

FAIRFIELD COLLEGE PREPARATORY SCHOOL "Men For Others, Delivering News To Others"

What are you thankful for?

Bv Terrance Brown '14

There are many people I am thankful for having in my life, but the person I am most thankful for is my mom.

I am thankful for my mom because she does so much for me, like giving me the opportunity to go to Fairfield Prep. Although we fight a lot, I know that she always wants the best for me and will always try to make me a better person.

She does her best to put food on the table, and pay bills, school, and other expenses, all with a smile. We don't always have easy times, but when we do, it is like nothing else. She always supports me in everything I do, and she always comes to my games and practices.

Everyday, she shows me that anything is possible if you believe in it. No matter what I do she always supports me and I don't know what I would do without her.

She means the most to me and she is what I am most thankful for.

FALL PLAY: PREVIEWED (SEE ARTS)

"Relax! Spring isn't for another 143 days!"

ADMIN: Seniors saved the day

By Daniel Sanchez '12

On Friday, October 29th, Fairfield Prep was filled with Halloween spirit as seniors toured the school dressed up in various costumes ranging from woodland creatures to Clint Dempsey. The administration was reluctant to allow spoke briefly, and then turned it Halloween due to last year's misbehavior, but after an extensive campaign from the seniors they finally gave in. Seniors were given a contract that they had to read containing the stipulations that were mandatory. "I thought it went pretty well," senior Richie Giuliano states, "nothing bad happened and it was a lot of fun." Upon being asked of the Halloween behavior of this year's class, Dean of Students John Brennan was ecstatic to tell me of how happy he was. "Great! There was definitely marked improvement. The student government definitely stepped up and commanded. The seniors followed the contract and I was very pleased." The administration reported that he was very satisfied with the behavior and that there will definitely be a Halloween next year with the same contract. Prep juniors can only say a big thank you to the senior class.

Rally Day Reflection

Bv Mark Rodas '11

On October 13th the freshman class of 2014 and over thirty seniors came to school for Freshman Rally Day. Rally Day has become an annual event at Prep, which serves as a day for the freshmen to meet their small group members and small group leaders for the Freshman Retreat. This year's Freshman Rally Day was similar to Rally Days of the past few years, but with a few enhancements.

The day began around 9:15. once all of the freshmen had made their way down to the Brissette Gym. From there, Mr. Gualtiere over to the three Co-Directors of the Freshman Retreat, Jonathan Formichella, Max Rein, and myself. The three of us gave a quick overview of what the freshmen could expect, and then sent them off to their various activities. There were three activities we had in store for them: frisbee capture the flag on Grauert Field, tug of war in Brissette, and group reflection in various classrooms in Berchmans.

Groups 1-12 started down at Grauert Field, where Mr. Ford, with the help of other faculty members, had organized a game of frisbee capture the flag. The 12 (see **RALLY DAY** on pg 5)

Freshman Sports Analyzed

What is *Al's Angels*? **Club Prez tells all**

NEW SECTION COMES TO SOUNDINGS SEE **PROFILES** (John Boehringer edits)

Fetter from the Editor



Soundings

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Be Thankful

Dear Readers,

I would like to begin by thanking you for responding so well to our premier issue last month. The team and I have received complimentary feedback from students, parents, teachers, administrators and even prospective students and parents! The success of the first issue would not have been possible without your readership, and so I thank you.

I am also pleased to announce that our December 10th issue will feature an outside ad from a local business who reached out to us after the release of last issue. Soundings has never included outside advertisements before, and so this is a real leap for the publication and we hope this trend continues.

The staff has worked very hard to put together this issue featuring some particularly, wonderful stories in our arts section. In particular, Dylan Levinson '12 gives us a sneak peak into the Fall Play and newcomer, Alex Giobbi '11, keeps us apprised with a new subpage called "Critic's Space".

This issue also dives into two very interesting reflection pieces about Freshman Rally Day (Mark Rodas '11 and Nick Hunter '14 write). Also, we have included a completely new section entitled "Profiles", written by John Boehringer '12. This is also a special issue because we have included two never-before-seen special subsections I think you'll enjoy reading.

Lastly, it was my goal to create a real sense of thankfulness in these pages as we move into colder weather and that smell of turkey becomes more and more pungent. Terrance Brown '14 wonderfully illuminates the cover page with a reflection about what he is most thankful for. As we approach the end of fall sports and transition into the fall arts season, I ask you to remember what is truly important and think about what you're thankful for.

Happy Thanksgiving



NHS Mass Honors Students

By Max Rein '11

There was intelligence, leadership, and brotherhood in the air on September 29th when Fairfield Prep Sophomores, Juniors, and Seniors gathered for the annual National Honor Society Awards Mass. Every student was honored for his high academic achievement at this gathering which was held at St. Thomas Aquinas Church in Fairfield.

New members were inducted in the National Honor Society and the students were given recognition for their outstanding academic achievements of Summa, Magna, and Cum Laude.

A few Seniors also received Book Awards from various colleges throughout the nation, recognizing their exceptional academic performance and leadership.

"This Senior class isn't like any other," Dr. Andrade commented after the Mass on Wednesday. From the students who received awards, to those who were inducted into the National Honor Society, it seems the level of intelligence, leadership, and involvement is very high in each and every class.

To view a complete list of students honored, please visit the Prep website.

Book Club Lands Author Visit

By Connor Ryan '11

Fairfield Prep's Book Club is very pleased to announce that critically-acclaimed novelist and professor, Dr. Michael C. White, will be coming to speak to the club this week to speak about one of his novel's recently read.

The book (<u>A Dream of</u> <u>Wolves</u>) centers, around a 57year old OB/GYN doctor and medical examiner of an Appalachian-like village. As the plot deepens, characters sharpen and the conflicts grow, providing climax that challenges all preconceived notions about ethics and love.

Dr. White was first introduced to the Fairfield Prep community last spring when he came and spoke to the junior class about another novel of his, <u>Soul Catcher.</u>

Dr. White is not only an esteemed novelist, but he is also the Founder and Director of the MFA Creative Writing Program at Fairfield University.

This is the first author event in the history of the Book Club and the club could not be more excited to begin with Dr. White.

> To join the Book Club, talk to Mrs. Beyerly in the Academic Center.

Squires to be Inducted

Soundings Reports

Fairfield Prep's Squires Club is to be made an official Chapter according to the Knights of Columbus' regulations.

Mr. Stockdale, S.J. (club moderator) and members are thrilled to see how far the club has come in just a year.

The ceremony will take place November 9th in the Prep chapel.

Chem Lab Sets Off Alarm

Soundings Reports

Monday, October 18 was a particularly strange day as students were forced to evacuate all Prep buildings twice over the course of the day.

The first alarm came around 10:05 AM and was a previously planned fire drill. Prep students are aware that in today's climate such procedures prove helpful in preparing.

What wasn't planned was the experiment gone awry in one of the Chemistry Labs on the fourth floor of Xavier Hall around 1:45 PM that same day.

After the entire school was evacuated, emergency responders inspected the building and students returned to class.

While there was no serious damage and no one was injured, it's always better to be safe than sorry.

FRESHMAN

AN SOPHOMORE

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What's the difference between freshman and sophomore year?

By David Maloof '13

The difference between sophomore and freshman year lies in the attitude of each person. To a freshman, high school is a mystery. It is the start of something new. In the first few days of freshman year, everyone is the same. The mystery of the situation makes all the students embody similar characteristics. They appear shy because of their quietness and focused because of the new customs they are trying to learn. If on the first day, one saw only the freshmen, they would think the school was devoid of any emotion or life. After the first weeks, the students begin to develop. Each student realizes who they now are. At the start, everyone wonders what their grades will be and who they will be friends with, but over time their questions are answered. The familiarity of the situation changes them and they develop personalities. After the first few weeks of school most freshmen are like sophomores. They set an identity for themselves that will continue to follow them through the rest of their four years.

Sophomores, on the other hand, enter the school as if nothing has changed. While freshmen seek new friends, sophomores rekindle friendships in a few words of greeting. To a sophomore life is just the way it was. Sophomores have that sense of identity that freshmen lack. In only a few minutes of school all the sophomores, including the troublemakers show their personalities. The sense of fear and mystery has worn to an eagerness for familiarity and understanding. Rather than how a freshman may fear the school, the sophomore embraces the school. Sophomores don't look back as freshmen do, but instead they look forward. The growth in sophomore identity is so powerful that their former freshmen self is completely gone and unrecognizable.



Sophomores Recollect on Their First Year

I felt overwhelmed.... --Alex Pinkus

I felt like I was put in action without going to boot camp . --Will Riley

My first thought was, "What am I doing here?" --Paul Genco

When I was trying to put on my tie for the first day of freshmen year, I was absolutely clueless . --Stephen McCormick

I walked in the front doors and I had absolutely no idea what to do. --Kyle Wallack

The first day was hot and humid and my collar on my brand new shirt kept the heat in like an oven. --Blake Roberts

To me the work load was huge because I came from a school where 20 minutes of homework a night was a lot.

--Liam Ferguson

I did not know where anything or any place was --Thienquoc Nguyen

Not only was the difficulty level higher than in middle school, you were clueless as to how to handle your responsibilities. --Julian Taborda

A Freshman Reflects on Rally Day

By Nick Hunter '14

I was very excited to attend the Freshman Rally Day this year. I had heard it was a very fun and energetic day that the teachers and student leaders had in store for us, but I was still curious. The day before, I had quickly skimmed through the email that contained the group assignments, and I was very pleased that I had some of my friends in my group. This made me even more optimistic about Rally Day.

When I first entered the gym that cold Wednesday morning, I was met by my newly made friends with a full tank of energy from our four day weekend. After waiting in our groups in the gym, we were finally dispersed into areas in which there was a different activity planned. Our first objective was to get to know each other in the group. Although I knew many people in my group, it was still fun to meet new freshmen. Later on in the discussion, we talked about what our senior leader had planned for us in the upcoming retreat. Finally with time winding down, the discussion had concluded and we moved on outside to the cold weather to play capture the flag.

Capture the Frisbee was very fun for the most part. I had taken some time to familiarize myself with the event, and then quickly jumped into the game with a few of my friends. Although my team didn't come out victorious, we were just happy to play together as a team.

Our last activity of the day was tug-of-war, which quickly turned out to be pretty interesting. The floor had no wax which caused the event to be especially difficulty – but, in the end, it was just fun to be a part of the game. Yes, we did have some strong men on our team, but it didn't last long after we won our first challenge.

In conclusion, I had enjoyed Freshman Rally Day. It was not what I had expected, but it was a great way to meet new people and hang out with my fellow classmates. The administrators and student leaders did a wonderful job in putting this retreat together. I just have one question: What fun will the retreat bring?

Rally Day (ctd. from cover)

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groups were split up into two teams, and the goal of the game was to retrieve the opposing team's frisbee (which had been placed under the goalposts) and bring it back to your team's side. If tagged on the opposing team's side, the player had to go to the "jail" until tagged free by a fellow teammate. Also, once you obtained the frisbee from the opposing team, the only way to advance it was by throwing it. This made the game more difficult, and required students to work together as a team. The game seemed to be enjoyed by all.

Up at Brissette, the groups that started there got to enjoy a tournament of tug of war, organized by Mr. Tellis and Mr. DeRosa. In a bracket style tournament, each small group was a team, and the last team standing would be crowned the champion. In typical tug of war rules, once the marker on the rope passed a designated spot on the floor, a team was declared victorious. When a team was not playing, it gave the group a good chance to interact and get to know each other. Of the three activities, this seemed to be the overwhelming favorite.

The last activity consisted of the groups going to their small group reflection. Each group was assigned their own classroom in Berchmans, and for the forty-five minutes, sat around and familiarized themselves with the retreat experience. Lead by their senior leaders, the freshman played an M&M ice-breaker game. Each freshman picked an M&M, and depending on the color, would answer a question that corresponded to that color. After the ice-breaker, the senior leaders were encouraged to open the floor to any questions that the freshmen might have about all things Prep. Thanks to the senior leaders, this part of Rally Day was a huge success.

Once the groups had rotated through the three stations, the day came to a close. Overall, it was viewed as a huge success. The two other co-directors, Mr. Gualtiere, Father Ryan, S.J. Mr. Stockdale, S.J. and I cannot thank all those who helped out enough. A special thanks goes out to all of the senior leaders who gave up a day that would have been a day off had it not been for the Freshman Rally Day. Without the leaders, the Freshman Rally Day and Retreat would not exist.

The Rally Day is really step one in preparation for the Freshman Retreat. My experience was such that I felt moved to apply for one of the co-director positions. For me, the Retreat provided an opportunity to interact with some of my peers that I probably would not have socialized with otherwise. I sought to try and improve the event, by thinking about what worked and what didn't. Looking ahead to the actual Retreat Days, March 3-5, the freshmen should be excited. Although we are still in the early stages of planning Freshmen can still expect staples of the past to be incorporated into this year's retreat. As of now, the overnight portion of the retreat is still intact. We are also planning to keep the portion of the retreat where the freshmen venture off campus to one of their leader's homes for dinner and recreation. Other than that, the rest of the retreat is really going to be somewhat of a surprise for the freshmen. My final message is directed at the freshmen: The best thing you can do for yourselves is to come with an open mind. You may not love all of the activities, but if you are able to keep an open mind, the retreat will be much more rewarding for you, and your peers.



Look out for Freshman Football

By Ethan Doerger '13

5-1. That's the record of this year's Freshman football team. The team has scored 40 or more points in 3 of those wins this season. They've held opponents to single digit points in 4 of their 5 victories. How do they do it? The four captains of the team play a big part. Quentin Harris, Nick Crowle, Andrew Ostrosky, and Anthony Johnson are all promising young football players.

I recently talked with Ostrosky about his experience on the freshmen team. Ostrosky plays tight end and lineman on the team, watching Harris' back as he looks for receivers downfield. "It's really fun," he tells me. "We got a lot of great guys on the team and we win games together." Ostrosky also had high praise for his head coach, Peter Rappoccio. "He makes us work, but he's a great guy," Ostrosky says. Apparently most of that work has paid off, and it might give a few of these freshmen a shot at Varsity next year as sophomores.

Freshman Soccer Looks to Improve

By Timmy Attolino '13

With the freshman soccer season more than halfway complete, the Jesuits are on pace for a fairly successful season. So far, they have three wins, three ties, and three losses. Prep started off slow, with a 3-3 tie at Fairfield Ludlowe and a 2-3 loss at Guilford. Like always, the Jesuits stepped their game up for their home opener, with a 5-0 victory over Cheshire. They then tied their next two games, versus Xavier and Fairfield Warde. After a tough loss at home to rival Notre Dame - West Haven 1-0, Prep returned to the plate for their next game with a win at all cost mindset. They defeated Amity in a blowout, 9-0. They then defeated Fairfield Ludlowe, another rival, 1-0. Prep traveled to Xavier, and took a tough 1-0 defeat. Prep stepped up and won big against ND West Haven, 5-3 on the road. With a few games left against Fairfield Warde, Cheshire and Guilford, Prep will need to win some big games if they want to finish on top.



Rog runs fast, but team falls behind

By James Terry '11

MADISON, CT- The Fairfield Prep Cross Country team had a lot going for them. They won their first division championship since 2003, placed first at the Wickham Invitational and to top it off, they were ranked number one in the state entering the SCC Championship. Despite all this, the Jesuits fell just a bit short of winning their first SCC title since 1998.

Guilford won their first SCC Championship since 2004, scoring 60 points. Behind Guilford was, Quinnipiac division rival, Xavier who finished with 74 points. Fairfield Prep placed third with 77 points.



The Jesuits were lead by Connor Rog, who hustled to a first place finish, crossing the finish line of the 3.1 mile course in 15:55, earning him All-SCC honors. This put him nine seconds in front of Xavier's John Anelli, who placed second. Also earning All-SCC honors was Billy Schloth, who was 12th overall with a time of 16:38.

Tyler Agostino was 15^{th} running the course in 16:53 and Pat Corona was 23^{rd} with a time of 17:14. These two joined both Rog and Schloth on the All-Quinnipiac division. Prep's top seven was rounded out by Michael Whelan (26th), Brian Bennett (40th) and Rob Salandra (42nd).

What is Crew?

By Steve Venables '11

When many people think of rowing they think of the "Ye Oldie" rowing boat from movies like *Mary Poppins* or even *The Little Mermaid*; a clunky boat that is taken out to fish. Contrary to popular belief, this could not be farther from the truth; in actuality crew is the organized and competitive sport of rowing. It is a relatively easy sport to pick-up, but incredibly hard, if not impossible to master. The "Ye Oldie"-type rowing boats are normally anywhere from 3-4 feet wide and roughly 8-10 feet long, accommodating about 2 or 3 passengers; crew's racing shells could not be more different. The boats we race in are traditionally around a foot and a half feet wide and can range anywhere from 60 feet long to 20 feet long, carrying anywhere from a single rower to eight rowers and a cosswain (the captain of the boat who steers and offers rowing advice).

Fairfield Prep has a rowing program of its own, and for the past 5 years has made it to the national championships. The program has the privilege to row on the Housatonic River, out of a boathouse which we share with Sacred Heart University, located just out of Beacon Point Marina in Shelton. We practice every school day from 3:00 PM to 5:30 PM. While most upperclassmen drive, there is a bus that departs from Prep at 2:45 PM to take all of the underclassmen to practice everyday. Once we get to the boathouse everyone changes into their rowing gear (for which spandex is highly recommended) and we proceed to stretch as a team as our coaches devise line-ups for the day. The coaching staff has been with the program for what seems like forever. The head coach, John Turner, is a great man and has taught everyone on the entire team, from the novices to the most advanced. We have three other assistant coaches: Ed Feldheim, Cis Fischetti and Anne Faber – all of which are wonderful coaches. John and Ed are typically the Varsity and Junior Varsity coaches; Cis coaches the Junior Varsity and Anne trains the freshmen.

Fairfield Prep welcomes any level of rowers from novices to experienced veterans; in fact, most of our rowers enter the program as beginners themselves. Practice takes place five days a week, every week with normally at least one regatta (race) per weekend. The regattas are normally split into different categories, *head* races and *sprint* races. A *head* race is normally a course that is 5 or 6 kilometers, commonly the course itself is very windy and takes a lot of endurance to maneuver. Whereas a short race is a much shorter race, commonly 2 kilometers, and normally held on a straight course. The other crew teams we row against are other school programs and other community programs, while we do not necessarily see every competitor at every regatta, we do have our own rivalries.

Even though our program is significantly younger than our opponents', in the past 6 years of our existence, we have gone to the US Junior National Championships for the past 5 years. The latest two I have taken part in, we have placed 10th in the nation and our heavy two man boat placed 3rd in the nation. It is very common for at least one Prep boat per regatta to medal, often coming in second by a small margin.



Prep Players Prepare for World Premier



Thespians, Dan Luciano and Tommy Dolan act out a scene in rehearsal.

By Dylan Levinson '12

For this year's fall play, Prep Players will be performing a world premiere for the first time in their history. This means that the play performed will be the first time it has ever been performed in the world. Written by Paul Desena, "An Evening of Shorts" consists of short skits ranging from comedy to full dramatic acting. Beginning with a play simply about waking up in the morning and going through a day, to an infomercial about Pagan Gods, "An Evening of Shorts" provides the audience with a great night to have some laughs, shed some tears, and have a great time.

The playwright, Paul Desena, majored in English while in college and has published some works in New York. He is an accomplished playwright and that makes the experience for the audience and the Players even more fascinating, as you quickly realize that this is the first time you've heard of this skit or this play. But, this also makes the actors' job tough. Since the play has never been performed before, the actors cannot focus on what the prototypes for the role did in their performance, because the Prep Players are the prototypes for the roles, the play has never been performed before. Also, with myself being an actor in the play, I can assure you that this is no easy task. You have that pressure to be up to par, be up to how the playwright sees the role, but also mix in you own emotions that a playwright or director cannot give you. This is not an easy feat, but I believe our cast is up to the challenge.

The director of this play is once again, Mrs. Hoover. I have personally done four shows with her and this will be my fifth; I can tell you, confidently, there is no one better for the hard job. Yes, in fact this is a very hard job as she has the exact same challenge as we the actors have. This play has never been directed before, so she has the challenge of bringing together a show that will make its first appearance on the stage.

From an "inconvenience store", to a hellopolous (you are going to have to see the play to find out what that is) to an idea store, "An Evening of Shorts" is a great show and is sure to deliver you a great time. Come check it out!

The Importance of Freshman Art

By Matt Contino '13

Think about how many images you consume a day through magazines, television, social media, and advertisements; it's a lot. Most everything we interact with, whether it is kitchen appliances, computers, or the billboards we see every day, began as an idea. It is then someone's job, or rather 2.98 million people's jobs to make that idea something we can see and understand. With the explosion of multimedia, the future of visual art and design looks optimistic. It is important to have a good design basis when creating any kind of art and media, and a visual arts course gives you that basis. I sat down with Mrs. Tema, one of the two visual art teachers at Fairfield Prep, to find out more.

"New students, especially freshman, tend to gravitate towards visual art as their first fine arts elective, usually because they have not had as much exposure to music or speech and theater," she explained. "However, only about one class worth of sophomores return the following year, either because they are fulfilling other class requirements or just trying new things."

It seemed perplexing that the department would lose so many students after the first year, but Mrs. Tema elaborated that they will often return senior year to complete courses in architectural drafting and graphic design. Though everyone has different reasons for taking art classes, the benefits of the courses are greater than most people anticipate. For example, students do not take art to directly improve their SAT scores, however it has been proven that being exposed to and learning artistic methods are beneficial to the scores as well as brain stimulation.

I took a course in drawing/painting my freshman year and, speaking from personal experience, I can say that the class was an enriching experience in more ways than I expected. Not only did we explore various types of drawing techniques and styles, but I got the opportunity to study past cultures in a new and unique way through art history. I enjoyed the new challenges I encountered during the course and though I don't want to spoil all the surprises...Mrs. Tema keeps the Oreos under the mini-fridge by her desk.

Music Department Reviewed

By Jake Cogguillo '12

If you have attended any of the school-wide masses, ceremonies, or concerts lately, then you are bound to have seen and heard the music department. The flourishing sect of Fairfield Prep that has been gaining significant recognition in recent years from teachers, parents and students alike, and has great plans for the future. The department itself has undergone some extensive changes over the past few years, and has grown to include several varied musical ensembles and clubs; in fact, seven different choirs and bands now exist at Prep. All seven are directed by the department's driving force, Ms. Christine Dominguez. The groups range from a four-part male choir to a coed acapella group to concert and symphonic bands, to even a jazz band. Ms. Dominguez, a talented singer and musician herself, has no problem in juggling the groups, and dedicates much of her free time toward her students, encouraging and motivating them to strive for excellence.

Ms. Dominguez, who is well versed in the musical field, has appeared in many well-known shows and concerts before coming to Prep, and can sing almost any genre of music, from jazz to opera. She has soloed in many of her past performances, and has had an annual children's musical award named in her honor. Her future plans include, offering new courses such as music appreciation, a strings class and a music theory course, as well as to form a new band to perform at athletic events. She would like to have the groups perform more times a year, and eventually hopes to even take her students on field trips to see professional band and choir ensembles across New England .

If you have not yet heard the new groups, they will be performing at upcoming events like the November 5th school mass, Prep's Christmas concert on November 30th and the Tree Lighting ceremony in December. Specific dates will be posted on the Prep website. Come and see the music department in action!

CRITIC'S SPACE ALEX GIOBBI '11

I have always been a fan of action movies, especially those that involve unrealistic stunts, massive explosions and drawn out gun battles. So when I first saw the trailer for RED, I knew that this was going to be my next big project to review. On a typical Saturday night, I went to the AMC/LOEW'S multiplex. Two hours later, I came out realizing how thrilling the movie was. Although the plot was almost similar to MISSION IMPOSSIBLE, it definitely had plenty of enhanced excitement. The actors were recognizable, for instance, Bruce Willis was in his element, playing a grizzled public servant with all the cards against him. John Malkovich was his crazy old self, and Mary Louise Parker's character was a sexy paramour, written perfectly for Willis' character. The movie also did a fine job putting characters out of their usual element. Richard Dreyfuss went from being a nice guy, to a great villain, and his role showed us an example of who's really in charge in the government. Though I felt he was an unnecessary addition, Morgan Freeman went from being the gentle Nelson Mandela, to the crafty agent Joe, who had plenty of tricks up his sleeve. Helen Mirren transitioned from a sweet old lady to a gun toting, mysterious ex MI6/CIA agent, quite flawlessly I must add. I also give the film props for their inclusion of Ernest Borgnine, the winner of the Lifetime Achievement Award, as a minor character. Moving away from the cast, the film lived up to its action-comedy genre. John Malkovich provided most, if not all, of the humor with some of his notable oneliners. Memorable parts of the movie also contain amazing explosions. One interesting one in particular occurred in a gun battle at an airfield between John Malkovich and a female assassin. In that explosion, the assassin shoots a rocket launcher, while Malkovich shoots an ordinary handgun. The bullet, though small, annihilates the large rocket, and incinerates the woman. Malkovich then mocks the chared remains of the assassin by saying, "Old man my -----." Moving on from that, I must say that there wasn't too much to criticize, but what wasn't good really wasn't important to any movie. For instance, the plot was never clearly explained and some of the continuity was unrealistic. I give the film a plus on one final thing though: There wasn't much swearing. Therefore, I believe this film would make a good date movie. It has plenty of action for guys, and plenty of romance for girls.







Who are these new teachers? New faculty (part I) revealed

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<u>Mr. Keith Hellstern</u> (Freshman/Sophomore Western Civ/Junior American History Teacher)

J.B: Where did you grow up? K.H: Northern New Jersey.

J.B: Where, or what school, are you coming from? K.H: Wesleyan University in Middletown. CT.

J.B: What made you choose to teach at Prep?

K.H: [It was an] outstanding opportunity to teach and coach at a school dedicated to excellence.

J.B: What are your 3 favorite, and 3 least favorite, things about Prep, and its students as a whole?

K.H: Favorites: enthusiasm, brotherhood and tradition. Least Favorite: shaggy hair cuts, untucked shirts and coral colored pants.

<u>J.B: Do you have any</u> personal interests or passions?

K.H: Coaching (Football/Strength & Conditioning).



<u>Mr. Corey Dennis</u> (Freshman Theology Teacher)

J.B: Where did you grow up?

C.D: I grew up on Long Island, NY. However, when I say where I grew up, it might sound more like "Lawn Guy Land."

J.B: Where, or what school, are you coming from?

C.D: I graduated from Fairfield University.

J.B: What made you choose <u>Prep?</u>

C.D: As a graduate of Fairfield University, Prep has always been an extension of my home. Throughout my time at F.U., I had a roommate that had graduated from Prep. For four years I heard stories of how great it was and how much it helped shape who he is today and I wanted to be a part of that.

J.B: Do you have any personal interests or passions?

C.D: My interests include God, family/friends, the Pittsburgh Steelers, the New York Yankees, wrestling, music and black coffee with a shot of espresso. My passion is for teaching theology, which has also been my goal for many years. Now, I seek to continue practicing theology as well as teaching it.



<u>Ms. Sandra Gizzi</u> (Spanish III)

J.B: What made you choose Fairfield Prep?

S.G: I'm a Fairfield Graduate (MA) and always knew of the prestige of its high academics.

J.B: Where did you grow up?

S.G: I grew up in CT.

J.B: Where, or what school, are you coming from?

S.G: Prior to FP I came from Whitby School, Greenwich CT

J.B: What are your favorite things about Prep so far?

S.G: I'm very impressed with the administration support and the eagerness to learn from the students.

J.B: Where did you go to college?

S.G: I went to Sacred Heart University and Fairfield University.

J.B: Do you have any personal interests or passions that you would like to share?

S.G: I enjoy cooking and spending time with family and friends.







Holcomb Invites All to New Club

By Chandler Holcomb '12

Hello students of Fairfield Prep,

I am Chandler Holcomb, president of Al's Angels, and I am always looking for more members to help out. Al's Angels is a club focused on community service and is dedicated to helping those less fortunate. If you are a sophomore looking for service hours, or just a student who wants to go above and beyond to help his community Al's Angels is the club for you, all are welcome. Recently we raised 500 dollars for poor families who have children suffering with cancer and rare blood diseases in an event called 24 Hours of Hope. We have many more events coming up to help those less fortunate during the holiday season and any help would be greatly appreciated. Contact me as soon as possible if you are interested in joining, email me at p12cholcomb@fairfieldprep.org.

P.S. - Below is a picture of Hahoon Kim and I at the event with the creator of the charity Al.





<u>\$25,000 Tuition</u> <u>Raffle for any school</u>

Fairfield College Preparatory School announces a \$25,000 Tuition Raffle. The prize can be used for any K-12 schools, colleges or universities, located and accredited in the U.S. Only 1,000 tickets are available for sale at \$100 per ticket. (500 tickets must be sold, or buyers will receive a full refund.) Proceeds from the raffle will benefit the Scholarship and Student Enrichment Programs at Fairfield Prep. The drawing will be held at the Spring Event on Saturday, April 30th promptly at 10:30 p.m. at the Marriott Stamford Hotel & Spa, 243 Tresser Blvd, Stamford, CT. Winning ticket holder does not need to be present to win. For more information please contact the Development Office at (203) 254-4237 or development@fairfieldprep.org.





APP OF THE MONTH

By Matt Kingsbury '13

<u>All-In-1 Game Box</u>

This App includes 36 games which can lead to an endless amount of fun. The app price is a meek 99 cents! The reason I chose to write about this app is because you get so many games for a great price. You also, don't have to make tough decisions, any game you play will entertain for hours at a time.

Category: Games Updated: Oct 09, 2010 Current Version: 3.6 3.6

Windows 7's New Phone By Matt Kingsbury '13

Recently Microsoft announced that they would release a line of phones called Windows Phone 7. This could be a very big step for Microsoft to control the phone industry and possibly slow the sales down of the iPhone. The phones will be made by many brands such as Samsung, LG, HTC and even Dell. This phone lineup will be carried by many phone services such as AT&T and T-Mobile in 2010, which started October 21st. It is also said that in 2011 some Windows 7 Phones will be carried by Verizon and Sprint. The Windows 7 Phones are supposed to make every day life easier and it just might be able to live up to what it's claiming. The phones include many capabilities on a wide variety of things like Xbox Live and the

"normal" functions like texting, email, and calling. Overall the Windows 7 Phone looks like a powerful package and a deadly competitor for the iPhone.





Butternut Squash A Healthy Comfort Food for (F)all

NOV 2010 pg 17

By Sebastien Laforest '11



How to buy:

- It should be available at the markets late into fall.
- Choose one that lacks luster and feels heavy for its size.
- It should also be firm, not be soft

Health Benefits:

- Potassium, important for bone health
- Vitamin B6, essential for the proper functioning of both the nervous and immune systems.
- Contains carotenoids, shown to help prevent heart disease

Roasted Butternut Squash Soup

Ingredients:

- 1 large butternut squash
- extra-virgin olive oil
- salt
- freshly cracked black pepper
- 1/2 cup onion, chopped
- 1 clove garlic
- 1-1/2 cups organic unsweetened soy milk
- ¹/₂ tsp cinnamon
- ¹/₄ tsp ground nutmeg
- small pinch of ground cloves
- 1-2 tbsp flat leaf parsley, finely chopped

Directions:

- 1. Preheat the oven to 400°F.
- 2. Cut the squash in half, lengthwise then remove the seeds.
- 3. Cut side up, season the squash with salt, pepper, and some olive oil.
- 4. Turn it over cut side down, and place it in the oven for 30-45 minutes.
- 5. Remove from the oven and allow the squash to cool.
- 6. In a pot cook the onion and garlic until soft with some olive oil, about 3-4 minutes.
- 7. Remove skin from the butternut squash and place the squash in a blender or food processor with the sautéed onion and garlic.
- 8. Transfer puree into pot over medium heat. Begin to pour soy milk into the pot while mixing with a wooden spoon.
- 9. Add the cinnamon, nutmeg, and clove. Give the soup another quick stir.
- 10. Allow the soup to thicken while uncovered for about ten minutes.
- 11. Serve warm. Garnish each bowl with flat leaf parsley.

