three day service retreat in Bridgeport, CT</i>	
Freshman Field Day: Freshman Volunteer	9
<i>A field day for inner city schools coordinated by Fairfield Prep volunteers</i>	
Lauralton Hall's "Christmas at the Mansion"	10
<i>Constructed decorations and escorted guests at this charity event</i>	

ATHLETICS

Rugby: Junior Varsity (10, 11) Varsity (11, 12)	10, 11, 12
<ul style="list-style-type: none"> • 2005 Plate Champions of the annual Cherry Blossom Tournament in Washington, DC • 3rd Place in the 2006 Northeast Playoffs • Tour to Argentina (10, 12) 	
