WEEK ONE ASSIGNMENTS - Feb 9th - 13th

Monday:  Classroom rules, Overview of unit
          New Fitness packets
          Puberty 514-521 pgs 1&2
          **bookwork**

Tuesday:  Raging Teens pg. 3...box of questions
          **video**

Wednesday: Raging Teens notes/Anatomy/Menstrual Cycle pgs 3/4/5

Thursday:  Pregnancy 1: pgs 6/7/Book work -pg 8

Friday:   Fitness activity - **Shoot hoops**
          Student/Staff
          **Game**
<table>
<thead>
<tr>
<th>Day</th>
<th>Assignment</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Review from previous</td>
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<tr>
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<td>Building a Baby pg 11</td>
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<tr>
<td>Tuesday</td>
<td>Review video/Genetics pg 12 Twins pg 13</td>
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<td>Wednesday</td>
<td>STIs pg 15-16</td>
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<td>Thursday</td>
<td>Teen Pregnancy</td>
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<td>Friday</td>
<td>Fitness run</td>
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WEEK THREE ASSIGNMENTS - March 2nd - 6th

Monday: HIV/AIDS - pg 21/22/23

Tuesday: Catch and up review STIs

Wednesday: Fitness Run

Thursday: Guest Speaker

Friday: Guest Speaker
WEEK FOUR ASSIGNMENTS - March 9-13

Monday: Sexuality/Time line/Birth control
        Review guest speaker

Tuesday: Review STDs pgs 18
        4Hs pg 19
        Review guest speaker pg 20

Wednesday: Review for the test

Thursday: Take Test

Friday: Fitness Run

END OF UNIT
Puberty Vocabulary

Hormones

Testosterone

Estrogen: chemicals produced in glands that regulate various body functions

Glands: part of body that produces a chemical substance

female sex hormone

male sex hormone
Raging Teens - Notes

Cause of change = Hormones

"Beautrice" - lead role in video

100 billion brain cells

Puberty is compared to a "roller coaster ride"

Hypothalamus - central control center

Reproduction organs and hormones: Boys - testes, testosterone. Girls - ovaries, estrogen

Growth spurt: early - girls

later - boys

Emotional changes - rebellion, independence

Physical changes:

<table>
<thead>
<tr>
<th>boys</th>
<th>girls</th>
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<tbody>
<tr>
<td>heart and lungs grow</td>
<td>hips grow</td>
</tr>
<tr>
<td>muscles</td>
<td>breast</td>
</tr>
<tr>
<td>facial hair</td>
<td>menstruation</td>
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<td>voice changes</td>
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Female Reproductive Organs

- Fallopian Tube
- Cervix
- Ovary
- Vagina
Female Reproductive Organs
Male Reproductive Organs