

Summer at Santa Catalina

2018 CLASS CHOICES • ALL CAMPERS

AQUATICS

■ Dive into Summer

Whether campers have no diving experience or are an accomplished diver, it's an opportunity to enjoy improving their skills on the three boards. The experienced diving staff will work with each camper so that she learns and practices new skills at her own pace. Divers support one another in an environment that is both exciting and rewarding.

■ Pool Games — New games!

Our state-of-the-art pool is the venue for a wide variety of aquatic games for campers of all ages. Activities will include inner-tube water polo and underwater hockey, crazy relays, noodle freeze-tag, and individual and group challenges. What could be better than afternoons with camp friends in the pool?

EQUESTRIAN

■ Riding / Horsemanship

Campers are instructed in all phases of horsemanship, including practical stable management and grooming, vaulting, and jumping at the newly renovated Pebble Beach Equestrian Center. The instructors strive to teach each girl to ride with safety, skill, and control. This program meets for 2 ½ hours each day, either morning or afternoon, Monday through Friday. **All riders participate in a horse show for family and friends on the Friday before their camp session ends.**

SCIENCE

■ Miss Roboto

Using LEGO Mindstorms and VEX technology, design and build a robot! In this class, you learn basic electrical skills, applied physics, and programming as you design and build a working robot. Starting with goal-setting and a preliminary design phase, teams work through the challenges of construction, trial and error, reinvention, and teamwork. Honing the skills of innovation, creativity, critical thinking, patience, perseverance, and cooperation, you finish the summer with the mind of an emerging engineer and the camaraderie of your team!

SPORTS

■ Bump, Set, Spike!

That's the way we like it! Campers not only learn the fundamentals of passing, setting and hitting, but get to put their hard work to the test! Whether they are new to volleyball or are a seasoned veteran, this is about growing team work, communication, and leadership skills while getting to play this fun sport!

■ Dribble, Drive, Shoot!

Basketball has never been so fun! Campers engage in basketball drills throughout the 2-, 3- and 5-week sessions to work on their hand-eye coordination, dribbling skills, shooting, and teamwork.

■ Fit, Fab, Fun!

Throughout the course, campers are introduced to new and exciting forms of fitness activities. Girls will get to find the kind of fitness that inspires them to build healthy habits and continue to grow into strong young women. Each session builds motor skills, and encourages physical activity. Build camaraderie, run around, and enjoy the outdoors, while competing and having fun!

■ Golf

Golf is that much better with world-renown instruction at a world-renown location—Pebble Beach Golf Academy. What a great opportunity to learn from a golf professional! Lessons are for all levels of golfers. Topics covered are long game, short game, course management, rules, and golf etiquette. With access to a personalized video analysis of the camper's golf swing, they'll go home with more than the swing of a fantastic sport. This same system is used by the PGA.

■ Surfing...Beyond the Board

Jump freely into the surfing culture of respect, integrity, and confidence in the surfing clinic led by The Wahine Project. Learn to navigate the waves and conquer inhibition in the beautiful Pacific Ocean. Boogie board, surf, and learn to call the ocean and your camp mates, "Sister!"

Please read the following descriptions carefully to determine the appropriate placement of your camper in the tennis program.

■ Tennis: Beginner

This class is perfect for campers new to the sport or for those who have had some tennis classes or tennis camp exposure. Most campers are still learning how to hit the ball, judge the bounce of the ball, or need to be closer to the net than the baseline in order to get the ball over the net. This player hasn't had the opportunity to have lessons or be in tennis classes during the year and may still have a hard time making contact with the ball.

■ **Tennis: Intermediate/Advanced**

This is ideal for campers who can rally and adjust to different heights, speeds, and placements of balls but have trouble being consistent and have weakness in some of the strokes, such as serves, forehands or backhands. These players should be involved in tennis practice or tennis classes somewhat regularly during the year or in the past.

THEATRE ARTS & MUSIC

■ **Musical Theatre Workshop — New production! (5-Week Program Only) - Performance Class**

Calling all 5-week campers! *Disney's Alice in Wonderland, Jr.* finds a home at summer camp. Every weekday morning, 9 a.m. to noon, students rehearse on stage. Director Roger Thompson is joined by a professional choreographer to stage this favorite musical. Together they provide instruction on the techniques of stage presence, acting, singing, and dancing. Join us on Closing Day for *Disney's Alice in Wonderland, Jr.* as we walk, sing, and dance into the exciting world of Alice and her wonderful adventure!

VISUAL ARTS

■ **The Art of Giving — New projects!**

Receiving a present is fun but giving a gift is an art. Presents made by hand are magical and have a secret ingredient called love. Create one-of-a-kind gifts from funky to unique. Copper enameling, custom buttons, jewelry, and fun spa products are some of the projects on the table and in the heart.

■ **Spa-La-La — Back by popular demand!**

Spa-La-La is open to all ages and is the return of an old favorite. Summer brings the spa to camp. Campers make everything from fizzy bath bombs to scented soaps and lip glosses using a number of natural and unexpected ingredients. Think sugar, oatmeal, and rosewater. It's also a time to practice nail art and hairstyling techniques that make the campers runway ready for any awards night.

■ **String it Together — New projects!**

This class is a wild whirl of color, pattern, texture, and friendship. Learn techniques to make fun friendship bracelets, lively lanyards, and macramé. Campers use simple and intricate designs including knots, patterns, and color weaving. The focus and mission is to give you the skills and time to make lasting reminders of the beautiful days of summer, friendship, and fun!