

## MLK Assembly: An Inspiring Life

By Nick Martinez '13



On Wednesday, January 18th, the Prep Community gathered in the Regina A. Quick Center for the annual Martin Luther King, Jr. Assembly. Hosted by Mrs. Alecia Thomas and members of the Students for Educational Excellence through Diversity (S.E.E.D.) program, the assembly celebrated the impact and legacy of King's life through moving performances by Prep students, faculty, alumni, and others.

Now, as you are a reader of this newspaper, Fairfield Prep's student newspaper available only through the Prep website, I feel I can safely assume that you were either in attendance at the assembly or have heard about the inspiring speeches and performances given there. For that reason, I will not recapitulate the events of the assembly in this article (if a recap is what you are looking for, I direct you to the January 19th "Martin Luther King, Jr. Assembly celebrates Diversity" article posted on the Prep website). No, that would be beside the point entirely. One must remember that while the assembly was moving and inspirational in its own right, it was not called for its own sake. Rather, it was called to celebrate the life, message, and movement of Martin Luther King, Jr., a man who ultimately sacrificed his life for the causes of unity, equality, understanding, and acceptance amongst all people. Thus, it is absolutely necessary that when contemplating a commemoration ceremony like Prep's MLK assembly, we ask ourselves the essential question about the degree to which we continue King's mission in our own lives. For King's mission did not end with him or the Civil Rights movement of the 1960s, but rather has been inherited by each subsequent generation, and will continue to be passed on so long as injustice exists amongst the people on Earth. The Prep assembly served to remind us of this impetus placed on us to continue King's work. So, how can we best go about continuing this work? In the words of Dr. King himself, we must strive to "give [our lives] serving others...to feed the hungry...to clothe the naked... [and] to love and serve humanity." And that—that was the true message of the assembly.

# Welcome!

## Soundings

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Dear Readers,

I must begin with an apology. This issue of Soundings is later than expected. The staff has been overwhelmed with academic demands and college standardized testing. We intend to ensure the remaining issues are released in a timelier manner. As editor-in-chief, I accept responsibility for the delay.

The past two months have been predictably busy at Fairfield Prep. The winter sports teams are wrapping up successful seasons while Campus Ministry has focused on a Kairos Retreat, an Urban Plunge, and the March for Life. The third quarter is also the most demanding academic quarter at Prep, and this year we've been blessed to be present for each and every day.

In our next issue, look for a preview of spring sports, the upcoming school musical, and an update of Campus Ministry activities during the Lenten season.

Ethan Doerger '13

# Sports

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## Prep Hockey: Leading to Greatness

By Liam Ferguson '13

The 17-3-0 Fairfield Prep hockey team looks to carry the team momentum into the playoffs. As a member of the team, coming off of a tournament win at the 1<sup>st</sup> Annual Jesuit Shootout was both a confidence booster and something that we as a team will build off of. The Shootout was played at the AmeriHealth Pavilion in Newark, New Jersey, which is the practice arena for the New Jersey Devils of the NHL, and is also attached to the Prudential Center Arena, the home stadium for the Devils. We played tough games against Boston College High and St. Peter's Prep, and it was definitely a different experience for us.

Throughout the season we have played many challenging opponents, and thankfully we've been able to rise to the occasion. We have taken these wins and used it as fuel to help us transform into a stronger and better team. We have more games to come and look forward to the rest of the season. Having our Bomb Squad at each game will help us get to the big W and show Connecticut that there is no school and no cheering section like Fairfield Prep. Come watch us and all the coaches go for another state championship!



## Why not Prep Swimming?

By Ethan Doerger '13

The Fairfield Prep swimming team has heard it for years: "Greenwich wins states, Greenwich wins states again...!" This group of swimmers is sick and tired of that talk, and in a juggernaut showdown on January 28<sup>th</sup>, Prep took it to their rivals on their own turf and defeated them by a score of 107-79, ending the Cardinals' undefeated season. Days later, Amity was next to fall to the Jesuit aqua men, also losing a bid at an undefeated season. Prep has contributors from all ages, including freshman Bryce Keblish, sophomore Bjorn Davis, and senior Bryan Dougherty. Prep finished off their undefeated season and is a favorite to win SCC's and the state championship in March.

# Sports

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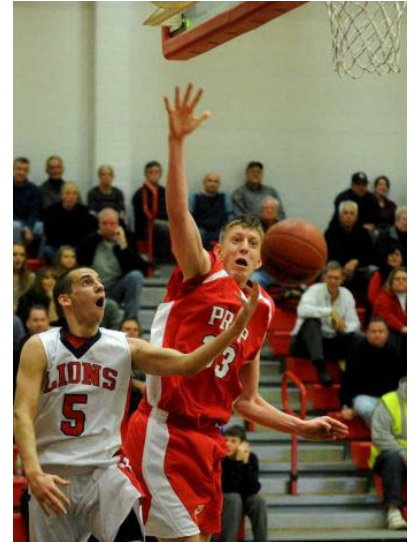
## Prep Basketball- Living up to the Hype

By Timmy Attolino '13

Coming off quite possibly the greatest season in Fairfield Prep basketball history, the 2011-2012 Jesuits had big shoes to fill, and so far they have filled those shoes quite well. Despite another loss to Career Magnet in the SCC Semifinals, Prep boasts a 6<sup>th</sup> seed out of 32 teams heading into the state tournament. William and Mary-bound senior Terry Tarpey has been exceptional, averaging 25 points, 10 rebounds and 7 assists per game. Most notably, on January 10<sup>th</sup>, Tarpey netted his 1,000<sup>th</sup> career point, which is a remarkable accomplishment. As the point total got closer and closer to 1000, the fans began to sense that Terry would probably reach this accomplishment at Alumni Hall. After converting a layup and being fouled, Terry stepped up to the line, with 999 career points. The entire crowd rose up, as he netted the free throw. He checked out immediately after the free throw, finishing with a career high 32 points, and sitting on 1000 career points.

The team isn't just Terry Tarpey; the supporting cast has done a fine job so far, complementing each other's skills. Junior Tim Butala has been consistent, averaging 10 points per game. A big surprise is the contribution from freshman point guard Thomas Nolan. Thrown into the spotlight of running the Jesuit offense, he has done a fine job. His biggest moment came in the game at Xavier. With 13 seconds left, he took the inbounds pass from Tarpey, and hit a game winning three-pointer. Prep always has a flare for the dramatic against Xavier, most notably Terry Tarpey's game winner which send Prep to the State Semifinals.

The season is looking promising for another Fairfield Prep state championship run. Keep your eyes out on Mike Matera and Dave Zielinski for big contributions for the rest on the season.



# Sports

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## Indoor Track Review

By Liam Mason '14



This year has been one of the most successful seasons for the indoor track team in recent memory. Led by Connor Rog, the newest Virginia Cavalier, the Jesuits runners are having a very successful season. Many of the runners on the Indoor Track team are from the state championship winning cross-country team, so winning is nothing new to them. The Prep runners have won a few dual meets, and most of the runners have individually won numerous different competitions. So, look out for the indoor track team as they figure to do very well in both the future dual meet as well as the state championship, as they continue to build on a very successful year for Prep running!

## Undefeated on the Slopes, 2<sup>nd</sup> in States

By Ethan Doerger '13

Sure, Mother Nature made this year's ski season start a little late. However, for Fairfield Prep's ski team, the season started at the right time. 22 wins and 0 losses later, Prep clinched the Connecticut Interscholastic Ski League (CISL) title. Then at the end of February, Prep earned a 2<sup>nd</sup> place finish in the state. A big part of this team's success lies with the Osborne brothers: Mike (senior) and Greg (freshman). They were the top two scorers on the team in Prep's win against all rivals on February 9<sup>th</sup> at Mt. Southington. The siblings were also elected to represent Team Connecticut at the New England High School Ski Championships at Attitash Mountain, NH from March 8-10, 2012. Other major contributors are senior Brendan Collins and freshman Logan Racz. Congrats to the ski team for a successful season!



# Entertainment

## My New Favorite Band

By Matt Craighead '12

I first heard Timeflies back in early 2011 with a few great songs such as Pipe Dreams, Lose My Mind, All Night and their remix to Katy Perry's song Teenage Dream. I was thoroughly impressed right from the get-go. They are very talented and unique for a few reasons. One, they have this awesome YouTube channel where they release all of their music, but the special thing is that every Tuesday they do this incredible

thing called Timeflies

Tuesday. They do remixes to

popular songs, tributes, or even totally new and original material. Two of my favorites are iTribute and Under the Sea. In Under the Sea, Rob Resnick, the producer, put his talent on a steel drum while Cal, the vocalist, sang over it. They also just released a new and improved version of the original last Tuesday. iTribute is probably my overall favorite, because it is a tribute to the recently deceased Steve Jobs. The awesome part is they use the original iPhone ringtone that comes with the phone and use that as the beat and weave in many different products from Apple such as Time Capsule, FaceTime, Safari and many more. Everyone should go take a listen to these two songs as well as all the other tracks.



Then the fans were blessed with a full-length debut album called The Scotch Tape. I listened to it the first time and knew that it was pretty good. I did not listen to it much at first. But then, on December 16<sup>th</sup>, I went to their concert at Webster Hall in NYC with a few friends. The concert was mind-blowing and so much fun. I became obsessed with them and their music from then on, and I have not stopped listening to them ever since. Some of the more interesting and well-done songs on the album are Turn It Up, Switchblade, Fade, For You, Ex Games and Until the Sunrise.

I wrote this article because I love music and try to recognize and listen to a person or group with talent and uniqueness. Timeflies fits that description perfectly. Anyone can listen to them, so guys and girls of any age should check these guys out on YouTube and also their website: <http://www.timefliesmusic.com>. They should really start to blow up in 2012 and for years after that.

# National News

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## Is this winter a Sign of the Apocalypse?

By George Calle '14

This winter has been far from the normal Connecticut winter. Remember the 5.8 earthquake and devastating Hurricane Irene in August? Then, Snowtober put the state under a blanket of snow less than a week before Halloween. However, it is now early March and since then we have only seen a few snowfalls. Even as I'm writing this, it is the middle of winter and it is 55 degrees outside. This weather has truly been very strange, but could this all be a sign that the predictions of the ancient Mayans were correct? These unnatural occurrences have been odd and in some cases destructive, but are they just foreshadowing what will happen to the earth later this year? Will life on earth suddenly come to an end in 2012? Nobody will know the answers to these questions until December 21st comes and goes, but it is surely something to consider due to the strange occurrences in late 2011 and in the New Year.

The weather we're experiencing does have some serious consequences, both good and bad. Hundreds, maybe thousands of people make a living that depends on cold weather and snowfall. Ski resorts depend on natural snow and cold weather for man-made snow, to entice skiers to their resorts. Also, restaurants around those resorts suffer. However, town budgets are built on the expectation that crews will be needed to salt and plow the streets, so we save money in the absence of normal snowfalls.

Scientists who strongly believe in global warming say that this winter is what they have been warning the public about for decades. Environmentalist Al Gore said, "Snow has two simple ingredients: cold and moisture. Warmer air collects moisture like a sponge until it hits a patch of cold air. When temperatures dip below freezing, a lot of moisture creates a lot of snow." This means that because of the warmer temperature of the earth, snowstorms will become more and more severe. Maybe the strangely warm weather and odd occurrences in nature is not proof of the Mayan prediction of the end of the world, but it could be used to support the controversial theory of global warming.

# National News

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## What is SOPA?

By Will Coupe '13

SOPA is an acronym for the Stop Online Piracy Act. Lamar Smith, a representative from Texas, proposed the bill in mid-January of this year. The bill would give the United States government a lot of control over the Internet, in a similar way to what the Chinese government does. The Chinese government restricts people from going on certain websites. For example, Chinese citizens are not allowed to go on Facebook, Twitter and other social networking websites. While SOPA is a lot different, it does give the government power over the Internet.

SOPA is written in such a way that its intent is to take down/stop sites that host pirated content. Piracy is the unauthorized reproduction or replication of someone else's material they have created. Pirated content on the Internet includes movies, television programs and songs. Most websites that pirate material make their money off of ads. The main goal of the bill is to stop overseas websites that have loads of pirated content, and to try to get these sites off of the Internet and restrict US corporations by not allowing them to put material on the sites. The law enables the government to shut down any website that has pirated content. For example if a video was found on YouTube that was pirated, the whole entire website of YouTube would be shut down. If this video was posted with a YouTube link on Facebook or Twitter, then the U.S. government would have the right to shut these websites down too. All of our favorite websites could be gone, but don't worry this will not happen. A protest by Wikipedia (which receives 2.7 million United States visitors per month) and other sites like Google and wired took place on January 17, 2012. This definitely got the attention of many people. Many people began to get enraged when they could not use Wikipedia for one day, and the bill received a lot of criticism and was eventually defeated.

I think that Representative Smith definitely made a good point with the bill, because pirating content is wrong, and when people who create content do not receive the money that they should be getting, and then it's unfair. The bill just really was not written well and was not thought out well. A better way to stop piracy is to file individual lawsuits and not go after websites like Facebook and YouTube. These websites receive thousands upon thousands of posts each day and it is hard to keep watch over everything. The bill should deal with individuals, and not shut down major websites that the public uses every day.



# National News

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## LA Arson

By Joseph A San Filippo III '13

Recent strings of a total of 53 "fires of concern" that have broken out in the Los Angeles area have set off an investigation of a deliberate arson spree. Of those fires, 45 occurred in the Los Angeles area, another nine were in West Hollywood, and one was in Burbank, California. Los Angeles police booked a 24-year-old man, Harry Burkhart, on suspicion of arson after an L.A. County sheriff's deputy detained him in connection with a string of more than 50 deliberately set fires and was charged with setting dozens of fires across Los Angeles over the New Year's weekend in a spree an arson investigator said was motivated by a "rage against Americans."

The fires have caused \$2 million in damage, authorities said. Harry Burkhart has been involved in a dispute with federal immigration officials. Apparently Burkhart battled the U.S. government over the immigration status of his mother and investigators believe that this may be a motive for the fires. LAPD detectives have found materials inside Burkhart's minivan that could have been used to set fires. Harry Burkhart was caught on January 23. The suspect was taken into custody following a morning of arson fires across the Hollywood area Monday. Eleven fires were reported in two hours, beginning at 1:30 a.m.; most were burning cars and carports in apartment complexes, police and fire officials said. As of January 24<sup>th</sup>, Harry Burkhart, 24, entered not guilty pleas to 100 counts of arson and related charges during a brief hearing in Los Angeles Superior Court and was ordered held on \$7.5 million bail. The investigation and trial are still pending, likely to be held in the spring.

# World News

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## The Eyes of the World are on Syria

By Ethan Doerger '13

With Libyan ruler Moammar Gadhafi dead, the next dictatorship rule to be challenged is that of President Bashar Al-Assad in Syria. Assad has been President of Syria for 11 years, and protests against his rule have resulted in a brutal backlash from pro-government forces. For nearly a year now, Assad has used his military to strike against any who protest against his rule. Thousands of citizens have been killed or have fled the country because of the violence.

In spite of this vicious action, protesters have lingered and are determined to hold out until the Western world intervenes. Whether the West intervenes is currently the massive debate occurring across the world. NATO has just finished up fighting a civil war in Libya, and a civil war in Syria is the last thing NATO wants to deal with. What further complicates matters is that Assad is allies with Russia and Iran, who are at odds with Western countries like the United States and Britain. As a result, tensions are high on both sides as Syrian rebels beg for the West to fight for their cause.

The Syrian rebels face enormous odds to dethrone their hated dictator. Most are unarmed civilians that have peacefully protested against Assad's rule. However, much like the rebels in Libya, these protestors have admirable courage and determination in the face of death. Watching these innocent people die has been ghastly for the world to watch. As Men for Others, it is our job to pray for these people and hope that peace and prosperity are restored to a land of unrest and bloodshed.

# Campus Life

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## **Fighting for the Unborn in the Nation's Capital**

By Ethan Doerger '13

On the weekend of January 21<sup>st</sup>, a group of seven Prep students and three faculty members made the six hour drive down to Washington D.C to participate in the annual March for Life. The March is organized every January in protest against the legalization of abortion. Thousands of Jesuit high school students from all across the country travel to the capital of the United States to voice their displeasure over the killing of innocent, unborn babies. I was part of the group from Prep, and one of the first things I noticed was how passionate people were about the abortion issue. Speakers stood on the streets and described the horrors of abortions, while chaperones and students alike screamed out protest chants into the crisp and rainy air. Georgetown University had its own youth conference in one of its campus ministry buildings, and there were numerous priests and religious sisters that spoke of their emotional experiences with abortion. Gonzaga High School in downtown Washington hosted a mass right before the March, which was a definite reminder of why we were all there.

The March itself was an amazing experience. Although the weather could have been better, the atmosphere was incredible. DC residents pulled their cars over and took pictures of us and the rest of the marchers. Police sent to keep us in line were in awe of our sheer number and largely stayed out of our way. Many people held anti-abortion signs and screamed what they said at the top of their lungs. Just the number of people and the passion for the cause was awe-inspiring and it made for a memorable Campus Ministry event.

More than ever, the Prep brotherhood was ever present. With plenty of free time to spare, all seven of us met up and went to dinner with Prep alumni that are currently attending DC-area colleges such as Georgetown and Catholic University. We all watched Sunday night as the Baltimore Ravens missed the game-tying field goal and lost to the New England Patriots, and later that night we saw the eventual Super Bowl champion New York Giants defeat the San Francisco 49ers in overtime. Needless to say, the annual March for Life was a great success.

# Campus Life

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## What Prep Students do to be Men for Others

By Will Coupe '13

**Freshman** Mark Burgess is volunteering to work at Tyler Ugolyn Memorial Basketball tournament at Our Lady of Fatima School in Wilton. He and other high school freshman have worked at various positions at the tournament. This tournament supports the athletic programs at Our Lady of Fatima School and honors the memory of a former Fatima student, basketball star and role model, who was lost in 9-11.

**Sophomore** Chris Schlegal is an Usher at St. Johns church in Danbury. He also went to New York and helped out with an exchange program. Currently sophomores Chris and Bill Schlegal have taken in Junior Benson Wan to their home. Benson is a foreign exchange student from China that goes to Prep. This undertaking would definitely be considered service because the Schlegal's welcomed Benson into their home and family. They enjoy his company and things seem to be working out well. Chris and Benson help out with food and exchange work at the foreign exchange student agency as well.

**Junior** Greg McTiernan tutors kids at the Stamford Boys and Girls Club. He used his knowledge to help little kids with homework and teach them the material when they didn't understand a topic. Greg spent a good amount of time working with the children and getting to know them. He has definitely been a great help to his community at home.

**Senior** Hahoon Kim works at the Jewish Home in Fairfield Connecticut. He helps to transport elderly people around the dining room when they need assistance. Hahoon also spends a lot of time just meeting and interacting with some of the people at the Home. He gets to know people who really need care. For example he talked to some people suffering from diseases, mental illness and loneliness.

# iPinion

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## The Newest iPhone: The 4S

By Matt Kingsbury '13



The iPhone 4s, which is the newest iPhone from Apple, contains the new Siri program, a great new function added to the most popular cell phone. Siri enables the iPhone 4S to do much more than it already could, and to enhance the features that were already included on the iPhone 4. The iPhone 4S was released in October and made a big impact during the holidays and sold rapidly.

Along with Siri on the iPhone 4S is also new hardware which makes the iPhone 4s much quicker than the previously released iPhones according to Apple. Siri's biggest use is its ability to correctly decipher most words unlike other voice command programs on cell phones; it can send text messages for you and even start phone calls or search the web. Along with Siri the iPhone 4S includes a 1080p rear camera and a 480p front camera which can be used during face time calls over the internet.

Overall the iPhone 4S is a remarkable device formed from the creativity of a great company and is one of the best phones available.

## App of the Month: Temple Run

By Will Coupe '13



Temple run is definitely one of the best apps to come out in a while. In my ipinion temple run is the best free app of all time. Your goal is to see how far you can last running through a temple making turns, jumping over (tree branches, fences and fire). Don't run into these things or you will die. Be sure to make turns at the appropriate time because you do not want to be chased by the monsters that will catch you! If you fall of the edge or the cliff you die. You also want to collect as many coins as you can while you're running through the temple. These coins can be used to purchase power ups and new characters. In the game there is also a list of achievements that you try and get. My high score is 6.5 million right now and I'm still working on getting 10 million, which is the best achievement. Temple run is a simple game with a great user interface. Swipe left or right to turn, and swipe up and down to jump and duck. If you haven't gotten the app yet I would definitely recommend it. Just don't become addicted to it, because it is very addicting. So download it now if you haven't done so already and I challenge you to beat my high score!



# Food

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## Spaghetti and Meatballs

By Matt Contino '13

### INGREDIENTS:

1/4 cup olive oil  
5 cloves garlic, finely chopped  
1 tbsp. dried parsley  
1 tbsp. dried basil  
2 28-oz. cans imported whole peeled tomatoes, crushed  
kosher salt and freshly ground black pepper, to taste  
1/4 cup sugar  
10 oz. ground pork  
5 oz. ground beef chuck  
5 oz. ground veal  
1/3 cup shredded provolone  
1/3 cup whole-milk ricotta  
1/4 cup finely grated parmesan  
1/4 cup finely grated pecorino, plus more for serving  
3/4 cup breadcrumbs  
3 eggs, lightly beaten  
1 lb. spaghetti, cooked  
2 tbsp. finely chopped fresh parsley

### COOKING:

Heat 2 tbsp. oil and 3 clove garlic in a 6-qt. saucepan over medium heat. Cook garlic until lightly browned -- about 3 minutes.

Add dried parsley, basil, tomatoes, salt, and pepper. Cook for 60 minutes.

Add sugar; cook until reduced and thick -- about 20 minutes.

Mix remaining garlic, pork, chuck, veal, provolone, ricotta, parmesan, pecorino, breadcrumbs, eggs, salt, and pepper in a mixing bowl.

Form into eight 2 1/2" meatballs.

Heat remaining oil in a 12" skillet over medium-high heat.

Working in batches, add meatballs. Cook, turning, until browned -- about 10 minutes.

Transfer to sauce; cook until cooked through -- about 30 minutes.

Serve meatballs and sauce over spaghetti -- sprinkle with parsley. Serves about 8 people