

# Ballroom/Social Dance

## Level 1

### Create

Students will conceptualize, generate, develop and organize artistic ideas and work. They will complete and refine dance works. (*Standards LI.BD.CR.1-7*)

1. Demonstrate openness, willingness, persistence, respect, and cooperation in trying new ideas, methods, and approaches in creating ballroom dances.
2. Explore improvisational and/or choreographical ballroom dance skills to identify personal movement preferences and strengths.
3. Use the elements of ballroom dance and other ballroom terminology to articulate and justify figure choices.
4. Design a sequence of level 1 figures and discuss its artistic intent.
5. Collaboratively or independently analyze the execution of ballroom dance posture and frame through self-reflection and the feedback of others. Execute correct ballroom posture and frame in all styles of ballroom dance.
6. Analyze and evaluate impact of choices made in relation to partnering in the practice process. Execute partnering skills in all styles of ballroom dance.
7. Use recognized systems to document a section of a ballroom dance via writing, symbols, or media technologies.

### Perform

Students will analyze, interpret and select artistic work for performance. They will develop techniques and concepts to refine artistic work and express meaning through the presentation of dance works (*Standards LI.BD.P.1-10*)

1. Create and understand basic floor craft and awareness of other dancers and their space. Execute complex floor and air patterns with other dancers on a stage.
2. Analyze and select metric and kinetic phrasing and apply appropriately to ballroom dance figures that employ various timings; use syncopation and rhythmic accents related to different tempi.
3. Direct energy and dynamics in technique practice and ballroom dance performance in such a way that movement is textured and enhanced. (musicality!)
4. Develop a plan for healthful and safety practices in ballroom dance activities and everyday life, specific to hygiene and injury prevention; discuss implementation of the plan and how it supports personal performance goals.
5. Apply visualizations to technical ballroom dance skills when executing a variety of ballroom dance figures, genres and styles.
6. Collaborate with peers to achieve performance accuracy, clarity, and expressiveness; discuss the choices made, the effects experienced, and methods for improvement.
7. Articulate personal dance goals, practice to reach goals, and document personal improvement over time.
8. Demonstrate leadership qualities when working in groups.

# Ballroom/Social Dance

## Level 1 - Continued

9. Use appropriate etiquette practices during class, rehearsal, and performance; accept and apply feedback.
10. Generate performance elements that would intensify and heighten the artistic intent of the ballroom dance. Explain reasons for choices.

### Respond

Students will perceive and analyze artistic work and process. They will interpret intent and meaning and apply criteria to evaluate artistic work and process. (*Standards LI.BD.R.1–5*)

1. Select and compare different ballroom dances, and discuss their intent and artistic expression.
2. Explain how the elements of ballroom dance are used in a variety of styles, genres, or cultural movement practices.
3. Experience a variety of culturally based ballroom dance forms; demonstrate and explain how one cultural form is different from another; and identify a dance that reflects one's own cultural movement practice.
4. Use artistic criteria to determine what makes an effective performance considering content, context, genre, style, and/or cultural movement practice.
5. Analyze the artistic expression of a ballroom dance, and discuss insights using evaluative criteria and genre-specific dance terminology.

### Connect

Students will synthesize and relate knowledge from personal and collaborative experience to make and receive art. They will relate artistic ideas and works with societal, cultural, and historical context to deepen understanding. (*Standards LI.BD.CO.1–4*)

1. Analyze a ballroom dance performance and interpret the ideas expressed by the choreography and provide evidence to support analysis; explain how one's own personal perspectives may affect one's interpretation.
2. Identify a cultural question, theme or problem that could be explored through ballroom dance choreography; discuss how the dance communicates new perspectives or realizations.
3. Analyze and discuss ballroom dances from selected genres or styles and/or historical time periods, and formulate reasons for the similarities and differences between them in relation to the ideas and perspectives of the peoples from which the dances originate.
4. Compare the process used in learning choreography to that of other creative, academic, or scientific procedures.