



LAKE LAND JOINT SCHOOL DISTRICT #272

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Communicable Disease Fact Sheet

PITYRIASIS ROSEA

What is Pityriasis Rosea?

- ◆ Pityriasis Rosea is a rash that can occur at any age, but occurs most commonly in people between the ages of 10 and 35 years.
- ◆ The rash can last from several weeks to several months.
- ◆ The cause is unknown.
- ◆ It is not caused by fungus or bacteria.
- ◆ A virus may cause this rash.

Symptoms:

- ◆ Begins as a large single pink patch on the chest or back. (may resemble ringworm)
- ◆ Within 1-2 weeks more pink patches appear on the body and on the arms and legs and are usually smaller than the first 'herald' patch.
- ◆ About half of the patients will have some itching, especially when they become overheated.

How is it spread?

- ◆ Pityriasis rosea does not seem to spread from person to person.

Treatment:

- ◆ Diagnosis is usually made by a dermatologist.
- ◆ Treatment may include medication for itching.
- ◆ Occasionally anti-inflammatory medications may be prescribed.

Exclusion from school:

- ◆ No exclusion from school is necessary.

More information:

- ◆ Call your school nurse at your child's school or at the district office, 687-0431.
- ◆ Call your health care provider.
- ◆ Call Panhandle Health District at 667-3481.