

Lunch

# Eating Off My Own Plate

I eat lunch at school almost every day.

I eat lunch with my friends in the lunch room most of the time.

When I eat lunch, it is good to eat off of my own plate.\* If I want more food, I can ask for it. Usually people eat off their own plate. They usually like to have their own food.

I will try to eat only the food on my own plate.

My friends will be happy when I eat only the food on my plate and my friends eat the food on their plate.

\*Individualized based on lunchroom routine (ie plate, tray, lunchable)

# Eating School Lunch

On school days, I usually eat lunch.

Sometimes I like to eat school lunch. Sometimes I like to bring my lunch from home.

Sometimes I forget my lunch from home.

When I do forget my lunch from home, I tell my teacher before we go to the lunch room. My teacher will help me learn what to do.

I sit at the table with my friends from my class and eat my lunch. I eat lunch to be healthy.

# How the Lunch Line Works at School

My name is \_\_\_\_\_. I go to \_\_\_\_\_ School. I am in the \_\_\_\_\_ grade. On most school days, I eat lunch at school.

Most students eat lunch in the cafeteria. Many children like to eat in the cafeteria.

Many students want to eat their lunch. Students wait in a line to get their lunch. Each child gets their lunch when it is their turn. I will try to stand quietly. I will try to wait my turn in line. I will try to stand quietly. I will try to remember to stand and wait my turn in the lunch line.

After I get my lunch, it's time to sit down and eat my lunch. When the bell rings, it's time to return to my class.