


## WEEK ONE ASSIGNMENTS - Feb 9th - 13th

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- Monday:** Classroom rules, Overview of unit  
New Fitness packets  
Puberty 514-521 pgs 1&2 *bookwork*
- Tuesday:** Raging Teens pg. 3...box of questions *VIDEO*
- Wednesday:** RAging Teens notes/Anatomy/Menstrual Cycle pgs 3/4/5
- Thursday:** Pregnancy 1: pgs 6/7/Book work -pg 8
- Friday:** Fitness activity - *Shoot hoops*  
*Student / Staff*  
*Game*
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## **WEEK TWO ASSIGNMENTS - February 23-27th**

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**Monday:** Review from previous  
Building a Baby pg 11

**Tuesday:** Review video/Genetics pg 12 Twins pg 13

**Wednesday:** STIs pg 15-16

**Thursday:** Teen Pregnancy

**Friday:** Fitness run

## **WEEK THREE ASSIGNMENTS - March 2nd - 6th**

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**Monday: HIV/AIDS - pg 21/22/23**

**Tuesday: Catch and up review STIs**

**Wednesday: Fitness Run**

**Thursday: Guest Speaker**

**Friday: Guest Speaker**

## WEEK FOUR ASSIGNMENTS- March 9-13

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**Monday:** Sexuality/Time line/Birth control  
Review guest speaker

**Tuesday:** Review STDs pgs 18  
4Hs pg 19  
Review guest speaker pg 20

**Wednesday:** Review for the test

**Thursday:** Take Test

**Friday:** Fitness Run

**END OF UNIT**



# Puberty Vocabulary

## Hormones

### Testosterone

### Estrogen

chemicals produced in glands that regulate various body functions

## Glands

female sex hormone

part of body that produces a chemical substance

male sex hormone

## **Raging Teens - Notes**

Cause of change = **Hormones**

"Beautrice" - lead role in video

100 billion brain cells

Puberty is compared to a "roller coaster ride"

**Hypothalamus** - central control center

Reproduction organs and hormones: **Boys - testes, testosterone. Girls - ovaries, estrogen**

Growth spurt: early - girls

later - boys

Emotional changes - rebellion, independence

Physical changes: **boys**

heart and lungs grow

muscles

facial hair

voice changes

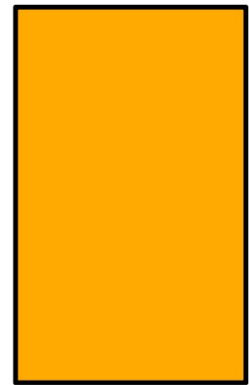
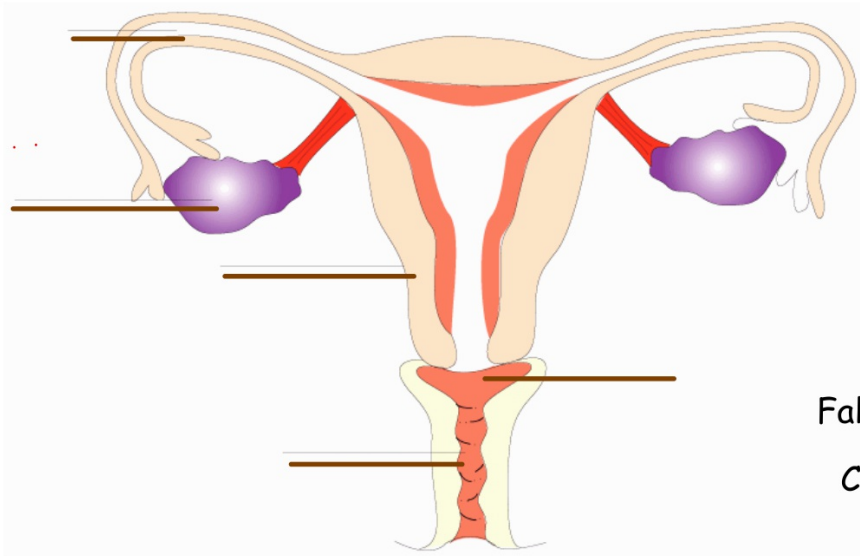
**girls**

hips grow

breast

menstruation

# Female Reproductive Organs

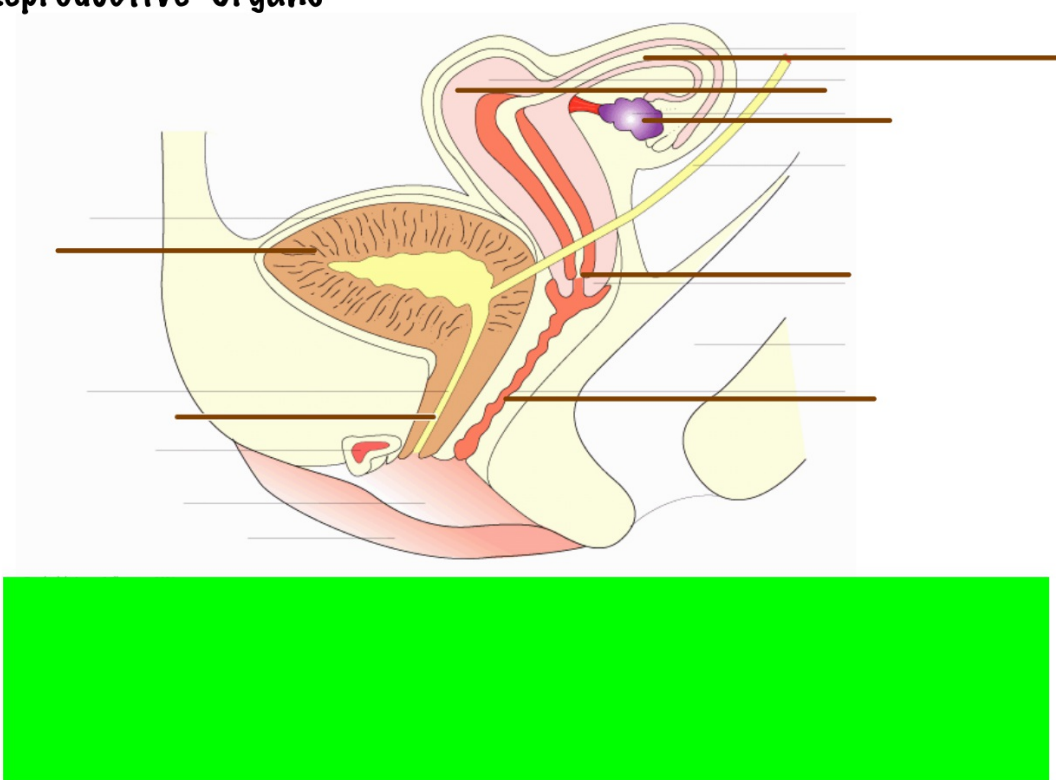


Fallopian Tube

Cervix Ovary

Vagina

## Female Reproductive Organs





# Male Reproductive Organs

