



Cardinal Gibbons Clubs
2018-19

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A Cappella Singers

Moderator: Mrs. Martha Zaldivar

The A Capella Singers is a club for all students who like to sing music that does not require instrumental music. It is a way to meet other singers, some who already do a lot of singing and some who just sing in the shower. The group will explore different sounds and styles especially those that emulate modern rock instruments including vocal percussion/beatboxing. We will perform throughout the school year.

Academic Team

Moderator: Mrs. Angie Melcher

Cardinal Gibbons High School participates in a number of academic competitions during the school year. Students in grades nine and ten are eligible to compete in the Brain Game, a quiz show sponsored by WRAL- TV. Students in grades nine through twelve are eligible to participate in the Wake County Library Quiz Bowl. Seniors can compete in the High IQ Bowl sponsored by the Greensboro Youth Council.

Members of the club practice competition procedures and questions prior to each competition. Team selection is based on participation in club meetings and superior performance during those practice rounds.

Anime Club

Moderator: Mr. Chris Kemple

The Anime Club is a club where kids can get together to watch and discuss Anime. The club meets a couple of times a month and of course is open to anyone and everyone.

Art Club

Moderator: Mrs. Becky Dason

The Art Club is open to any students who want to pursue their art interests. Club members will visit galleries, invite artists to speak and work on art projects for the school. Students do not need to be currently enrolled in art class to attend.

Biology Club

Moderator: Mr. Dan Porter

The Biology Club “provides opportunities for students to share and promote interest in the biological sciences. Activities include preparing and presenting experiments and technical information before groups and sharing information about career, technical training, and college opportunities.

Students will meet role models in the professional biology community, as well as participate in NABT- the National Association of Biology Teachers - programs.

Activities:

- Afterschool labs to enhance knowledge
- Provide speakers in a wide variety of biological fields.
- Activities for fun and reinforcing biology learning.
- Research scholarship opportunities.
- Enter national competitions in biology
- Participate in volunteer activities in biological areas such as medicine.

Book Club

Moderator: Mrs. Terri Ingraham

The purpose of the club is to encourage reading and discussion of books. The students will pick the books that are to be read and will meet once a month in a discussion group. This club is designed for students who enjoy books and wish to belong to a book club. Author readings at local bookstores and book drives for underprivileged children are other activities this club will pursue.

Chess Club

Moderator: Mr. Tripp Reade

Chess Club is a great way for anyone to play chess. We'll take someone who doesn't know how the pieces even move, and we'll take the Bobby Fisher masters as well.

Coffee House

Moderator: Mr. Michael Friedman

The Cardinal Gibbons Coffee House Club was founded during the 2006-2007 school year. Its purpose is to give students a safe, comforting, encouraging atmosphere in which to perform and socialize. The Coffeehouse meets 2 or 3 times per semester in the Plant Ops room at Gibbons. Performers include acoustic musicians, poets, and spoken-word performance artists. While most members of the club perform in some capacity, many students who choose to help in other ways--by helping set-up the room, serve coffee and snacks, and offer encouraging words to the performers. Attendance, participation, and enthusiasm were tremendous during the club's first year

Combo Club

Moderator: Mr. Mark Cashin

Students will be groups be level of experience, in groups of 4-8, and use learn to improvise on a wide variety of musical genres. This club will perform at school concerts in addition to outside-of-school opportunities, and provides a more personal development of musical study.

Composition Club

Moderator: Mr. Mark Cashin

Composition Club is an opportunity for individual students to channel their composition talents to create unique, authentic works. Literature can range from classical to popular, and is driven by the creative spirits of its members. Compositions that fulfill a performing art organization at Gibbons (vocal or instrumental) may be performed on future concerts. Opportunities for individuals to also enter competitions for composition are available.

Cooking Club

Moderator: Mr. Andy Hawks

Do you have a favorite meal? Do you like lasagna, calamari, doughnuts or eggrolls? Would you like to know how to make it? Already know how to make it and would like to share the recipe? These are just a few examples of the things our club focuses on. The Cooking Club is where we can come together and share our passion for our culinary pursuits. No experience in the kitchen is necessary! We start from the basics and work our way up to restaurant quality meals.

The Crusader Newspaper

Moderator: Mrs. Jeni Harrison

The Crusader newspaper is the award-winning, student-led and student-produced publication serving the Cardinal Gibbons community. The Crusader newspaper club focuses on teaching news-gathering and photojournalism skills, including the proper use of digital SLR cameras, and emphasizes frequent and timely publication via all types of media – print, online and social media. The Crusader strives to cover all events of interest to Gibbons students, from athletics to school events, so all students of all grade levels interested in any topic are welcome to join The Crusader team!

Dance Team

Moderator: Ms. Marion Keen

The Dance Team is a great way for girls and boys to come together to dance. We perform at the football and basketball games mainly. However, sometimes we have been out at lacrosse and soccer games. Sometimes, we as a team go to local and national competitions, while every year, like many of the teams here we have partnered with Outreach at Gibbons to go out and do service.

Drama Club

Moderator: Mr. Ferguson

Gibbons Drama produces four full scale theatrical productions each year: the JV Theater production, two plays, and a musical. Auditions are open to all Gibbons students and staff, with rehearsals taking place after school and on weekends, if necessary. Being onstage not your thing? No worries...there are plenty of opportunities for those interested in working on the technical side of the productions as well.

Drone Club

Moderator: Mr. Diane Rippolone

Drum Line

Moderator: Mr. Sargent

The club allows students who want to learn more about percussion but are not taking the class to get an introduction to percussion instruments. The club will learn about what a drum line plays, and what percussionists play. Students will get exposure to snare drum, bass drum, cymbals, and toms. Advanced students will work with students new to percussion to help them learn about playing. If students would like to perform every effort will be made to give them an opportunity, however there is no requirement for them to perform.

Fishing Club

Moderator: Mr. Mike Curatolo

Mission: Knowledge, Catch, Release.

Goals of the Club

- Get more students and educators interested in fishing.
- Educate students and educators about fishing techniques, conservation and the environment.
- Build community among students and educators.
- Plan to meet once every two weeks.

We plan to accomplish these goals by:

- Doing after school classroom presentations to all who are interested on fishing techniques for various fish species.
 - Inviting guest speakers from Bass Pro Shop and well as fishing environmental experts and professionals from the North Carolina Wildlife commission.
- Taking some field trips where all members would be invited to take part.
 - Possible to local ponds, lakes or rivers.
- Service:
 - Doing some pond or stream cleanups.
 - Inviting guest educators to be involved.
 - Teaching new members how to fish.

French Club

Moderator: Ms. Georgia Lackey

The French Club is open to any student who wants humor, fun, opportunities for conversation, enrichment, to enhance their linguistic and culinary skills and utilizing their acting abilities. It will help bring participants closer to each other and a greater appreciation of French culture. We will meet once a month. We will also love for our

students to join “The Alliance Francais” of Raleigh or its Chapel Hill chapter which both offer much historical and cultural interest. “Venez tous! and experience “la joie de vivre!”

Gibbons Gov

Moderator: Mr. John Aragona

Mission Statement- The purpose of Gibbons Gov is to educate, inspire, and empower citizens of our school community through government and politics.

Long Term Goals-

1. Educating about voter registration and the importance of local elections and participation.
2. Exposing students to government at the local and state level, as well as exposing them to polisci or public policy programs at local universities.
 - a. This can be done through field trips and guest speakers.
3. Facilitating current-events discussion, to teach students how to form cohesive political arguments. Not all about the issues, a lot about how to articulate and form coherent political ideas.
4. Inspiring political awareness and elimination of apathetic attitudes about government amongst young people.
5. Showing the importance of being informed and educated about how our government functions and current events.

Green Team

Moderator: Mrs. Gabi Burn

This club focuses on making Cardinal Gibbons High School a more environmentally aware environment through member participation and action. Club members hope to aid in the reduction of the Gibbons community impact on the environment but reducing its overall ecological footprint. Club activities include environmentally-focused service projects, campus-based service project, planning and facilitating the Earth Day Celebration and other environmental awareness opportunities.

Guitar Club

Moderator: Mr. David Spencer

The Guitar Club is an informal group that meets on Fridays after school (except when there is a home for an hour to play music, discuss music, and/or just hang out and have fun. It allows students to work on music in a more open and less structured way than in a music class. It also allows students to use the school’s instruments and music equipment for rehearsal or informal playing and jamming.

Health

Moderator: Mrs. Terri Ingraham

The teen health club will promote physical, social, environmental and mental healthy living through awareness. The club will partner with the school community. Our aim is to inform and educate about healthy choices such as exercise and diet, leading to positive outcomes for teens.

History Club

Moderator: Mr. Taylor Blanton

Activities: Regular meetings will feature discussion of interesting/relevant historical and political topics decided by students, club leadership, and the moderator. During the Spring semester, all interested club members will participate in the National History Day competition. Work, collaboration, and help from the moderator will take place at the regular meetings. The club will have as a goal to have 1-2 field trips per semester. Some examples include the NC History museum and government complex, NC battlefields and forts, or a day/overnight trip to DC. Other activities include watching historical movies after school or during an evening.

Ink

Moderator: Mrs. Nicole Hirsh

The purpose of this creative writing club (The Gibbons Inklings) is to promote and cultivate creative writing of all kinds while encouraging community among writing artists. The club will seek to meet at least once a month for “workshop” styled writing/reading sessions. Participants will share their work with others and give and receive constructive feedback. English-style tea service (hot teas, cakes, cookies, crackers, cheeses, etc) will be available for each of these.

Jazz Club

Moderator: Mr. Mark Cashin

Jazz Club is an opportunity to present students with a musical outlet for their creative talents, primarily focused in the area of Jazz. The club features both instrumentalists and rhythm section players, and meets a few times each month. The performing club looks to offer opportunities for their musicians to play throughout the Raleigh area and for Formal Concerts at Cardinal Gibbons.

Lancer Club

Moderator: Mrs. Gallagher

Structure of the Lancer Club: Moderator (faculty)

President, Vice-President, Secretary, Treasurer, Publicly Director, Membership (students)

Purpose of the Lancer Club: The main purpose of the club will be to offer to the students of Cardinal Gibbons High School the opportunity to do service for the community or church organizations. In addition, students will be given the option in participating in social activities. Some of the past activities include: visits to Duke Children's Hospital, Thanksgiving Baskets for underprivileged families, Walk for Hope.

The advantages of the Lancer Club:

1. The students will work with different groups of the local community, which they would not otherwise have the opportunity to do so with (disadvantaged, homeless, blind children and adults, physically and mentally challenged, elderly and infirmed, etc.) Because Cardinal Gibbons High School attempts to provide a variety of activities (spiritual, social, service oriented, etc.) for its students, there may be times during the school year that other clubs may also be involved in service work to the larger community. The Lancer Club will support and work with other school organizations and provide information on community resources.
2. By participating in this club, students will be given exposure to different health care professionals and social agencies, which may aide the students in possible career choices and colleges.
3. By engaging in the club's proposed activities the students will gain a sense of personal accomplishment and fulfillment, which comes from serving other human beings.
4. The club's bi-monthly meetings will provide social opportunities for its members. During this time students will plan, exchange, and share ideas on an informal basis. In addition, the younger students will benefit from interacting with the older students and the older students will gain a sense of responsibility toward the younger students.

Latin Club

Moderator: Mr. Taylor Lilly

Latin Club is open to all former and current Latin students. Students who have not taken Latin but have an interest in ancient Greek and Roman civilization and history are also welcome to attend! Latin Club will elect officers, participate in service, join state and national organizations for Latin students, go to state convention, and compete in academic competitions.

Math Club

Moderator: Shari Fredrick

The purpose of the Cardinal Gibbons High School Math Club is to foster a love of mathematics and to give students of similar interests a chance to share ideas. Through monthly meetings, students will engage in activities designed to extend the learning done in the classroom. Students also will be challenged to find ways to encourage other

students to develop a passion for mathematics. By exploring new facets of math, playing math games and participating in math competitions, students will enhance their passion for mathematics.

Media Club

Moderator: Mrs. Jeni Harrison

The Gibbons Media club is for all students interested in participating in and learning more about any of the Gibbons Media programs: creative video, literary magazine, newspaper, photojournalism and yearbook. Media club activities will include photo scavenger hunts, tweetups, publication release parties, create-your-own video contests and much more!

Mountain Biking Club

Moderator: Mrs. Pat Gallagher

Our goal is to create a rigorous, yet fun and inclusive program that promotes healthy living. We will welcome riders of all skill and grade levels. No one should be discouraged from joining this group due to their experience level. During rides, the group will be divided into groups based on skill level. Therefore, everyone from experienced riders to first-timers will be able to have a good time. Proper safety gear, namely helmets and close toed shoes are required.

Music Club

Moderator: Mr. Mark Cashin

Music Club is an opportunity to present students with a musical outlet for their creative talents, primarily focused in the area of Jazz. The club features both instrumentalists and rhythm section players, and meets a few times each month. The performing club looks to offer opportunities for their musicians to play both recreationally and for Music Concerts at Cardinal Gibbons.

National Honor Society

Moderator: Mrs. Ursula Karazin

The National Honor Society is an organization that promotes appropriate recognition for students who reflect outstanding accomplishments in the areas of scholarship, character, leadership, and service.

Selection of students for membership is the responsibility of a faculty council appointed by the Principal.

One of the requirements is a cumulative grade point average of 3.5 or above. The faculty council weighs all the other three requirements of character, leadership, and service

equally. All members are expected to attend monthly meetings and to make contributions to the Cardinal Gibbons Chapter by participating in chapter service activities.

Powerlifting Club

Moderator: Mr. Stephen Wright

Gibbons Competitive Weightlifting Club is an organization where people with an interest in competitive weightlifting, including powerlifting and Olympic lifting styles, are able to train, learn about, and compete in these lifting styles.

Items that Gibbons Competitive Weightlifting Club will cover/participate in:

- Technique and form of Clean and Jerk, Snatch, bench press, squat, and deadlift.
- Compete in Powerlifting and Olympic lifting events.
- How to train for optimal increases in strength.
- Training together to prepare for competition.
- Provide a social outlet for those with an interest in weightlifting.

Physics Club

Moderator: Mrs. Angie Melcher

The goal of this club will be to offer students engaging physics-related content while providing a social outlet. Physics Club will be a social and academic club that will meet regularly and will conduct semester-long competitions on physics-related topics, meet with other clubs, explore additional concepts outside of normal classroom topics, hold physics-related social events, participate in elementary school outreach, and host speakers on physics-related issues.

Reel Talk

Moderator: Mr. Mike Sheehan

Reel Talk is the Cardinal Gibbons' film club where participants watch and discuss movies and filmmaking. Meetings will be mostly held on Tuesdays and Thursdays, members have the opportunity to enjoy old and new movies selected from different themes throughout the year, discuss the films, their cultural impact, and relevance in modern cinema. The club will also look at current films and technological advancements in movie making. Reel Talk is an excellent place for the Gibbons' film community to meet, have fun, and converse about film.

Repeater

Moderator: Mrs. Rachelle Garbarine

"Repeater" Cardinal Gibbons' art and literary magazine, provides an opportunity for students to express themselves in the art and literary field. The poems, short stories, and artwork are submitted by the students, judged by the students, selected by the students, edited by the students, and published by the students. Being on staff provides great experience for students while the magazine itself testifies to the other students and community of the incredible talent at Cardinal Gibbons.

Robotics Club

Moderator: Ms. Diane Ripollone

The CGHS Robotics Club is open to students of all grade levels and is an exciting and fun experience for anyone interested in robotics, engineering, technology, physics, website development, programming, computers, computer-aided drawing, machining, and design. It is a unique opportunity to see how mathematics, science, and communication skills transform into fully functional robots. Club members also participate in competitions such as the FIRST Tech Challenge.

STAR – Student Technical Assistance Resource Club

Moderator: Mr. David Seninsky

I'm a STAR. Be a STAR. These are students with an interest in technology that will be trained to assist their peers as well as teachers with their technological needs. They will often serve as the first line of technological defense when a computer user has a question or challenge. Tasks will range from assisting teachers with using school software such as Finalsite to fixing printers and plugging in equipment to our network. Ultimately, they will become a large support for their peers as we move towards our 1:1 device initiative. Students do not need a technological background to participate, they will be provided with all necessary skills to perform the tasks that are requested of them.

Science Olympiad

Moderator: Ms. Tess Chugh

The Science Club provides opportunities for students interested in competing in one or more organized competitions. The majority of involved students participate in Science Olympiad. This format offers experience in all areas of science and applied science. Fifteen students are chosen to represent Cardinal Gibbons High School at the regional competition held each February. The top teams at the regional competition are invited to the state level contest held in April.

Science Olympiad members may also represent Cardinal Gibbons at the regional North Carolina Science Fair held each March or the North Carolina Oceanography contest also held in the spring.

This club meets regularly from October through April. Meetings provide students with practice time and access to equipment and assistance with preparation for competition.

Cardinal Gibbons science teachers, parents and community members involved in science related fields provide coaching and encouragement for club participants.

Serving Our Soldiers

Moderator: Ms. Kathy Stephens

Serving Our Soldiers Club or “SOS” is an extracurricular school club whose mission is to serve, connect with, and provide support to our country’s military, veterans, and their families. Our goal is to raise awareness within the Cardinal Gibbons student body of various military career opportunities while acknowledging the distinguished service and sacrifice that these men and women make in protecting our nation. This club welcomes students from all grade levels and generally meets at least once a month with some meetings occurring at local military installations and offices. Throughout the school year, SOS will organize a series of projects that provide support and encouragement to troops that are deployed to other countries. Not only do these projects directly support our Soldiers, Sailors, Marines and Airmen but also help to get the students of Cardinal Gibbons High School involved and more connected to our nation’s troops.

Spanish Club

Moderator: Ms. Theresa Shea

The Spanish Club will celebrate Hispanic culture and promote interest in the study of Spanish. Our members will engage in cultural activities, provide peer tutoring and participate in other services that include games, crafts, making and eating Hispanic foods, videos in Spanish and occasional trips to restaurants, exhibits or other local events with a Hispanic flavor. The Spanish Club will welcome all students who are interested in Spanish and Hispanic culture

Speech and Debate Club

Moderator: Mr. John Aragona

The Speech and Debate (formally Forensics) Club of Cardinal Gibbons High School competes in both the Tarheel Forensic League and the National Forensic League. Speech and Debate provides opportunities for students to develop their confidence focused on speaking in front of others while using their God-given talents and exploring career options as debaters, actors, politicians, lawyers, teachers, orators and comedians.

Meetings for the club are generally held on Monday afternoons from 3-4:00. Meetings consist of prayer, impromptu style activities designed to develop competitive speaking skills, group practice and individual preparation. Meetings are held more often prior to a scheduled tournament. Tournaments are held monthly and are within driving distance of

our school. Transportation is provided except for the “local” meets. Members are not required to attend every scheduled club meeting or tournament.

Students can compete in events including, Public Forum, Lincoln-Douglas Debate, Student Congress, Extemporaneous, Duo, Impromptu, Prose, Poetry, Original Oratory, and Dramatic and Humorous Interpretation. Selections for competition are chosen by the participant with guidance from the club moderator and club officers. Students can earn points and recognition at every competition by placing in their event.

Strategy Club

Moderator: Mr. Mark DeLaRosa

The Strategy Club brings students together in order to play various games. Our members play video games, board games, and card games. Among our club's activities are Magic: The Gathering; Chess; Go; Mao; Dungeons and Dragons; Star Wars Battlefront; Halo; and Shogi. Occasionally, we sponsor competitive tournaments within most of the above activities. We meet most days after school in room 209. Our club welcomes all grade levels and all kinds of game.

Student Council

Executive Moderator: Moderator: Mr. Rogosich
Senior Class Moderator: Ms. Paige Derouin
Junior Class Moderator: Mr. Tim Yelenic
Sophomore Class Moderator: Mrs. Jess Lowe
Freshman Class Moderator: Ms. Amy Bradshaw

The purpose of this organization shall be to; develop attitudes of, and practice in, good citizenship; promote harmonious relations throughout the entire school; improve student-teacher relationships; assist in the management of the school; provide a forum for student expression; promote the general welfare of the school. Freshmen, sophomores, juniors and seniors have four elected representatives and the school has four Executive officers.

Surf Club

Moderator: Mr. Jason Curtis

The Surf Club, moderated by our school's principal, takes a trip once year in order to, you guessed it—go surfing. The club also gives tries to help kids become aware of the environmental issues that affect the surf and our coasts as part of being responsible surfers.

Tri-M Honors Society

Moderator: Mr. Hal Sargent

Tri-M Music Honors Society promotes music at school and in the community. We perform music at the school*(lunch time concert) and in the community (nursing homes etc), help teach younger students to play instruments, sponsor seminars on music careers more. Each student is required to do one music project per year assist the Society in one large project. Students must be members of a music class at school and music have at least a 3.0 GPA to be eligible.

Ultimate Frisbee

Moderator: Mr. Casey Degnan

The Crusaders Ultimate Team competes in the sport of ultimate frisbee --an action-packed, player-regulated, sport that challenges a player's agility, running and throwing abilities, and good sportsmanship. The sport is open to both males and females at all grade levels. The team practices twice weekly on the school's front field, plays regular matches with other area high school teams, and competes in state and regional tournaments. The team is a founding member and active participant in the Triangle High School Ultimate Association.

Yearbook

Moderator: Mr. Jim Ryan

Yearbook II and I is a singular elective course open to juniors and seniors only with the recommendation of the yearbook teacher. It is a yearlong course for one credit. The purpose is to prepare the yearbook for publication. Layout design, copy writing, picture selection, and the use of computer-assisted technology make up the basic components of the class.