# **Community Directory**

#### 2-1-1 EAST (PENNSYLVANIA)

Pennsylvania 2-1-1 East is a free, confidential, non-emergency, comprehensive information and referral service that connects Berks, Lancaster, Lehigh and Northampton county residents with the health and human services they need.

Phone Number 211

Email 211@uwlanc.org

Website <a href="http://www.211.org/">http://www.211.org/</a>

#### **AIDSNET**

AIDSNET offers many resources for HIV and AIDS patients. AIDSNET is charged with assisting the growing population of people with HIV/AIDS.

Address Red Cross Building 2200 Avenue A, Suite 102, Bethlehem, PA, 18017

Phone Number 610-882-1119

Email <u>info@aidsnetpa.org</u>

Website <u>www.aidsnetpa.org</u>

# **Al-Anon/Alateen Family Groups**

Supporting relatives and friends of alcoholics

Website <a href="http://pa-al-anon.org/">http://pa-al-anon.org/</a>

### **Alcoholics Anonymous in the Lehigh Valley**

Supporting the Allentown/Bethlehem/Easton Area

Phone Number 610-882-0558/24 Hour Hotline

Website http://www.aalv.org/

#### **American Association of Poison Control Centers**

Phone Number 800-222-1222

#### **American Diabetes Association**

Address PO Box 4383, Bethlehem PA 18018

Phone Number 800-676-4065

Website <a href="http://www.diabetes.org/in-my-community/local-offices/bethlehem-pennsylvania/">http://www.diabetes.org/in-my-community/local-offices/bethlehem-pennsylvania/</a>

### **American Foundation for Suicide Prevention - Greater Lehigh Valley**

Address P.O. Box 1147, Allentown, PA 18105

Phone Number 610-782-3150

Email <u>lehighvalleypa@afsp.org</u>

Website http://www.afsp.org/

### **American Lung Association in Pennsylvania**

Children with asthma and their families

Phone Number 800-932-0903

Website <a href="http://www.lung.org/associations/charters/mid-atlantic/programs/asthma.html">http://www.lung.org/associations/charters/mid-atlantic/programs/asthma.html</a>

# **ARCH of the Lehigh Valley**

The Autism Resource Community Hub (ARCH) of Lehigh Valley provides a wide range of services to autistic individuals and their loved ones.

Address 1347 Hausman Road, Allentown PA 18104

Phone Number 610-573-2500

Hours Mon - Fri, 8:30am - 6pm; Sat, Sun, closed

### **Autism Society of Lehigh**

ASA-LV is a volunteer parent organization dedicated to supporting individuals with autism and their families who live in the Lehigh Valley.

Address PO Box 267, Coopersburg, PA 18036

Phone Number 610-778-9212

Email info@asalehighvalley.org

Website http://www.asalehighvalley.org/

# **Bereavement Support Group - Lehigh Valley Hospice**

Phone Number 610-969-0300

#### **Brain Injury Association of Pennsylvania**

To prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

Address 950 Walnut Bottom Road, Suite 15-229, Carlisle, PA 17015

Phone Number 800-444-6443 (in state only)

866-635-7097

Email <u>admin@biapa.org</u>

Website <a href="http://www.biapa.org">http://www.biapa.org</a>

### **Brain Tumor Foundation of the Lehigh Valley**

**Support Group Meetings** 

Monthly meetings give you and your care-givers a change to ask questions and share your feelings. Occasionally, during the meetings, educational programs about brain tumors and related issues may be offered.

Address St. John's U.C.C. Church, 139 North 4th Street, Emmaus, PA 18049

Phone Number 267-272-2553

Email info@lvbraintumor.org

Website http://lvbraintumor.org/

# **Camelot for Children, Inc.**

A non-profit organization that provides a social gathering place to seriously, chronically, terminally ill and disabled children. All of our activities are free of charge and are open to the whole family.

Address 2354 West Emmaus Avenue, Allentown, PA 18103

Phone Number 610-791-5683

Website <a href="http://www.camelotforchildren.org/">http://www.camelotforchildren.org/</a>

### **Cancer Support Community**

For school-age children and teens, who have cancer or someone in their family with cancer, to come together with other kids who have shared experiences.

Address Anneliese B. Vollrath House, 3400 Bath Pike, Bethlehem, PA 18017

Phone Number 610-861-7555

Email info@cancersupportglv.org

Website <a href="http://www.cancersupportglv.org/programs/kids.asp">http://www.cancersupportglv.org/programs/kids.asp</a>

# **Care Net Lehigh Valley**

**Pregnancy Information.** 

Address 1034 Hamilton Street, Allentown, PA 18101

Phone Number 610-821-4000

24 Hour Support 1-800-395-HELP

Website http://carenetlv.org/

Hours M W F: 9am - 3pm

T Th: 9am - 8pm

# **Center for Disease Control**

Provides information about occupational safety, chemical hazards at home and in the workplace, and a wide variety of credible information on physical, mental and emotional health topics.

Phone Number 800-232-4636/24 Hour Hotline

Website <a href="http://www.cdc.gov/">http://www.cdc.gov/</a>

# **Center for Vision Loss**

The Center for Vision Loss will provide a comprehensive set of preventative, rehabilitative, support and social services enabling blind and visually impaired clients to achieve their personal goals and restore quality of life consistent with those goals.

Address 845 West Wyoming Street, Allentown, PA 18103

Phone Number 610-433-6018

Email information@centerforvisionloss.org

Website <a href="http://centerforvisionloss.org/">http://centerforvisionloss.org/</a>

Hours 8:30 am-4:30 pm, Monday-Friday

#### **Child Line**

To report abuse: 24 hour hotline

Phone Number 800-932-0313

### **Children's Cancer Recovery Foundation**

Assists children under age 18 and their families who are facing the hardships of a cancer diagnosis.

Address PO Box 238, Hershey, PA 17033

Phone Number 800-238-6479

Email <u>childrens@cancerrecovery.org</u>

Website http://childrenscancerrecovery.org/

### **Compassionate Friends Lehigh Valley Chapter #1562**

The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild and helps others better assist the grieving family.

Address P.O. Box 149, Bath, PA 18014

Phone Number 484-597-0240

Email <u>TCFLehighValley@gmail.com</u>

Website <a href="http://lehighvalleytcf.org/home.aspx">http://lehighvalleytcf.org/home.aspx</a>

# **Council on Alcohol and Drug Abuse**

Council on Alcohol and Drug Abuse (CADA) is a private, non-profit, 501C3 organization. Our main focus is on helping our clients navigate their way through addiction and recovery to provide a positive impact to their community.

Address 1031 W. Linden St., Suite 202, Allentown, PA 18102

Phone Number 610-437-0801

Email info@cadacares.org

Website http://cadacares.org/

Hours Monday through Wednesday – 9:00AM to 8:00PM, Thursday – 9:00AM to 7:00PM,

Friday - 9:00AM to 1:00PM

### **Crime Victims Council of the Lehigh Valley**

Serving the community since 1973, today CVC is a vital nonprofit organization providing nonjudgmental support and services to victims of all violence, their families and significant others throughout Northampton and Lehigh Counties, in addition to a wide variety of prevention programs. All programs and services of CVC are confidential and offered at no cost.

Address 801 Hamilton Street, Suite 300, Allentown, PA 18101

Phone Number 610-437-6611/24 Hour Hotline

Website <a href="http://www.cvclv.org/">http://www.cvclv.org/</a>

#### **DDAP Hotline**

The goal is to help an individual find immediate help through one phone call, saving someone in crisis the struggle of making multiple calls. The hotline is saving lives, as evidenced by the results of its first few days of operation, when it received almost 200 calls and referred those callers for help.

When an individual calls the hotline requesting help, he or she will talk to a person who can provide assistance, including a screening for emergent care, and a direct "warm transfer" to a treatment provider. The hotline is staffed 24/7 by First Choice Health System, Inc., a call center experienced in helping people access behavioral health services. The hotline will be expanded to include an online chat and teletypewriter (TTY) features.

Reports from the call center will be provided to DDAP and shared with Single County Authorities (SCA) and providers. Some general data will be shared on the DDAP website.

This initiative, provided by the Department of Drug and Alcohol Programs, is an additional tool to help individuals and families in need of immediate detox and/or treatment for substance use disorder. It is another example of how Governor Tom Wolf is making the fight against the opioid crisis a top priority in his administration.

Phone Number 1-800-662-HELP (4357)

**PA Get Help Now,** the new toll-free hotline, **1-800-662-HELP (4357)**, is available 24/7 throughout the Commonwealth to help those suffering from addiction find immediate help.

Website <a href="http://www.ddap.pa.gov/pages/default.aspx">http://www.ddap.pa.gov/pages/default.aspx</a>

### **Depression and Bipolar Support Alliance of the Lehigh**

To improve the lives of people living with mood disorders, we are a self-help group for persons and families, from ANY walk of life who are affected by depression or bipolar mood disorders. Our mission empowers us to: educate, combat discrimination and stigma, improve quality and accessibility of care, and advocate research toward the elimination of these illnesses.

Email <u>dbsalv@hotmail.com</u>

Website http://www.dbsa-lv.org/index.html

#### **Eastern PA Down Syndrome Center**

The Eastern Pennsylvania Down Syndrome Center is dedicated to the physical and mental well-being of ALL persons with Down syndrome and their families.

Address 6900 Hamilton Boulevard, P.O. Box 60, Trexlertown, PA 18087

Phone Number 610-402-0184

Email theepdsc@gmail.com

Website <a href="http://www.epdsc.net/">http://www.epdsc.net/</a>

## **Eastern PA Region Narcotics Anonymous**

Any addict can stop using drugs, lose the desire to use and find a new way of life.

Address PO Box 271, Palm, PA 18070-0271

Phone Number 844-624-3575 (844-NAHELPLINE)

Website <a href="http://www.eparna.org/index.php">http://www.eparna.org/index.php</a>

#### **Eastern-PA-PFLAG**

To promote the health and well-being of gay, lesbian, bisexual and transgender persons, their families, and friends.

Address P.O. Box 403, Macungie, PA 18062

Phone Number 610-967-5219, 570-620-1234

Email <u>easternpapflag@ptd.net</u>

Website <a href="http://www.epapflag.org/">http://www.epapflag.org/</a>

#### **Epilepsy Foundation Eastern Pennsylvania**

To lead the fight to stop seizures, find a cure and overcome challenges created by epilepsy. Meeting the non-medical needs for people affected by epilepsy/ seizure disorder to enhance their lives and build supportive communities.

Phone Number 610-737-0613

Email <u>lv@efepa.org</u>

Website http://www.efepa.org/

#### **Family Answers**

Provides affordable, high-quality preventive, educational, supportive, and therapeutic services that nurture healthy family life in our communities.

Address 411 W. Walnut Street, Allentown, PA 18102

Phone Number 610-435-9651

Website <a href="http://www.familyanswers.org/">http://www.familyanswers.org/</a>

Hours 8:30 AM – 9:00 PM, Mon thru Thurs, 8:30 AM – 5:00 PM, Fri

# **Feingold Diet Program for ADHD**

Parents Group for Chemical Sensitivity – Controlled by Diet

Phone Number 631-369-9340 (Eastern Time)

Email <u>help@feingold.org</u>

Website http://feingold.org/

# **Gay Lesbian Bisexual and Transgender Youth Suicide**

Phone Number 866-488-7386

# **Good Shepherd Support Groups**

If you or a loved one are dealing with a disease, injury or disability, Good Shepherd may offer a support group that can help you cope with your situation and learn from others who share your experiences.

Phone Number 1-888-44-REHAB (73422)

Website <a href="http://www.goodshepherdrehab.org/support-groups">http://www.goodshepherdrehab.org/support-groups</a>

#### **HAVEN**

HAVEN is the Gay, Lesbian, Bisexual, and Transgendered (GLBT) Youth Group hosted by the Unitarian Universalist Church of the Lehigh Valley (UUCLV). Meetings are open to GLBT youth, their Allies & those questioning (ages 14-20 yrs.).

Address Unitarian Universalist Church of the Lehigh Valley; 424 Center Street, Bethlehem, PA

18018

Phone Number 610--868-2153 Ilse Stoll Zinnes

Email havenyouthgroup@hotmail.com

Website <a href="http://www.uuclvpa.org/haven.php">http://www.uuclvpa.org/haven.php</a>

#### **Healthy Baby Line**

For pregnant women

Phone Number 1-800-986-BABY (2229)

#### **Healthy Kids Help Line**

Phone Number 800-986-KIDS (5437)

#### **Lauren's Hope Foundation**

**Supporting Brain Injured Children & Their Families** 

Address 2157 West Del Road, Bath, PA 18014

Phone Number 610-703-2423

Email Ann@laurenshopefoundation.com

Website <a href="http://laurenshopefoundation.com/index.html">http://laurenshopefoundation.com/index.html</a>

# **Lead Poisoning Prevention and Control Program**

Information and Referral Specialist from the Lead Information Line provides information by phone or written information by mail to callers such as: parents, physicians, contractors and homeowners about lead poisoning, prevention and control.

Phone Number 800-440-LEAD (5323)

Website <u>www.health.state.pa.us/lead</u>

### **Lehigh Valley Family**

Lehigh Valley Family is a print and online magazine that offers information for families in the Lehigh Valley.

Website <a href="http://lehighvalleyfamily.wordpress.com/">http://lehighvalleyfamily.wordpress.com/</a>

# **Lehigh Valley Mothers of Twin Club**

To inform, encourage and support moms of multiples in a friendly and positive environment.

Address Meeting Place: Woodlawn Fire Co. & Social Club, 2217 Belmont St, Allentown, PA 18104

Website <a href="http://lvmotc.org/">http://lvmotc.org/</a>

# **Lehigh Valley Nar-Anon**

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction.

Address Meeting Place: Asbury United Methodist Church, 1533 Springhouse Rd 108, Allentown.

Phone Number 800-477-6291

Website <a href="http://nar-anon.org/naranon/">http://nar-anon.org/naranon/</a>

Hours Meeting Date: Thursday at 7:00PM

# **Leukemia and Lymphoma Society**

The Leukemia & Lymphoma Society's Eastern Pennsylvania Chapter serve residents who have been touched by one of the blood cancers: leukemia, lymphoma and myeloma. The chapter serves the Lehigh Valley Region.

Address 961 Marcon Boulevard Suite 452, Allentown, PA 18109

Phone Number 610-266-8513

Website http://www.lls.org/#/

# **Muscular Dystrophy Association**

The Muscular Dystrophy Association is the world's leading nonprofit health agency dedicated to finding treatments and cures for muscular dystrophy, amyotrophic lateral sclerosis (ALS) and other neuromuscular diseases.

Address 5940 Hamilton Boulevard #F, Allentown, PA 18106

Phone Number 610-391-1977

Email <u>allentown@mdausa.org</u>

Website http://mdausa.org/

# National Alliance on Mental Illness (NAMI) of the Lehigh Valley

The National Alliance on Mental Illness (NAMI)-Lehigh Valley provides education and support for individuals and families in an effort to improve the public awareness and understanding of mental health.

Address 802 West Broad Street, Bethlehem, PA 18018

Phone Number 610-882-2102

Email <u>Info@nami-lv.org</u>

Website <a href="http://www.nami-lv.org/">http://www.nami-lv.org/</a>

### **National Autism Association**

The mission of the National Autism Association is to respond to the most urgent needs of the autism community, providing real help and hope so that all affected can reach their full potential.

Address 20 Alice Agnew Drive, Attleboro Falls, MA 02763

Phone Number 877-622-2884

Website http://nationalautismassociation.org/

# **National Autism Society**

The nation's leading grassroots autism organization exists to improve the lives of all affected by autism.

Address 4340 East-West Hwy, Suite 350, Bethesda, MD 20814

Phone Number 800-3AUTISM (800-328-8476)

Website <a href="http://www.autism-society.org/">http://www.autism-society.org/</a>

#### **National Suicide Prevention Lifeline**

Phone Number 800-SUICIDE (784-2433)

800-273-TALK (8255)

Website http://www.suicidepreventionlifeline.org/

# Parent to Parent of Pennsylvania

Linking families of children and adults with disabilities or special needs.

Phone Number 888-727-2706

Website <a href="http://www.parenttoparent.org/">http://www.parenttoparent.org/</a>

# Pediatric Cancer of the Lehigh Valley, Inc.

#### Free programs, resources

Address 25 West 3rd Street, Bethlehem, PA 18015

Phone Number 610-297-7292

Email <u>info@pcflv.org</u>

Website http://pcflv.org/

### Pennsylvania AIDS Hotline

Phone Number 800-662-6080/24 Hour Hotline

# **Pennsylvania Family Support Alliance**

Pennsylvania Family Support Alliance protects children by teaching citizens to recognize and report child abuse and neglect by providing information, educational materials, and programs that promote positive parenting.

Phone Number 800-448-4906

Website http://pa-fsa.org/

# <u>Planned Parenthood of Northeast Pennsylvania</u>

To protect and promote an environment that ensures that individuals have universal access to quality reproductive health care and the freedom of choice to determine their own reproductive needs.

Phone Number 1-800-230-Plan for the center nearest you.

Website <u>www.ppnep.org</u>

### **Pride of the Greater Lehigh Valley**

Address 1101 W. Hamilton Street, Allentown PA 18101

Phone Number 610-770-6200

Website http://www.prideglv.org

#### **Program for Women & Families**

To build a safe community by providing youth, adult offenders, and their families with opportunities to build healthy, productive lives.

Address 927 Hamilton Street, Allentown, PA 18101

Phone Number 610-433-6556

Email info@thepwf.org

Website http://www.thepwf.org/home

# **Share of the Lehigh Valley**

#### **Pregnancy and Infant Loss Support Group**

Address 1314 Delaware Ave, Fountain Hill, PA 18015

Phone Number 610-868-3394

484-505-8900

Email akblittleangel@aol.com

Website http://www.nationalshare.org/PA.html

Hours Meetings are held the 2nd Tuesday of the month at 7:30pm at Lehigh Valley Hospital

Cedar Crest in Allentown, PA, Kasych Family Pavilion, Conference Center 3

#### **SIDA**

#### **AIDS Spanish hotline**

Phone Number 800-344-7432/24 Hour Hotline

# Special Kids Network (SKN)

Callers will find resources for children and youth with special needs or disabilities and when more help is needed, service coordination through the PA Elks Home Service Program can be arranged at no cost to families.

Phone Number 800-986-4550

#### Step By Step, Inc.

Step By Step, Inc. offers a broad spectrum of programs administered by a multi-disciplined staff of professionals with a singular focus on improving the quality of life for people with disabilities.

Address 623 West Union Blvd, Bethlehem, PA, 18018

Phone Number 610-867-0688

Email lehighvalley@stepbystepusa.com

Website www.stepbystepusa.com

### The Trevor Helpline - 866-4UTREVOR

The Trevor Helpline is the only national toll-free 24 hour, 365 day-a-year confidential suicide hotline for gay & lesbian teens.

Address 8950 West Olympic Blvd. Suite 197, Beverly Hills, CA, 90211

Phone Number 866-488-7386 helpline; 310-271-8845 office

Email <u>support@TheTrevorProject.org</u>

Website <u>www.thetrevorproject.org</u>

#### **Tourette Syndrome Association of Eastern PA**

Address P.O. Box 375, Cheltenham, PA 19012

Phone Number 215-839-1011

Email <u>tsa.eastern.pa@gmail.com</u>

Website <a href="http://tsaepa.org/">http://tsaepa.org/</a>

# **Turning Point of the Lehigh Valley**

#### 24 hour Domestic Violence Hotline

Address 444 E. Susquehanna St., Allentown, PA, 18103

Phone Number 610-437-3369 24 hour hotline; 610-797-0530 office

Website http://www.turningpointlv.org/

#### **Valley Youth House**

Founded in 1973, Valley Youth House provides a first line of defense for troubled young people and their families.

Address 539 Eighth Avenue, Bethlehem, PA, 18018

Phone Number 610-691-1200

Website <a href="http://www.valleyyouthhouse.org/">http://www.valleyyouthhouse.org/</a>

Hours Need Help? 24/7 Emergency Response

# Fire/EMS

# North Whitehall Township

# **Laurys Station Fire Department**

Address 5314 Egypt Rd, Laurys Station, PA 18059

Phone Number 610-262-9261

# **Neffs Fire Department**

Address 3755 Park Avenue, PO Box 125, Neffs PA 18065

Phone Number 610-767-4784

Email station16@verizon.net

Website http://neffsfire.com/

# **Schnecksville Fire Department**

Address 4550 Old Packhouse Road, Schnecksville PA 18078

Phone Number 610-799-3457

Website <a href="http://schnecksvillefd.org/">http://schnecksvillefd.org/</a>

# **Tri-Clover Fire Department**

Address 4801 Kernsville Rd, Orefield, PA 18069

Phone Number 610-398-0360

# South Whitehall Township

# **Cetronia Fire Department**

Address 3950 Broadway, Allentown, PA 18104

Phone Number 610-398-1556

Website <a href="http://cetroniafire.org/">http://cetroniafire.org/</a>

# **Greenawalds Fire Company**

Address 2500 Focht Avenue, Allentown, PA 18104

Phone Number 610-432-0065

Website <a href="http://www.greenawaldsfire.org/">http://www.greenawaldsfire.org/</a>

# **Woodlawn Fire Department**

Address 1651 Whitehall Avenue, Allentown, PA 18104

Phone Number 610-434-2262

Website http://www.woodlawn32.org/

# **Upper Macungie Township**

# **Fogelsville Fire Company**

Address 7850 Lime Street, Fogelsville, PA 18051

Phone Number 610-395-3460

Website http://fogelsvillefire.org/

# **Trexlertown Fire Department**

Address 7723 Hamilton Blvd, Trexlertown, PA 18087

Phone Number 610-841-8239

Website <a href="http://goodwillfirecompany.com/">http://goodwillfirecompany.com/</a>

# **Upper Macungie Township Fire Department**

Address 6510 Schantz Road, Allentown, PA 18104

Phone Number 610-841-5690

Email <u>firechief@station15fire.org</u>

# **Police**

# **Berks Lehigh Regional Police Department**

Address 127 Quarry Road, Kutztown, PA 19530

Phone Number 610-683-8740

### Pennsylvania State Police at Bethlehem

Address 2930 Airport Road, Bethlehem, PA 18017

Phone Number 610-861-2026

Website <a href="http://www.portal.state.pa.us/portal/server.pt?open=512&objID=4594&mode=2">http://www.portal.state.pa.us/portal/server.pt?open=512&objID=4594&mode=2</a>

# **South Whitehall Township Police**

Address 4444 Walbert Avenue, Allentown, PA 18104

Phone Number 610-398-0337

Website http://www.southwhitehall.com/policeabout.html

Hours BUSINESS OFFICE HOURS: 8:00 am - 4:00 pm, Monday through Friday

# **Upper Macungie Township Police Department**

Address 37 Grim Road, Breinigsville, PA 18031

Phone Number 610-437-5252

Website <a href="http://www.uppermac.org/contact-us/">http://www.uppermac.org/contact-us/</a>

Hours 7:30am – 4:00pm, Monday – Friday