

**Junior High Athletic Guidelines (Revised 8/12/2015)**

1. Each sport will be allowed one camp each year. An athlete may not attend a clinic or camp hosted or sponsored by a member school within three weeks of the starting date. This includes sending teams to team camps or competitions outside of the school. Participating in intra-murals that are open to the entire school within this three week period of time will be considered legal. The exception to a sport being able to have a clinic within the three week period of time is volleyball. The camps and clinics can last no more than two weeks.
2. From the beginning of the school year until their sport season ends, a head coach or assistant coach will not be allowed to coach any team comprised of any athletes from his/her school sports team.
3. Practice on days schools are closed including holidays, fall break, etc. are not allowed. This does not include teacher work days.
4. Games with high school teams or schools outside of our district are not allowed.
5. Coaches will review the hazing policy each sport season and have each athlete sign the “Statement of Commitment” form. These forms should be kept on file at the school.
6. Coaches are responsible to make sure each athlete adheres to the requirements related to physicals. Coaches should follow the policies related to the UHSAA physical form.
7. The requirements for academic and citizenship eligibility are to be followed by each coach and athlete. Davis School District’s eligibility requirements are as follows: “Students must hold a minimum term grade point average (GPA) of 2.0 in the preceding grading period. Students falling below the term 2.0 GPA will be ineligible to participate in the succeeding grading period. Mid-term progress reports do not apply. Students cannot fail more than one subject. Students receiving a ‘U’ will be subject to review by the School Standards Committee. Students receiving a ‘U’ from two or more individual teachers will be eliminated from extracurricular activities immediately and for the succeeding term. At the discretion of the school principal and School Standards Committee, a student with one or more ‘U’s’ may participate when their credit has been restored.”
8. There will be no practices during the Christmas vacation.
9. There will be no Saturday practices unless a team has a game on Monday of the following week and the principal approves of the practice. The exception to this is volleyball. Even though volleyball games are on Monday they are also restricted from Saturday practices.
10. Athletes can be involved in intra-murals as long as the intra-mural activity is open to all students and there is no coaching being done. Intra-murals should be participation only. Wrestling coaches will be allowed to teach the appropriate skills during intra-murals that will help ensure the safety of the athlete.

11. During the conditioning period prior to a sport season, coaches should not be conducting drills or practicing with their athletes. .
12. During tournaments, schools may hang two signs in support of their teams. The school is responsible to take the signs down and clean up any trash associated with the signs. Balloons are not allowed at any sporting events.
14. The use of any type of megaphone by a spectator is prohibited.
15. Cheerleaders are not allowed to attend the qualifying and district tournaments in wrestling before school is out.
16. All wrestlers should keep their top on at all times. Failure to do so will result in 1 point deduction to the team score.
17. If a junior high athlete makes a high school team and then quits or is eliminated from the team by his/her coach, he/she will not be allowed to return to his/her junior high and participate in that sport.

Penalties for Violations of the Athletic Guidelines

1. An official letter to the individual and/or school concerned in regard to the offense committed and warning against further acts of a detrimental nature which are contrary to the athletic policies of the district. This letter will become a part of the permanent file of the individual.
2. Action which would restrict the individual or team from district participation.
3. A coach, principal, and/or school may be assessed a fine for violations of the athletic policies. The fine cannot exceed \$100.