

**School District of Janesville Wellness Policy Evaluation Tool**

School Name: \_\_\_\_\_

School Year: \_\_\_\_\_

Staff involved in completing evaluation: \_\_\_\_\_

Criteria	Actions	Responses
Nutrition Education	1. List the grades where nutrition education is provided. List or attach documents indicating themes taught.	
	2. List professional development on nutrition education that your staff participated in this school year.	
	3. (Middle School) list the grade level where nutrition plans and physical activity plans were completed. Enter number of students completing the plan and how long the plans were written for.	
	4. What nutrition information from the school breakfast/lunch program was provided to students?	
	5. List staff development activities on nutrition that were conducted by food service staff for teaching staff.	

<b>Physical Activity</b>	<b>1. Frequency and length of physical education classes.</b>	
	<b>2. Frequency and length of recess.</b>	
	<b>3. Is participation in recess withheld as a punishment?</b>	<b>Yes No</b>
	<b>4. Is participation in physical education classes withheld as a punishment?</b>	<b>Yes No</b>
	<b>5. Is increased physical activity (running laps, push-ups, etc) used as a punishment in classes?</b>	<b>Yes No</b>
	<b>6. Does your school offer before/after school activities that promote physical activity? If yes, list:</b>	<b>Yes No List:</b>
	<b>7. Do teachers use physical activity breaks at your school? If yes, please list the frequency.</b>	<b>Yes No Frequency:</b>
	<b>8. Does your school encourage student walking/biking to/from school? If yes, how often per week?</b>	<b>Yes No Frequency</b>
	<b>9. Is your school being used by community groups/parents to provide increased physical activity for students? If yes, list frequency.</b>	<b>Yes No Frequency</b>
<b>Nutrition Promotion</b>	<b>1. How does your school inform parents about good nutrition practices and healthy eating habits? What is the frequency?</b>	
	<b>2. Food service has informed staff/parents at your school about new/updated USDA food requirements for the school nutrition program?</b>	

	3. Do you sell food/beverage items at your school? If yes, do you price healthier choices at a lower rate than non-healthy choices?	Yes sell food/beverage items not sell food/beverage items	No, do
	4. Have you had taste testing promotions with students and/or parents at your school? If yes, grade level and number of participants.	Yes      No Grade levels: _____	Number of Participants: _____ Students _____ Parents
	5. Do you have a school garden? How is produce used from the garden?	Yes      No	
	6. Is your school receiving grant dollars for students to participate in a nutrition program (i.e. fruits and vegetables, etc.)	Yes      No	
	7. Does your school have a full kitchen? If yes, do you have cooking club or other program for students to educate them on healthy food preparation?	Yes      No	
Other School Based Activities	1. Average time students have to eat breakfast after sitting down?	_____ Average time to eat breakfast	
	2. Average time students have to eat lunch after sitting down?	_____ Average time to eat lunch	
	3. Does staff eat lunch with students?	Yes      No	
	4. Do parents eat lunch with students?	Yes      No	
	5. Does staff use food/candy/beverages as a reward for academic performance or behavior?	Yes      No	
	6. Are vending machines in your school operational during the school day? If yes, when?	Yes      No      Not Applicable	Time vending machines operational: _____

	<b>7. Do employees sell food/beverages to school during the school day?</b>	Yes No
	<b>8. Does your school offer the federal breakfast program?</b>	Yes No If yes, average number served _____
	<b>9. Meals brought to school by parents are only for their student?</b>	Yes No
	<b>10. Are incentives/rewards that involve food/beverage provided at your school during the time when school breakfast or lunch is served?</b>	Yes No
	<b>11. Hours your school store is open? Are food/beverage items for sale during the time the federal school breakfast or lunch is served?</b>	Hours school store open: _____ No school store _____ Yes food/beverage items sold during the time school breakfast/lunch served No food/beverage items are sold during the time school breakfast/lunch served.
	<b>12. Does your school conduct fund raising activities that promote physical activity?</b>	Yes No
	<b>13. Does your school conduct fund raising activities that involve food/candy/beverages? How many?</b>	Yes No _____ Number
	<b>14. Does your school conduct fund raising activities that involve the sale of healthy food choices?</b>	Yes No _____ Number

	15. Does your school store offer healthy food choices that meet the district nutrition guidelines? If yes, what is the percentage?	Yes No Not Applicable  _____ % meeting district nutrition guidelines
	16. Does your school conduct fund raisers during the school day that involves the sale of food/beverage items? If yes, do all items for sale meet the district nutrition guideline?	Yes fund raiser during school involves food/beverage. No fund raiser during school involves food/beverage. Yes all items sold meet district nutrition guidelines No, items sold do not meet the district nutrition guidelines Not applicable
	17. Do parent groups or booster clubs have fund raisers that offer healthy food/beverage items for sale? If yes, what percentage are healthy items?	Yes No Not applicable  _____ %
	18. On average, how often does your school have classroom celebrations that involve food/beverage items?	
Nutrition/ Food Handling Practices	1. Anytime the school cafeteria is used to serve food/beverages a licensed food handler is present?	Yes No
	2. When the school cafeteria is used to serve food/beverages, all food/beverage items are either made on site or come from a licensed vendor?	Yes No
	3. Do you allow home-made food items to be served to students during the school day?	Yes No
	4. Do all food/beverage items provided by parents, as a classroom treat, meet district nutrition guidelines?	Yes No  _____ % that meet district nutrition guidelines

	<b>5. Are personally purchased food/beverage items sold to students by school staff in your school?</b>	<b>Yes    No</b>
<b>Implementation and Communication</b>	<b>1. Who is the person responsible for implementing the district wellness policy in your school?</b>	
	<b>2. Does your school have a committee that assists with the implementation of the district wellness policy?</b>	<b>Yes    No</b>
	<b>3. Date your school completed the wellness evaluation tool.</b>	
	<b>4. How has your school communicated results from the district wellness evaluation tool to the community?</b>	