



# Highline Public Schools Athletics

## Discontinuation of Learning Accommodations

### for Concussion Injury

DATE: \_\_\_\_\_

TO: Counselor of \_\_\_\_\_

CC: School Nurse, Building Athletic Director

**FROM: HIGHLINE PUBLIC SCHOOLS ATHLETIC TRAINER**

- |                          |                                       |              |  |
|--------------------------|---------------------------------------|--------------|--|
| <input type="checkbox"/> | Lara D'Orvilliers, M.ED, ATC, LAT     | 206-631-6787 | lara.dorvilliers@highlineschools.org   |
| <input type="checkbox"/> |                                       |              |  |
| <input type="checkbox"/> | Jenn Mackenzie, MS, ATC, LAT, NREMT-B | 206-631-7019 | jennifer.mackenzie@highlineschools.org |
| <input type="checkbox"/> | Corinne Schneider, MS, ATC, LAT       | 206-631-6159 | corinne.schneider@highlineschools.org  |

I am writing to inform you that \_\_\_\_\_ is no longer experiencing symptoms that require learning accommodations for the concussion sustained on \_\_\_\_\_. Please inform this student's teachers, with the exception of physical education staff (see note below), with copy to me, the school nurse, and the building AD, that we have begun the Return to Play Progression and that the student no longer needs learning accommodations.

#### **PLEASE DO NOT INCLUDE PHYSICAL EDUCATION INSTRUCTORS IN THIS NOTIFICATION**

The discontinuation of learning accommodations does not apply to physical education classes of any kind. Physical exercise at even minor levels can exacerbate and prolong symptoms. If this student is currently in a physical education class, he/she is NOT allowed to participate in any form of physical education to include yoga, weightlifting, etc. until medically cleared to do so and the teacher receives clearance through the school district's established process. Please ensure that physical education staff clearly understand this distinction.