

Junior High Cheerleading Guidelines

1. The maximum out of pocket expense for junior high cheerleaders is **\$875**. This cost is inclusive of their uniform, practice gear, travel gear, game day outfits, all clinics, competition costs, payment to a choreographer, costs for participation at a cheerleader school like Cheers, and any other cost associated with their participation as a cheerleader.
2. Advisors should communicate with their principals before any apparel is ordered to ensure that the apparel conforms to district and school standards.
3. Schools will be fined \$150 if there is a violation of any part of the fee policy. In addition to the fine, the cheerleading squad will be suspended for one week of practice and participation in any games or competitions.
4. Advisors and others who will supervise cheerleading teams will be required to attend safety clinics.
5. If a team stunts or tumbles without a safety trained advisor present they will not be able to practice for one week. In addition, they will not be allowed to wear their uniforms or cheer during the week of the next game. If a team commits another violation regarding an unsupervised stunt, the punishment will be determined by the District Athletic Director. No stunts or tumbling at away games with the exception of the semi-final and final games.
6. If a team does an illegal stunt, they will be punished the same as outlined in #7 above.
7. The following procedures must be followed during tryouts:
 - (1) Eligibility should be checked for those trying out before any formal tryouts take place.
 - (2) No one who is not directly involved in the tryouts will be allowed to watch the tryouts. Directly involved means advisors, judges, score keepers.
 - (3) If feedback from teachers is used as a criteria in the selection of cheerleaders, current teachers from those trying out should be given a change to respond and teachers need to sign the form they turn in.
8. Cheerleading squads are discouraged from using any cheers during games or after the game that are demeaning toward the other cheerleaders or toward students from the competing school.